OUTSIDE the BOX
LEARNING RESOURCES

PROPRIETARY PRODUCTS CATALOGUE

RESOURCES FOR EDUCATION & HEALTH PROFESSIONALS

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Well-Being
Positive Psychology
Creative Mindfulness
SEL **CPD**
Learning Support **Autism**
Neurodiversity Self-Help
Literacy EAL **AfL**
Inclusion **Parent Support**

WELCOME TO WELL-BEING



Author:
Fiona Forman M. Sc.

Welcome to Well-Being is a new, 3-level positive mental well-being programme for pupils aged 4.5 to 7+. It is based on Positive Psychology, the science of well-being. Although the programme is incremental in nature, each level is also stand-alone.

The programme aims to enhance children's well-being and resilience through developing specific skills including emotional intelligence and regulation, boosting positive emotions and enhancing social skills and self-confidence.

The programme consists of a teacher book and accompanying pupil book for each of the three levels. The teacher book is supported by a comprehensive digital companion page which contains PowerPoints for all 10 levels in each book, supplementary activities, classroom posters, supporting videos and other digital content. The pupil book is colourful and appealing to young children and comes with a 4-page parental pull-out explaining the programme.

Recommended ages: 4.5 to 7+



Sample of pages from children's Pupil Book

BOOK SETS



POSTER SETS



FRAMEWORK OF THE WELCOME TO WELL-BEING PROGRAMME

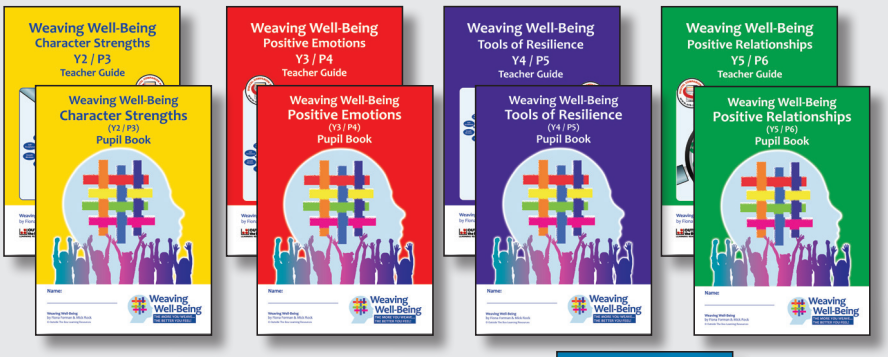
Welcome to Well-Being: Meet Mo and Ko!	*Welcome to Well-Being: Good to be me with Mo and Ko!*	*Welcome to Well-Being: Feeling good with Mo and Ko!*
Lesson 1: It's good to be me	**Lesson 1:** I can be my best self	**Lesson 1:** We all belong
Lesson 2: All feelings are OK	**Lesson 2:** I can name my feelings	**Lesson 2:** We can name our feelings
Lesson 3: I'm ready for my big feelings	**Lesson 3:** I can name more feelings	**Lesson 3:** We can express our feelings
Lesson 4: Spread happiness	**Lesson 4:** I can tame my feelings	**Lesson 4:** We can feel our energy
Lesson 5: It's cool to be calm	**Lesson 5:** Sprinkle kindness	**Lesson 5:** We can change our energy
Lesson 6: It's OK to feel sad	**Lesson 6:** I'm ready to relax	**Lesson 6:** We can do hard things
Lesson 7: I'm proud of myself	**Lesson 7:** It's OK to feel worried	**Lesson 7:** We are good enough
Lesson 8: It's OK to feel angry	**Lesson 8:** Today I'm thankful	**Lesson 8:** We care and share
Lesson 9: I can be brave	**Lesson 9:** My friends have feelings too	**Lesson 9:** We can solve our problems
Lesson 10: It's good to be me	**Lesson 10:** It's good to be us	**Lesson 10:** It's good to be us

Welcome to Well-Being:	ISBN	PRICE
Book A: Meet Mo & Ko		
Teacher Resource Book	9781805160649	€ 34.95
Pupil Book	9781805160670	€ 5.95
Pupil Book (Pack of 10)		€ 53.50
Poster Set A	9781805161189	€ 24.95
Book B: Good to be me with Mo & Ko		
Teacher Resource Book	9781805160656	€ 34.95
Pupil Book*	9781805160687	€ 5.95
Pupil Book (Pack of 10)		€ 53.50
Poster Set B	9781805161196	€ 24.95
Book C: Feeling Good with Mo & Ko		
Teacher Resource Book	9781805160663	€ 34.95
Pupil Book	9781805160694	€ 5.95
Pupil Book (Pack of 10)		€ 53.50
Poster Set C	9781805161202	€ 24.95

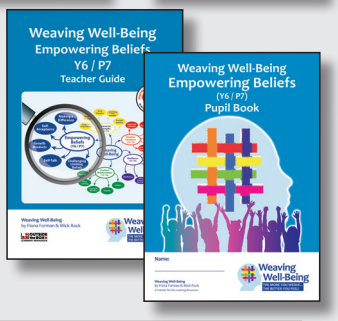
www.otb.ie/W2W

Weaving Well-Being

THE MORE YOU WEAVE... THE BETTER YOU FEEL!



Weaving Well-Being is a positive mental well-being programme which aims to enhance well-being in pupils aged from 7+ to 12 years within the framework of the health curriculum. ***Weaving Well-Being*** is grounded in Positive Psychology. Although the programme is incremental in nature, each level can be used on its own.



The programme consists of 5 Teacher Guides and 5 corresponding Pupil Books. The teacher book is supported by a comprehensive digital companion page which contains PowerPoints for all 10 levels in each book, supplementary activities, classroom posters, supporting videos and other digital content.

Authors: Fiona Forman M. Sc. & Mick Rock **Recommended ages: 7+ to 12**

Character Strengths		ISBN	PRICE
◢ Language of Well-Being ◢ Understanding Strengths	Teacher Guide	9781805160625	€ 34.95
◢ Using Strengths ◢ Identifying Own Strengths	Pupil Book	9781805160908	€ 5.95
◢ Strength Spotting	Pupil Book (Pack of 10)		€ 53.50
Positive Emotions			
◢ Expressing Gratitude ◢ Flow Experiences	Teacher Guide	9781805160861	€ 34.95
◢ Random Acts of Kindness ◢ Glimmer Moments	Pupil Book	9781805160915	€ 5.95
◢ Healthy Body - Happy Mind	Pupil Book (Pack of 10)		€ 53.50
Tools of Resilience			
◢ Perspective ◢ Healthy Distraction	Teacher Guide	9781805160878	€ 34.95
◢ Problem Focused Planning ◢ Cognitive Re-framing	Pupil Book	9781805160922	€ 5.95
◢ Using Character Strengths ◢ Mindfulness	Pupil Book (Pack of 10)		€ 53.50
Positive Relationships			
◢ Respect ◢ Empathy ◢ Looking for Win-Wins	Teacher Guide	9781805160885	€ 34.95
◢ Active Listening ◢ Forgiveness	Pupil Book	9781805160939	€ 5.95
	Pupil Book (Pack of 10)		€ 53.50
Empowering Beliefs			
◢ Challenging Limiting Beliefs ◢ Self-Talk	Teacher Guide	9781805160892	€ 34.95
◢ Growth Mindsets ◢ Making a Difference	Pupil Book	9781805160946	€ 5.95
◢ Self Acceptance	Pupil Book (Pack of 10)		€ 53.50

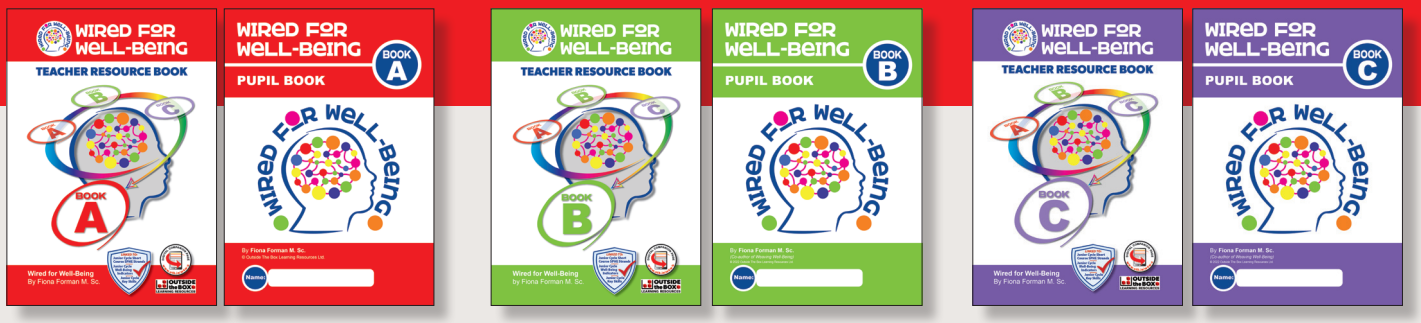


Enhance your school's Weaving Well-Being lessons with this set of full-colour A3 posters. The set of nine posters features the tools and strategies introduced in each level of the programme.

Poster Set Price	€24.95	ISBN: 9781805160540

WIRED FOR WELL-BEING

NEW positive mental well-being programme based on Positive Psychology for pupils aged 12 to 15+



Wired For Well-Being is a new three-year positive mental well-being programme designed for pupils aged 12 to 15+. Although the programme is incremental in nature, each level is also stand-alone. It aims to teach pupils to understand and enhance their own well-being through a range of evidence-based strategies and skills. It consists of 3 Teacher Resource Books and 3 corresponding Pupil Books. The Teacher books include digital content including PowerPoints for the 8 lesson plans in each book.

Wired for Well-Being is incremental in nature. Concepts and skills are reinforced and revised throughout the 3 levels. The programme is drawn from the fields of Positive Psychology and Neuroscience, in order to develop positive well-being habits for life.

Recommended ages: 12-15+ **Author:** Fiona Forman M. Sc.



Wired for Well-Being	ISBN	PRICE
Wired for Well-Being Book A		
Teacher Resource Book	9781913225131	€ 34.95
Pupil Book	9781913225162	€ 5.95
Pupil Book (Pack of 10)		€ 53.50
Poster Set A	9781913225193	€ 24.95
Wired for Well-Being Book B		
Teacher Resource Book	9781913225148	€ 34.95
Pupil Book	9781913225179	€ 5.95
Pupil Book (Pack of 10)		€ 53.50
Poster Set B	9781913225209	€ 24.95
Wired for Well-Being Book C		
Teacher Resource Book	9781913225155	€ 34.95
Pupil Book	9781913225186	€ 5.95
Pupil Book (Pack of 10)		€ 53.50
Poster Set C	9781913225216	€ 24.95

www.otb.ie/W4W

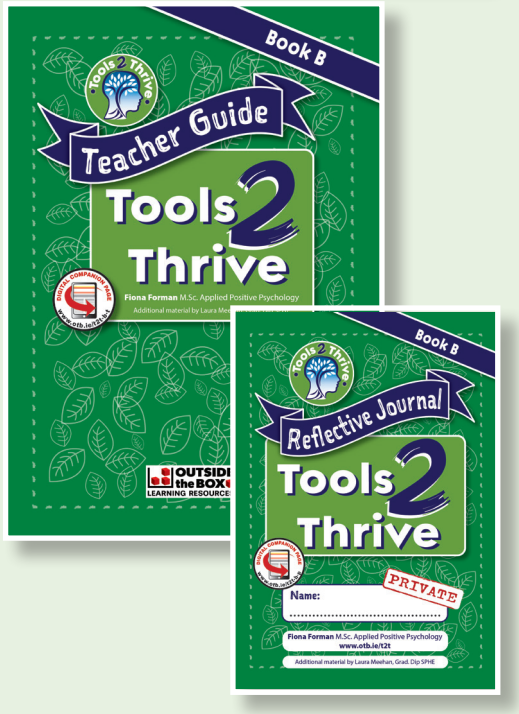
WIRED FOR WELL-BEING

Book A		Book B		Book C	
Skill 1	Understand Your Well-Being	Skill 1	Get Good at Well-Being	Skill 1	Excel at Well-Being
Skill 2	Nurture Neuroplasticity	Skill 2	Tackle Your Thoughts	Skill 2	Cultivate Optimism
Skill 3	Savour Your Sleep	Skill 3	Embrace Imperfection	Skill 3	Get Good at Stress
Skill 4	Prioritise Positivity	Skill 4	Tame Your Emotions	Skill 4	Make Your Goals Work for You
Skill 5	Choose Kindness	Skill 5	Know Your Strengths	Skill 5	Evolve with Intent
Skill 6	Be Your Own Best Friend	Skill 6	Connect and Uplift	Skill 6	Stop and Drop
Skill 7	Tame Technology	Skill 7	Reboot Your Resilience	Skill 7	Believe You Make a Difference
Skill 8	Become Wired for Well-Being	Skill 8	Become Wired for Well-Being	Skill 8	Become Wired for Well-Being

•Tools 2 Thrive•

Tools to Thrive is a two-level positive mental well-being programme, based on Positive Psychology and neuroscience. It is aimed at students aged 15 and older.





Tools to Thrive is a two-year positive mental well-being programme. Each level has 8 lessons designed to be taught over consecutive weeks, where possible. Research indicates that Positive Psychology programmes that are longer than 4 weeks but shorter than 12 weeks tended to have better results (*Sin & Lyubormirsky, 2009*).

Research also shows that having a high level of well-being is the greatest predictor of happiness and success in life for both adults and young people (Layard et al., 2014).

However, young people face ever-increasing challenges and demands as they grow into adulthood; there is a vital need to equip them with the skills and strategies that will help them to flourish and thrive despite these challenges.

The ***Tools to Thrive*** programme aims to introduce adolescents to these evidence-based skills (tools), drawn from the field of Positive Psychology, to develop positive well-being habits for life. Each lesson also indicates the neuroscience behind each tool, in order to give students an understanding of what is happening in the brain as each tool is utilised. **Recommended Ages: 15+**

Author: Fiona Forman M.Sc. Applied Positive Psychology
Additional material by Laura Meehan, Grad. Dip SPHE

Tools to Thrive programme:

- **Teacher Guides: Books A & B**
- **Reflective Journal for Students: A & B**
- **Digital companion page for both teacher and pupil books for each level which includes support material (including videos)**
- **PowerPoint slides**
- **Supplementary Worksheets**
- **Parent Guides**

	ISBN	PRICE
Tools to Thrive Teacher Guide: Book A	9781805160489	€34.95
Tools to Thrive Teacher Guide: Book B	9781805160502	€34.95
Tools to Thrive Reflective Journal: Book A	9781805160472	€ 5.95
Tools to Thrive Reflective Journal: Book B	9781805160496	€5.95

To try taster pages, from each level - go to:
www.otb.ie/tasters

TRY FOR FREE

www.otb.ie/t2t

A3 POSTERS ALSO AVAILABLE







Kindfully Me - Book Series

This *Kindfully Me* series consists of three colourfully illustrated children's books that introduce children to practices of mindfulness, kindness, compassion and gratitude. Each book in the series focuses on teaching children practical and effective self-care and interpersonal skills which promote children's positive mental health and positive relationships with others. The series introduces children to evidence-based techniques that once learned, will last a lifetime and can help children live happier and healthier lives. The books include colourful workbook pages. **Recommended ages: 4-8+**

Author: Louise Shanagher
Illustrator: Úna Woods

€9.95 each

Set of 3 for **€26.85**

	ISBN
Book 1: Kind Wishes	9781913225322
Book 2: Kindness is Contagious	9781913225339
Book 3: Thankfully Me	9781913225346
Set of 3 Books	9781913225353
Posters (A3) - €19.95	9781913225742

Magic Word - Posters & Laminated Cards





	ISBN	PRICE
Cards (A6)	9781913225247	**€14.95**
Posters (A3)	9781913225254	**€19.95**

The *Magic Word* cards and posters consist of ten beautifully illustrated cards/posters each with a special affirmative message for children. Children are encouraged to read the message whenever they would like to give themselves a 'boost'. The more they read them, the more the magic grows and this will give them comfort and improve their self-esteem and self-efficacy.

Recommended ages: 4-8+

Authors: Louise Shanagher & Rose Finerty (Illustrator)

Who's Visiting Now? - Posters & Laminated Cards

The *Who's Visiting Now* cards and posters consist of ten beautifully illustrated cards to help explore emotions with children. Each one represents a different emotion and the cards have prompts, questions and statements on the back for discussing, exploring and managing each specific emotion.

Recommended ages: 4-8+

Authors: Louise Shanagher & Rose Finerty (Illustrator)



	ISBN	PRICE
Cards (A6)	9781913225261	**€14.95**
Posters (A3)	9781913225278	**€19.95**

www.otb.ie/Creative-Mindfulness



Calm Cards for Tweens - Posters & Laminated Cards

The *Calm Cards for Tweens* cards consist of ten beautifully illustrated cards designed to promote positive mental health for tweens (8 to 12 year-olds). The cards focus on helping tweens practice mindfulness and self-compassion in their daily lives. The cards contain one mental health skill prompt and have practical suggestions on the back.

Recommended ages: 8-12

Authors: Louise Shanagher & Charlene Elliott (Illustrator)

	ISBN	PRICE
Cards (A6)	9781913225360	**€14.95**
Posters (A3)	9781913225377	**€19.95**



Calm Cards for Teens - Posters & Laminated Cards

The *Calm Cards for Teens* cards consist of ten beautifully illustrated (graffiti-style) cards designed to promote positive mental health for teens (13 to 17 year-olds). The cards focus on helping teens practice mindfulness and self-compassion in their daily lives. Each card contains one mental health skill prompt and the cards have practical suggestions on the back.

Recommended ages: 13-17+

Authors: Louise Shanagher & Charlene Elliott (Illustrator)

	ISBN	PRICE
Cards (A6)	9781913225285	**€14.95**
Posters (A3)	9781913225292	**€19.95**



Think Tanglers

– P4C – Philosophy for Children
– Cards for Thinking Together

Think Tanglers are a set of cards containing lots of tangled questions to provoke thinking. The cards are designed to promote both an immediate response and further enquiry. Think Tanglers are a set of cards designed to spark meaningful conversations with a philosophical twist at home or in school. Challenge children with some fun and surprising questions and follow their thinking about big ideas.

Recommended Ages: 7 - Adult

What's in the Box:

- 56 original cards
- 250+ meaningful questions
- Unlimited ideas and meaningful conversations

Author:
Łukasz Krzywoń

	ISBN	PRICE
Cards	9781913225889	**€34.95**

Self-Kindness for Kids
- Whizzo-Voice to the Rescue

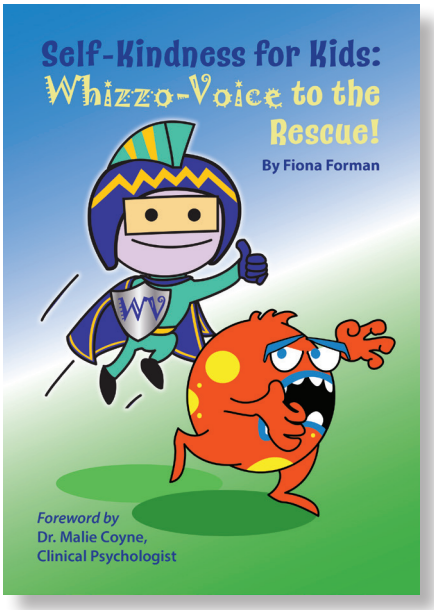
This little book will help children to engage in positive self-talk and be kind to themselves.

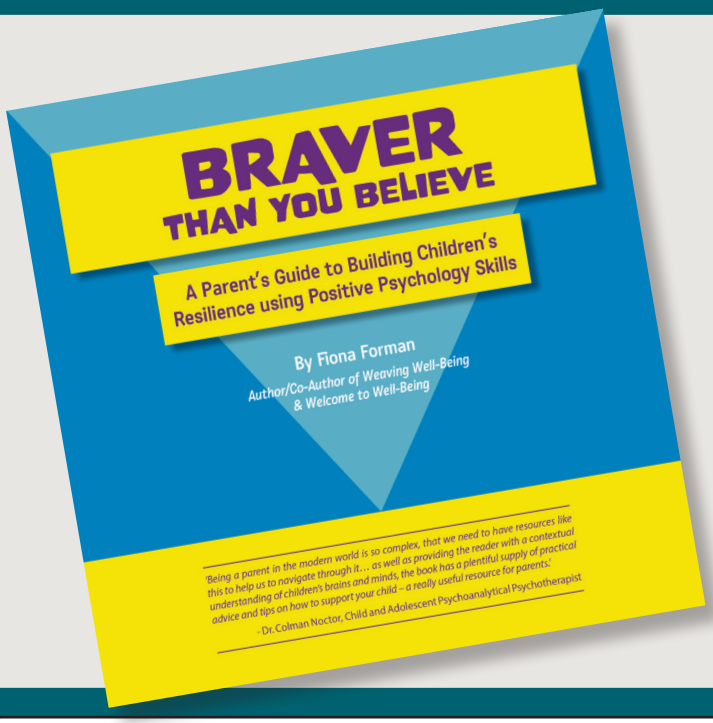
- Have you ever said things like this to yourself?
- I'm such an idiot!
- Why did I do that?
- I can't believe I did that, I'm so stupid!
- Why am I not as good as everyone else?

The truth is that we all speak to ourselves unkindly sometimes and judge ourselves harshly. This story book for kids will help them to be kinder to themselves.
Recommended ages: 6-8+

Author: Fiona Forman

PRICE	€7.95	ISBN: 9781906926984





Braver than you Believe
- A Parent's Guide to Building Children's Resilience using Positive Psychology Skills

Braver than you Believe is a timely and practical resource for parents on how to equip children with skills and strategies to help them to flourish and thrive in life. This is despite the inevitable challenges, difficulties and obstacles that will come their way. In doing so, parents can lay the groundwork for children to reach their full potential and to blossom into happy, fulfilled adults. Suitable for parents of children aged 5 to 12.

Author: Fiona Forman

PRICE	€19.95	ISBN: 9781913225872

NEW



€9.95 each

Set of 3 for €26.85

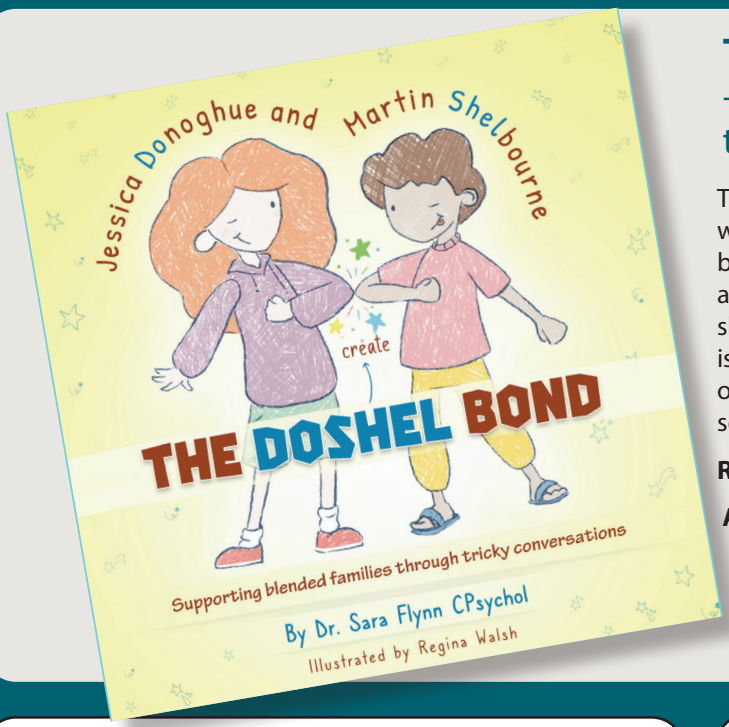
Meaningful Mindful Poetry
- Well-being and Mindfulness Poetry

A collection of mindful poetry for children. The poetry explores strategies to help children and teenagers deal with a range of emotions and situations that they may find challenging. Through the poetry, the children are given the opportunity to practise mindfulness and explore their own well-being in a safe and nurturing way.

Ages: Book 1: 5-8 years, Book 2: 8-11 years and Book 3: 11-14 years. **Author:** Bernie Woods

	ISBN
Meaningful Mindful Poetry: Book 1	9781805160571
Meaningful Mindful Poetry: Book 2	9781805160588
Meaningful Mindful Poetry: Book 3	9781805160595
Set of 3	9781805160601

NEW



The Doshel Bond
- Supporting blended families through tricky conversations

This is a heart-rending tale of parent and sibling relationships within a contemporary blended family. Some aspects of blended families can cause big emotions for children, young and old. *The Doshel Bond* highlights the importance of not shying away from the difficult conversations about these issues and provides caring adults with a gentle vehicle for open communication with children and also for personal self-reflection.

Recommended ages: 7-12+

Author: Dr. Sara Flynn

NEW

PRICE €12.50 **ISBN:** 9781913225834

Zara's Burden



This standalone title is a therapeutic story using metaphor to support a child in their struggle to move forward in their life. The book addresses the reality of encountering sadness. *Zara's Burden* is the story of how one young horse gets help to put down her sadness and grow into the best version of herself.

Recommended ages: 5-8

Author: Clare Curtis

PRICE €7.95 **ISBN:** 9781906926540

Positive Behaviours, Relationships and Emotions (2nd Edition)
- The heart of leadership in a school

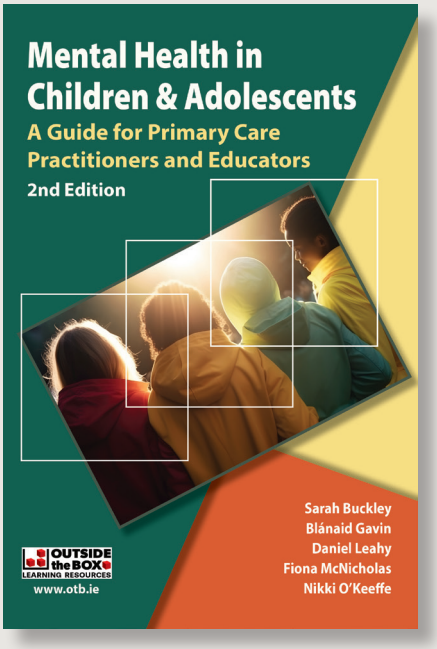


NEW

With over twenty years' experience as a teacher, communicator and facilitator, Jacinta writes with acumen about the positive work environment, the toxicity of conflict and bullying in the workplace. She also offers a guide to the accessible skills of communication, emotional and social intelligence, negotiation and facilitation, as well as the qualities of humour and humility that make for successful school leadership.

All Ages **Author:** Jacinta Kitt

PRICE €24.95 **ISBN:** 9781805160618



Mental Health in Children & Adolescents
- A Guide for Primary Care Practitioners and Educators (2nd Edition)

This new revised 2nd edition has been written by psychiatrists for primary care practitioners and educators. It provides a comprehensive and up-to-date introduction to Mental Health in Children & Adolescents. The clear writing style and incisive explanations will appeal to teachers who need an authoritative and accessible guide that focuses on the essentials of the subject.

Key Features:

- Essentials emphasised
- No Previous knowledge of subject assumed
- User-Friendly layout and style
- Useful resources listed at end of each chapter

Coming Soon!

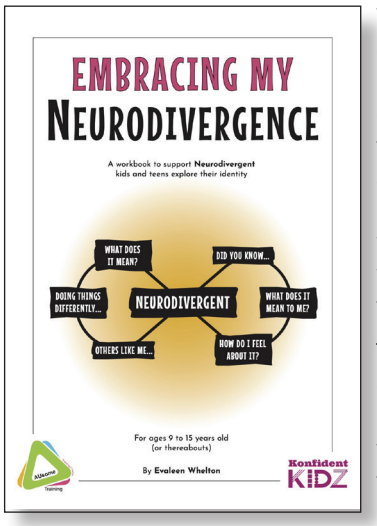
2nd EDITION

All Ages

Authors: Sarah Buckley, Blánaid Gavin, Daniel Leahy, Fiona McNicholas and Nikki O'Keeffe

PRICE €29.95 **ISBN:** 9781805160564

Embracing my Neurodivergence
- A workbook to support **Neurodivergent** kids and teens explore their identity



When a young person discovers they are Neurodiverent, it can explain a lot of things to them. However, it also means that they need to find their own way to understand what that means for them.

This workbook is designed to empower Neurodivergent young people and teens. It gives young Neurodivergent people a space where they can embrace their uniqueness and explore what Neurodiversity means for them.

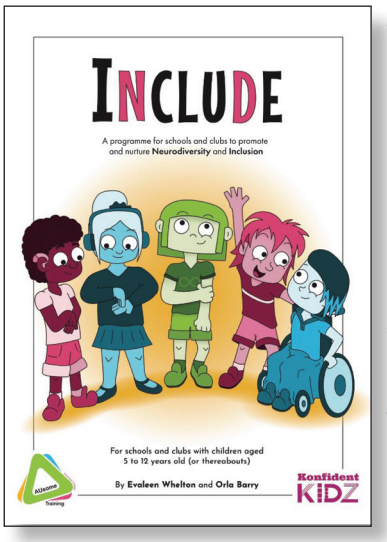
This beautiful book will help Autistic and other Neurodivergent kids and teens explore their identity with positivity.

Recommended ages: 9-15+

Author: Evaleen Whelton

PRICE	€18.50	ISBN: 9781805160953

Include - A programme for schools and clubs to promote and nurture **Neurodiversity** and **Inclusion**



Include is a wonderful programme for inclusion and acceptance in schools. It aims to support schools to promote and nurture Neurodiversity and Inclusion.

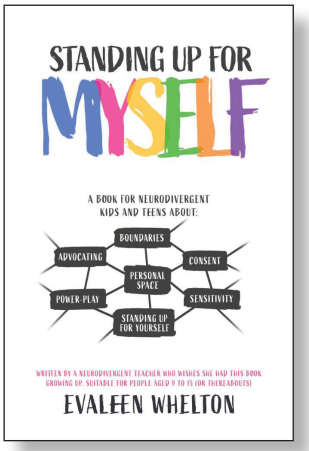
Include is a ten-week programme consisting of twenty easy-to-follow lesson plans: 2 sets of 10 lesson plans for 5-7yrs and 8-12yrs.

This programme was created by two passionate Neurodivergent educators, Orla Barry and Evaleen Whelton. Evaleen, who is proudly Autistic, is the founder of ***AUsome Training***. She has worked with children and young adults for over 20 years in her career as a Speech and Drama Teacher.

Authors: Evaleen Whelton and Orla Barry

PRICE	€36.50	ISBN: 9781805160960

Standing Up for Myself
- A Book for Neurodivergent Kids and Teens about: Advocating, Boundaries, Consent, Personal Space, Power-Play, Sensitivity & Standing Up for Yourself!



Standing Up for Myself is a beautiful book that addresses the important areas of social interaction that are often overlooked for Autistic children. The focus of this invaluable resource is to empower Neurodivergent children and teens to understand themselves, their boundaries and how others might try to manipulate them. The book is full of informative insight and has lots of space for exploratory exercises for the user.

The proudly Autistic author Evaleen Whelton is the founder of ***AUsome Training*** and is a passionate educator on all things Autistic.

Recommended ages: 9-15+

Author: Evaleen Whelton

PRICE	€18.50	ISBN: 9781805161011

Konnect Books - Social Communication Exercises for Neurodivergent Kids



The ***Konnect*** series of books has been revamped and is now more Neuro-affirming than ever! Written by proudly Autistic author and founder of ***AUsome Training*** Evaleen Whelton, the series demonstrates the very best way to support Autistic kids socially.

Unlike most social skills books written by people who are not Autistic and do not understand Autistic communication, this series of three Neuro-affirming books support Autistic children to explore their own communication and navigate their social world.

The books are designed to suit multiple users so are suitable for schools, parents professionals, etc. ***Konnect Books 1, 2 & 3*** are written to be used as a series, with all ages starting with Book 1. The real beauty is… everyone learns from the books, not just the child.

	ISBN
Konnect: Book 1	9781805160977
Konnect: Book 2	9781805160984
Konnect: Book 3	9781805160991
Set of 3	9781805161004

€18.50 each | Set of 3 for **€50.00**

Recommended ages: Books 1 - 3: ages 4 - 8+

Author: Evaleen Whelton

TASKS GALORE

Tasks Galore Publishing was created to provide parents and professionals with practical tools that will aid their children and students to become more independent in school and in society. These tools emphasise structured teaching methods and parent/professional collaboration. The authors have extensive experience working with exceptional children and adults in their school, community, home and/or employment. They have also extensively trained healthcare and education professionals and parents around the world in ***Structured Teaching.*** There are six books (plus a reader). **Recommended ages: 4-15**

Authors: Laurie Eckenrode, Pat Fennell, Kathy Hearsey, Beth Reynolds, Karen Loden Talmage & Vickie Dobrofsky



			ISBN	PRICE
Book 1	Early Education (Yellow)	Primary	9781805160359	**€42.95**
Book 2	For the Real World (Red)	Primary & Secondary	9781805160366	**€42.95**
Book 3	Making Groups Meaningful (Blue)	Primary	9781805160373	**€49.95**
Book 4	Let's Play (Green)	Primary	9781805160380	**€59.95**
Book 5	Literature-Based Thematic Units (Grey) *Pack includes children's book: I'm Hungry, I'm Hungry, What shall I do?*	Primary	9781805160397	**€65.95**
Book 6	Climbing Art Obstacles in Autism	Primary	9781805160403	**€42.95**

Full Set Price: **€290.00**

www.otb.ie/tasks-galore

OUTSIDE the BOX LEARNING RESOURCES

Off We Go! Series

Social Storybooks

for Children with Autism and other Communication Difficulties



Each book tells the story of a particular event or everyday activity in a sequence of twelve steps. The stories are written to help prepare a child to cope better with that new activity or event.

The books are used in lots of different ways - as social storybooks, as a preparation before an outing or as visual prompts to explain what comes next in a particular activity. The books also act as a great template for making homemade books or visual cards that can be focused on what is most important for your child.

Author: Avril Webster

OFF WE GO!	
Title	**ISBN**
Going to the Supermarket	9781906583002
Going to the Dentist	9781906583019
Going to the Doctor	9781906583026
Going to the Hairdresser	9781906583033
Going to the Restaurant	9781906583040
Going Swimming	9781906583057
Going to a Birthday Party	9781906583064
Going to Buy Clothes	9781906583071
Going to Buy Shoes	9781906583088
Going to the Cinema	9781906583095
Going to the Optician	9781906583101
Going on a Plane	9781906583118
Off We Go: Full series (12 books)	9781913225735

These books are of particular benefit to:

- **Children on the autism spectrum**
- **Children with intellectual disabilities**
- **Children with communication difficulties**
- **Pre-school children**
- **Children who are learning English as a second language**

Recommended ages: 5-10+

€7.95 each

Any 6 - **€45.00**
Any 12 - **€85.00**
Full Set (all 24) **€160.00**

www.otb.ie/offwego

S.A.L.F.
Self Assessment and Learning Folders

Primary School Guidelines for Teachers - Revised Edition

The ***Self Assessment and Learning Folders*** revised guidelines provide schools and teachers with a structured framework that bridges teacher-led learning and assessment with child-led learning and assessment.

These guidelines are based on socio constructivist principles of learning and provide a framework for teachers that enable children to become more active in their own learning and in the assessment of that learning.

WHAT'S NEW!

The revised guidelines bring together ten strategies/methodologies that best develop children's competencies for peer and self-assessment. It clearly outlines the ten steps in creating, compiling and completing ***Self-Assessment and Learning Folders***. A specific chapter aimed at supporting teachers in further developing ***SALF*** with Middle and Senior Primary school classes is now included, along with a dedicated chapter on helping schools develop ***SALF*** as a whole school initiative. It includes a sample implementation time frame, together with strategies for supporting the involvement of parents/guardians/carers and others in the process.

FURTHER ADDITIONS

- ✓ Revised templates at the end of each chapter
- ✓ Current authentic work samples from the classroom
- ✓ Vibrant photos of *SALF* in action in the classroom
- ✓ How to incorporate digital learning in the *SALF* process
- ✓ Role of SEN Teachers in supporting children with special education needs to engage with *SALF* methodologies

FOR TEACHERS:

SALF Primary School Guidelines for Teachers - Revised Edition

€49.95

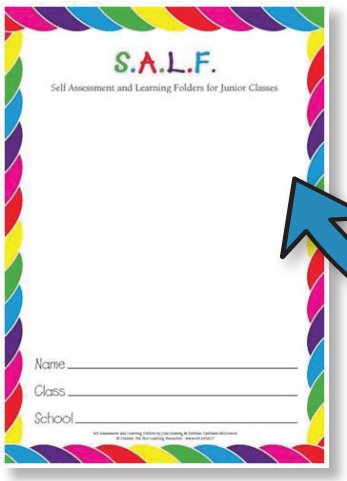
- **Includes:**
  SALF Online teacher training video
- Downloadable photocopiable templates and Sample letters
- Videos from Irish classrooms

ISBN: 9781906926946



Includes:
Comprehensive Digital Companion Page

DIGITAL COMPANION PAGE
www.otb.ie/salf-digital



€4.95

FOR CHILDREN:

- ***SALF* Junior Class Folders**
  ISBN: 9781906926052 (English)
- **20-Pocket Folders**
- **40-Pocket Folders**

€4.95

(***SALF*** 20 or 40 pocket folders are available from Outside the Box Learning Resources. Alternatively any 20 or 40 poly pocket folder may be used. These are readily available in most stationery shops.)

OUTSIDE the BOX LEARNING RESOURCES

More information at: www.otb.ie/SALF

REVISED Newell Literacy Programme

The Fully Revised complete Programme consists of:

- NLP Books/*eBooks*: 1 to 7
- Set of flash cards
- Digital Companion Pages

The Newell Literacy Programme

The fully revised ***Newell Literacy Programme*** is a phonics-based programme that concentrates on fusing the sounds of individual letters into syllables and words for reading, writing and spelling. The revised edition uses ***Sassoon® Primary*** font throughout. The font was carefully chosen by the author. It was researched with children, for children and developed specially for use in children's reading books to improve legibility for large blocks of reading matter.

The programme mainly comprises of seven books/eBooks, progressing in difficulty from level to level, each containing highly structured and finely graded lesson plans. Each level comes with a Digital Companion Page.

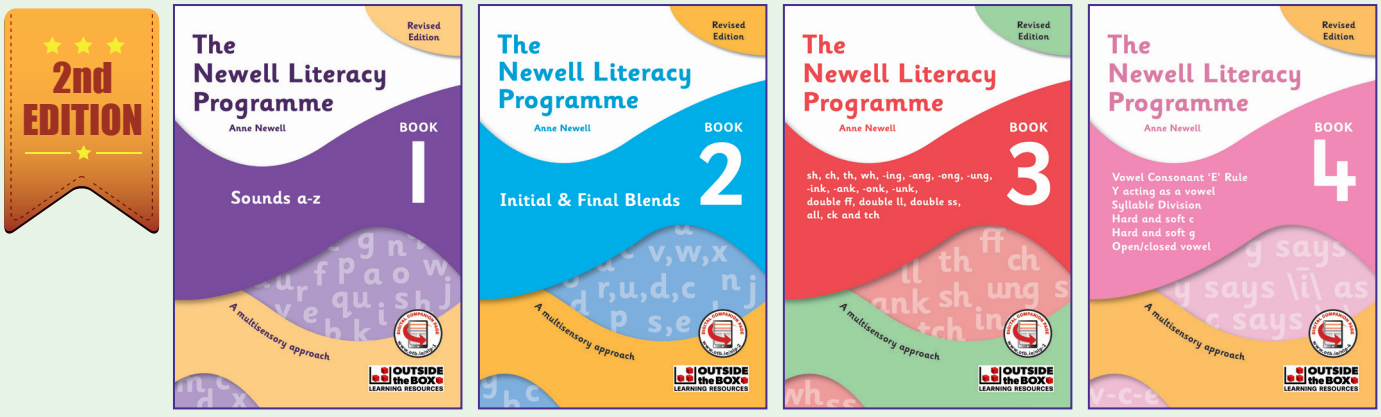
The strategies used to teach the programme are a modified version of the ***Orton-Gillingham Approach***. Each photocopiable book/eBook comes with a step-by-step description of the teaching methods and techniques, complete with a detailed listing of individual lessons. Importantly, the programme retains the flexibility for teachers to dip in and out of specific lessons as may be appropriate for diverse learning requirements. With no graphics, childish or otherwise, the programme can also be used for all ages from 5 to adult and ***for those learning English as a new language***. A set of A5 flashcards (30 separate cards) and a tutorial video accompany the programme and are included with the full kit.
Flashcards and/or individual books can also be ordered separately - Price: €19.95 & €35.00 each respectively.

Recommended ages: 5-adult

Author: Anne Newell

€35.00 each | Full set **€240.00**

ISBN	
SET	9781805160052





Spell ~~Rite~~ Write Right

Full Set Price
€149.95

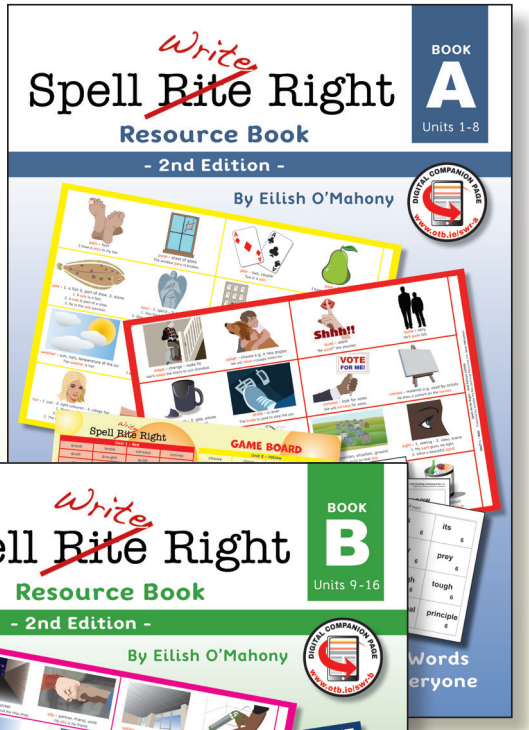
The ***Spell Write Right Programme*** is a powerful, games-based programme to effortlessly help older students with commonly confused words (e.g. there/their/they're; to/too/two; meet/meat; principal/principle etc.). It is particularly valuable for students who have literacy difficulties or dyslexic tendencies but can be used for English lessons in upper primary, lower secondary and/or for EAL students. The programme was created by former Dyslexia Association of Ireland tutor Eilish O'Mahony.

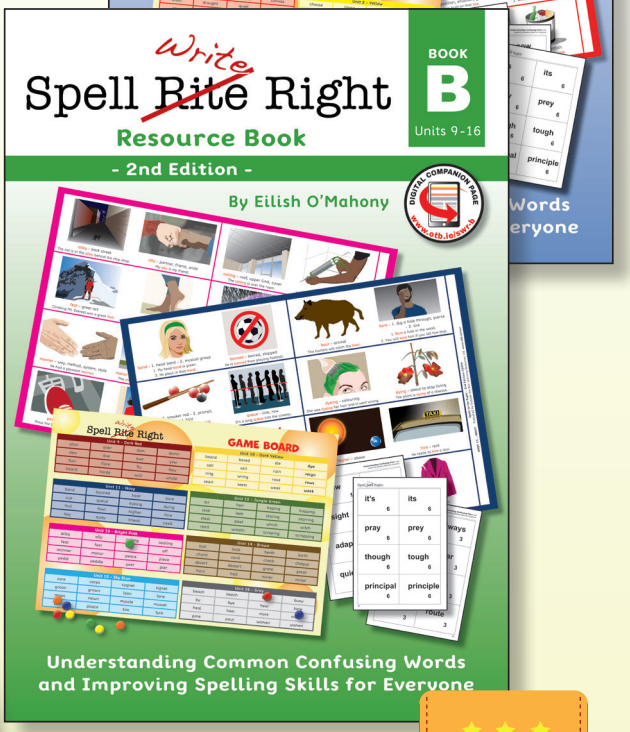
The programme uses an emerging font called ***Aravis***© throughout, which has been researched and developed by UK specialist publisher Crossbow Education. It meets all possible accessibility criteria for dyslexia and the visual difficulties associated with the condition.

The programme will equip students with clever methods, mental strategies, essential skills, problem-solving techniques and an abundance of confidence to work out the differences between all the common, everyday, confusing words.

Recommended ages: 10-adult

Author: Eilish O'Mahony









2nd EDITION

Full Programme contains:

- 2 x Teacher Resource Books
- Comprehensive Digital Companion Page Content
- 16 x full-colour A3 Posters
- 8 x full-colour A3 Double-sided Game Boards
- 100 Counters

FULL SET PRICE	**€149.95**	**ISBN:** 9781805160342

Helpful Handbooks

FOR PARENTS, CARERS & PROFESSIONALS

This contemporary series covers a range of topics about the social and emotional challenges that a young person may encounter. By teaching parents and carers a diverse set of practical skills to support children through stressful events and challenging behaviours, this collection will assist in confident navigation through many different emotions and support the work being done in schools.



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Anxiety - Understanding anxiety with practical exercises to promote well-being	9781913225025
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Family Resilience - Helping to cope with family challenges through improving personal strengths	9781913225049
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Self-Esteem - Building self-confidence through competencies and life-skills	9781913225087
Sibling Rivalry - Examining why children compete negatively and practical steps to reduce the conflict	9781913225094
Strong-Willed - How to promote cooperative behaviours in those children that could but won't	9781913225100
Working with Professionals - Giving parents/carers the tactics to promote successful outcomes for their children	9781913225070

About the Authors

Dr. Rob Long - Rob is a chartered educational psychologist whose main interest is supporting children who face social, emotional and mental health difficulties. He is committed to providing practical solutions to help understand the challenges that many children and young people face.

€7.95 each

5 for **€35.00**
10 for **€65.00**

Keith Hodgins - Having spent half of his 30-year police career working with young people, Keith has dealt with many complex family matters approaching each with honesty, openness and humour. His main influences are his psychological and family therapy training - as well as his wife and daughter, who provide him with constant angst, fun and love.

Sandra Curtin-Maggs - Sandra has worked in education for the past 12 years. She supports parents/carers of children with various degrees of additional needs, be it a long-term condition or a temporary blip. She has a particular interest in improving the emotional well-being of both children and parents/carers, with a focus on helping the family to help themselves.

www.otb.ie/Helpful-Handbooks