



Part 4 Supplementary Materials

Supplementary Worksheets (SW)

Lesson 2 Supplementary Worksheet is available to download on the digital companion page for this taster book on: www.otb.ie/well-being-taster

Lesson 2: Respect
Different Opinions, Same Respect! - SW2 (page 59)

The following Supplementary Worksheets for all ten lessons are available on the digital companion page of the **Positive Relationships Teacher Guide**.

Lesson 1: The Importance of Positive Relationships
The Impact of Positive Relationships - SW1A

No Man is an Island - SW1B

Lesson 2: Respect
Different Opinions, Same Respect! - SW2

Lesson 3: Empathy
Strong Feelings Crossword - SW3A

Walk in My Shoes - SW3B

Lesson 4: Win-Win
Win-Win Solutions - SW4

Lesson 5: Active Listening
Practising Your Active Listening Skills - SW5

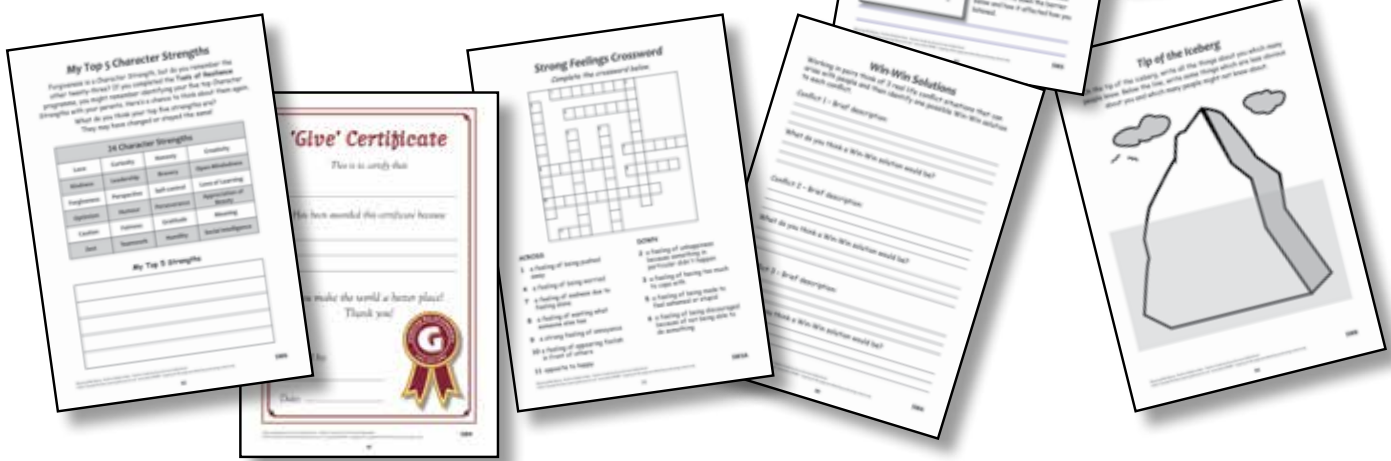
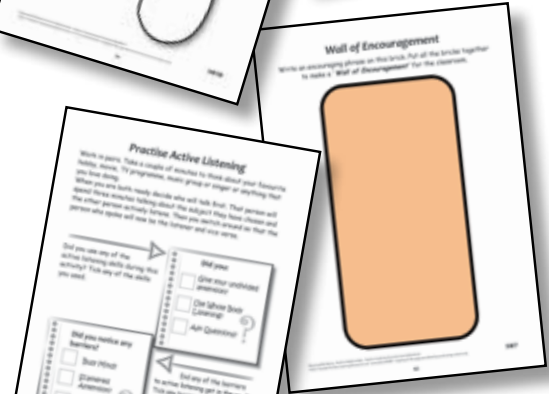
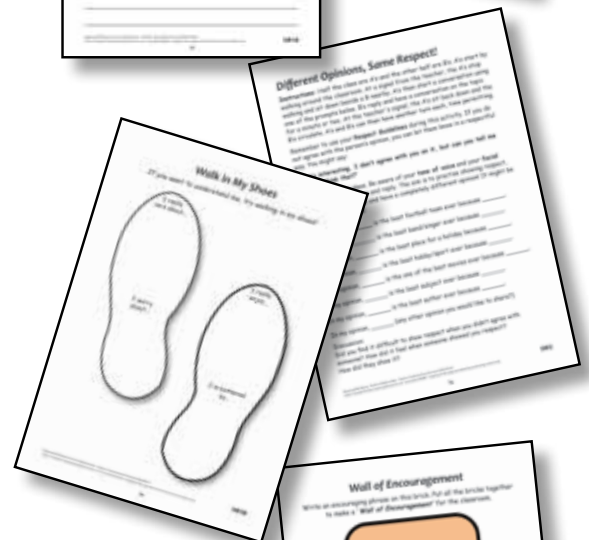
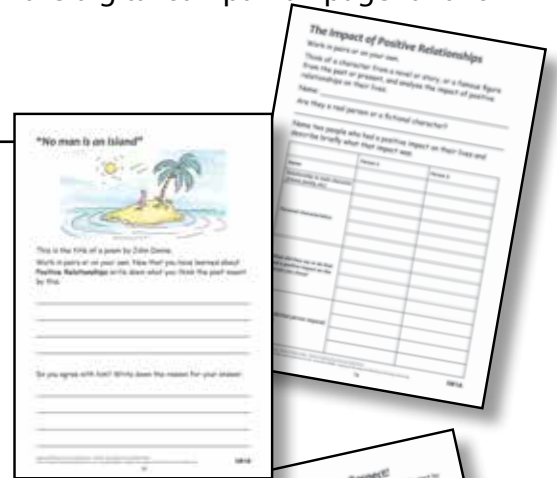
Lesson 6: Try to Forgive
My Top 5 Character Strengths - SW6

Lesson 7: Interest in Others
Wall of Encouragement - SW7

Lesson 8: No More Snap Judgements!
Tip of the Iceberg - SW8

Lesson 9: Give, Give, Give!
A 'Give' Certificate - SW9

General
Weaving Well-Being Rap - SW11A
Well-Being Self-Assessment Check-Up - SW11B



Different Opinions, Same Respect!

Instructions: Half the class are A's and the other half are B's. A's start by walking around the classroom. At a signal from the teacher, the A's stop walking and sit down beside a B nearby. A's then start a conversation using one of the prompts below. B's reply and have a conversation on the topic for a minute or two. At the teacher's signal, the A's sit back down and the B's circulate. A's and B's can then have another turn each, time permitting.

Remember to use your **Respect Guidelines** during this activity. If you do not agree with the person's opinion, you can let them know in a respectful way. You might say:

'That's interesting, I don't agree with you on it, but can you tell me why you think that?'

Listen to all their ideas. Be aware of your **tone of voice** and your **facial expression** as you listen and reply. The aim is to practise showing respect, even if you don't agree and have a completely different opinion! It might be difficult so good luck!

In my opinion, _____ is the best football team ever because _____.

In my opinion, _____ is the best band/singer ever because _____.

In my opinion, _____ is the best place for a holiday because _____.

In my opinion, _____ is the best hobby/sport ever because _____.

In my opinion, _____ is the one of the best movies ever because _____.

In my opinion, _____ is the best subject ever because _____.

In my opinion, _____ is the best author ever because _____.

In my opinion, _____ (any other opinion you would like to share?)

Discussion:

Did you find it difficult to show respect when you didn't agree with someone? How did it feel when someone showed you respect? How did they show it?