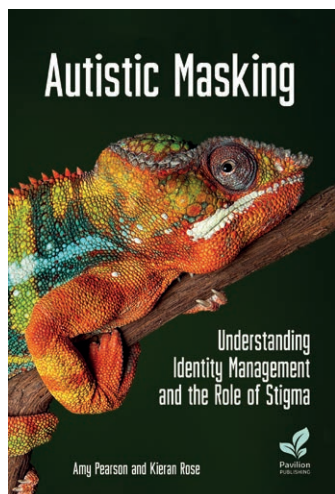




# Autism, and Intellectual Disability Catalogue 2024

[www.pavpub.com/catalogue-2024](http://www.pavpub.com/catalogue-2024)



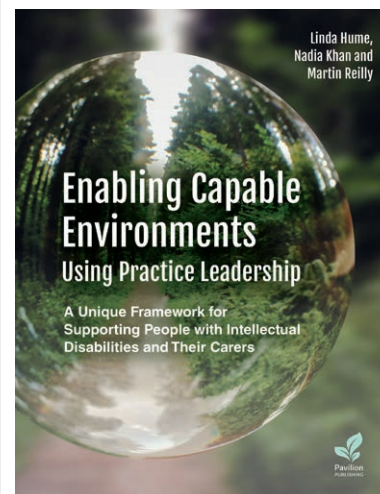
## Autistic Masking

Understanding Identity Management and the Role of Stigma

Amy Pearson and Kieran Rose

Masking is a form of identity management involving consciously or unconsciously suppressing aspects of identity and action. Often seen in socially marginalised groups, it is found to contribute towards poorer outcomes for autistic people and is related to higher prevalence of suicidality, exhaustion, burnout, and mental health difficulties. Though masking has been predominantly framed as a social strategy to 'blend in' with neurotypical (non-autistic) people, emerging research suggests that masking can also form as a response to stigma and from traumatic experiences. The authors consider how autistic identity may interact with other aspects of selfhood and provide a holistic understanding of the most up-to-date evidence with the aim to develop solid knowledge and practice in health and education.

ISBN: 978-1-803882-11-6 · Paperback · 304pp · £29.95



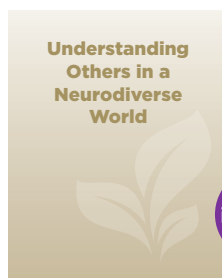
## Enabling Capable Environments Using Practice Leadership

A Unique Framework for Supporting People with Intellectual Disabilities and Their Carers

Linda Hume, Nadia Khan and Martin Reilly

This handbook promotes a perspective shift within learning disability services that aims to move the focus of professional support away from diagnosis and identifying what someone cannot do, towards assessing and supporting strengths and providing opportunities and resources to enhance people's quality of life. Designed to be used both by facilitators and as a self-study guide for those who support people with intellectual disabilities, it will provide direction to enhance practitioners' skills and develop a more collaborative, hands-on leadership approach. The authors set out a unique framework that outlines the critical approaches that underpin enabling capable environments and how these can be implemented successfully.

ISBN: 978-1-803882-50-5 · Paperback · 220pp (estimated) · £29.95 · Spring 2024

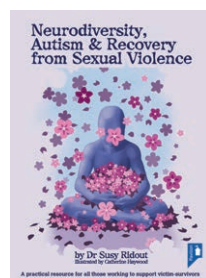


## Understanding Others in a Neurodiverse World

Gemma Williams

This book presents a radical and emancipatory perspective on cross-neurotype communication, using the 'double empathy problem' as a starting point alongside cognitive linguistics theory to reframe breakdowns in understanding.

ISBN: 978-1-803883-70-0 · Paperback · 288pp (estimated) · £29.95 · Spring/Summer 2024



## Neurodiversity, Autism and Recovery from Sexual Violence

A practical resource for all those working to support victim-survivors

Dr Susy Ridout

Recovery and survival following sexual violence are unique to each individual, and this invaluable book provides a resource for those supporting autistic and neurodivergent women to take steps towards regaining control of their life.

ISBN: 978-1-913414-97-9 · Paperback · 191pp · £40.00



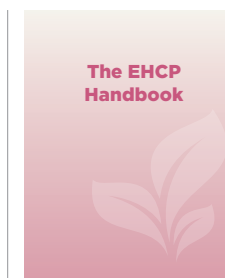
## Making Space for Autism

Strategies for Assessing and Modifying Environments to Meet the Needs of Autistic People

Sharon McCarthy, Micaela Connolly and Caolán McCarthy

This environmental assessment and modification programme has an accessible, strengths-focused approach to supporting autistic people across different areas of their life, with tools resources and a checklist to equip the reader with a framework to begin.

ISBN: 978-1-803882-42-0 · Spiral · 243pp · £50



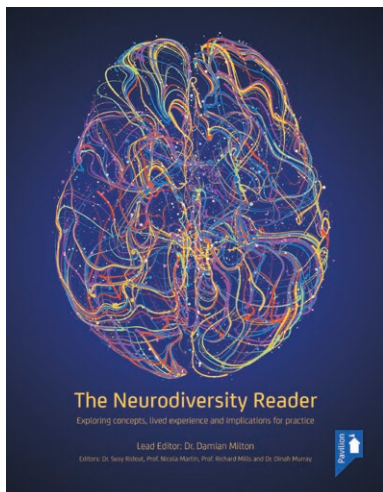
## The EHCP Handbook

How to Make an Effective Education Health and Care Plan

Ekaterina Harrison

This comprehensive and user-friendly handbook provides valuable insights and support for individuals navigating the complexities of writing an effective EHCP, as well as educators and professionals who support this process.

ISBN: 978-1-803883-95-3 · Paperback · 148pp (estimated) · £27.95 · Spring/Summer 2024



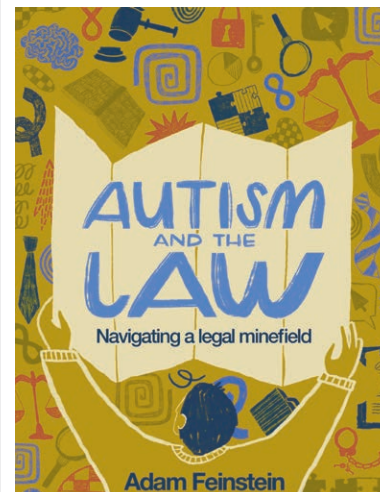
## The Neurodiversity Reader

Exploring Concepts, lived experience and implications for practice

Dr Damian Milton (lead ed)

This collection brings together work from pioneering figures within and beyond the neurodiversity movement to critically explore its associated concepts and how they might be translated into practice. In the 20 years since the inception of neurodiversity as a concept, a strong international movement championing the civil rights of those deemed 'neurodivergent' from idealised norms has grown, alongside an increasing academic interest in the concept of neurodiversity and how such ideas can relate to practice and service provision. This collection will explore the history of the movement, the concepts that have shaped it, and where the future might lead to.

ISBN: 978-1-912755-39-4 · Paperback · 350pp · £37



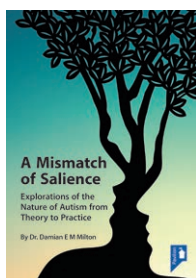
## Autism and the Law

Navigating a Legal Minefield

Adam Feinstein

This handbook is an accessible guide to navigating all aspects of the law as an autistic person, written by a leading writer on autism and parent of an autistic child with contributions from an autistic legal expert. Section 1 focuses on the rights of both autistic children and their families, from getting a diagnosis to accessing the relevant services and understanding the legal rights of the individual in an education setting. Section 2 covers the rights of autistic adults and their families, including in relation to employment, the criminal justice system, bullying and harassment, sexuality, mis-medication and the rights of older autistic adults.

ISBN: 978-1-803883-20-5 · Paperback · 320pp (estimated) · £29.95 · Spring 2024



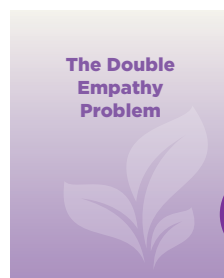
## A Mismatch of Salience

Explorations of the Nature of Autism from Theory to Practice

Dr Damian Milton

Bringing together a collection of Milton's writings, this book explores the communication challenges between autistic people and neurotypical people and seeks to re-balance and celebrate this diversity.

ISBN: 978-1-911028-76-5 · Paperback · 180pp · £23.95

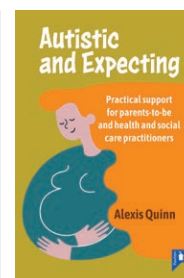


## The Double Empathy Problem

Dr Damian Milton (ed)

Focusing on the concept of the 'Double Empathy Problem' and its relevance to neurodivergent people, this reader will bring together leading work in this growing area of study and provide guidance on how the concept can be applied in practice.

ISBN: 978-1-803882-95-6 · Paperback · 350pp (estimated) · £35 · Spring/Summer 2024



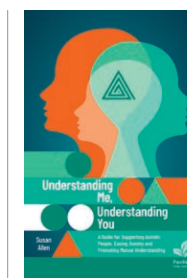
## Autistic and Expecting

Practical support for parents to be, and health and social care practitioners

Alexis Quinn

This is a unique and practical book on managing autistic pregnancy, childbirth and the post-natal period for autistic parents and for the health and social care practitioners who may support them.

ISBN: 978-1-914010-85-9 · Paperback · 285pp · £27.95



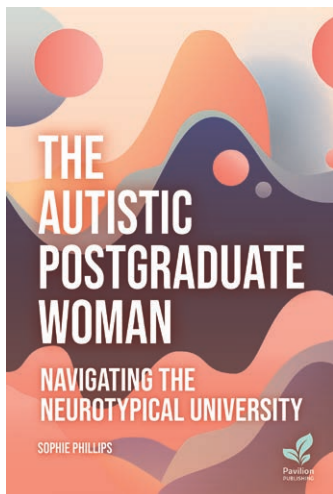
## Understanding Me, Understanding You

A Guide for Supporting Autistic People, Easing Anxiety and Promoting Mutual Understanding

Susan Allen

This is a guide for professionals who work with and support autistic people. It promotes acceptance of difference, the importance of mutual understanding, and encourages new ways of thinking about the way people interact.

ISBN: 978-1-803882-66-6 · Paperback · 215pp · £24.95



## The Autistic Postgraduate Woman

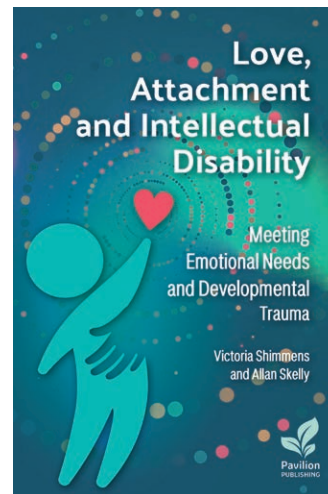
Navigating the Neurotypical University

Sophie Phillips

Despite strong numbers of autistic students attending higher education, and Equality, Diversity and Inclusion (EDI) drives within academia to increase the number of disabled graduates undertaking further study, autistic postgraduate students are defined as having poorer outcomes than autistic people without degrees. This book will consider the 'unseen' challenges autistic women in postgraduate education may experience, with the aim to raise awareness and help to reduce this discrepancy. Combining a holistic view of up-to-date literature with personal experience, it will discuss some of the stereotypical and stigmatising beliefs that surround autism, consider some of the hypocrisies of being an autistic researcher of autism, and explore intersectionality and how these experiences are transferrable to other disabled and minority students.



ISBN: 978-1-803883-71-7 · Paperback · 212pp (estimated) · £29.95 · Spring/Summer 2024



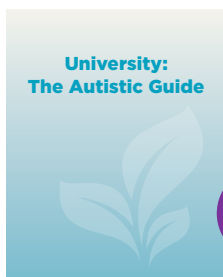
## Love, Attachment and Intellectual Disability

Meeting Emotional Needs and Developmental Trauma

Victoria Shimmens and Allan Skelly

The idea for this book was born from the authors' experience working together in clinical learning disabilities services, and their work to move the focus away from the management of behaviour that can challenge towards a trauma-informed, attachment-based approach to caring. The book introduces some of the key theories that have informed our understanding of the emotional development of people with intellectual disabilities and the importance of receiving love from an attachment figure from a young age. It includes case studies that focus on the lives of particular individuals, sometimes presented as individual therapy sessions and sometimes an overview of progress across many sessions.

ISBN: 978-1-803883-24-3 · Paperback · 206pp · £29.95

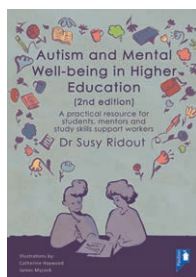


## University: The Autistic Guide

Everything You Need to Survive and Thrive

This accessible, informative and fun handbook is a guide to starting university for autistic, young people, covering the entire process from applying, packing and financial admin to mental health support, dealing with burnout, finding your people and experiencing new opportunities.

ISBN: 978-1-803882-54-3 · Paperback · 162pp (estimated) · £25 · Spring/Summer 2024



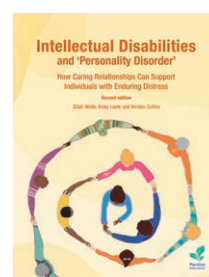
## Autism and Mental Well-being in Higher Education (2nd edition)

A practical resource for students, mentors and study skills support workers

Dr Susy Ridout

Autistic students and those with mental health needs often struggle in higher education. This manual addresses the provision of effective support via mentoring in order to build students' confidence and enable them to take control of their lives.

ISBN: 978-1-913414-01-6 · Paperback · 206pp · £35



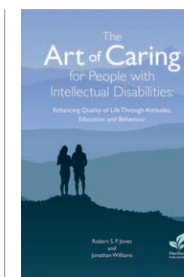
## Intellectual Disabilities and 'Personality Disorder'

How Caring Relationships Can Support Individuals with Enduring Distress (2nd edition)

Zillah Webb, Vicky Lauté, Kirsten Collins

This fully updated handbook provides a framework for understanding and addressing the issues that can arise when supporting individuals with an intellectual disability, whose mental health needs and behaviours present a challenge to services.

ISBN: 978-1-803882-58-1 · Paperback · 466pp · £45



## The Art of Caring for People with Intellectual Disabilities

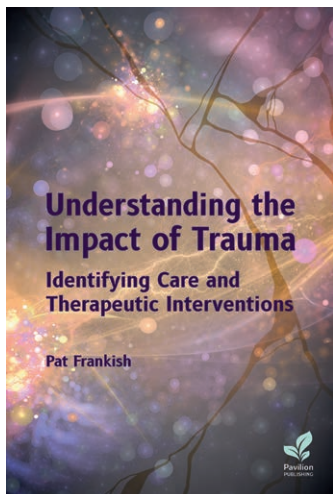
Enhancing Quality of Life Through Attitudes, Education and Behaviour

Robert S. P. Jones and Jonathan Williams

This book explores the multifaceted nature of the caring role and how to overcome the range of challenges involved in caring for people with intellectual disabilities, using the concept of ACT to enhance the wellbeing of both carers and those they care for.

ISBN: 978-1-803882-62-8 · Paperback · 204pp · £29.95





## Understanding the Impact of Trauma

Identifying Care and Therapeutic Interventions

Pat Frankish

Since its publication in 2019, the FAIT – an assessment tool for determining the level of emotional development in individuals with an intellectual disability – has begun to be used more widely to inform a variety of care packages and therapeutic interventions. This book explores the concept of ‘emotional disability’ that can follow a traumatic event and the usefulness of applying models like the FAIT more broadly to anyone who has experienced trauma. It introduces some of the key theories that have informed our understanding of the emotional development of people with intellectual disabilities, followed by a series of case studies focusing on different individuals and how their emotional development informed their therapeutic interventions.

ISBN: 978-1-803882-87-1 · Paperback · 148pp · £27.95



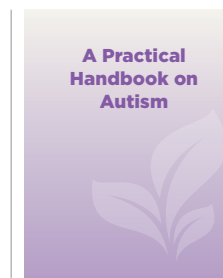
## Autism: Respecting Difference

An inside view of autism for carers, professionals and families

Phoebe Caldwell

This book explains how it can be a struggle for autistic people to make sense of their environment and why this can lead to behaviours that may challenge if they are feeling distressed.

ISBN: 978-1-803881-57-7 · Paperback · 82pp · £9.95



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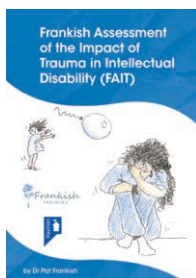
## A Practical Handbook on Autism

A Support Guide for Parents and Carers

Dr Andy Evans

This handbook provides practical advice and guidance for parents and carers who have an autistic child or young person, with useful information to help them make the best choices and look after their own wellbeing as well as that of the person they care for.

ISBN: 978-1-80388-391-5 · Paperback · 186pp (estimated)  
· £25 · Spring/Summer 2024

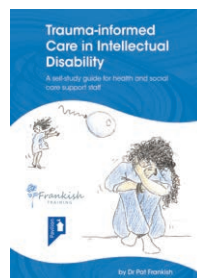


## Frankish Assessment of the Impact of Trauma in Intellectual Disability (FAIT)

Pat Frankish

The FAIT is a simple assessment tool that helps staff working with people with intellectual disabilities to determine the level of emotional development of the distressed individual, allowing for an intervention to be provided to address their emotional needs.

ISBN: 978-1-912755-81-3 · Paperback · 62pp · £80



## Trauma-informed Care in Intellectual Disability

A self-study guide for health and social care support staff

Pat Frankish

This guide covers the main topics of trauma-informed care, bringing together knowledge from key researchers who have worked in either the field of psychotherapy or disability or both.

ISBN: 978-1-912755-79-0 · Paperback · 88pp · £17.95



## The Good Box

Beyond Sensory Turmoil and Pain in Autism

Phoebe Caldwell

An amalgam of ideas from two of Phoebe Caldwell's best-selling books – The Anger Box and Hall of Mirrors, Shards of Clarity, updated with Phoebe's latest expert research.

ISBN: 978-1-803881-99-7 · Paperback · 192pp · £19.95



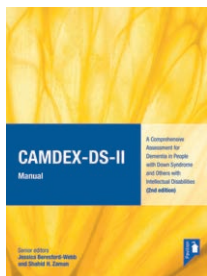
## The Anger Box

Sensory turmoil and pain in autism

Phoebe Caldwell

An exploration of the sensory issues experienced by autistic people and the ways in which neurotypical people can be more understanding and help to minimise distress.

ISBN: 978-1-909810-44-0 · Paperback · 146pp · £14.95



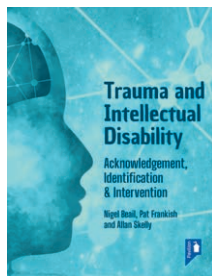
## CAMDEX-DS-II

**A Comprehensive Assessment for Dementia in People with Down Syndrome and Others with Intellectual Disabilities (2nd edition)**

Jessica Beresford-Webb and Shahid Zaman (senior eds)

The CAMDEX-DS-II is a validated assessment for diagnosing dementia in people with Down Syndrome (a group known to be at particular risk of dementia), as well as others with intellectual disabilities.

ISBN: 978-1-914010-82-8 · Spiral · 208pp  
· £95 (starter pack)



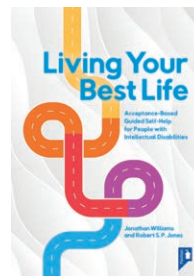
## Trauma and Intellectual Disability

**Acknowledgement, Identification & Intervention**

Nigel Beail, Pat Frankish and Allan Skelly

This collection from leading experts considers what we know about trauma in the lives of people with intellectual disabilities. It explores trauma-informed care in support services, and presents a diverse range of therapeutic interventions.

ISBN: 978-1-914010-59-0 · Paperback · 226pp · £37



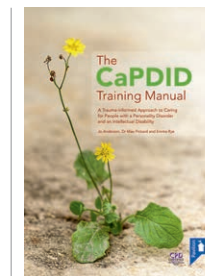
## Living Your Best Life

**Acceptance-Based Guided Self-Help for People with Intellectual Disabilities**

Jonathan Williams and Robert S. P. Jones

This activity-based workbook, to be worked through alongside a supporter such as a family member or carer, guides people with intellectual disabilities to identify what really matters to them so that they can live their best lives.

ISBN: 978-1-803881-95-9 · Spiral · 188pp · £29.95



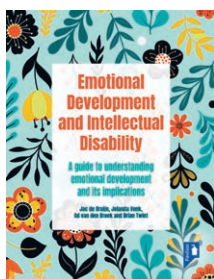
## The CaPID Training Manual

**A Trauma-informed Approach to Caring for people with a Personality Disorder and an Intellectual Disability**

Jo Anderson, Dr Max Pickard and Emma Rye

This distinctive training manual enables facilitators who already have some level of understanding of psychodynamic concepts to help support staff better understand the people they care for in the context of their histories of trauma, and their own emotional and behavioural responses.

ISBN: 978-1-912755-84-4 · Spiral · 100pp · £80



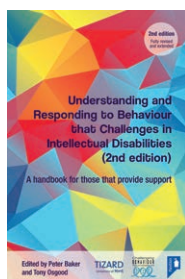
## Emotional Development and Intellectual Disability

**A guide to understanding emotional development and its implications for practice**

Jac de Bruijn, Jolanda Vonk, Ad van den Broek and Brian Twint

This book, which recognises the complexity and importance of emotional development in the needs and lives of people with intellectual disabilities, combines research, assessment, and practice by a team of experts and advisers in the field.

ISBN: 978-1-914010-58-3 · Paperback · 346pp · £37



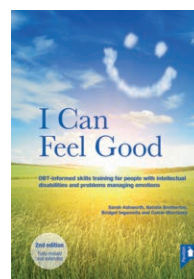
## Understanding and Responding to Behaviour that Challenges in Intellectual Disabilities

**A handbook for those who provide support (2nd edition)**

Peter Baker and Tony Osgood (eds)

This second edition addresses the need for an up-to-date handbook which, while well-grounded in research and latest clinical practice, is essentially non-academic and accessible for staff occupying many roles.

ISBN: 978-1-911028-95-6 · Paperback · 276pp · £37



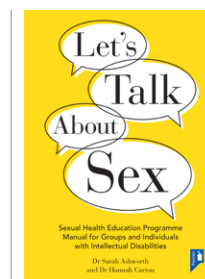
## I Can Feel Good

**DBT-informed skills training for people with intellectual disabilities and problems managing emotions (2nd edition)**

Sarah Ashworth, Natalie Brotherton, Bridget Ingamells and Catrin Morrissey

This manual enables practitioners to deliver skills training to people with mild to borderline intellectual disabilities who have problems managing and regulating their emotions, which in turn impacts on their lives and relationships.

ISBN: 978-1-912755-17-2 · Spiral · 300pp · £99



## Let's Talk About Sex

**Sexual Health Education Programme Manual for Groups and Individuals with Intellectual Disabilities**

Dr Sarah Ashworth and Dr Hannah Carton

The manual provides a contemporary programme covering physical and emotional aspects of sexual health, gender identity, consent, assertiveness, dignity and respect, and sexual relationships for individuals and groups with intellectual disabilities.

ISBN: 978-1-913414-21-4 · Spiral · 150pp · £50

## Acceptance and Commitment Therapy (ACT) for Autism and Neurodiversity

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## Acceptance and Commitment Therapy (ACT) for Autism and Neurodiversity

A Toolkit for Parents, Carers and Practitioners for Building Resilience, Meaning and Love

Freddy Jackson Brown

Aimed at those caring for and working with autistic and neurodiverse children, this practical guide will use the theoretical model of ACT to support the wellbeing of the young people they care for throughout all stages of development.

ISBN: 978-1-803884-03-5 · Paperback · 220pp (estimated)  
· £25 · Autumn/Winter 2024

## Responsive Communication

Combining attention to sensory issues with using body language (intensive interaction) to interact with autistic adults and children

Phoebe Caldwell, Eoghan Bradley, Jane Gurney, Jennifer Heath, Heidi Lightowler, Kate Richardson, Jennifer Smith

Phoebe Caldwell

A collaboration from a cohort of authors led by Phoebe Caldwell about how to communicate with individuals who are struggling to understand and articulate speech using a method called responsive communication.

ISBN: 978-1-912755-36-3 · Paperback · 240pp · £26.95

## Understanding and Responding to Autism: The SPELL Framework

A training resource for use in social, education, health, and employment settings

Julie Beadle-Brown and Richard Mills

## Understanding and Responding to Autism: The SPELL Framework 2nd edition

A training resource for use in social, education, health and employment settings

Julie Beadle-Brown and Richard Mills

A training pack, self-study guide and learner workbook for delivering training in a range of settings on understanding and supporting autistic people using the SPELL framework.

ISBN: 978-1-911028-68-0 · Training Pack · £160.00

## Monotropism

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## Monotropism

Damian Milton (ed)

This reader will consider the concept of monotropism alongside contemporary neuroscientific theory, bringing together work from leading researchers, theorists and practitioners to examine the latest evidence and inform best practice recommendations.

ISBN: 978-1-803882-99-4 · Paperback · 350pp (estimated)  
· £35 · Spring/Summer 2024

## Supporting the Physical Health Needs of People with Learning Disabilities

A handbook for professionals, support staff and families

Steve Hardy, Eddie Chaplin and Peter Woodward (eds)

## Supporting the Physical Health Needs of People with Learning Disabilities

A handbook for professionals, support staff and families

Steve Hardy, Eddie Chaplin and Peter Woodward (eds)

This handbook provides a practical guide to the most common conditions and health needs in people with learning disabilities. It looks at how conditions present, how they can be prevented and best practice for assessment and treatment.

ISBN: 978-1-910366-25-7 · Paperback · 236 pp · £26.95

## Playful Communication

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## Playful Communication

A Neurodiversity-Affirming Speech and Language Therapy Approach

Lisa Welch

This book will offer engaging, neurodiversity affirming strategies and activities to support the communication needs of autistic children, outlining different play schemas and accessible strategies for home and education settings.

ISBN: 978-1-803883-83-0 · Paperback · 220pp (estimated)  
· £29.95 · Winter/Spring 2025



## Person-Centred Active Support Training Pack

A self-study resource to enable participation, independence and choice for adults and children with intellectual and developmental disabilities (2nd edition)

Julie Beadle-Brown, Bev Murphy and Jill Bradshaw

The principles of active support to encourage independence, choice and control are based on a sound evidence base from behaviour and learning theory and are explored in this training pack and accompanying self-study guide.

ISBN: 978-1-911028-71-0 · Training Pack · £160.00



## Sexuality and Learning Disabilities

Practical approaches to providing positive support (2nd edition)

Dr Claire Bates

A best-selling handbook on how to best support loving relationships. The book will help those working across a range of learning disability services and family members of people with learning disabilities.

ISBN: 978-1-911028-55-0 · Paperback · pp · £26.95

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