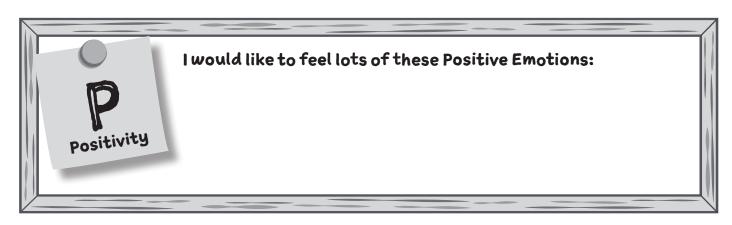
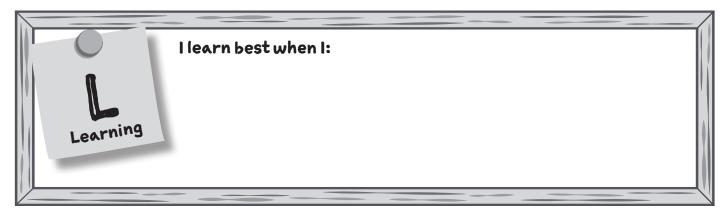
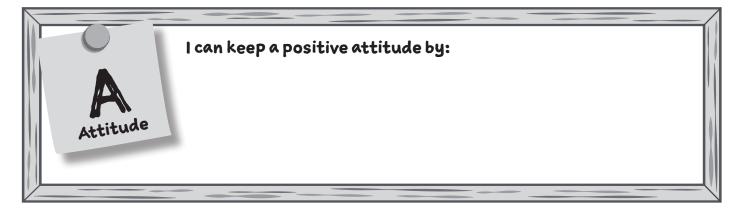
MY WELL-BEING PLAN for 2024









CHOOSE ONE IDEA FROM EACH SECTION EVERY DAY TO HELP YOU TO CREATE YOUR WELL-BEING!

NAME:



