National & International Deliveries

AUTISM & NEURODIVERSITY

CATALOGUE SELECTION



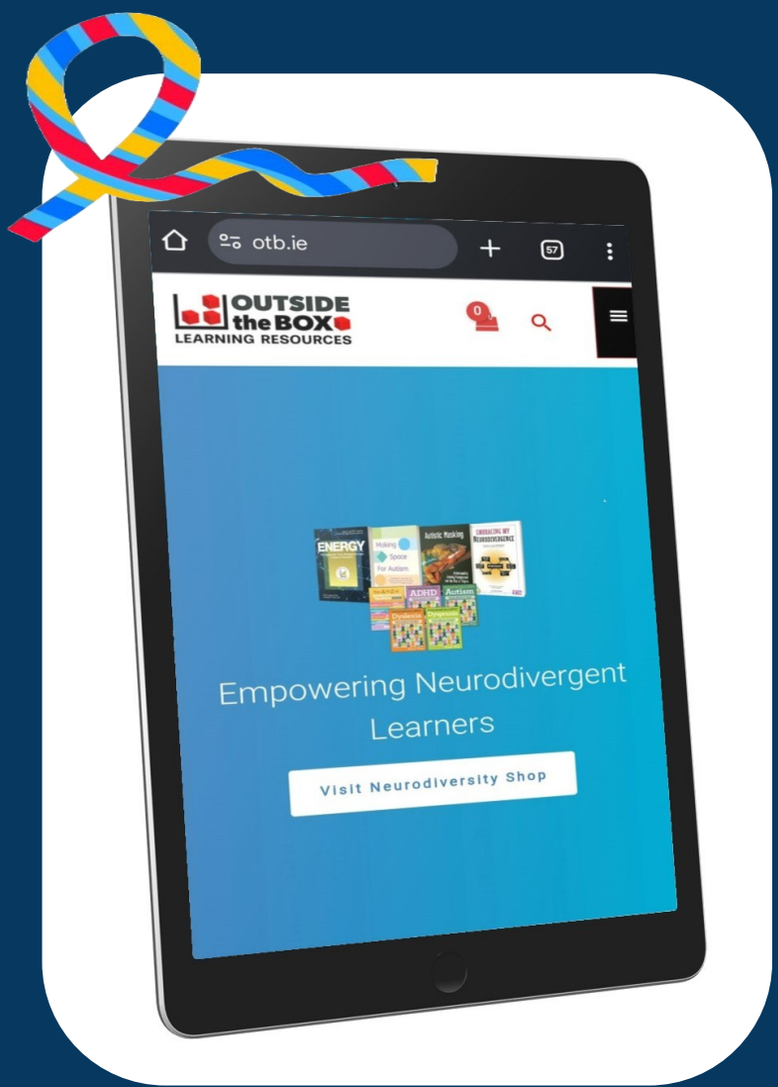
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OUTSIDE the BOX LEARNING RESOURCES

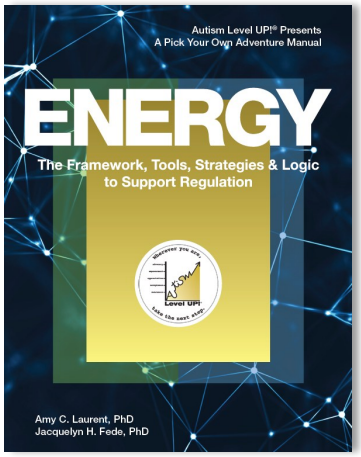
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Energy

The Framework, Tools, Strategies & Logic to Support Regulation

Jacquelyn Fede and Amy Laurent

The term "regulation" is tossed around a lot today (and maybe regulation likes or requires that kind of sensory input…), especially in the form of "emotional regulation." How does Autism Level UP! conceptualise regulation? We think about ENERGY and energy regulation.

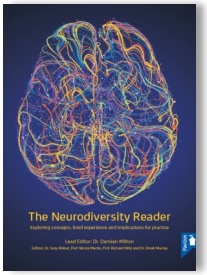
Where is your energy right now? Where do you want it to be for whatever it is you are doing (reading a manual, perhaps)? Do those two answers line up? If so, you are well regulated. Are those two answers different?

You might be dysregulated and need some kind of tool or strategy to make a match. We find this to be a more realistic, authentic and affirming method for thinking about regulation than tying it to socially constructed emotions.

This manual will teach you how we think about ENERGY and how you can use it for yourself or to support others through the introduction of our tools, worksheets and ways of thinking. We offer ideas on how to introduce the concept to people with wide ranging neurotypes and communication profiles as well as how to ensure a fair and equitable partnership develops in which the burden of change and growth is on both the person and the partner. We hope you enjoy this choose your own adventure journey and where ever you end up, you have taken another step in levelling UP! — Amy and Jac (the Authors)

Pages: 484

Published by: *Autism Level Up!* *Publication Year:* *2024* *ISBN/Code:* *9781736302620* *PRICE:* ***€ 82.95***



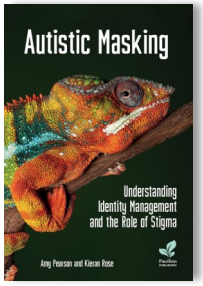
The Neurodiversity Reader

Exploring concepts, lived experience and implications for practice

Lead Editor:
Damian Milton

This thought-provoking collection is written for all stakeholders in relation to autism and neurodivergent ways of being. Despite having a wide impact on a variety of disciplines, neurodiversity and related concepts are often poorly understood, which can lead to uninformed debate and potential tensions between stakeholders regarding service provision for those with neuro-developmental disabilities. The Neurodiversity Reader brings together work from pioneering figures within and beyond the neurodiversity movement to critically explore its history, the concepts of neurodiversity that have shaped it, lived experiences, and how a better informed understanding might be translated into practice and service provision. This is an essential text for supporting professionals and students of neurodivergent experiences and disability, as well as neurodivergent people themselves. *Pages: 344*

Published by: *Pavilion Publishing* *Publication Year:* *2020*
ISBN/Code: *9781912755394* *PRICE:* ***€ 43.95***



Autistic Masking

Understanding Identity Management and the Role of Stigma

Amy Pearson
and Kieran Rose

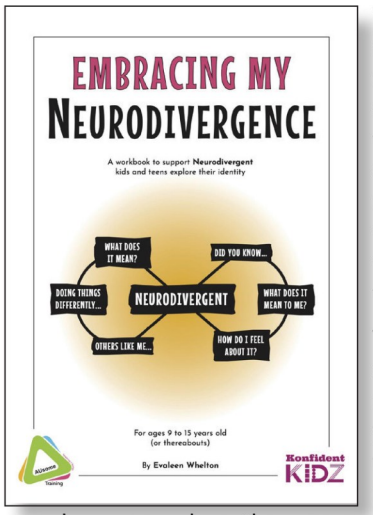
This ground-breaking book aims to define the process of autistic masking and the underlying reasons for its existence, providing a much-needed contextualised evidence base to explore this complex topic.

Though masking has been predominantly framed as a social strategy to 'blend in' with neurotypical or allistic (non-autistic) people, emerging research suggests that masking can also form as a response to stigma and traumatic experiences.

Taking an intersectional lens to consider how autistic identity may interact with other aspects of selfhood, the authors explore the impact of both stigma and trauma on autistic people, contextualising masking within the broader concept of stigma management. *Pages: 304*

Published by: *Pavilion Publishing* *Publication Year:* *2023*
ISBN/Code: *9781803882116* *PRICE:* ***€ 34.95***

Embracing my Neurodivergence
- A workbook to support **Neurodivergent** kids and teens explore their identity



When a young person discovers they are neurodiverent, it can explain a lot of things to them. However, it also means that they need to find their own way to understand what that means for them.

This workbook is designed to empower neurodivergent young people and teens. It gives young neurodivergent people a space where they can embrace their uniqueness and explore what neurodiversity means for them.

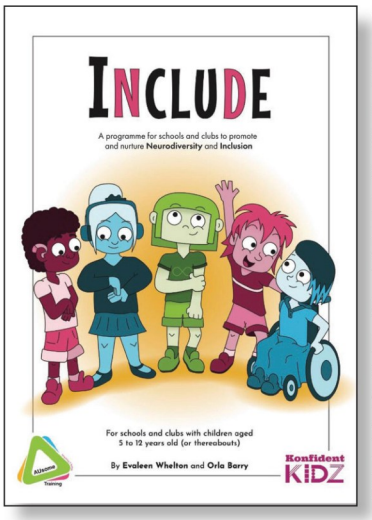
This beautiful book will help Autistic kids and teens (and older!) explore their identity with positivity.

Recommended ages: 9-15+

Author: Evaleen Whelton

PRICE	€18.50	ISBN: 9781805160953

Include - A programme for schools and clubs to promote and nurture **Neurodiversity** and **Inclusion**



Include is a wonderful programme for inclusion and acceptance in Schools. It aims to support schools to promote and nurture neurodiversity and inclusion.

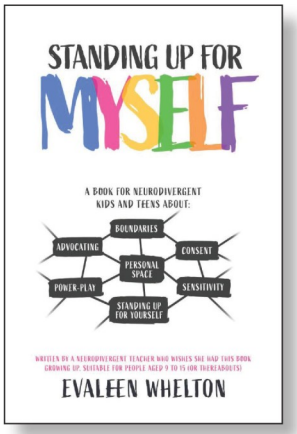
Include is a ten-week programme consisting of twenty easy-to-follow lesson plans: 2 sets of 10 lesson plans for 5-7yrs and 8-12yrs.

This programme was created by two passionate neurodivergent educators, Orla Barry and Evaleen Whelton. Evaleen, who is proudly autistic, is the founder of ***AUsome Training***. She has worked with children and young adults for over 20 years in her career as a Speech and Drama Teacher.

Authors: Evaleen Whelton and Orla Barry

PRICE	€36.50	ISBN: 9781805160960

Standing Up for Myself
- A Book for Neurodivergent Kids and Teens about: Advocating, Boundaries, Consent, Personal Space, Power-Play, Sensitivity & Standing Up for Yourself!



Standing Up for Myself is a beautiful book that addresses the important areas of social interaction that are often overlooked for autistic children. The focus of this invaluable resource is to empower neurodivergent children and teens to understand themselves, their boundaries and how others might try to manipulate them. The book is full of informative insight and has lots of space for exploratory exercises for the user.

The proudly autistic author Evaleen Whelton is the founder of ***AUsome Training*** and is a passionate educator on all things Autistic.

Recommended ages: 9-15+

Author: Evaleen Whelton

PRICE	€18.50	ISBN: 9781805161011

Konnect Books - Social Communication Exercises for Neurodivergent Kids



The ***Konnect*** series of books has been revamped and is now more neuro-affirming than ever! Written by proudly autistic author and founder of ***AUsome Training*** Evaleen Whelton, the series demonstrates the very best way to support Autistic kids socially.

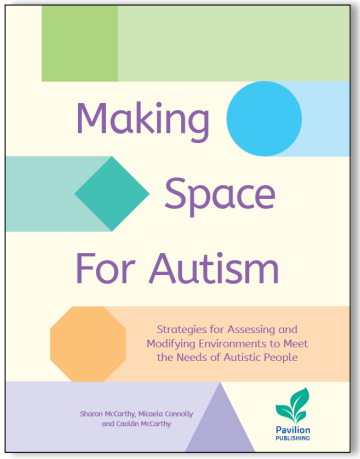
Unlike most social skills books written by people who are not autistic and do not understand autistic communication, this series of three neuro-affirming books support Autistic children to explore their own communication and navigate their social world. The books are designed to suit multiple users so are suitable for schools, parents professionals, etc. The real beauty is… everyone learns from the books, not just the child.

€18.50 each — Set of 3 for **€50.00**

	ISBN
Konnect: Book 1	9781805160977
Konnect: Book 2	9781805160984
Konnect: Book 3	9781805160991
Set of 3	9781805161004

Recommended ages:
Book 1: ages 4+
Book 3: ages 6+
Book 3: ages 8+

Author: Evaleen Whelton



Making Space for Autism

Strategies for Assessing and Modifying Environments to Meet the Needs of Autistic People

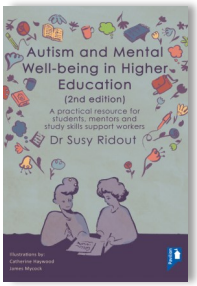
Sharon McCarthy, Micaela Connolly and Caolán McCarthy

Historically, there has been an expectation that autistic children and adults should conform their behaviour to social norms, with strategies and interventions centred around changing who they are to fit the space they are in. This person-centred environmental assessment and modification programme offers an alternative to this problematic and damaging approach.

Written as a collaboration between autistic and allistic (non-autistic) professionals, Making Space for Autism is aimed at anyone supporting autistic people both personally and professionally. It provides information and tools for assessing and reflecting on features of the autistic person's environment to best support their comfort, autonomy and agency. The authors break down each environmental element (sensory, emotional, communication, social and physical) and include strategies, visual resources and checklists as reference points to equip the reader with a framework from which to begin.

This accessible, strengths-focused approach to supporting autistic people across different areas of their life reflects a paradigm shift from one where autism is treated as a deficit or impairment to one of strength, acceptance and autonomy. *Pages: 243*

Published by: Pavilion Publishing *Publication Year:* 2023 *ISBN/Code:* 9781803882420 *PRICE:* **€ 58.95**



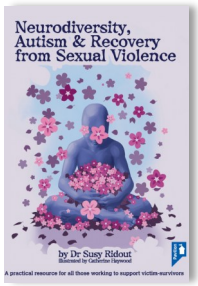
Autism and Mental Well-being in Higher Education *(2nd Edition)*

A practical resource for students, mentors & study skills support workers

Author:
Dr. Susy Ridout

This text looks into the fact that, too often, autistic students and those with mental health needs struggle with higher education, often dropping out because they do not receive the informed support that would help them succeed. Explore effective mentoring strategies in higher education to support autistic students and those with mental health needs, enhancing their success and giving them confidence to enable them to take control of their lives. Beautifully illustrated, this unique publication is written for those with a neurodivergent perspective and brings together tried-and-tested ideas and activities among an array of students. It encourages students to take control of mentoring and study skills sessions by signposting them to topics which they wish to address, while also providing a useful framework and resources for mentors/tutors in higher education. *Pages: 206*

Published by: Pavilion Publishing *Publication Year:* 2020
ISBN/Code: 9781913414016 *PRICE:* **€ 41.50**



Neurodiversity, Autism and Recovery from Sexual Violence

A practical resource for all those working to support victim-survivors

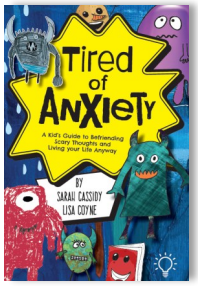
Author: Dr. Susy Ridout

Recovery and survival following sexual violence are unique to each individual, and this invaluable book provides a resource for those supporting autistic and neurodivergent women to take steps towards regaining control of their life. Written from the author's lived experience and expertise, there is a wealth of accessible guidance and practical activities that focus on making sense of events and taking time to do so.

It includes printable resource sheets and details of available supports to introduce to individuals or groups. Whilst targeting neurodivergent/autistic women survivors, it can be adapted by others to suit their requirements. Above all, it encourages practitioners to work respectfully with clients in the context of their experiences and evolving situations. *Pages: 148*

Published by: Pavilion Publishing *Publication Year:* 2020
ISBN/Code: 9781913414979 *PRICE:* **€ 46.95**

Selected Resources from Outside The Box Learning Resources



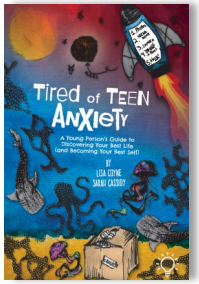
Tired of Anxiety

A Kid's Guide to Befriending Scary Thoughts and Living Your Life Anyway

Sarah Cassidy & Lisa Coyne

This is a step-by step guide for children on how to do the things that matter to them despite anxiety. Based on principles of Acceptance and Commitment Therapy (ACT), the book uses evidence-based clinical techniques and describes them in accessible, child-friendly ways to ensure that families and carers have a toolkit for working positively with anxiety over the long term. *Pages: 150*

Published by: *Pavilion Publishing* *Publication Year:* *2022*
ISBN/Code: *9781803880808* *PRICE:* ***€ 18.95***



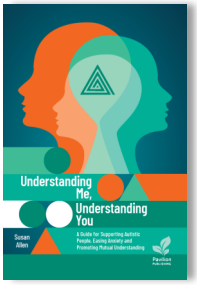
Tired of Teen Anxiety

A Young Person's Guide to Discovering Your Best Life & Becoming Your Best Self

Sarah Cassidy & Lisa Coyne

Tired of Teen Anxiety is a step-by step guide for teenagers on how to do the things that matter to them despite anxiety. The guide is based on principles of Acceptance and Commitment Therapy (ACT), and uses evidence-based clinical techniques and describes them in accessible ways. It gives teenagers a toolkit to work through anxiety over the long term. *Pages: 200*

Published by: *Pavilion Publishing* *Publication Year:* *2024*
ISBN/Code: *9781803882758* *PRICE:* ***€ 19.95***



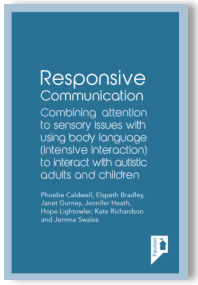
Understanding Me, Understanding You

A Guide for Supporting Autistic People, Easing Anxiety and Promoting Mutual Understanding

Author: Susan Allen

Understanding Me, Understanding You is a guide for anyone working with and supporting autistic people. The aim is to encourage the reader to consider – personally and professionally – how they can create spaces where there is predictability and trust, enabling autistic people to engage, contribute and grow. It seeks to promote mutual understanding. *Pages: 216*

Published by: *Pavilion Publishing* *Publication Year:* *2023*
ISBN/Code: *9781803882666* *PRICE:* ***€ 29.50***



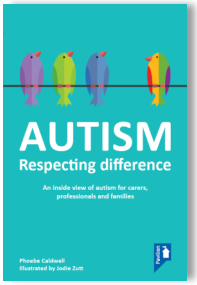
Responsive Communication

Combining attention to sensory issues with using body language (intensive interaction) to interact with autistic adults and children

Author: Phoebe Caldwell et al.

This book explains how to communicate with children & adults who are struggling to understand and articulate speech using Responsive Communication. Responsive Communication combines intensive interaction (using people's body language to communicate) with attention to sensory issues, to encourage effective emotional engagement and reduce behavioural distress. *Pages: 204*

Published by: *Pavilion Publishing* *Publication Year:* *2019*
ISBN/Code: *9781912755363* *PRICE:* ***€ 31.50***



Autism: Respecting Difference

An inside view of autism for carers, professionals and families

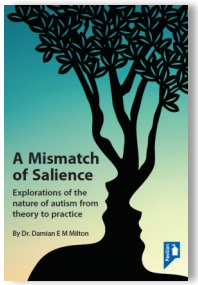
Author:
Phoebe Caldwell

This book is a simple and concise introduction to how the world is experienced differently by autistic people and how to respond suitably and sensitively to individuals.

It is aimed at helping people who are new to autism to understand how it might feel to be autistic.

Pages: 112

Published by: *Pavilion Publishing* *Publication Year:* *2022*
ISBN/Code: *9781803881577* *PRICE:* ***€ 11.95***



A Mismatch of Salience

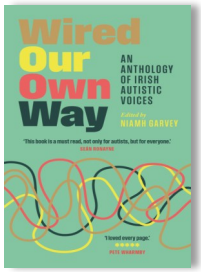
Explorations of the nature of autism from theory to practice

Author:
Damian Milton

This book explores the communication and understanding difficulties that can create barriers between people on the autism spectrum and neurotypical people. It celebrates diversity in communication styles and human experience by reframing the view that autistic people represent a 'disordered other' not as an impairment, but a two-way mismatch of salience. *189 Pages*

Published by: *Pavilion Publishing* *Publication Year:* *2017*
ISBN/Code: *9781911028765* *PRICE:* ***€ 28.50***

Selected Resources from Outside The Box Learning Resources



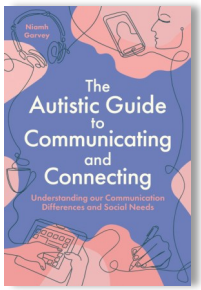
Wired Our Own Way

An Anthology of Irish Autistic Voices

Chief Editor: Niamh Garvey

This bestselling anthology explores the profound impact of receiving a diagnosis and highlights the wide range of experiences within the neurodivergent community in Ireland. Contributors include: Adam Harris, James McClean, Aisling Walsh, Cliona Kelliher, Jen Wallace, Liam Coulson, Nuala O'Connor, Jane Cadman, Eric Robert Crowley and many others. *Pages: 224*

Published by: New Island Books *Publication Year:* 2025
ISBN/Code: 9781835940051 *PRICE:* **€ 16.95**



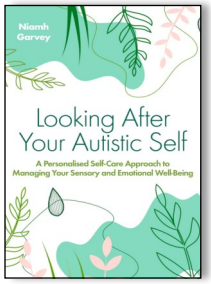
The Autistic Guide to Communicating and Connecting

Understanding our communication differences and social needs

Author: Niamh Garvey

This new publication combines up-to-date research and lived experience perspectives to create the ultimate guide to supporting your autistic social self in hectic, everyday life. It is supportive, affirming and packed full of strategies on how you can support yourself and manage daily social situations, from restaurants to interviews and lots more. *Pages: 304*

Published by: Jessica Kingsley *Publication Year:* 2025
ISBN/Code: 9781805012580 *PRICE:* **€ 19.95**



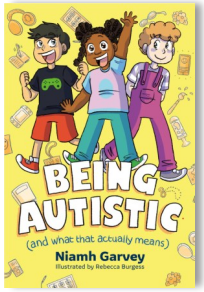
Looking After Your Autistic Self

A Personalised Self-Care Approach to Managing Your Sensory and Emotional Well-Being

Author: Niamh Garvey

Niamh Garvey offers tips and tricks designed to reduce sensory and emotional stress and look after your autistic self. From understanding what's happening when the stress response kicks in to using the 'detective habit' to spot your individual strengths and triggers. What's more, every element of this book can be personalised to you. *Pages: 256*

Published by: Jessica Kingsley *Publication Year:* 2023
ISBN/Code: 9781839975608 *PRICE:* **€ 19.95**



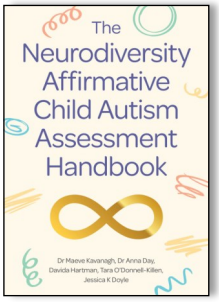
Being Autistic

(and what that actually means)

Author: Niamh Garvey

Welcome to the ultimate guide to understanding who you are and what it means to be autistic! In this fully illustrated graphic guide, discover the differences between sensory seekers and avoiders, why you might find some things super easy and other things extra challenging and even begin to understand and navigate all of your big (and small) feelings. *Pages: 160*

Published by: Jessica Kingsley *Publication Year:* 2024
ISBN/Code: 9781805011712 *PRICE:* **€ 13.95**

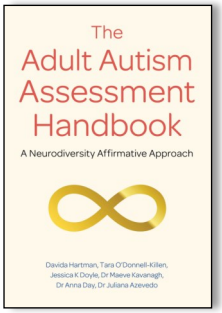


The Neurodiversity Affirmative Child Autism Assessment Handbook

Authors: Maeve Kavanagh, Anna Day, Davida Hartman, Tara O'Donnell-Killen & Jessica K Doyle

This comprehensive handbook will guide you through creating a neuro-affirmative child autism assessment process for your practice. Moving away from a deficit-based medical approach to child autism assessment (identification), it covers the most up to date research and best practice. *Pages: 384*

Published by: Jessica Kingsley *Publication Year:* 2025
ISBN/Code: 9781805011651 *PRICE:* **€ 41.50**



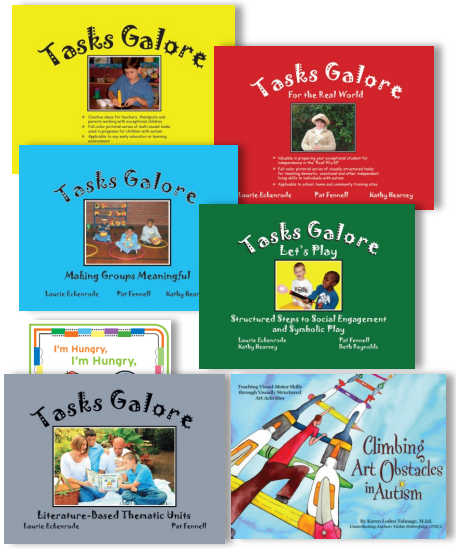
The Adult Autism Assessment Handbook

Authors: Davida Hartman, Tara O'Donnell-Killen, Jessica K Doyle, Maeve Kavanagh, Anna Day & Juliana Azevedo

This accessible and comprehensive handbook covers the most up-to-date research and best practice around adult autism assessment. It centres the person's internal experiences and sense-making in clinical assessment, rather than subjective observation. *Pages: 368*

Published by: Jessica Kingsley *Publication Year:* 2023
ISBN/Code: 9781839971662 *PRICE:* **€ 41.50**

Selected Resources from Outside The Box Learning Resources



Tasks Galore Series

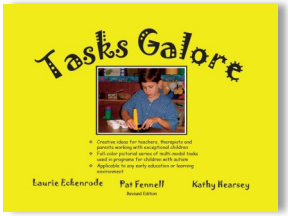
Laurie Eckenrode Pat Fennell Kath Hearsey Beth Reynolds Karen Talmage

The **Tasks Galore books** were created to provide parents and professionals with practical tools that will aid the children and students in their care to become more independent in school and society. These tools emphasise 'Structured ***TEACCH**ing' methods and parent/professional collaboration. (***TEACCH** Program - University of North Carolina)

Structured Teaching: Focuses on the Individual; Creates Comprehensible Environments; Utilises Visual Supports; Promotes Independence; Builds on Strengths; Supports Neurodiversity

More information on www.tasksgalore.com

Published by: Tasks Galore *Publication Year:* 2023 *Set Price Code:* TG-SET-6 *PRICE:* **€ 290.00**



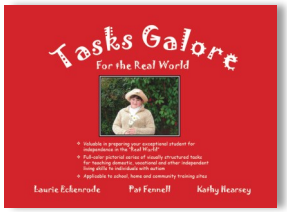
Tasks Galore 1: Early Education

Creative ideas for teachers, therapists and parents working with exceptional children

Laurie Eckenrode Pat Fennell Kathy Hearsey

Published by: Tasks Galore *Publication Year:* 2023

ISBN/Code: 9781805160359 *PRICE:* **€ 42.95**



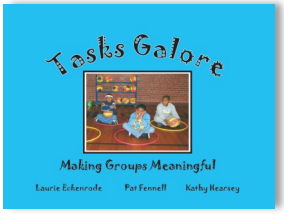
Tasks Galore 2: For the Real World

Valuable in preparing your exceptional student for independence in the "Real World"

Laurie Eckenrode Pat Fennell Kathy Hearsey

Published by: Tasks Galore *Publication Year:* 2023

ISBN/Code: 9781805160366 *PRICE:* **€ 42.95**



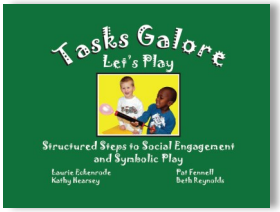
Tasks Galore 3: Groups

Making Groups Meaningful

Laurie Eckenrode Pat Fennell Kathy Hearsey

Published by: Tasks Galore *Publication Year:* 2023

ISBN/Code: 9781805160373 *PRICE:* **€ 49.95**



Tasks Galore 4: Let's Play

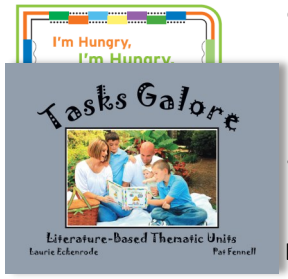
Structured Steps to Social Engagement and Symbolic Play

Laurie Eckenrode
Kath Hearsey

Pat Fennell
Beth Reynolds

Published by: Tasks Galore *Publication Year:* 2023

ISBN/Code: 9781805160380 *PRICE:* **€ 59.95**



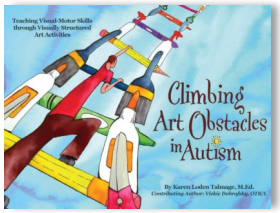
Tasks Galore 5: (2-Book Set)

Literature-based Thematic Units

Laurie Eckenrode & Pat Fennell

Published by: Tasks Galore *Publication Year:* 2023

ISBN/Code: 9781805160397 *PRICE:* **€ 65.95**



Climbing Art Obstacles in Autism

Teaching Visual-Motor Skills through Visually Structured Art Activities

Karen Talmage
(with Vickie Dobrofsky)

Published by: Tasks Galore *Publication Year:* 2023

ISBN/Code: 9781805160403 *PRICE:* **€ 42.95**

Off We Go! Series

Social Storybooks

for Children with Autism and other Communication Difficulties



Each book tells the story of a particular event or everyday activity in a sequence of twelve steps. The stories are written to help prepare a child to cope better with that new activity or event.

The books are used in lots of different ways - as social storybooks, as a preparation before an outing or as visual prompts to explain what comes next in a particular activity. The books also act as a great template for making homemade books or visual cards that can be focused on what is most important for your child.

Author: Avril Webster

OFF WE GO!	
Title	**ISBN**
Going to the Supermarket	9781906583002
Going to the Dentist	9781906583019
Going to the Doctor	9781906583026
Going to the Hairdresser	9781906583033
Going to the Restaurant	9781906583040
Going Swimming	9781906583057
Going to a Birthday Party	9781906583064
Going to Buy Clothes	9781906583071
Going to Buy Shoes	9781906583088
Going to the Cinema	9781906583095
Going to the Optician	9781906583101
Going on a Plane	9781906583118
Off We Go: Full series (12 books)	9781913225735

These books are of particular benefit to:

- **Children on the autism spectrum**
- **Children with intellectual disabilities**
- **Children with communication difficulties**
- **Pre-school children**
- **Children who are learning English as a second language**

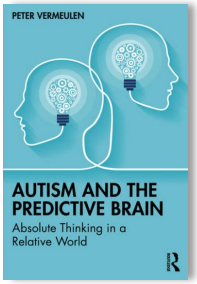
Recommended ages: 5-10+

www.otb.ie/offwego

€7.95 each

Any 6 - **€45.00**
Any 12 **- €85.00**
Full Set (all 24) **€160.00**

Selected Resources from Outside The Box Learning Resources



Autism and the Predictive Brain

Absolute Thinking in a Relative World

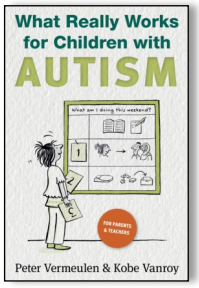
Author:
Peter Vermeulen

This book explains the new theories relating to the predictive brain, summarising some of the more recent highly technical research studies about the predictive mind and autism into as accessible and understandable language as possible. Shedding new light on the predictive brain and its relation to autism, the chapters lead readers to the inevitable conclusion that many of the current interventions used in connection with autism urgently need updating and outline possibilities for revising.

This approachable book synthesises advanced research for professionals across disciplines working with people with autism spectrum disorder along with readers who have or have family members with ASD.

Pages: 178

Published by: Routledge *Publication Year:* 2022
ISBN/Code: 9781032358970 *PRICE:* **€ 42.50**



What Really Works for Children with Autism

For Teachers and Parents

Author:
Peter Vermeulen & Kobe Vanroy

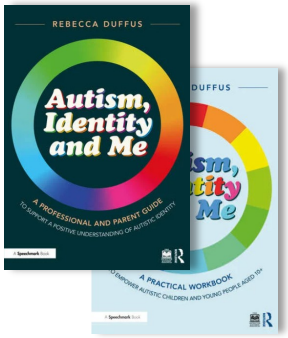
This new publication aims to be a guide for anyone who has a child with autism, as well as for educators and caregivers. Many difficulties for these children arise due to a lack of knowledge about exactly what autism is and what its consequences are. This book provides detailed information about these issues, including:

- What the 10 most important needs of autistic children are
- Understanding their sometimes unexpected or difficult behaviour
- How to support them as a parent, teacher, caregiver or therapist

When you get to know the specific characteristics, abilities, challenges and needs of a child with autism better, you will see their behaviour in a different light.

Pages: 180

Published by: Future Horizons *Publication Year:* 2024
ISBN/Code: 9781957984964 *PRICE:* **€ 29.95**



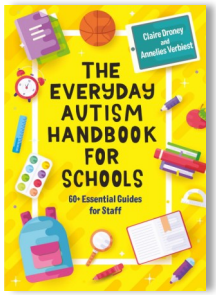
Autism, Identity and Me (Set)

A Practical Resource to Empower Autistic Children and Young People - Aged 10+

Author: Rebecca Duffus

This empowering workbook and guide will help children and young people to develop a positive understanding of their autistic identity, whilst providing key adults with the tools needed to support their journey and initiate important conversations. The workbook is highly structured and visual, broken down into key sections such as Interests and Focus, Masking, Emotions and My Autistic Identity Statement to create a personal passport and to develop a deeper understanding of what autism means to the young person as an individual. The accompanying guide provides background information, covering topics such as the social and medical models of disability and Monotropism, as well as a clear approach to help them to initiate key conversations, with examples of 'possible prompts' and supportive strategies. *2-Book Set*

Published by: Routledge *Publication Year:* 2023
ISBN/Code: 9781032261027 *PRICE:* **€ 39.95**



The Everyday Autism Handbook for Schools

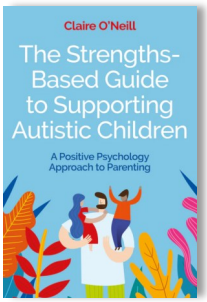
60+ Essential Guides for Staff

Authors:
Claire Droney & Annelies Verbiest

A practical, easy-to-read introduction to the ideas and strategies that can be implemented within the classroom to help autistic children achieve their full potential. With an introduction to autism and its key differences, insights from autistic individuals and case studies drawn from years of experience, this is the definitive resource for busy teachers supporting autistic children within a mainstream or specialist school environment. This book provides guidance on a variety of topics related to teaching autistic children in primary school, including adapting the curriculum, ensuring effective communication with staff and parents, fostering emotional regulation, as well as staff self-care. Each chapter includes easy-to-follow guides and resources, providing solutions, direction and support for teachers to help students on the autism spectrum to thrive. *Pages: 368*

Published by: Jessica Kingsley *Publication Year:* 2021
ISBN/Code: 9781787754287 *PRICE:* **€ 34.95**

Selected Resources from Outside The Box Learning Resources



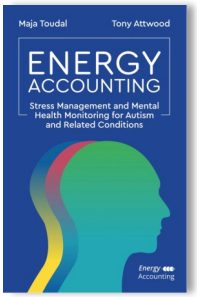
The Strengths-Based Guide to Supporting Autistic Children

A Positive Psychology Approach to Parenting

Author: Claire O'Neill

This flexible guide introduces you to the strengths-based approach that is helping autistic children and their families to thrive. By focusing on how to identify, develop and use your child's strengths to support them, this transformative approach is here to show you and your child that their unique character-strengths can empower them and shape their future. *Pages: 208*

Published by: *Jessica Kingsley* *Publication Year:* *2023*
ISBN/Code: *9781839972157* *PRICE:* ***€ 21.50***



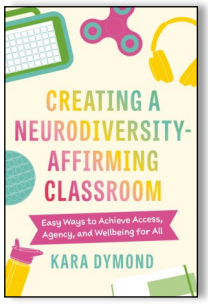
Energy Accounting

Stress Management and Mental Health Monitoring for Autism and Related Conditions

By Maja Toudal & Anthony Attwood

Delivering the first authoritative introduction to a practical, neurodiversity-affirming technique, this book features straightforward step-by-step instructions on how adjustments can be made to reduce stress and increase energy and improve quality of life. Energy Accounting will be beneficial to those who experience burnout or difficulties with stress management. *Pages: 256*

Published by: *Jessica Kingsley* *Publication Year:* *2024*
ISBN/Code: *9781787757752* *PRICE:* ***€ 31.50***



Creating a Neurodiversity-Affirming Classroom

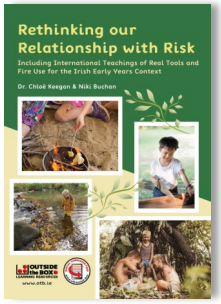
Easy Ways to Achieve Access, Agency and Wellbeing for All

Author: Kara Dymond

This book invites a compassionate lens for teachers and students alike. It's the how-to of forging partnerships with students - our best resources in collaboratively problem-solving pressing classroom concerns and invisible learning needs. Everyone benefits when we plan with accessibility in mind!

Pages: 256

Published by: *Jessica Kingsley* *Publication Year:* *2025*
ISBN/Code: *9781839978807* *PRICE:* ***€ 21.50***



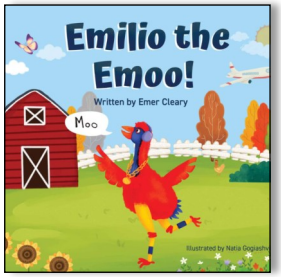
Rethinking our Relationship with Risk

Including International Teachings of Real Tools and Fire Use for the Irish Early Years Context

By Chloë Keegan & Niki Buchan

This book aims to provide adults working in the early years sector with practical, evidence-based strategies to rethink their relationship with risk and meaningfully incorporate the use of real tools and fire into their settings. Drawing on international best practices and research, guidance is given on how to begin implementing these activities. *Pages: 104*

Published by: *Outside The Box LR* *Publication Year:* *2025*
ISBN/Code: *9781805161233* *PRICE:* ***€ 29.95***



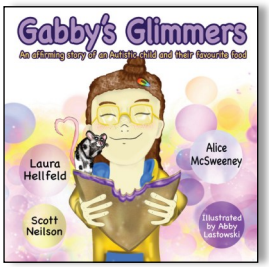
Emilio the Emoo!

This child's book provides a thoughtful representation of neurodiversity

Author: Emer Cleary
Illustrator: Natia Gogiashvili

This is a touching and beautifully illustrated story that encourages young readers to embrace their differences. Through Emilio's journey of self-discovery, children learn valuable life lessons about bravery, kindness and self-acceptance. The vibrant illustrations bring Emilio's world to life, captivating readers while reinforcing the story's positive themes of inclusion and self-love. *Pages: 28*

Published by: *Emu Ink Publishing* *Publication Year:* *2024*
ISBN/Code: *9783127323207* *PRICE:* ***€ 14.95***



Gabby's Glimmers

An Affirming Story of an Autistic Child and their Favourite Food

Author(s) : Laura Hellfield, Scott Neilson, Alice McSweeney, Abby Lastowski (Illustrator)

Gabby and friends are excited to share their stories about where they go, what they do and what gives them a glimmer. Find Gabby's glimmers of joy and comfort that shine out from them in colours of golds, purples and blues. And most importantly, come and see how Gabby's jam sandwich is so much more than just their favourite food. *Pages: 44*

Published by: *Outside The Box LR* *Publication Year:* *2024*
ISBN/Code: *9781399997850* *PRICE:* ***€ 18.95***

Supporting Additional Educational Needs within Inclusive Education

By. Dr. Michele Dunleavy

New (2025) Online Course for Primary Teachers (Ireland)



www.otb.ie/inclusive-education-online-course

More Details and Bookings on:
www.otb.ie/inclusive-education-online-course

Online Course Description:

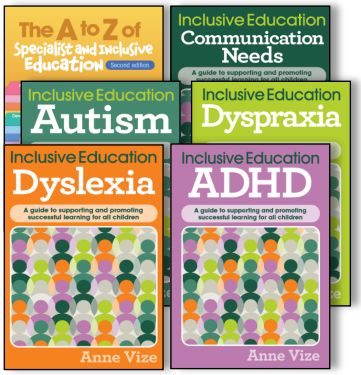
Participants in this course will gain the skills outlined below that will enhance their professional practice particularly in relation to teaching, learning and assessment:

- Provide knowledge and understanding of conditions such as autism (ASD, APA, 2013) ADHD, Dyslexia etc.
- How teachers can support SEN students in the learning environment and ensure they reach their potential
- How these conditions may affect the student in the learning environment
- Information on evidence-based strategies to support students with SEN
- An examination of assessments that can be used to assist teachers to determine the strengths and needs of the student
- An examination of how ICT can be used to assist the inclusion process
- An examination of the all relevant Department of Education (Ireland) Circulars: 007/2019; 008/2019; 0080/2024; 0002/2024; 0064/2024 etc.
- The steps in compiling a student support plan (SSP) and what should be recorded in the student support file (SSF)
- How the above DE circulars, guidelines and NEPS SEN Continuum of Support can assist school self-evaluation (SSE)
- An in-depth examination of the problem-solving process as outlined in the DE Guidelines
- Examine the language of inclusion
- An examination of universal design for learning (UDL) and how this can assist the inclusion process

Teachers will gain a more in-depth understanding of the NEPS SEN Continuum of Support and the importance of the collaborative approach to classroom and whole school planning. The course includes an examination of assessments to gain a baseline of skills for SEN students. The course will examine evidence-based strategies and approaches and teachers will gain a more in-depth understanding of how these can be adapted to support individual students. To compile a Student Support Plan (SSP), teachers will require an understanding of how to assess the strengths and needs of students. From this baseline, teachers can compile a SSP with targeted supports that take account of the students' strengths and needs. An examination of the DE and NEPS documents will provide teachers with knowledge and understanding of the assessment process. This will assist teachers in understanding how to provide targeted support at each tier of the continuum. Teachers will gain an understanding of Cosán, LAOS (Primary/Special Schools) and SSE process, particularly in the areas of Learning & teaching and Leadership and management.

Published by: Outside The Box LR *Publication Year: 2025* *ISBN/Code: INCL-ED-ONLINE-NON-EPV*

Selected Resources from Outside The Box Learning Resources



Inclusive Education Series by Anne Vize

Very recently published, this **Inclusive Education** series comprises of 6 books, all promoting inclusion. Inclusive education is fundamental to the work of teachers and educators in early childhood and school settings. It is an approach which mirrors the diversity which is a part of everyday life in the community and in workplaces across the country. Inclusive education is the tool we can use to act in ways which welcome, support and promote successful learning for all students. The A to Z Book provides the latest information and support on over 30 different specific additional needs. The other 5 specific A4 manuals delve deeper into the most up-to-date information on their topic with tips and support to assist teachers.

Series Author: *Anne Vize*
Published by: *Essential Resources* *Publication Year:* *2024-25* *Set Price Code:* *ER-IED-6* *PRICE:* ***€ 120.00***



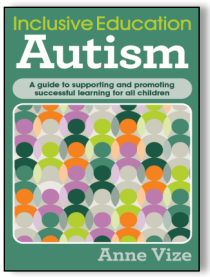
The A to Z of Specialist and Inclusive Education

(2nd Edition)

Author: Anne Vize *Pages: 80*

This indispensable reference guide covers a wide range of disabilities and health conditions, including developmental delay, foetal alcohol syndrome, learning differences, neurdiversity, sensory loss, and many more.

Published by: *Essential Resources* *Publication Year:* *2024*
ISBN/Code: *9781923193147* *PRICE:* ***€ 27.95***



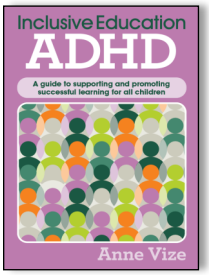
Inclusive Education: AUTISM

A guide to supporting and promoting successful learning for all children.

Author: Anne Vize *Pages: 39*

Provides ideas that will help autistic children thrive such as visual schedules, social narratives and daily routines, plus tools to support them through transition or change.

Published by: *Essential Resources* *Publication Year:* *2025*
ISBN/Code: *9781923193208* *PRICE:* ***€ 19.95***



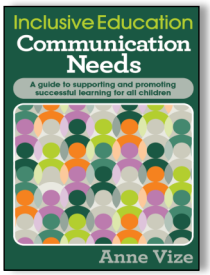
Inclusive Education: ADHD

A guide to supporting and promoting successful learning for all children.

Author: Anne Vize *Pages: 39*

Inside this book, there are lots of practical ideas and tools to support children who have ADHD in the classroom, during outdoor and active play and with learning.

Published by: *Essential Resources* *Publication Year:* *2025*
ISBN/Code: *9781923193239* *PRICE:* ***€ 19.95***



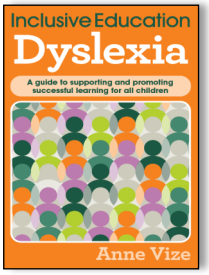
Inclusive Education: Communication Needs

A guide to supporting and promoting successful learning for all children.

Author: Anne Vize *Pages: 44*

This essential guide offers tips and strategies to understand speech, language and communication difficulties and their impact on learning.

Published by: *Essential Resources* *Publication Year:* *2025*
ISBN/Code: *9781923193291* *PRICE:* ***€ 19.95***



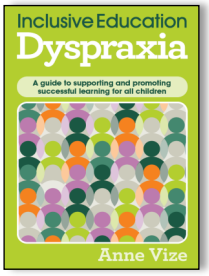
Inclusive Education: Dyslexia

A guide to supporting and promoting successful learning for all children.

Author: Anne Vize *Pages: 39*

This book offers tips and strategies to support reading, writing and spelling as well as science of reading based strategies, including structured synthetic phonics.

Published by: *Essential Resources* *Publication Year:* *2025*
ISBN/Code: *9781923193178* *PRICE:* ***€ 19.95***



Inclusive Education: Dyspraxia

A guide to supporting and promoting successful learning for all children.

Author: Anne Vize *Pages: 40*

Offers ideas and tools that support children with dyspraxia during fine and gross motor skill tasks during indoor and outdoor learning and play experiences.

Published by: *Essential Resources* *Publication Year:* *2025*
ISBN/Code: *9781923193260* *PRICE:* ***€ 19.95***

OUTSIDE the BOX LEARNING RESOURCES

Well-Being School Programmes

- Available for schools to trial @ www.otb.ie/tasters

Starter Kit

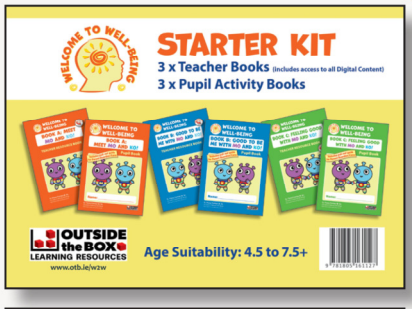
3 x Teacher Books (includes access to all Digital Content)

3 x Pupil Activity Books + Posters

The ***Welcome to Well-Being programme*** is a multi-year programme for children from Junior Infants to First Class (Ages: 4-7+). It is designed to enhance children's well-being across all dimensions – social, emotional, spiritual, physical and mental. The theme of the programme is that two small aliens called Mo and Ko arrive from the planet Zo to help children feel happy, strong, kind and brave, loving and well.

Author: Fiona Forman M. Sc.

www.otb.ie/w2w



PRICE: €104.85

ISBN: 9781805161127

Starter Kit

5 x Teacher Books (includes access to all Digital Content)

5 x Pupil Activity Books + Posters

Weaving Well-Being is a positive mental health programme which aims to enhance well-being in children aged from 7-12 years within the framework of the SPHE curriculum. This Positive Education programme consists of 5 class levels with 10 lessons for each level and is grounded in evidence-based interventions from the field of Positive Psychology, the science of well-being. The ***Weaving Well-Being programme*** gives children the opportunity to weave positivity into their daily lives through a range of activities in a variety of areas.

Authors: Fiona Forman M. Sc. & Mick Rock www.otb.ie/wwb



PRICE: €174.75

ISBN: 9781805161110

Starter Kit

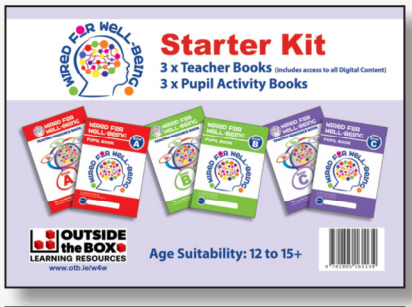
3 x Teacher Books (includes access to all Digital Content)

3 x Pupil Activity Books + Posters

Wired for Well-Being aims to introduce students aged 12 to 15+ to skills and strategies from the field of Positive Psychology and Neuroscience to empower them to become active participants in understanding, creating and maintaining their well-being and resilience. In doing so, it aims to help young people to reach their potential, to flourish and to become thriving citizens.

Author: Fiona Forman M. Sc.

www.otb.ie/w4w



PRICE: €104.85

ISBN: 9781805161134

Starter Kit

2 x Teacher Books (includes access to all Digital Content)

2 x Pupil Reflective Journals + Posters

Tools to Thrive is a new positive mental well-being programme for Senior Cycle, secondary school students in Fifth and Sixth year (ages 15 to 17+). The programme is drawn from the field of Positive Psychology (the science of well-being) and Neuroscience, to develop positive well-being habits for life. It is designed to be implemented as part of the SPHE curriculum.

Author: Fiona Forman M. Sc.

www.otb.ie/t2t



PRICE: €95.00

ISBN: 9781805161141

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	National & International Deliveries		TOTAL	€

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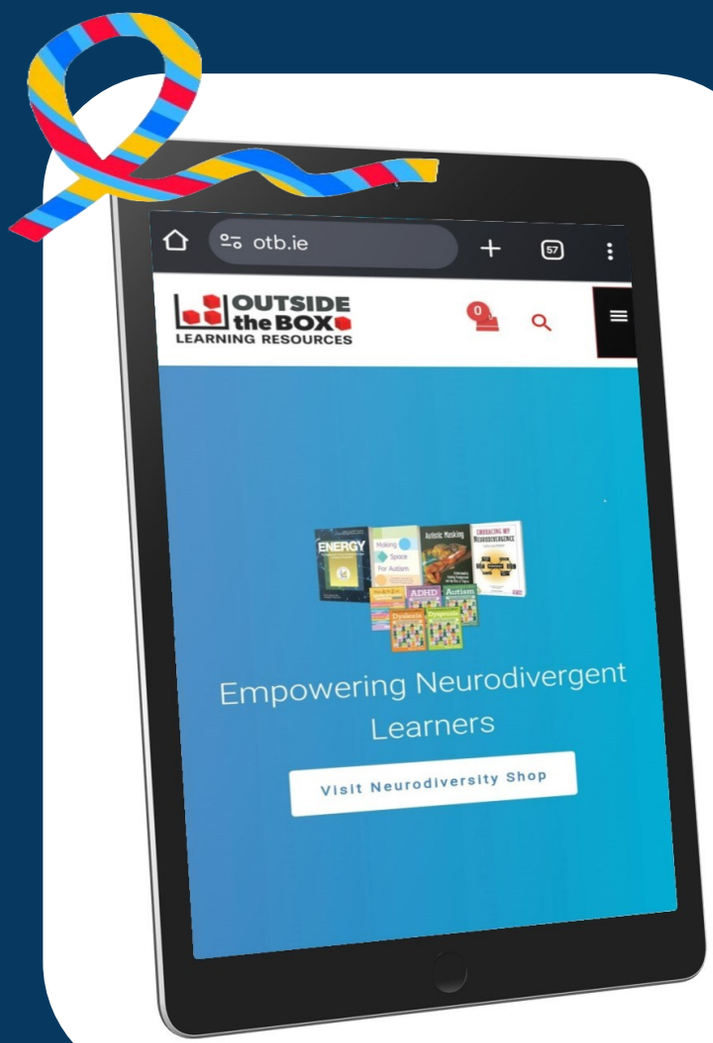
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