

Incredible Years Resources from Outside The Box

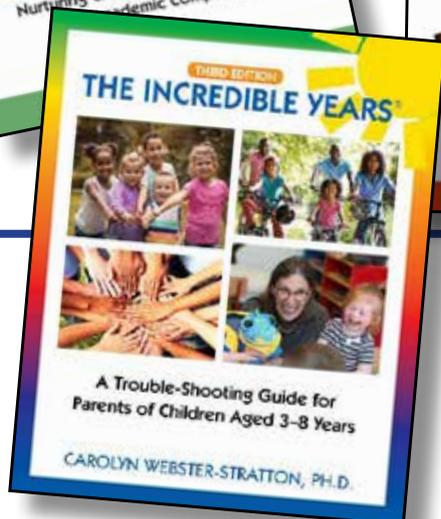
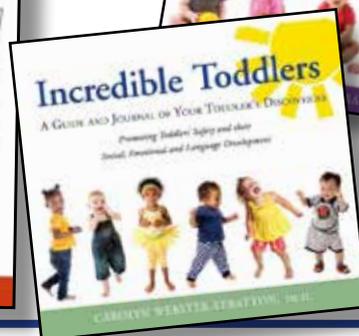
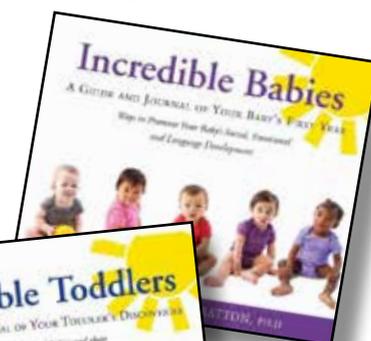
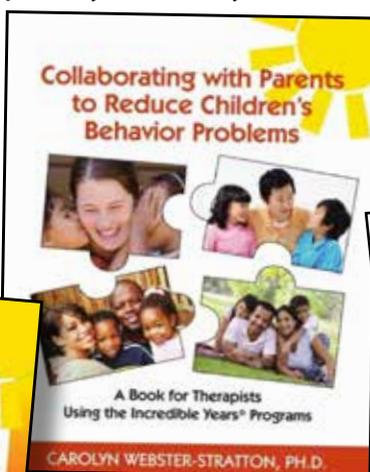
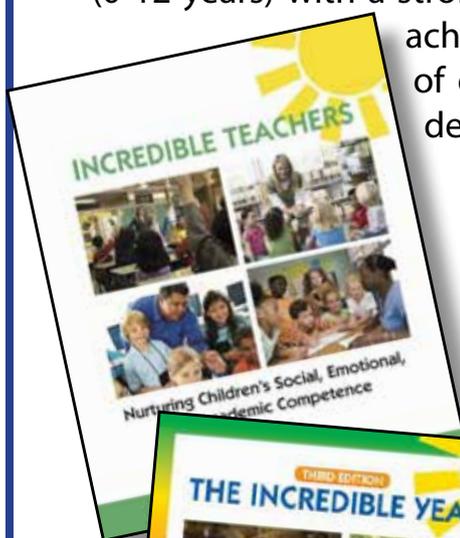
The Incredible Years Series

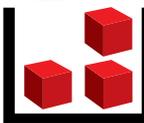


About the Incredible Years

Dr. Carolyn Webster-Stratton is Professor Emerita at the University of Washington, Seattle. She is a licensed clinical psychologist and nurse-practitioner and over the past 30 years has conducted numerous randomised control group studies to evaluate the effectiveness of intervention programs for promoting social and emotional competence, school readiness skills and preventing conduct problems in high risk populations. She has also evaluated teacher, parent and child treatment programs for children diagnosed with Oppositional Defiant Disorder, Conduct Disorder and ADHD.

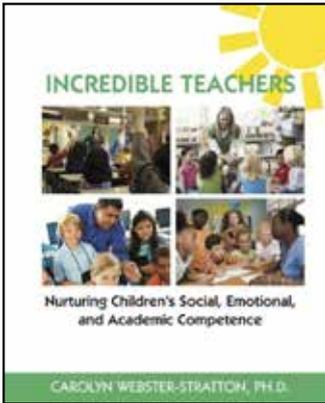
She has developed the **Incredible Years Series** which consists of separate training programs, intervention manuals and DVDs for use by trained therapists, teachers and group leaders to promote children's social competence, emotional regulation and problem-solving skills and reduce their behavioural problems. The objectives of these interventions are to help parents and teachers provide young children (0-12 years) with a strong emotional, social and academic foundation so as to achieve the longer term goal of reducing the development of depression, school drop-out, violence, drug abuse and delinquency in later years.



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www.otb.ie/incredible-years

Incredible Years - Books from Outside The Box



Incredible Teachers:

Nurturing Children's Social, Emotional and Academic Competence

The Incredible Teachers book is for daycare providers and teachers of young children ages 3-8 years. The book presents a variety of creative classroom management strategies for teachers to use to meet children's developmental milestones and teach emotional literacy, friendship skills, self-regulation and problem-solving skills. Teachers are encouraged to set up individualised programs for children who are at risk due to learning difficulties, hyperactivity, impulsivity, attention deficit disorder, language and reading delays, depressive or aggressive behaviour. The book also shows how to partner with parents to promote their children's social, emotional, language and academic competence.

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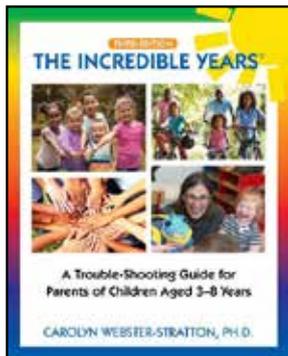
Author: Carolyn Webster-Stratton, PH.D

Age Suitability: 3-8 Years

Pages: 627

Price: €44.95

ISBN: 9781892222107



The Incredible Years:

A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years

This is an amazing book that covers research-based parenting strategies for all families. Positive discipline techniques are described in detail illustrated with true-to-life examples to help parents prevent behaviour problems and promote their children's social and emotional competence.

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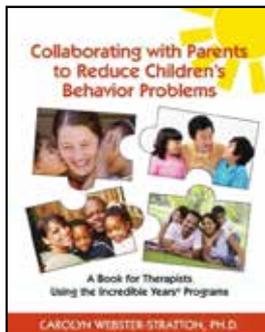
Author: Carolyn Webster-Stratton, PH.D

Age Suitability: 3-8 Years

Pages: 480

Price: €29.95

ISBN: 9780578434513



Collaborating with Parents to Reduce Children's Behaviour Problems

This book has two elements - firstly it allows parents to tell their stories: sharing what it is like to have a 'problem child' as well as the long and painful route to finding support and recovery through parent and child training. The book also elucidates in detail the 'collaborative process' of therapists working together with families. This process combines the knowledge and expertise of the clinician with the unique strengths, perspectives, culture and goals of parents.

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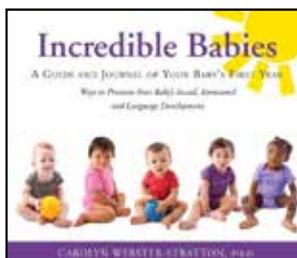
Author: Carolyn Webster-Stratton, PH.D

Age Suitability: 1-8+ Years

Pages: 608

Price: €39.95

ISBN: 9781892222114



Incredible Babies: A Guide and Journal of Your Baby's First Year

The Incredible Babies book shows you how to promote and understand your baby's physical, social, emotional and language development. It includes safety alerts, developmental principles and a journal section where you can capture and preserve your memories of your baby's likes and dislikes, favourite songs, stories and daily routines. The book is organised around the developmental baby stages of 0-3 months, 4-6 months and 6-12 months.

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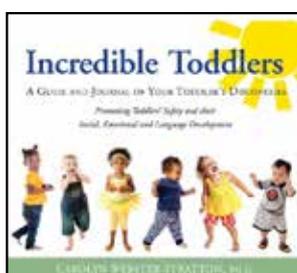
Author: Carolyn Webster-Stratton, PH.D

Age Suitability: 0-1 Year

Pages: 216

Price: €29.95

ISBN: 9781892222077



Incredible Toddlers: A Guide and Journal of Your Toddler's Discoveries

This book is organised around helping toddlers accomplish three developmental milestones: (1) secure attachment or bonding with parents; (2) development of language, social and emotional expression and (3) developing a sense of self and unique individuality.

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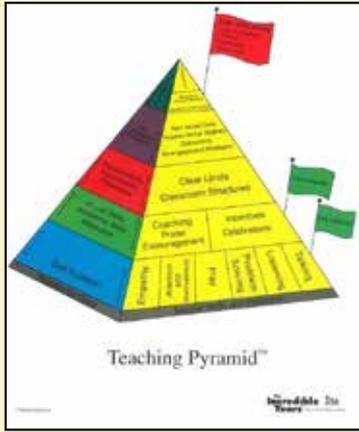
Author: Carolyn Webster-Stratton, PH.D

Age Suitability: 1-4 Years

Pages: 216

Price: €29.95

ISBN: 9781892222084



Incredible Years - Posters

Poster Pack: €79.95
(Full set of posters & Cue Cards)

Incredible Years: Teaching Pyramid Poster

This large colour poster details the skills learned in the **Teacher Classroom Management Program** workshops. Group leaders outline the progress of the workshops by showing the levels of the pyramid, starting with the foundation at the bottom.

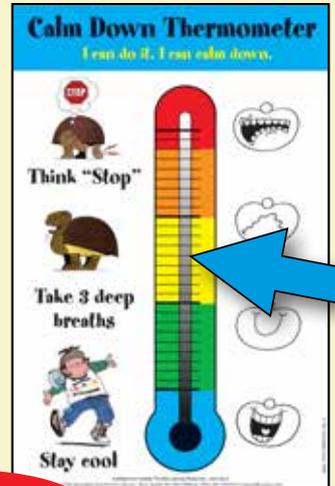
(not laminated)

Ages: 3-8

Code: IY-TPP

Size: 86 X 43 cm

Price: €19.95



Incredible Years: Calm Down Thermometer Poster

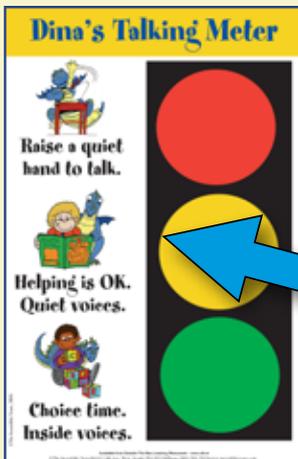
This laminated poster can be used by teachers in the classroom or by therapists teaching the **I.Y. Dinosaur Program**. The thermometer is a visual representation of how to change emotions from 'red hot mad' to 'cool blue'. The poster has a brightly coloured thermometer in the middle with a Velcro strip and arrow on the side. Students are taught to move the arrow up and down to show how they are feeling. Students who are feeling angry learn to take deep breaths or to use another calm-down strategy to get themselves back into the 'blue zone'.

Ages: 3-8

Code: IY-CTDP

Size: 43 X 28 cm

Price: €19.95



Incredible Years: Talking Meter Poster

Teachers can use this laminated poster to note when children talk in the classroom, to signal when noise level is getting too high, or to indicate a quiet work time. The arrow can be moved up or down to indicate the noise level permitted in the classroom at that time. For example during unstructured time the noise level may be higher than during circle time or small group work times.

Ages: 3-8

Code: IY-TMP

Size: 43 X 28 cm

Price: €19.95

Incredible Years: Classroom Rules 'Show Me Five' Poster

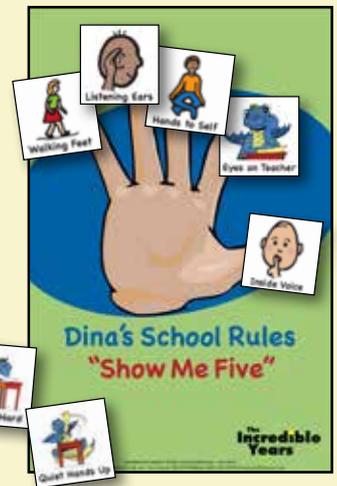
This laminated poster can be displayed in the classroom and used in circle time to teach children each of the classroom rules and/or the 'Show Me Five' prompt. This is a prompt for children to demonstrate five learning behaviours at once: **Hands to Self** • **Inside Voice** • **Walking Feet** • **Working Hard** • **Quiet Hands Up** • **Eyes on Teacher** • **Listening Ears**. Small rule cards can be placed on the Velcro fingertips of the poster as the rules are taught. Teachers can choose which of 7 different rules are displayed on the hand at once. (See also Cue Cards below.)

Ages: 3-8

Code: IY-CRP

Size: 43 X 28 cm

Price: €19.95



Incredible Years: Classroom Rules Cue Cards

These seven A4 laminated cue cards can be used to teach and review classroom or group rules. Seven common rules are pictured: **Hands to Self** • **Inside Voice** • **Walking Feet** • **Working Hard** • **Quiet Hands Up** • **Eyes on Teacher** • **Listening Ears**. The cards may be displayed as a visual signal and are used for games that teach and reinforce classroom rules (see poster above) or given to a particular student to prompt a specific behaviour. The cards may also be used with students who have limited language skills or who are at the pre-reading stage.

Ages: 3-8

CODE: IY-CRCC-7

Size: A4

Price: €19.95



Incredible Years - Order Form

Resource Title	Price	Qty	Line Total
Book: Incredible Teachers	€44.95		
Book: Incredible Years	€29.95		
Book: Collaborating with Parents to Reduce Children's Behaviour Problems	€39.95		
Book: Incredible Babies	€29.95		
Book: Incredible Toddlers	€29.95		
Cue Cards: Classroom Rules	€19.95*		
Poster: Teaching Pyramid	€19.95*		
Poster: Calm Down Thermometer	€19.95*		
Poster: Talking Meter	€19.95*		
Poster: Classroom Rules	€19.95*		
Poster Pack: (Includes Classroom Rules, Teaching Pyramid, Calm Down Thermometer, Talking Meter & 7 Cue Cards) - SAVE: €19.80	€79.95*		
P&P: Delivery (incl. Packaging & Insurance) - Subsidised by OTB			€7.80*
TOTAL			€

* Price includes Vat @ 23%



EMAIL order to: sales@otb.ie or PHONE: 045 409322
 SEND order to: Outside The Box Learning Resources,
 W6W Tougher's Business Park, Newhall, Naas, County Kildare, W91 YR82

Or order online at
www.otb.ie/incredible-years

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