



# Part 4

## Supplementary Materials

### Class Posters (CP)

Lesson 2 Class Poster is available to download on the digital companion page for this taster book on: [www.otb.ie/well-being-taster](http://www.otb.ie/well-being-taster)

**Lesson 2: Respect**  
**Showing respect to others - CP2 (page 61)**

The following Class Posters for all ten lessons are available on the digital companion page of the **Positive Relationships Teacher Guide**. Each class poster has a CP reference as follows:

**Lesson 1: The Importance of Positive Relationships**  
**Building Positive Relationships in our lives - CP1**

**Lesson 2: Respect**  
**Showing respect to others - CP2**

**Lesson 3: Empathy**  
**Having empathy for others - CP3**

**Lesson 4: Look for Win-Wins**  
**Dealing with conflicts constructively - CP4**

**Lesson 5: Active Listening**  
**Developing listening skills - CP5**

**Lesson 6: Try to Forgive**  
**Practising forgiveness - CP6**

**Lesson 7: Interest in Others**  
**Expressing interest in others - CP7**

**Lesson 8: No More Snap Judgements!**  
**Developing a non-judgemental attitude - CP8**

**Lesson 9: Give, Give, Give!**  
**Focusing on giving - CP9**

**Lesson 10: Taking All the Steps!**  
**8 steps to 'RELATING' - CP10**

**General**  
**What does Well-Being mean? - CP11 – CP17**





## R - RESPECT



**Respecting others shows that we are all equal, important and valued.**