
Weaving Well-Being Empowering Beliefs Programme Samples

Teacher Guide - Y6/P7

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Lesson 8: Belief 7 - I can make a difference

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Lesson 8: PowerPoint Slides

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Lesson 8: Belief 7 - Supplementary Worksheet

My Everyday Hero - SW8

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Lesson 8: Belief 7 - Class Poster

Empowering Belief 7 - CP8





Part 3



Lesson Plans and PowerPoint Slides

Lesson 8: Belief 7 - I can make a difference

Core Theme 3: Living in the Wider World

Shared Responsibilities

Pupils should have the opportunity to learn:

- L4. The importance of having compassion towards others; shared responsibilities we all have for caring for other people and living things; how to show care and concern for others
- L5. Ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)

England

Moral and Spiritual Development

Learners should be given opportunities to:

- Explore their personal values
- Understand that personal actions have consequences

Sustainable development and global citizenship

Learners should be given opportunities to:

- Take an active interest in varied aspects of life in school and the wider environment

Wales

Mental, emotional, social and physical well-being

Social well-being

- Representing my class, school and/or wider community encourages my self-worth and confidence and allows me to contribute to and participate in society. HWB 2-12a
- Through contributing my views, time and talents, I play a part in bringing about positive change in my school and wider community. HWB 2-13a

Scotland

Strand 2: Mutual Understanding in the Local and Wider Community

Relationships with Family, Friends and at school

Children should have opportunities to explore:

- Recognising the importance of democratic decision-making and active participation at home and in the classroom

Relationships in the community

Children should have opportunities to explore:

- Knowing about the importance of democratic decision-making and involvement and the institutions that support it at a local level

Northern Ireland



Part 3



Lesson Plans and PowerPoint Slides

Objectives


1. To introduce the concept of 'making a difference' to the children.
2. To allow the children to explore the different ways in which they can make a difference to the lives of others and to the planet.
3. Links to prior learning in the **Weaving Well-Being** programme (**Positive Relationships**)– to remind children of the **Give, Give, Give!** step which encourages them to make a difference to others by giving.
4. To give the children the opportunity to take on the belief **I can make a difference** for a week and see the effect it has on them.

Development

- Show and discuss PowerPoint slides.
- Discuss and complete one or both of the activities in the children's book.
- Discuss and set the homework page.

Cross-curricular Links / Supplementary Activities

- **Project Work:** Allow the children to complete projects on the theme of 'People Who Made a Difference'.
- **Classroom Display:** Compile a classroom display based on the 'Everyday Heroes' activity in the children's book using Supplementary Worksheet - SW8 (page 72)

 Links to the videos used in this lesson, can be found on the digital companion page for this taster book on: www.otb.ie/well-being-taster

Links to the videos used in all ten lessons as well as other recommended third-party videos that support the delivery of the lessons are available on the digital companion page of the **Empowering Beliefs Teacher Guide**.



Samples of children's work from their Pupil Book





Part 3



Lesson Plans and PowerPoint Slides


Lesson 8: PowerPoint Slides Belief 7 - I can make a difference




PP Lesson 8 PowerPoint is available to download on the digital companion page for this taster book on: www.otb.ie/well-being-taster
PowerPoints for all ten lessons are available on the digital companion page of the **Empowering Beliefs Teacher Guide**.

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Empowering Beliefs



Lesson 8
Belief 7:
I Can Make a Difference



Slide 83

How can we Make a Difference?

What do you think 'making a difference' means?

Making a difference means doing things which **help** or **improve** the lives of others.

Can you name any ways in which you make a difference in anyone else's life?

All of our small actions everyday can add up to make the world a better place!





Slide 84

Big and Small Ways...

"A series of small steps can often be greater than one enormous leap"

What do you think this statement means?
It means that we can begin to make a difference straight away, in lots of **small** ways.



Slide 85

Small Ways to Make a Difference

Can you name some small ways you can make a difference and **improve other people's lives everyday**?

You could:

Show kindness
listen help others
give encouragement...





Slide 86

How Does it Feel?

Can you think of a time when you did something small for someone which made a big difference to them?

Think about how that made you feel.
Maybe it made you feel:

Proud of yourself, helpful, kind, strong, important...

Slide 87

Reaching Out to Make a Difference

We can reach out beyond our immediate circle of friends and family to make a difference too.

Can you think of how we can do this?




Slide 88

What can we do?

We can reach out in lots of ways to make the world a better place.

We can:

- ✓ **Recycle our clothes and toys.**
- ✓ **Give to our favourite charities.**
- ✓ **Fundraise for causes which we feel are important.**

We get more out of giving than we get out of getting!



Slide 89

I Can Make a Difference

Now it is time for you to **try out** this belief for a week.

Think about all the things you can do everyday, big or small, to make the world a better place.



Try to do many of these things everyday and see how you make a difference!




Slide 90

Have a look

This animation shows examples of how children around the world are making a difference and helping to achieve the Global Goals. (4:53)

Slide 91

Pupil Book Time

Now it's time to do some activities in our **Weaving Well-Being Pupil Books**.

We will also have a homework challenge to try this week to help us to **create** our own **well-being**.

