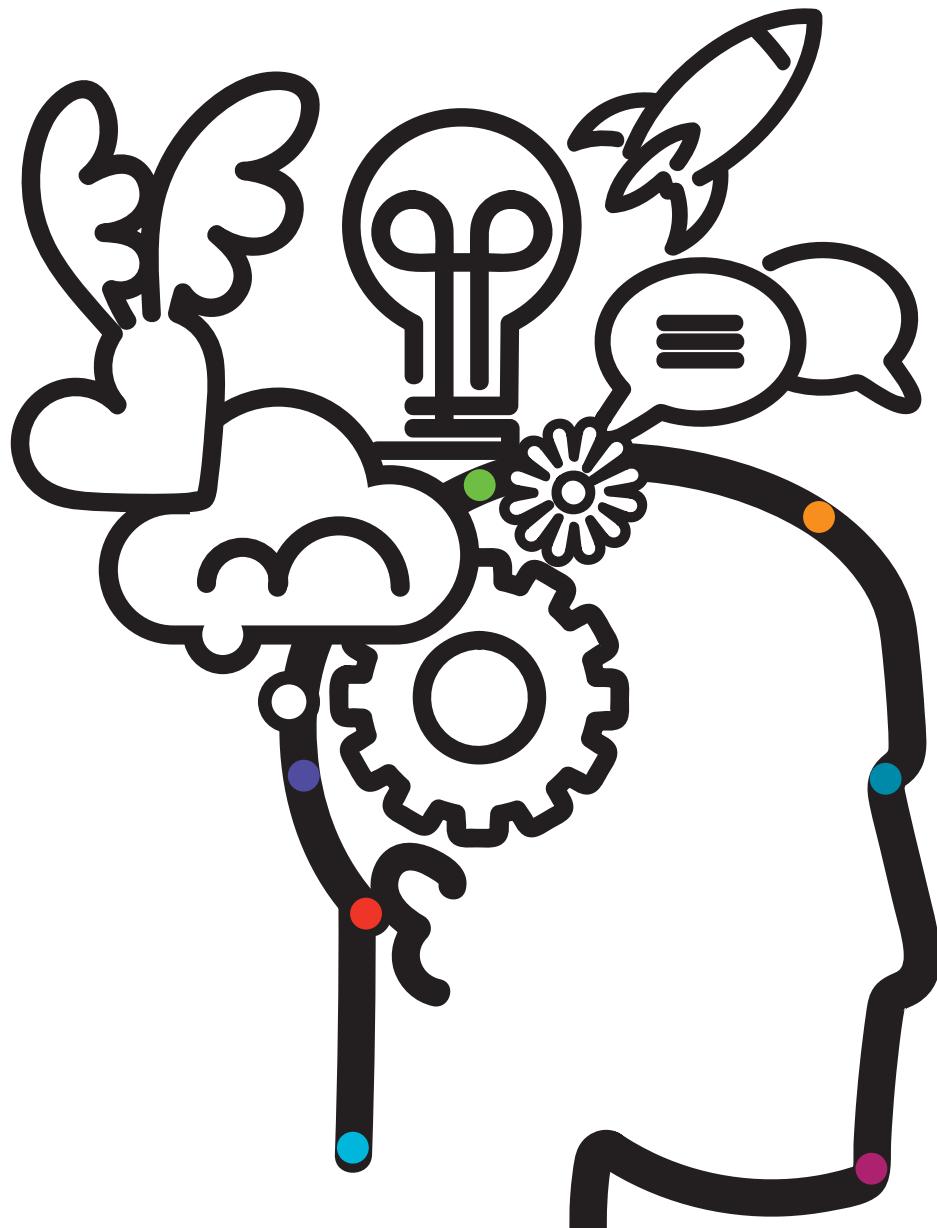


EDUCATION, HEALTH + SOCIAL CARE

2015 catalogue

- colorcards® ● Speech & Language ● Special Needs ● Early Years
- Social & Emotional ● Mental Health & Well-being ● Elderly Care





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Welcome to Speechmark

Dear Colleague,

Welcome to the latest Speechmark catalogue, crammed full of resources designed to inspire, stimulate, engage and support you and your students and clients. You can be assured that every Speechmark resource is thoroughly researched and written by experts in their field, giving you easy-to-use and practical activities, programmes and guidance which will save you time and enhance your effectiveness.

Look out for our new and bestselling resources of 2015 - designed to support you in your role.

We are pleased to announce our brand new range of Colocards apps designed to connect children, teachers, parents and therapists.

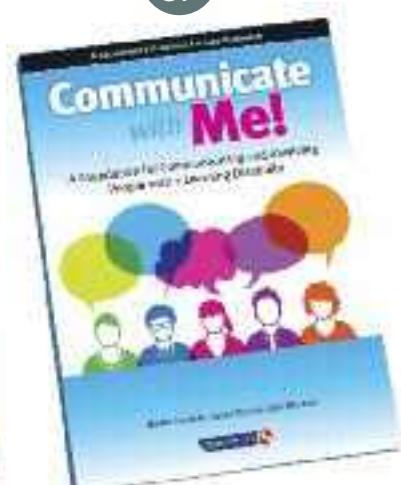
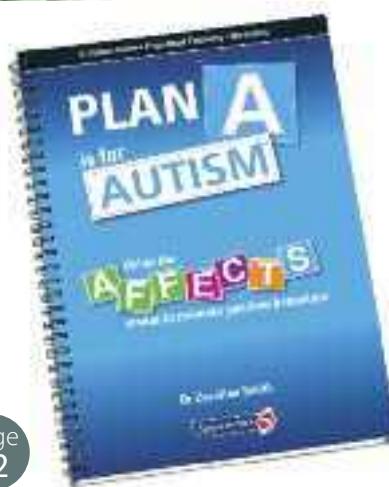
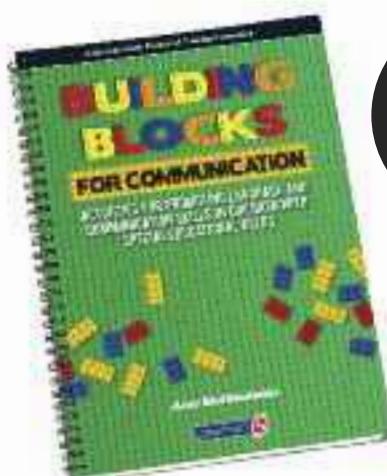
Ordering is easy, simply complete the order form at the back of the catalogue and return it by email, post or fax or you can place your order via phone or our website.

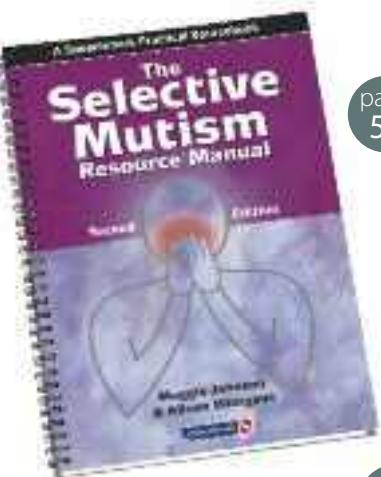
We look forward to hearing from you.

Sharlene Tilley
M.D. Health Information

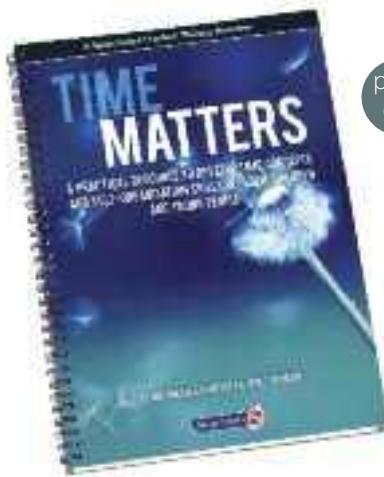
New & Exciting for 2015

With each new catalogue we strive to bring you the latest resources reflecting current thinking and research across all aspects of education, health and social care. Here we highlight just some of the exciting new resources for 2015. You will find many more within the catalogue.

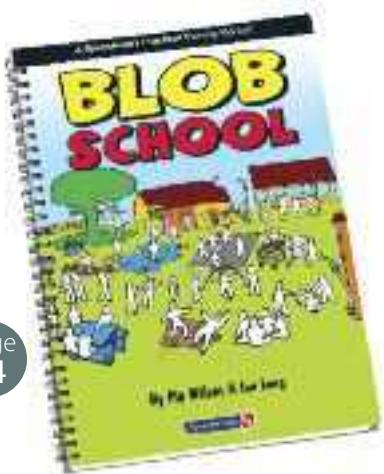




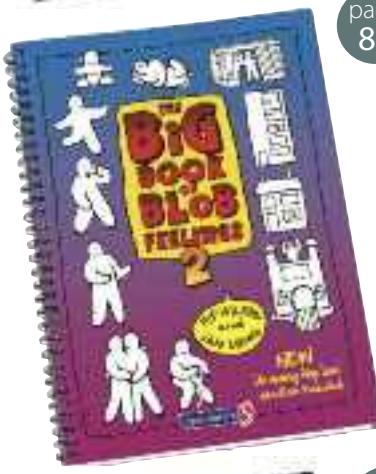
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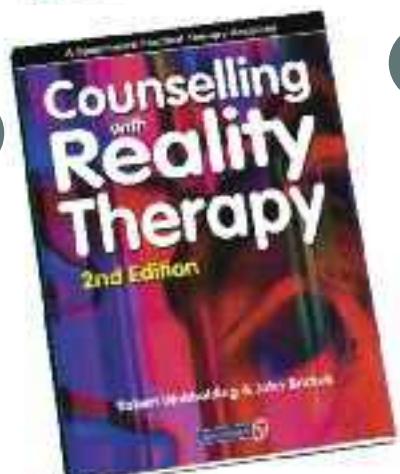
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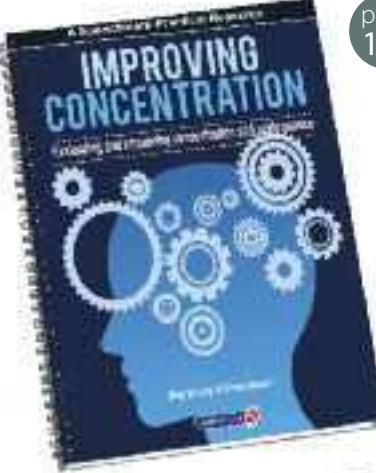
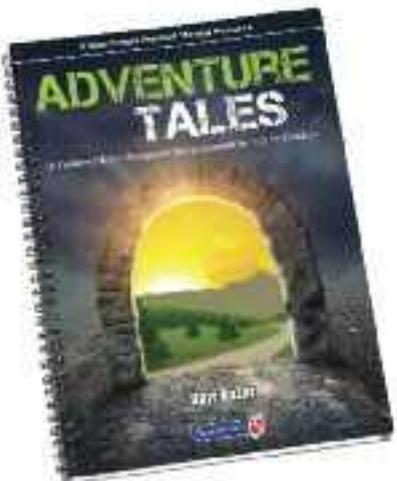
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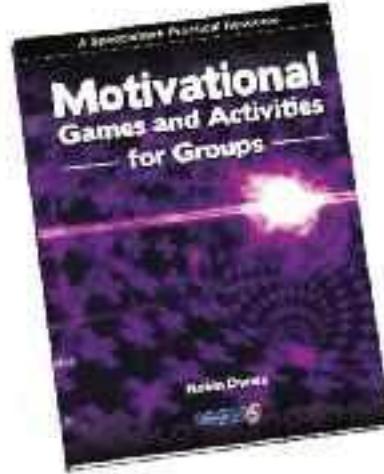


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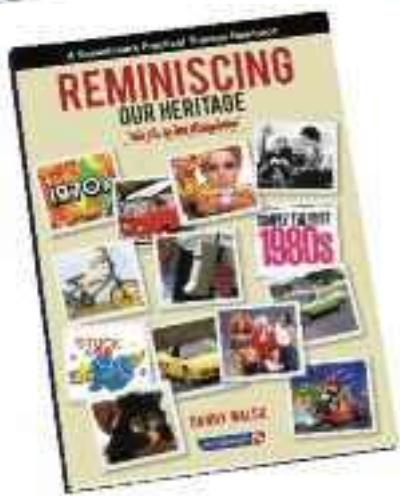
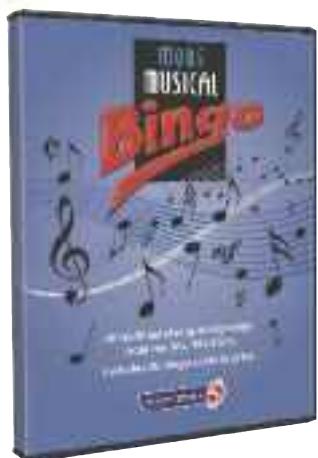


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Get everybody talking!

Speech language & communication apps to connect children, teachers, parents and therapists.



High Engagement
Touchscreen interventions, with tried-and-tested image banks, to deliver better results.



Shared Progress
Record, capture and track results to demonstrate progress to parents, teachers and carers.



Personalised Experience
Add your own images and personalise the app towards the curriculum and individual learning needs.

Available on the
App Store



Everyday Objects



£19.99

- 48 tried-and-tested images
- Encourage and develop observation skills, expressive language, vocabulary and communication skills
- Add your own everyday objects from home or at school
- Record your students, play back, or download audio files to monitor progress over time.



Basic Sequences



£19.99

- Sixteen 3-step sequences
- Encourage and develop sequencing, logical thought, observation skills, expressive language and vocabulary
- Add your own sequences to pre-teach topics
- Record your students, play back, or download audio files to monitor progress over time.

What Can You See?



£19.99

Sequences: 4-Step



£19.99

Sequences: 6 & 8 Step



£19.99

Welcome to colorcards®

Inspiring, professional materials designed to help develop both language and social skills. The Speechmark colorcards® are uniquely created for use by a range of specialists including speech & language therapists, educators and care and rehabilitation professionals. They will:

- Improve attention, language and observation skills, including listening, understanding, vocabulary, writing skills, expressive language, auditory memory, sequencing, turn-taking, classification, logical thought and problem solving.
- Encourage and inspire visual and kinaesthetic learners
- Develop emotional literacy
- Create a five minute warmer or filler, or form the main part of a session

The images of real objects, people, situations and activities are chosen and photographed with great care to maximise the educational benefit for students of all ages and abilities, from early years through mainstream education and special education, to adult learning, such as ESOL.

More new resources are available online at www.speechmark.net



Who, What, When, Where, Why

What are interrogative pronouns? When are they used?

What could help me to learn and understand them?

The answers lie in this carefully selected set of cards, tailored to provide excellent opportunities for discovering, studying and practising interrogative pronouns. While each card is directly concerned with a specific question, the wide variety of images also included provide everything one might need to help develop such a underrated yet crucial skill. Examples of card usage include:

- Who – ...works here? ...won the race?
- What – ...happens here? ...can you see?
- When – ...is it time for lunch?...will the cake be baked?
- Where – ...is the red shirt?...is my pen?
- Why – ...has the bus stopped? ...are they laughing?

The cards can be used both in groups or for one-to-one situations, and are designed to aid the continued development of such vital skills as exploring and understanding the world through language.

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301139 **ORDER CODE** E01-001-5948



More Everyday Objects

Featuring well known items recognisable to users of all ages and abilities

The everyday objects featured in this set of cards include not only home-based items but those equally familiar when encountered out and about. The cards are arranged in sensible and diverse categories, including Food, Household Objects, Personal Items, Clothes and Outside. Examples include:

- Baked potato • Orange • Kettle • Boots • Bucket and spade

The items are designed to be familiar to all ages and abilities, and are a valuable resource for both individuals and groups when working to develop comprehension, expressive language, communication skills and vocabulary building. The accompanying booklet provides further ideas and activities for use.

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301252 **ORDER CODE** E01-001-5966

Everyday Objects

A comprehensive 48-card pack designed to introduce, develop or reinforce basic language concepts including:

- Food – apple, bread, egg, juice
- Toys – cars, drum, bike, ball
- Household objects – bowl, bin, saucepan
- Personal items – keys, mobile, watch, camera
- Furniture and electrical items – computer, lamp, table, bed
- Clothes – coat, shoes, sweater, jeans

'A quality tool in the development of language' MENCAP News

AGE 3+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863884023 **ORDER CODE** E01-001-4217



Decisions / Personal Safety - Indoors

Indoor activities, situations and objects requiring safe decision making

This set of ColorCards® illustrates a variety of everyday activities, situations and objects encountered that can easily cause danger and mishap if not considered as a potential hazard or used safely. Each card provides multiple opportunities for discussion and the accompanying booklet provides ideas for ways to use the cards both on a one-to-one basis and in a group or classroom situation.

Examples of cards included are:

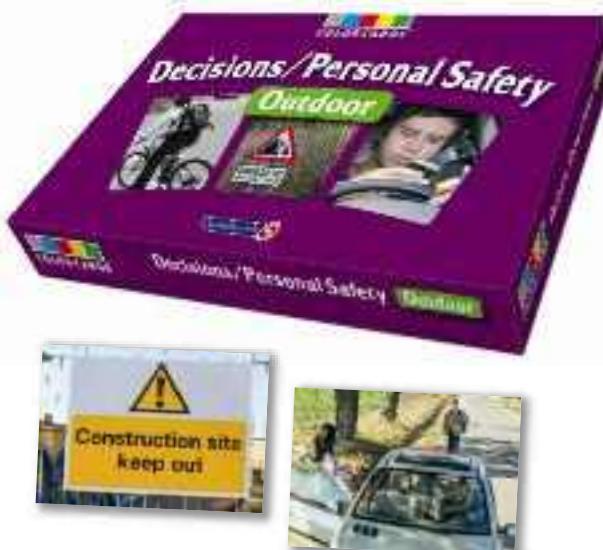
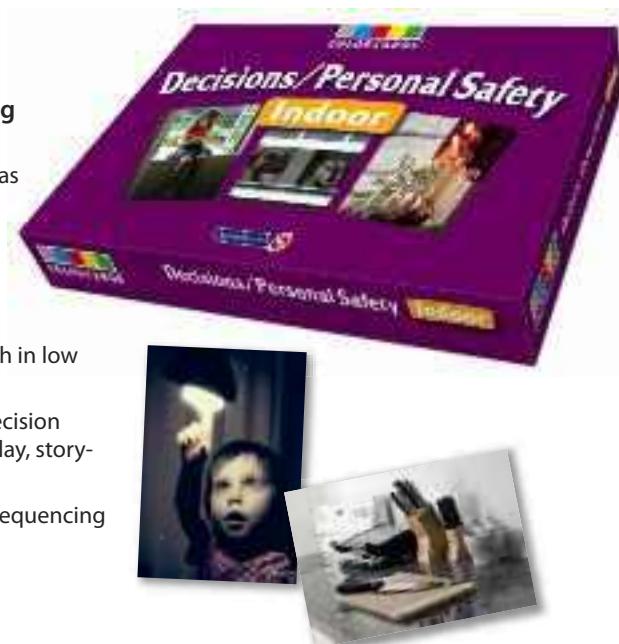
- Candles lit near curtains • Owning large dogs • Sitting on an upstairs window ledge • Very sharp knives left on the kitchen counter • Personal hygiene • Bleach in low store cupboard • Cyber-safety

The cards can be used in a number of ways to encourage the development of decision making and having regard for safety issues. This could include discussion, role-play, story-telling and creative activities.

- Vocabulary work • Classification • Language development • Story making • Sequencing

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301153 **ORDER CODE** E01-001-5965



Decisions / Personal Safety - Outdoors

Thinking through how to identify and deal with unexpected and potentially dangerous situations provides invaluable knowledge about possible and appropriate reactions. Understanding and acknowledging the need to consider this aspect of life will help students be prepared to mentally deal with some of life's challenges.

This set of cards features 36 different situations and dilemmas, including:

- Cycling on the road without a helmet and listening to music • Picking up hitch hikers/being a hitch hiker • Using a mobile phone whilst driving
- Building site dangers • Stranger danger • Dangerous dogs

The set is designed to encourage students to think logically, to use reasoning skills and to make prompt and rational decisions. This can be achieved through discussion, role-play, storytelling and creative activities. The accompanying booklet provides details about the cards in the box as well as other activities and ideas for use.

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301276 **ORDER CODE** E01-001-5967

Decisions

Designed to encourage rational decision-making, this set of 30 photographic cards depicts unexpected or unwelcome situations, varying from minor difficulties such as missing a bus, to dangerous predicaments such as finding a saucepan on fire. The set is designed to encourage children to think logically, to use reasoning skills and to make prompt and rational decisions. They will help children:

- Make responsible choices • Develop independent thought • Keep safe
- Understand the differences between minor difficulties and emergencies • Realise that some problems are practical and that some include an element of social behaviour • Know when there is danger or potential danger • Understand that sometimes you should ask for help, sometimes take the initiative and walk away • Find a balance between acting quickly and considering all aspects of a situation • Recognise that there will be consequences of intervening and think about what might happen next.

This resource includes a free CD-ROM to enable teachers to print off each card as required for individual pupils.

AGE 5+ **CONTAINS** 30 A4 (297 x 210mm) cards + CD + booklet

ISBN 9780863887642 **ORDER CODE** E01-001-5489



More What's Wrong?

This set of 36 cards depicts a range of activities and situations in which incorrect, unusual or unexpected elements can be identified and discussed. The open-ended nature of the problems posed enables differing levels of application, from single identification of the out of place or incorrect feature to understanding and explaining the remedies or potential consequences of the activities as they are shown.

The types of situations depicted include:

- Mistakes with clothes • Wrong object • Wrong method
- Impossible and unlikely events

With scenes such as cutting grass with scissors or washing up whilst sat in the sink, there are opportunities to have fun whilst developing the following lifeskills:

- Observation • Deduction • Insight • Problem solving
- Anticipation • Story telling • Discussion • Developing ideas

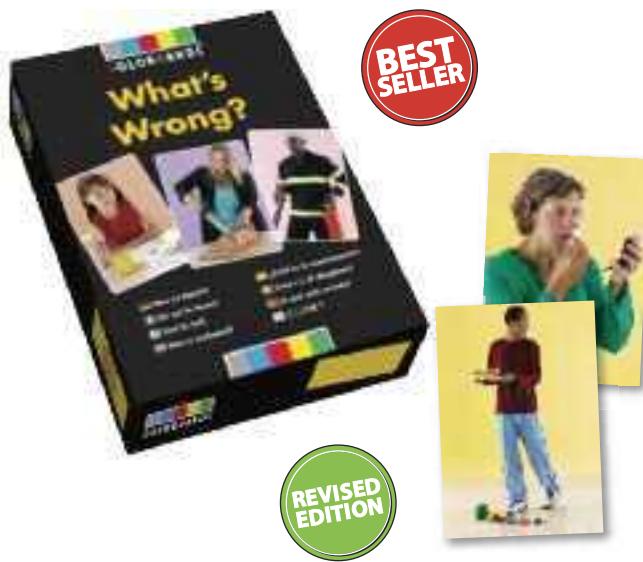
These versatile cards can be used with individuals, groups or in the classroom and the accompanying manual includes possible discussion start points and suggested ways to structure a session.

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301283 **ORDER CODE** E01-001-5968



NEW



What's Wrong?

The cards in this series depict something wrong, either as it is happening or when it is about to happen – for example an upside down television, making sandwiches with photographs and playing golf with an umbrella.

Lively and humorous, these images are highly motivating to students of all ages and abilities. Use these cards to heighten:

- Attention skills
- Storytelling
- Observation
- Logical thought
- Vocabulary building
- Problem solving
- Expressive language

AGE 4+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863886171 **ORDER CODE** E01-001-5382

Prepositions

Eight sets of six cards, where each set represents a single preposition photographed six times in different contexts.

The concepts and vocabulary shown relate to common experiences while the prepositions illustrated teach awareness of space, position and movement.

Examples include: • In – the girl is standing in the bucket • On – the boy is sleeping on the chair • Under – the bowl of fruit is under the table • Over – the balloons are floating over the girl • Through – the boy's toes are poking through his sock • Between – the small girl is standing between the boys

AGE 4+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863883897 **ORDER CODE** E01-001-0763



More Story Starters

A new set of Story Starters designed to spark and galvanise creative writing and storytelling, inspired by a range of interesting and unusual images. Each card can be used independently or grouped with others to create stories - the cards have been placed into specific genre groups, but can easily be used in any number of categories such as Feelings and Emotions, Situations, Fantasy, Myths and Legends, Places and Adventure.

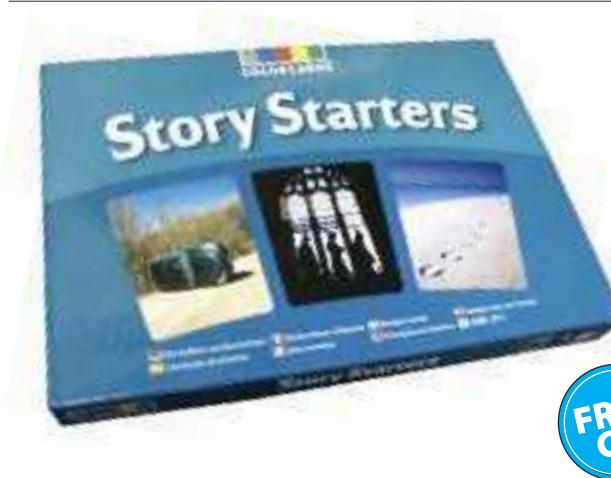
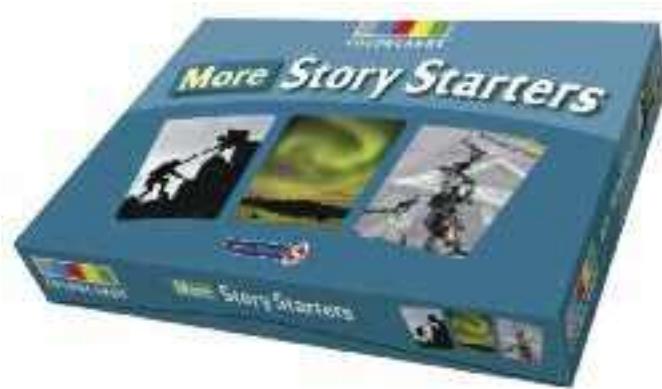
Card content includes:

- Mysterious sky • Helping hand • Enormous waves
- Ghostly presence • Fortune teller

These versatile cards can be used in group or class situations to encourage storytelling, drama, poetry or prose. Storylines, characterisation, dialogue development, newspaper articles – there are endless possibilities that can arise from creative thought and inspired ideas. The only limit is your imagination!

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301290 **ORDER CODE** E01-001-5964



Story Starters

Boost creative writing sessions with 30 A4 cards that provide an image for the opening of a narrative and can be expressed through storytelling, drama, poetry or prose. The cards are grouped into genres including:

- Real-life adventure • Travel • Mystery • Fantasy

Suggestions are related to each genre and some images link to more than one category. This resource includes a free CD-ROM to enable teachers to print off each card as required for individual pupils.

AGE 5+ **CONTAINS** 30 A4 (297 x 210mm) cards + booklet + CD

ISBN 9780863887659 **ORDER CODE** E01-001-5536

How Are They Feeling?

A range of influential scenarios and activities that impact upon everyday life – such as moving house or cyber bullying.

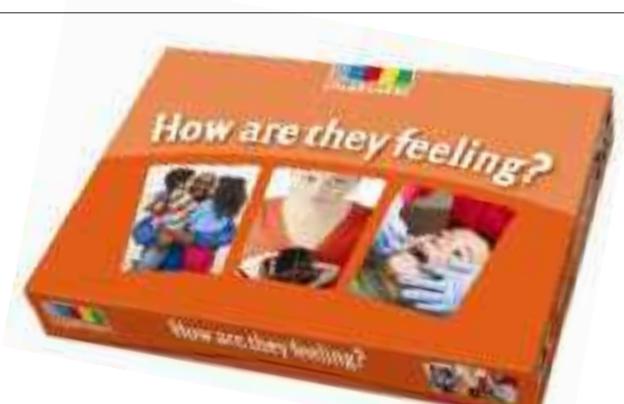
Relevant cards will spark a discussion on what is (or is not) portrayed as part of a conversation or storytelling session. Scenarios depicted include:

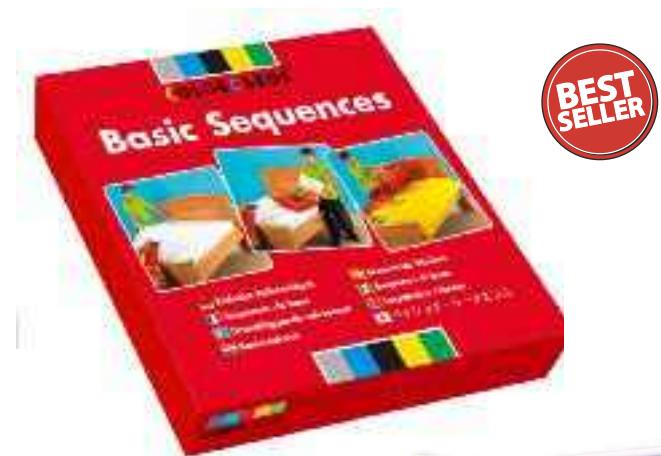
- Parents arguing in front of daughter • Visit to the dentist
- Feeding a pet • Attending a night club/concert/festival
- Starting a race • Moving house • Cyber bullying
- Having no money

The accompanying booklet gives guidance for how to use the cards effectively and the CD includes worksheets for each card.

AGE 5+ **CONTAINS** 30 A4 (297 x 210mm) cards + booklet + CD

ISBN 9780863888847 **ORDER CODE** E01-001-5751





**APP
NOW
AVAILABLE**

Basic Sequences

48 cards illustrating everyday activities in 3-step sequences.

Use these three-step sequences to demonstrate simple sequentially related actions which will help establish basic concepts and encourage an understanding of order and direction.

The set of 16 three-step sequences portrays a range of everyday topics, including:

- Making a bed • Wrapping a present • Dressing a baby

AGE 4+ **CONTAINS** 48 (148 x 148mm) cards + booklet

ISBN 9780863883514 **ORDER CODE** E01-001-0673

Simple Sequences

48 cards depicting 2-step and 3-step sequences of everyday activities within the experience of most users. Includes twelve 2-step sequences such as:

- Cleaning teeth • Making jam tarts • Tidying the living room
- Packing a school bag

Eight further complex 3-step sequences include:

- Doing a jigsaw puzzle • Playing a computer game
- Decorating a cake • Riding a bike

AGE 5+ **CONTAINS** 48 (148 x 148mm) cards + booklet

ISBN 9780863884757 **ORDER CODE** E01-001-5162



Sequences: 4- Step

48 cards depicting 12 lively 4-step sequences showing a range of familiar events at home and out and about, including:

- Putting a new toy together • Washing the car • Having breakfast
- Making cakes • Going to the dentist • Buying an ice-cream

AGE 5+ **CONTAINS** 48 (148 x 148mm) cards + booklet

ISBN 9780863885266 **ORDER CODE** E01-001-5220



Sequences: Verb Tenses

16 x 3-step sequences illustrating familiar activities that require use of the past, present and future tenses. Examples include activities that use singular verb forms (i.e. involving one person) and plural (with two or more people), such as:

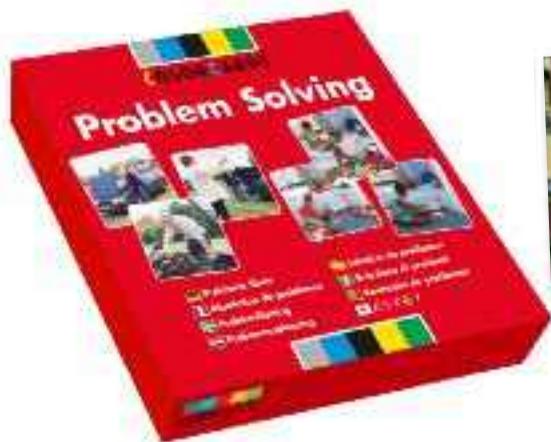
- Cleaning football boots • Packing a suitcase • Sweeping the floor • Cutting a cake • Brushing hair • Lighting candles

Individual cards can be used to focus on one tense, or use the whole sequence to contrast past, present and future tenses.

IDEAL FOR • Vocabulary work • Classification • Language development • Story making • Sequencing

AGE 5+ **CONTAINS** 48 (148 x 148mm) cards + booklet

ISBN 9780863885853 **ORDER CODE** E01-001-5337



Problem Solving

How to solve everyday problems. There are three cards in each sequence; the first shows the problem, the second shows a possible solution, the third card introduces an alternative way of dealing with it. Situations include:

- Car broken down – try to repair it, ask where to get help
- Woman is unhappy as overweight – tries healthy eating, exercise
- Child is unhappy and bored – woman comforts her, woman takes her out
- Girl doesn't like her meal – leaves it, talks to the waiter
- Man cannot sleep – has a hot drink, reads a book
- Woman and girl argue – they sulk, they make up

The cards underline that problems should be approached logically, and that the chosen solution may influence later events and may not please everyone involved.

AGE 5+ **CONTAINS** 48 (148 x 148mm) cards + booklet

ISBN 9780863883569 **ORDER CODE** E01-001-3852

Consequences Discussion Cards

Illustrating actions and their outcomes, 36 cards to be used with primary age children underlining the need for children to consider that their choices may not only have personal consequences but may also affect others.

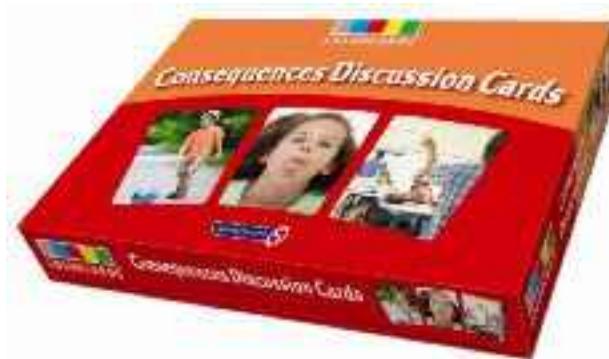
1. Cards that show an action and a potential outcome: Cheating – failing a test • Leaving a field gate open – animal escapes • Disruptive classroom behaviour – detention

2. Cards that show behaviour – ideally used for discussion: Bullying • Vandalism • Helping others

The accompanying booklet gives useful starting points to generate debate, plus 18 sayings and philosophical quotations to help stimulate further discussion of the subject.

AGE Primary **CONTAINS** 36 cards A5 (210 x 148mm) + booklet

ISBN 9781909301023 **ORDER CODE** E01-001-5936





Cause & Effect

Illustrating how one thing leads to another, these 48 cards use 2-step sequences of day-to-day events to help develop logical/critical thinking skills, verbal reasoning and the use and practice of questioning. Comprised of sequenced pairs, a specific situation is presented on the first card, with the user having to predict a possible outcome that may, or may not, be shown on the second card. Scenarios include:

- The boy plays with the ball indoors – and knocks the flowers down
- The girl leaves the bath water running – and it overflows
- The boy eats a lot of chocolate – and feels ill
- The girl builds the bricks into a high tower – and they fall down

AGE 4+ **CONTAINS** 48 (148 x 148mm) cards + booklet

ISBN 9780863883552 **ORDER CODE** E01-001-3358



Sequences: 6 & 8-Step for Children

A more complex set of cards including both 6 and 8-step sequences of indoor and outdoor activities, complete with amusing twists to stimulate discussion. The sets of 6-step sequences depict:

- The present • The horse ride • The photograph
- Playing ball

The set of 8-step sequences depict:

- The surprise cake • The school bag • The bike and the scooter

'The cards are fun to use...highly recommended for speech and language therapists working with school-aged children' Speech Language Therapy in Practice

AGE 6+ **CONTAINS** 48 (148 x 148mm) cards + booklet

ISBN 9780863885587 **ORDER CODE** E01-001-5284



Sequences: 6 & 8-Step for Adults

These 6 and 8-step sequences of indoor and outdoor activities, which feature both adults and adolescents, will inspire opportunities for language work that includes syntax, grammar, vocabulary and the concept of time. Activities featured include:

- The present • Football match • Meal in a restaurant
- Trying to work

Three more complex eight-step sequences also portray:

- Lost keys • Walking accident • The purse

'The variety of content is colorcards® greatest strength, making them suitable for a wide range of teaching objectives.' Pippa Wilson, SLT

AGE 12+ **CONTAINS** 48 (148 x 148mm) cards + booklet

ISBN 9780863885570 **ORDER CODE** E01-001-5283



Time Sequencing

This beautiful set of cards carefully depicts the passing of time to aid an understanding of order and direction. They can be used in many environments and the accompanying booklet includes ideas and activities for using the cards.

The cards are varied in content – for example:

- Times of the day - morning, afternoon, evening, night
- Seasons - spring, summer, autumn, winter
- Ageing - baby, child, teenager, adult, senior citizen
- Moon Phases - new moon, half moon, full moon
- Plant Life-cycle - seed, seedling, flower, seed head
- Frog lifecycle - frogspawn, tadpole, froglet, adult

The cards vary in complexity and encourage comprehension, attention and observation.

AGE 4+ **CONTAINS** 36 A5 cards + booklet + CD

ISBN 9780863889448 **ORDER CODE** E01-001-5820

Find the Link

The first ever board game to incorporate the quality of the ColorCards range, Find the Link includes 200 photographic game cards. Suitable for individuals or groups of up to five players, it is suitable for all ages making it ideal for both teachers and therapists. Aimed at developing word-finding and categorisation skills, Find the Link features:

- 40 categories that range from the general, such as animals and transport, to more complex such as function and place
- A versatile board allowing the cards to be used in different ways
- 200 photographic game cards that can also be used alone for sorting and classification

Image categories include:

- Animals – pets, domestic/farm animals, mini-beasts, wild land animals, sea creatures
- Food – fruit, vegetables, desserts, main meals, drinks
- Clothes – summer, party, sports, winter, night-time
- Transport – rail, road, air, water, work

'This is a superbly presented game... Everybody has enjoyed using it. The clear photographs make it ageless and the number of categories and divisions make it very flexible' Nursery Education

AGE 4+ **CONTAINS** 200 hexagonal laminated cards approx 100 x 115mm + booklet

ISBN 9780863884214 **ORDER CODE** E01-001-5125



Verb Tenses

60 cards visually describing 20 different verbs (10 regular, 10 irregular) that teach future, present and past tense. Three cards are used for each verb, to illustrate the different tenses, for example:

- To wash – she will wash, she washes, she washed
- To eat – they will eat, they eat, they ate
- To play – they will play, they are playing, they have played
- To draw – he will draw, he is drawing, he has drawn

AGE 5+ **CONTAINS** 60 cards wirebound side by side in threes, (450 x 175mm) + booklet

ISBN 9780863883590 **ORDER CODE** E01-001-2247

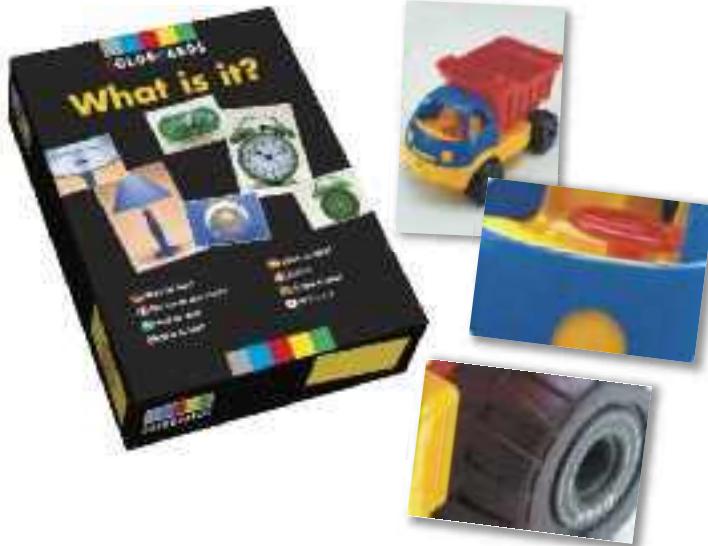
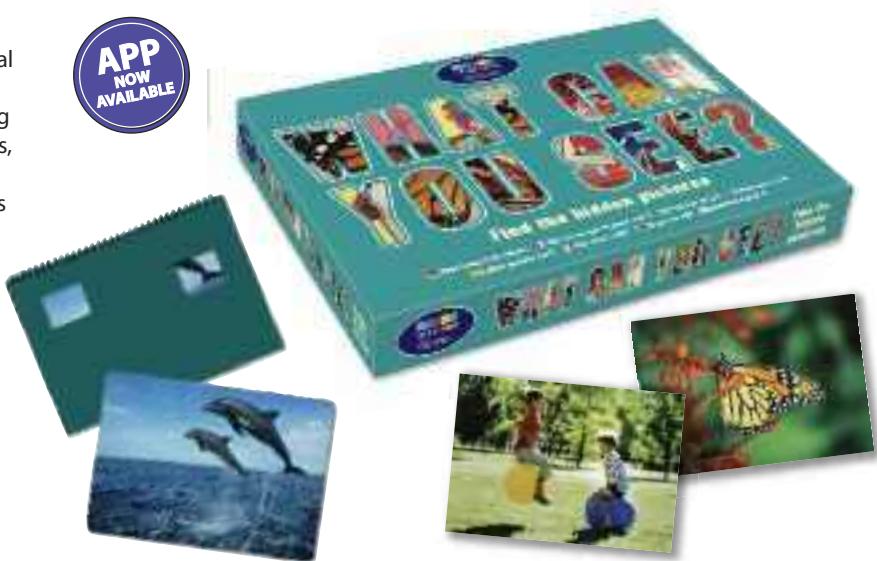
What Can You See?

This entertaining game can be played by both individual and groups. Each of the selection of pictures is viewed through a space in the book's pages, gradually revealing more of the image. Players guess what the final image is, encouraging communication and vocabulary building. There are two viewing books, each with different panels (in two categories Objects & Animals and People & Places), and 30 x A4 cards. This easy-to-play game encourages and develops the following skills:

- Attention and concentration • Predicting
- Turn-taking • Problem solving • Logical thought
- Vocabulary and word-finding • Visual perception
- Expressive language

AGE 4+ **CONTAINS** 30 A4 (297 x 210mm) photographic picture cards, 2 viewing books + booklet

ISBN 9780863886195 **ORDER CODE** E01-001-5390



What is it?

A collection of 72 cards designed to develop visual perception, logical thought, attention and concentration, vocabulary, expressive language and observation skills. An expected view of an object is shown on a large card, and smaller cards show two unconventional views of the same item. For example:

- Boot – back and base view
- Alarm clock – back and top view
- Umbrella – spokes and handle
- Bicycle – chain set and brake lever

AGE 5+ **CONTAINS** 72 A5 cards + booklet

ISBN 9780863885112 **ORDER CODE** E01-001-4093

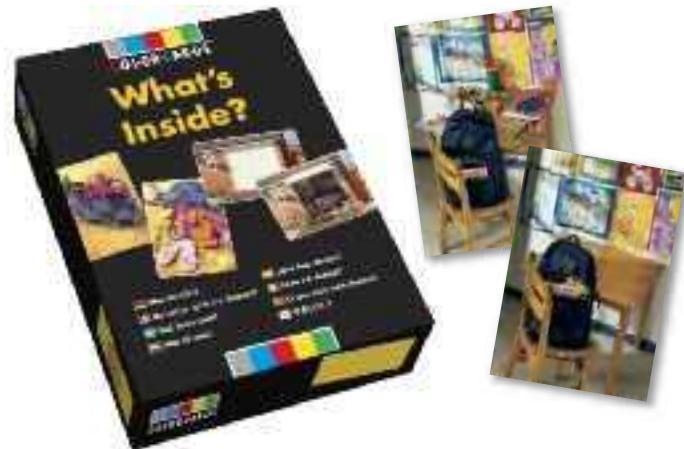
What's Inside?

24 pairs of photographs ideal for encouraging expression, comprehension, attention, observation, vocabulary and classification skills. One card of each pair shows the outside of a storage place or container and the other card reveals the contents, for example:

- Toy box contains a doll, soft toy, game, car, building bricks
- Garage contains a car, bicycle, boots, garden tools, lawn mower
- Suitcase contains a jacket, trousers, socks, shoes, tie
- First aid box contains scissors, pills, bandages, cream, dressings

AGE 4+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863883576 **ORDER CODE** E01-001-4091





What's Different?

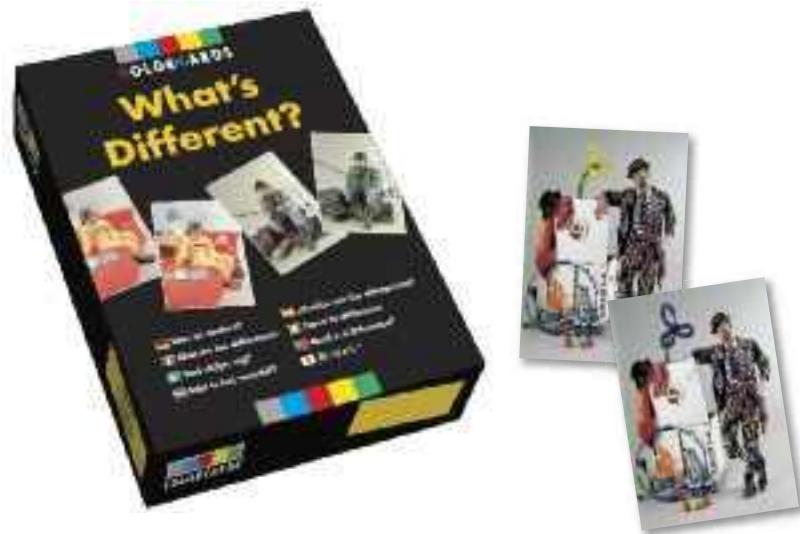
Three differences exist between each pair of cards in this set. The task is to identify and explain the differences, encourage a wide range of communication and language skills. The set comprises of 24 pairs of photographic cards showing well-known activities such as;

- Cooking • Dressmaking • Gardening

More advanced skills can be used by showing one card and then removing it when you show the second card, thus requiring the differences to be recalled from memory.

AGE 5+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863883958 **ORDER CODE** E01-001-1726



What's Missing?

A clever and useful set of 24 pairs of photographs that show a complete scene on one card and on the other the same scene with five items missing. Presented with increasing degrees of difficulty to allow working with different ages and skills. Can be used for more complex language work and general language stimulation with older children and adolescents. Use the cards to test:

- Visual skills • Problem solving • Auditory skills • Oral and written language • Attention training

AGE 5+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863883644 **ORDER CODE** E01-001-3027



Pair Plus

36 full colorcards with twelve scenarios and two specific elements to identify and match. Three cards for each of twelve different scenarios covering topics including:

- On the beach • Playing football • Walking the dog • At the swimming baths
- Boiled egg for breakfast • Cinema visit • Train journey

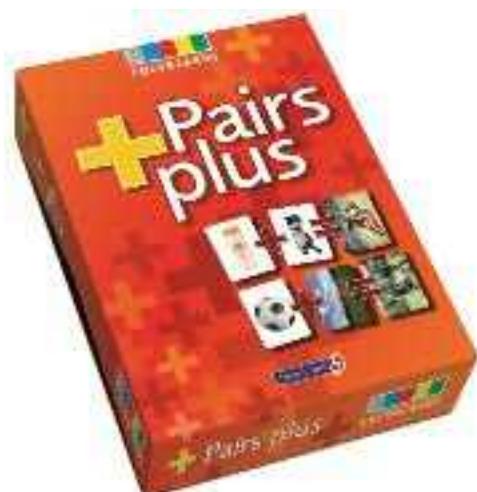
With a main topic card and then a 'pair' of cards illustrating two key elements in the scenario these cards are ideal for:

- Vocabulary work • Classification • Language development • Story making
- Sequencing

All the cards can also be used individually to develop language and cognitive skills.

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301122 **ORDER CODE** E01-001-5947



More What are they thinking?

Like the original set of 'What are they thinking?' Colorcards this collection of cards is designed to encourage users to focus on the thoughts and feelings they and other people experience when confronted with a situation.

Each card includes a 'thought bubble' to facilitate consideration of both what that individual is thinking and also the user's personal response. Discussions about the appropriateness of the situation and of the best way to deal with it will all help to develop:

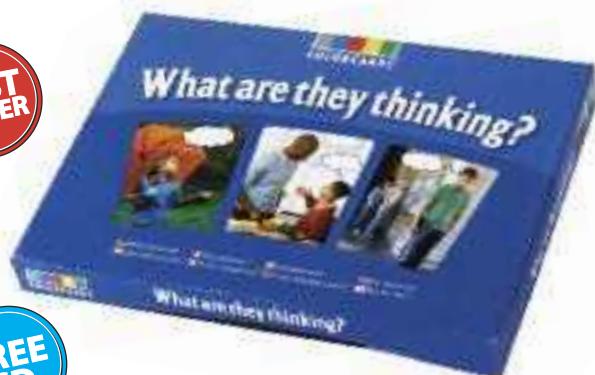
- Thinking skills • Understanding relationships • Problem solving • Social and emotional skills

The cards cover a diverse range of circumstances, including:

- Difficult or dangerous situations • Team work • Tests and achievement.

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301450 **ORDER CODE** E01-001-5997



What are they thinking?

A creative resource for developing empathy, understanding feelings and recognising emotions. The user imagines what the people depicted are thinking and how they may feel in a similar situation, then fills in the speech bubble. Designed to stimulate animated discussion or creative writing with all ages, the cards enable participants to:

- Focus on thinking • Explore the relationship between thoughts and feelings • Recognise that behaviour can affect others • Look at the influences on thoughts and feelings, of factors such as surprise, stress, anger and excitement

Includes a CD-ROM with all the images to print out as individual worksheets. A valuable resource for SEAL.

AGE 5+ **CONTAINS** 30 A4 (297 X 210mm) cards + booklet + CD

ISBN 9780863886959 **ORDER CODE** E01-001-5470

Odd One Out

Find the odd one out! A superb set of 48 cards which show objects on each card, all of the same category type except one - an odd one out. Level 1 shows four objects, level 2 five objects and level 3 six objects.

Examples include: • Ice cream, popcorn, sweets - swan • Cup, bowl, plate, jug - spoon • Orange, lemon, lime, grapefruit, tangerine - pear.

The cards are designed to develop observation, attention and visual perception skills.

AGE 5+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863882845 **ORDER CODE** E01-001-4378





Teen Issues

The 36 cards and worksheets in this pack provide a platform for lively discussion around the variety of key experiences and situations that young people encounter in the modern world. Topics covered include:

- Relationships – parents and step families, siblings, friends, enemies, bullying
- Lifestyle – diet and fitness, mental and physical health, self-esteem, addictions, body image
- Safety – gaining independence, stress, bullying, gangs, cyber safety
- Life skills – money management, gambling, climate change, school workload, politics, making choices

The free CD-ROM includes worksheets for each ColorCard.

AGE 11-18 **CONTAINS** 36 A5 cards + booklet + CD

ISBN 9780863887819 **ORDER CODE** E01-001-5646

Teen Issues - Relationships

This set of cards considers a wide range of different types of relationships that may be encountered and are grouped in the following way to identify associated issues for discussion:

- Family connections • Non-family relationships • Relationship events • Communication in relationships • Personal identity

The accompanying booklet details how the images could be used within this framework and also provides two sample questionnaires and discussion points.

Subjects illustrated on the cards include: • Parental relationships
• Bullying • Jealousy • Lovesickness • Cyber-bullying • Online dating

The cards can be used for one to one discussions to tackle individual concerns or within PSHE lessons to highlight and inform on specific issues relevant to that curriculum.

AGE Secondary **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301108 **ORDER CODE** E01-001-5945



Teen Issues - Lifestyle/ Life Skills

36 full colour, A5 cards portraying a variety of topics of concern to teenagers

Teenage life often requires decisions to be made in a variety of areas – these cards provide a vehicle to explore best options through discussion, role-play and other activities which are developed in the accompanying booklet.

Examples of cards in each group include:

Lifestyle: • Diet and fitness • Mental and physical health • Drug addiction • Eating disorders • Self esteem

Life Skills: • School workload • Money management • Career choices • Environmental concerns • Making responsible decisions

Suitable for use during PSHE classes, or on a one-to-one basis to encourage discussion of a particular issue.

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301177 **ORDER CODE** E01-001-5952

Family Issues

A collection of 36 cards designed to generate discussion, covering thirty-six topics and issues commonly faced by family members. Each card provides an opportunity to tackle different subjects, including:

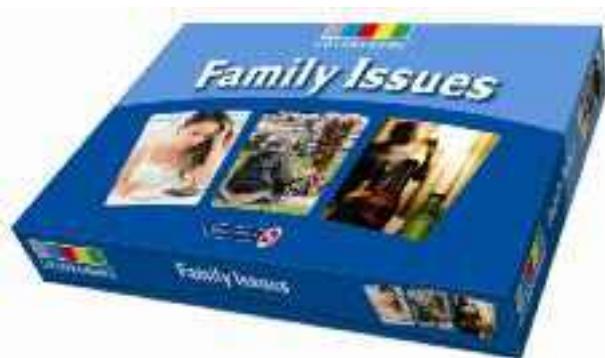
- Sibling rivalry • Parental divorce • Domestic violence • Depression • Elderly relative with dementia • Drug addiction • Alcoholism • Child abuse • Eating disorders • Redundancy • Broken Heart

The cards have been divided into four specific groups and are relevant to one, many or all of these highlighted areas: Relationships,

Behaviour, Memorable Events, and Feelings and Emotions. The cards can be used in a number of situations, such as one to one conversation with therapists to general discussions to create awareness of significant moments and situations – for example in a PHSE setting. The broad range of topics covered provides extensive opportunities to explore relevant issues.

AGE 11+ **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301078 **ORDER CODE** E01-001-5941



Personal Relationships

Designed to help students understand and discuss personal relationships, this illustrated set depicts different kinds of relationships and also the progression of attachments from initial meeting to sexual activity.

- The set features a full range of relationships from parental and familial, through professional (boss and employee) and friendship, to same-sex and both-sex meeting, dating and having sex
- The 48 illustrations feature people of all ages (from baby to older person) and from a range of ethnic backgrounds

Unlike photographic images, these lifelike computer-generated illustrations will enable all students to generalise the situations and will be helpful for adolescents and adults with learning disabilities or autistic spectrum disorders. Cards include:

- Mother and baby • Man and child • Siblings • Grandparents and children
- Single parent family group • Doctor and patient • Teacher and pupil
- Boy and girl holding hands • Two women dating • Two men kissing
- Older couple having sexual intercourse

AGE 8+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863885594 **ORDER CODE** E01-001-5285

Feelings

Happiness, sadness, anger, fear and more: this comprehensive card set illustrates the range of positive and negative feelings felt by children and adults. Children will be able to relate to the situations depicted that are designed to help them recognise and understand the significance of facial expressions and body language.

Use this set to focus on:

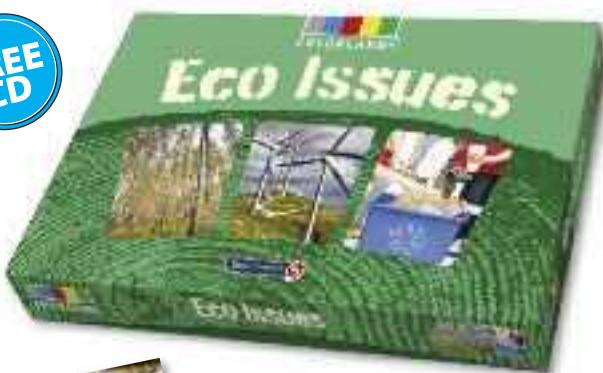
- The vocabulary of feelings and emotions • Managing individual emotions • How feelings may change in different situations • How other people also have feelings and needs • Non-verbal language
- Caring attitudes • Feeling comfortable at home, at school and in social situations • Good ways to listen, speak and behave
- A valuable addition to resources for SEAL

The large format makes these cards ideal for groups and circle time.

AGE 5+ **CONTAINS** 48 A4 (297 x 210mm) cards + booklet

ISBN 9780863886942 **ORDER CODE** E01-001-5469





Eco Issues

Using images that portray the best and worst aspects of human activity and its effect on the environment, this card set is the perfect way to kick-start a discussion that explores and understands the impact that our actions have on the world. Topics include:

- Global warming
- Deforestation
- Toxic waste
- Self-sufficiency
- Recycling
- Flooding
- Poverty
- Energy
- Transport

Includes a CD-ROM with worksheets for each ColorCard providing the option to print as required.

AGE All ages **CONTAINS** 36 A5 cards + booklet + CD

ISBN 9780863888175 **ORDER CODE** E01-001-5732

Culture, Beliefs & Customs

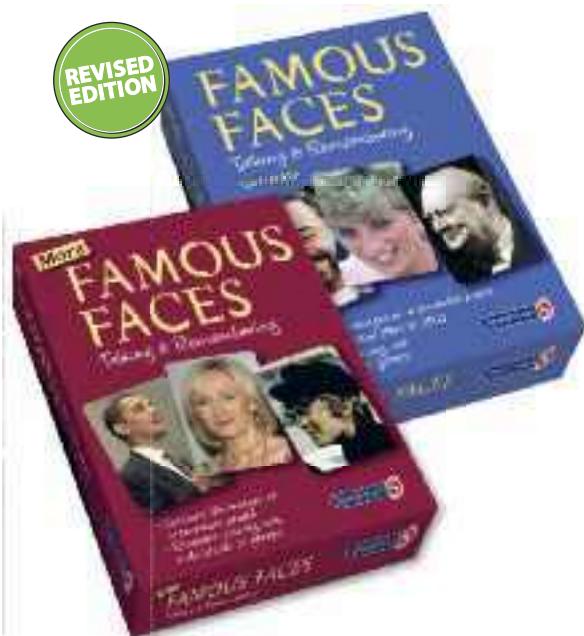
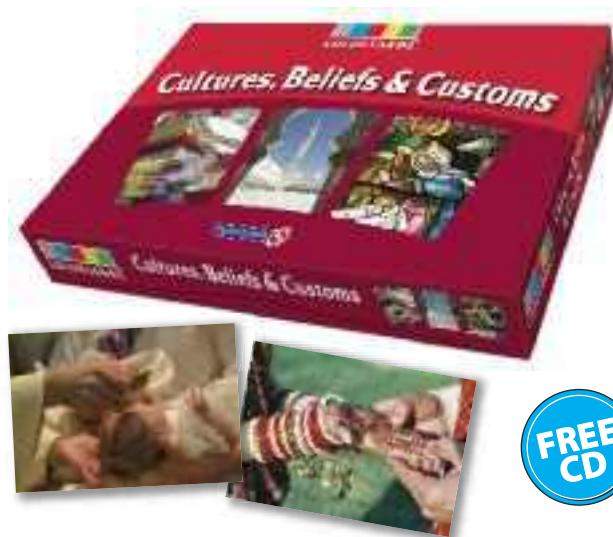
A beautiful collection of 36 cards that explores the diversity of traditions, behaviours and values in the world's differing cultures. The cards will generate discussions designed to instil an intellectual and emotional appreciation of differing cultures, creating understanding and communication and so as to foster respect, tolerance and perception of how and why behaviour and responses are influenced. The cards are based around the following themes:

- Symbolism • Love • Values • Honour • Authority • Beauty
- Order • Spirit • Ceremonies • Festivals

Includes ideas to stimulate thought and debate and a CD with useful worksheets.

AGE 5+ **CONTAINS** 36 A5 cards + booklet + CD

ISBN 9780863888045 **ORDER CODE** E01-001-5691



Famous Faces

More Famous Faces

These two sets of cards are ideal for all those needing tools for memory activities, discussion and reminiscence with individuals or groups. The portrait cards in both collections are bound to evoke memories and provides stimulus for group discussion and informal conversation between older people.

The cards cover a wide spectrum of well known people from politicians and world leaders, to the Royal Family, sports, music/arts, actors, entertainers and inventors; people from the post war period right up to today. The reverse of each card includes biographical notes to encourage communication and memory recall and involvement in group or one-to-one discussion and can be used for reminiscence work; for head injury patients and for stroke patients.

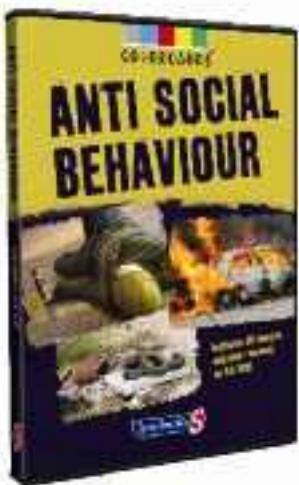
AGE Adult

Famous Faces (revised) **CONTAINS** 50 x A5 (210 x 148mm) cards, boxed

ISBN 9780863886270 **ORDER CODE** E01-003-5394

More Famous Faces **CONTAINS** 36 x A5 (210 x 148mm) cards, boxed

ISBN 9781909301030 **ORDER CODE** E01-001-5937



Anti- Social Behaviour

Anti-social behaviour – intimidating, aggressive or destructive activity that damages or destroys another person's quality of life – is examined in the following set of images, in areas such as:

- Binge drinking • Threatening behaviour • Arson • Littering
- Burglary • Motorcycle nuisance • Personal robbery • Noisy parties • Violent crime • Bullying • Vandalism • Dangerous dogs
- Abusive language • Fly tipping • Graffiti

The accompanying booklet explores ways to use the images to generate discussion, self-awareness and understanding.

AGE 10+ **CONTAINS** CD+ booklet

ISBN 9780863889288 **ORDER CODE** E01-001-5804

Social Behaviour

These full-colour cards illustrate a variety of familiar situations and activities that can be used with older children and adults who require intervention in the area of appropriate social behaviour. Some cards show a good understanding of social skills, while others demonstrate a poor understanding by one or more people.

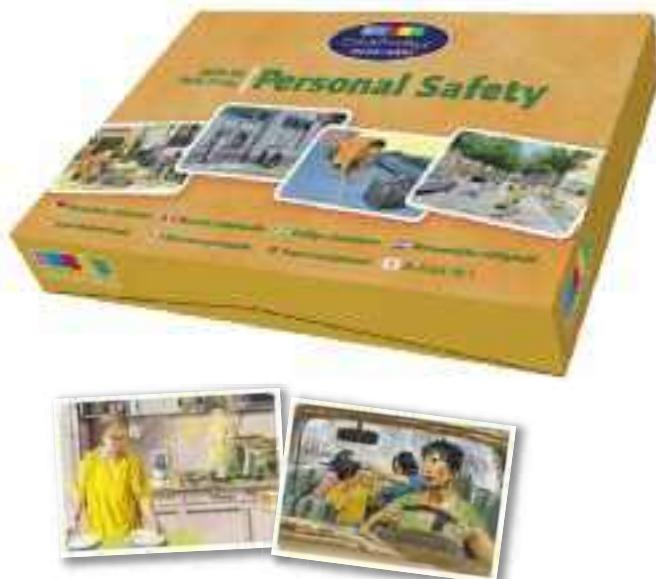
Situations include:

- Disturbing other people • Jumping a queue • Helping a disabled person • Caring for an animal • Cheating in an exam

The cards also show non-verbal communication, such as posture, gesture, facial expression, respecting personal space and appearance.

AGE 6+ **CONTAINS** 44 A5 cards + booklet

ISBN 9780863884221 **ORDER CODE** E01-001-5126



Personal Safety

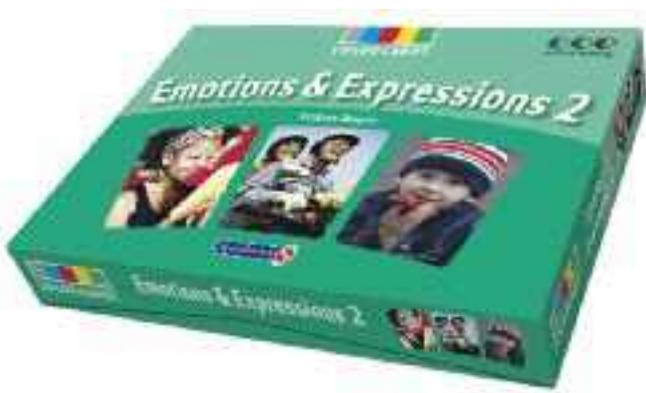
The full-colour illustrations show a variety of situations in which people are at risk, either through their own behaviour or that of others. Each card clearly shows the activity creating the risk, and users can be encouraged to discuss the reasons for this risk and ways of avoiding it, making the pack a valuable resource for teachers, therapists and others working with individuals and groups who do not fully appreciate risk and safety.

Cards included:

- Buying drugs • Talking to strangers • Skateboarding in a shopping precinct • Lack of hygiene in the kitchen • No seatbelts on a school bus • Drinking from a stream • Driving too close to a horse rider • Not washing hands after using the toilet • Blocked fire exit • Playing football in the street

AGE 6+ **CONTAINS** 44 A5 cards + booklet

ISBN 9780863884740 **ORDER CODE** E01-001-5160



Emotions & Expressions 2

This second and more complex set of emotion and expression cards will help tackle problems associated with children who have learned to talk but have not developed sufficient non-verbal understanding to enable them to hold effective conversations. Using the cards will enhance a child's ability to:

- Interpret facial expressions and body language
- Recognise the signals that indicate where people are
- Know what people might be doing, thinking, feeling or talking about
- Produce information relevant to the situation and people present
- Develop key observational skills
- Exhibit theory of mind - understand and empathise from another's perspective

The cards show four different age examples of the following emotions: interested; sad; angry; kind; scared; worry; share; bored; pleased; confused; fed up.

AGE 5+ **CONTAINS** 44 A5 cards + booklet

ISBN 9780863889844 **ORDER CODE** E01-001-5918

Emotions & Expressions

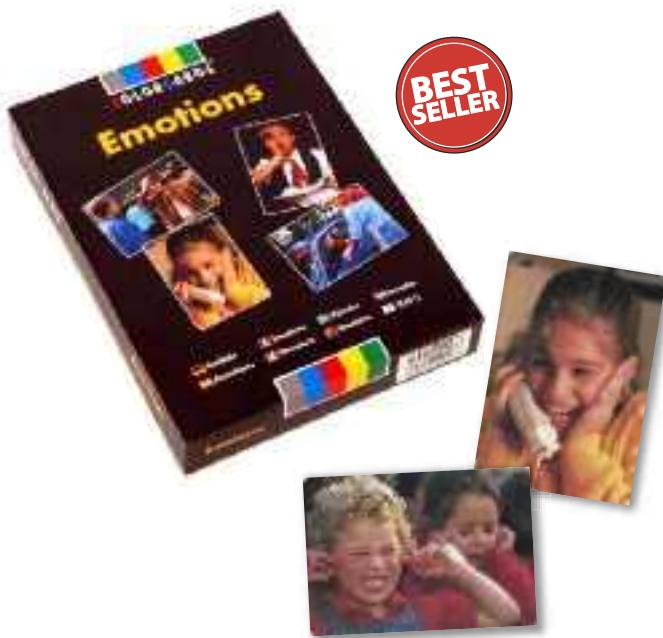
These cards are designed to initiate discussions about the emotions and responses shown through faces and body language, designed especially for children who don't recognise facial expressions, misread or misunderstand responses and struggle to behave appropriately. Emotions and expressions featured include:

- Worried • Dislike • Fed up • Scared • Shocked • Pleasure •
- Happy • Surprised • Sad • Confused • Angry • Love

The accompanying manual describes each image and underlines the importance of understanding facial expressions. A case study shows how behavioural issues have been addressed using the cards.

AGE 5+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863889271 **ORDER CODE** E01-001-5803



Emotions

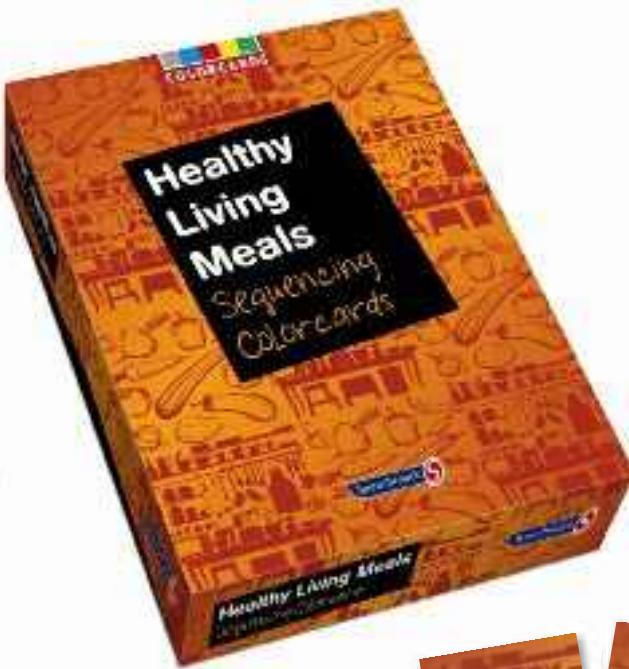
48 flashcards designed to promote awareness of and trigger discussion about feelings and emotions, such as:

- Individuals displaying emotions through facial expression and body language
- Situations involving people in familiar activities – but where difficulties are experienced and feelings adversely affected
- Situations involving people enjoying pleasurable activities and circumstances where they feel content

This is particularly helpful for developing self-esteem, citizenship and self-expression and is designed to provide an understanding of important body language messages.

AGE All ages **CONTAINS** 48 A5 cards + booklet

ISBN 9780863883613 **ORDER CODE** E01-001-3026



Healthy Living Meals

Aimed primarily at those who have language and/or sequencing difficulties, this engaging set of cards details all stages of meal preparation from shopping to cooking. Contents include illustrated ingredients card, equipment required card, step-by-step ingredient preparation and cooking cards and a recipe card. The meals in this set include:

- Stir Fry Chicken • Vegetable Soup • Chaat

AGE Adults **CONTAINS** 25 A5 meal cards + 40 A6 process sequence cards + booklet

ISBN 9780863889264 **ORDER CODE** E01-001-5802



Preparing Simple Snacks

Designed for those with language and/or sequencing difficulties, this resource encourages the sensible purchase and preparation of simple meals - thereby promoting independence. Contents include illustrated ingredients cards, equipment required cards, step-by-step ingredient preparation and cooking cards and a recipe card. The meals include:

- Beans on toast • Jacket potato • Simple sandwiches

IDEAL FOR • Vocabulary work • Classification • Language development • Story making • Sequencing

AGE Adults **CONTAINS** 25 A5 meal cards + 40 A6 process sequence cards + booklet

ISBN 9780863889257 **ORDER CODE** E01-001-5801



Categories

Comprising two sets of 96 identical pairs, Multi-Match has been designed for a variety of games, matching tasks and activities – such as pelmanism and lotto – suitable for children, adolescents and adults of all ages. Lotto Clip Frames are also included and these turn Multi-Match into an extensive and lasting lotto resource. The cards are categorised as ‘simple’ and ‘complex’ and can be used in different ways, for example by sorting them by colour, by pattern and shapes, same and different, what’s missing etc. Examples include:

- Black – hairdryer, cup and saucer, mobile phone, portable stereo
- Stripes – jug, socks, toothpaste, scarf
- Circles – paints, plates, coins, clock
- Spots – dog, mugs, dice, dominoes

AGE 3+ **CONTAINS** 192 (95 x 95mm) cards + booklet

ISBN 9780863883873 **ORDER CODE** E01-001-3730



Lotto Clip Frames

This clever device is designed for use with Multi-Match cards. One of the Multi-match pairs slots into the Clip Frame to make a customised lotto baseboard then the matching pair is placed on top as in any traditional lotto activity.

- Make up your own lotto baseboard using all or some of the 8 frames supplied. For example, you can have a baseboard of objects beginning with the letter "C" or items that are blue - the possibilities are endless
- Create and re-create your own customised gameboards instantly
- Actively customise the baseboard according to the needs of your client or the language activity, and grade the difficulty or the content of each task

AGE 3+ **CONTAINS** Pack of 8 Lotto Clip Frames

ISBN 9780863888335 **ORDER CODE** E01-001-4094

colorcards® Activities

Compact and practical, this handbook contains 101 effective and motivating teaching and therapy activities for using ColorCards® to develop language skills. Includes word lists and tips, organised into ten skill areas:

- Attention • Listening • Understanding • Auditory memory • Sequencing • Turn-taking
- Classification • Expression • Using language • Life skills

The handbook gives further ideas for working with this versatile and fun resource, and is ideal for speech language therapists, teachers and early years professionals, special needs teachers, EFL/ESOL teachers, occupational therapists, psychologists and other professionals working with language. With guidance, the activities can also be used by classroom assistants, students and carers.

AGE All ages **FORMAT** 128pp paperback handbook

ISBN 9780863885518 **ORDER CODE** E01-002-5296



High quality laminated picture cards for sound and picture matching activities – including a brilliant sound CD. This series will develop sound awareness, attention, concentration, active listening, auditory discrimination and vocabulary skills

Listening Skills - Scenes and Sounds Outdoor

A set of beautifully illustrated cards for matching scenes with an accompanying CD to match the sounds to the images

This set of cards and sounds illustrates five familiar scenes and five specific elements within those scenes to identify both visually and through sound. The scenes included are:

- At the beach
- On the farm
- At the park
- In the street
- In the garden

Each scene is represented by one large card with the associated elements on five smaller cards. Sounds connected to these are included on the accompanying CD. The booklet suggests ways to use the cards.

The cards and sounds will help develop a number of skills including visual discrimination; auditory discrimination; sound awareness and vocabulary development.

AGE All ages **CONTAINS** 5 A5 cards + 25 A6 cards + booklet + CD

ISBN 9781909301115 **ORDER CODE** E01-001-5946



Listening Skills Indoor Sounds Revised Edition

40 cards depicting 40 commonly heard indoor sounds accompanied by easily recognised pictures that are designed to enhance language development. Includes ten sounds within four groups:

- Human sounds – whistling, singing, snoring, laughing, yawning
- Everyday sounds – telephone, knocking, clock, bell, eating an apple
- Activity sounds – computing, hammering, shaving, breaking eggs
- Leisure sounds – piano, bouncing a ball, personal stereo, sewing machine

AGE 4+ **CONTAINS** 40 A5 cards + CD

ISBN 9780863885204 **ORDER CODE** E01-001-5194



Listening Skills Outdoor Sounds Revised Edition

40 cards depicting sounds to enhance language development. Divided into four sets, the cards include forty commonly heard outdoor sounds including mobile phone, car alarm and skateboarding. The sets are:

- Animals & birds - bee, sheep, ducks, horse,
- Out & about – traffic, mower, waves, car alarm
- Having fun – fireworks, tennis, swimming
- Transport – car, train, aeroplane, helicopter

AGE 4+ **CONTAINS** 40 A5 cards + CD

ISBN 9780863885211 **ORDER CODE** E01-001-5199



Listening Skills Sequencing Sounds Revised Edition

A sound and picture-matching activity that involves the recognition of short sound sequences. The pack includes 40 laminated photocards and a CD containing the forty individual sounds. Each step of every sequence is illustrated. The sequences are well known and familiar to most students.

The 2-step sequences include:

- Cleaning teeth
- Birthday cake candles
- Alarm clock

The 3-step sequences include:

- Having breakfast
- Playing percussion instruments
- Having a drink

AGE 4+ **CONTAINS** 40 A5 cards + CD

ISBN 9780863885228 **ORDER CODE** E01-001-5204



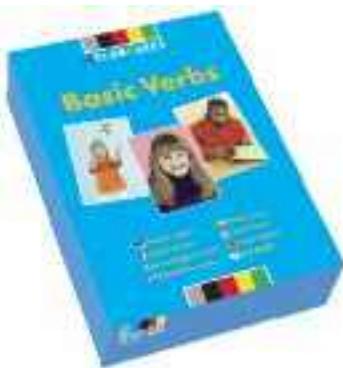
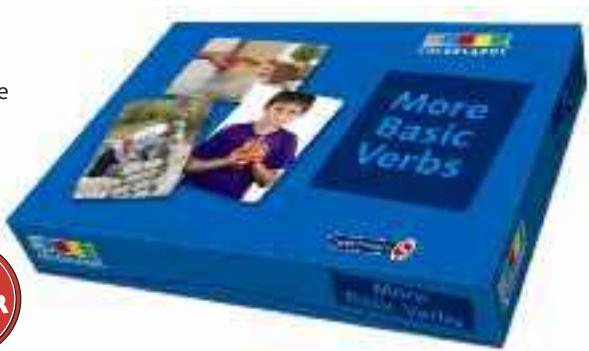
More Basic Verbs

A set of 36 fresh A5 cards, featuring basic verbs not included in the first Basic Verbs Colocard® set but also frequently encountered in day to day life. The cards illustrate commonly used verbs in simple settings - each card can be selected for use independently, or grouped with others for use in encouraging discussion and consideration about the topic depicted. Examples include:

- The sisters are arguing • The boy is singing • The brothers are crossing the road
- The man is building a house • The boy is drinking from a straw

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301269 **ORDER CODE** E01-001-5961



Basic Verbs

Clear images, showing both male and female subjects of different ages and ethnic groups, depict the most frequently used and easily recognisable verbs. These photographic cards include:

- The boy is brushing the dog • The girl is yawning • The girl is dancing • The boy is opening the box • The boy is laughing • The girl is walking

AGE 4+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863884764 **ORDER CODE** E01-001-5163

Expressive Verbs

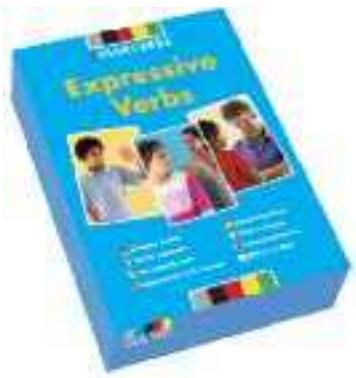
48 vibrant and often humorous cards showing actions and expressions implying a range of states, reactions, intentions and emotions that are used for effective communication. The images portray the use of fingers, hands, face, mouth, eyes, body and feet, and include:

- The girl is counting on her fingers • The boy is crying • The boy is waving • The girl is stamping her foot
- The girl is sticking out her tongue

A valuable resource for developing verbal and non-verbal expression, creative thought, complex syntactical structures, and an understanding of non-verbal language and cultural diversity.

AGE 4+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863885259 **ORDER CODE** E01-001-5216



Familiar Verbs

Follow-up to 'Basic Verbs', this 48- card set shows images of other frequently used and easily recognised verbs.

Objects have been added to give an idea of place and to encourage expressive language. Actions shown include empty (bucket), pour (drink), spill (soup) and tie (shoelaces). Using context the verbs include:

- The girl is biting a chocolate bar • A boy is blowing bubbles • The girl is copying a word • The boy is grating some cheese • The girl is making a paper flower • The boy is mixing the cake mixture.

AGE 4+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863885198 **ORDER CODE** E01-001-5209

Adjectives

A variety of different adjectives are illustrated, designed to help develop comprehension and expression of adjectives. The concepts and vocabulary relate to common experiences and cover a wide range of ages, interests and language abilities. Examples include:

- Big and little – parcels, hats, balls, sunglasses, teddies • Long and short – hair, socks, dresses, ribbons, sleeves and trousers • Clean and dirty – faces, trousers, plates, arms and legs • Open and closed – lunch boxes, umbrellas, books, jewellery boxes • Wet and dry – girls, hands, painting, hair

AGE 4+ **CONTAINS** 48 A5 cards + booklet

ISBN 9780863883910 **ORDER CODE** E01-001-0765



ColorLibrary® are file boxes containing 96 cards divided into 6 categories. A rich resource of essential vocabulary, these cards can be used effectively to enhance a range of language skills such as:

- Developing verbal comprehension • Vocabulary building • Developing communication skills
- Encouraging expressive language • Classification



ColorLibrary® Food

Enhance communication skills using a set of cards that features food items without its packaging. The cards can be used in a multitude of ways and at different levels of difficulty: for example, sort the cards into their various categories or identify individual items by asking questions such as: 'Which is the bread', or 'Which one is made with flour?' The categories are:

- Fruit – apple, orange, pineapple, • Vegetables – cabbage, leeks, potatoes,
- Basics – bread, flour, eggs, • Prepared Food – curry and rice, steak and chips, pizza, • Drinks – beer, coffee, water, • Snacks – hot dog, crisps, ice-cream

AGE 3+ **CONTAINS** 96 A6 (105 x 148mm) cards + booklet

ISBN 9780863883989 **ORDER CODE** E01-001-1245

ColorLibrary® Home Revised Edition

Cards showing modern images of furniture and household items can be used to enhance communication skills or provide starting points for conversation or an excellent sorting activity – for example 'Show me the TV' or 'Which one is for cooking the food?'. Also an excellent resource for vocabulary work, the categories are:

- Living Room – such as armchair, house-plant, TV, • Kitchen – such as broom, cooker, washing machine • Bedroom – such as bed, mirror, wardrobe • Bathroom – such as bath, toothbrush, bathroom scales • Office – such as printer, telephone, bin • Garden & Shed – such as lawnmower, deckchair, barbecue

AGE 3+ **CONTAINS** 96 A6 (105 x 148mm) cards + booklet

ISBN 9780863886249 **ORDER CODE** E01-001-5392



ColorLibrary® Possessions

These cards can be used in all aspects of language development and teaching. They are ideal as conversation starters or the user can be asked to sort the cards into categories. The categories are:

- Care – pills, glasses and walking stick
- Children – toys, satchel and lunch box
- Domestic – book, camera and sewing machine
- Leisure – chess, guitar and knitting
- Personal – wallet, jewellery and keys
- Toiletries – razor, make up and hair brush

AGE 3+ **CONTAINS** 96 A6 (105 x 148mm) cards + booklet

ISBN 9780863883880 **ORDER CODE** E01-001-1398



ColorLibrary® Transport & Vehicles

This transportation set can be used as a starting point for conversation, sorted into appropriate categories and other activities. The categories are:

- Air – plane, glider and rocket
- Water – hovercraft, barge and rowing boat
- Rail – train, monorail and underground
- Personal – car, caravan and horse box
- Cycles – scooter, mountain bike and tandem
- Service/work – ambulance, dustbin lorry and oil tanker

AGE 3+ **CONTAINS** 96 A6 (105 x 148mm) cards + booklet

ISBN 9780863883934 **ORDER CODE** E01-001-2214

ColorLibrary® Animals & Birds

This set of 96 cards, featuring living creatures from around the world, can kick-start conversations about the subjects or be used in exercises such as sorting the items by category. The difficulty can be varied, for example, 'Point at the bird' or 'Which one lays eggs?' The categories are:

- Wild land animals – elephants, lion, mouse
- Domestic animals – cat, dog, horse
- Insects/minibeasts – butterfly, housefly, wasp
- Reptiles and amphibians – alligator, frog, snake
- Marine life – crab, dolphin, lobster
- Birds – duck, owl, sparrow

AGE 3+ **CONTAINS** 96 A6 (105 x 148mm) cards + booklet

ISBN 9780863885105 **ORDER CODE** E01-001-2215



ColorLibrary® Sports & Leisure

A popular choice for classroom or clinic, this set illustrates sport and leisure activities and can be used to enhance communication or sorting skills. Various levels of difficulty can be applied, for example, 'Show me the game of tennis', or 'Which ones need a ball?' The categories are:

- Adventure Sports – ballooning, rallying, water skiing
- Team Sports – football, cricket, polo
- Individual Sports – tennis, fencing, running
- Hobbies – cycling, fishing, gardening
- Pastimes – chess, music, reading
- Entertainment – art galleries, sightseeing, watching TV

AGE 3+ **CONTAINS** 96 A6 (105 x 148mm) cards + booklet

ISBN 9780863885099 **ORDER CODE** E01-001-1647

ColorLibrary® Occupations

Kick start a conversation about occupations, or sort the cards into categories to enhance understanding. For example, 'Show me the nurse' or 'Which one works in a hospital?' .The categories are:

- Arts & Crafts – bookbinder, piano tuner, sculptor
- Trades – plumber, butcher, welder
- Health workers – dentist, nurse, optician
- Public services – fireman, postman, teacher
- Transport – bus driver, pilot, train-driver
- General – designer, scientist, chef

AGE 3+ **CONTAINS** 96 A6 (105 x 148mm) cards + booklet

ISBN 9780863883804 **ORDER CODE** E01-001-1648





Life Times colorcards®: World War Two

36 photographic cards depicting daily life during World War II. Subjects include people, places and events that shaped everyday life and that left an enduring legacy, such as Land Girls bringing in a harvest, bombed out house; evacuated children complete with labels. Other subjects include:

- Army, Navy and Air Force • Home Guard • School Life
- Digging for Victory • Family life • Rationing • Air Raids and shelter • Prisoners of war • Political figures • Remembrance
- Entertainment

The cards will encourage participants to recall and discuss their own personal experiences. An accompanying booklet contains ideas for use and discussion points.

AGE Adult **CONTAINS** 36 A5 cards + booklet

ISBN 9780863887949 **ORDER CODE** E01-001-5680

Life Times colorcards®: Life Events

36 cards depict key events and experiences that shape our lives, giving an opportunity to reflect on how events may affect the individual, family, friends or group. Participants are encouraged to recall and discuss their own personal experiences.

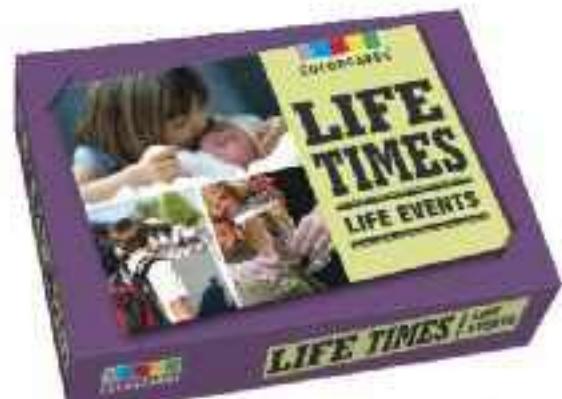
Subjects include:

- Birth of a sibling • First day at school • Running away from home
- Moving house • Becoming a parent • Acquiring a pet • Car crash
- Serious illness or disability • Death of a relative or friend • Time with family or friends • Holidays • Walks • First day at work • Passing an examination • An act of bravery

Also included is a booklet containing ideas for use and discussion points.

AGE Adult **CONTAINS** 36 A5 cards + booklet

ISBN 9780863888748 **ORDER CODE** E01-001-5758



Reminiscence Cue Cards 50s/60s

Places, items and moments collected from the 50s and 60s to remind and engage

This set of cards looks back to the 50s and 60s, rediscovering everyday moments, possessions and activities that were prominent at that time.

The cards are particularly useful when used in conjunction with life history work sessions, especially to facilitate and develop the recollection and discussion of people, events, experiences and stories from the past.

The realistic and respectful cards are loosely grouped into Moments, Places, Possessions, and Activities, and are able bring memories to life to be shared with others.

Examples of cards include:

- Record player • Reel to reel tape recorder • 50s train carriage

AGE All ages **CONTAINS** 36 A5 cards + booklet

ISBN 9781909301160 **ORDER CODE** E01-001-5951

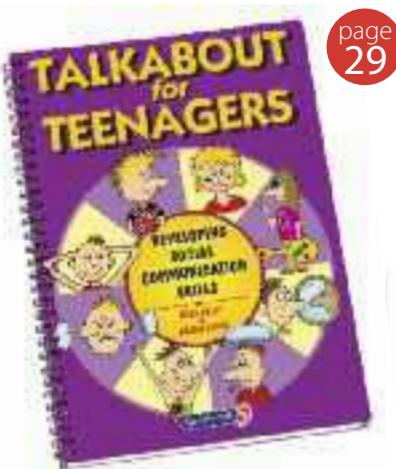


Welcome to Speech & Language

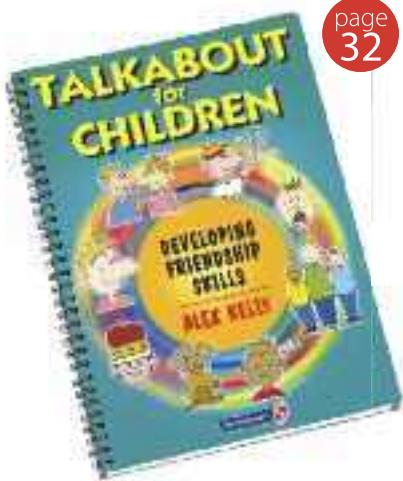
Practical and stimulating resources created by experts to help develop speech and language skills.

More new resources are available online at www.speechmark.net

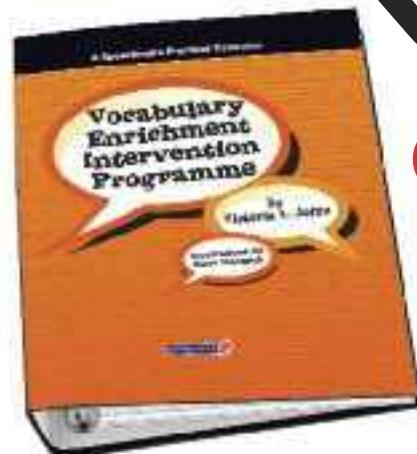
Best Sellers



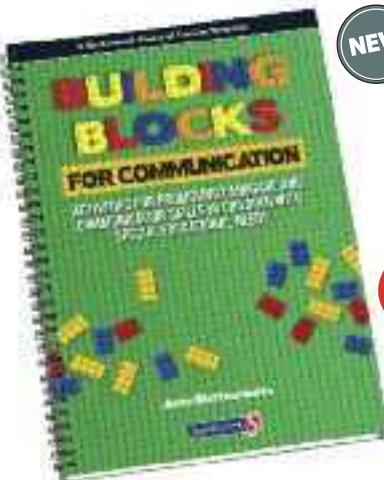
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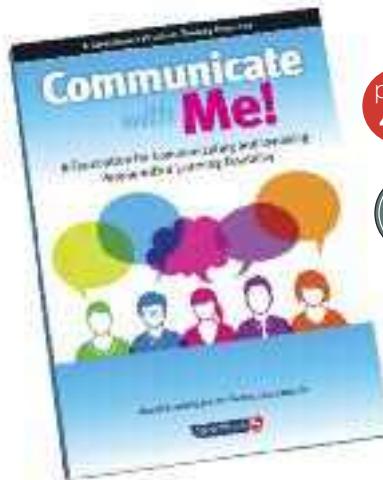
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NEW

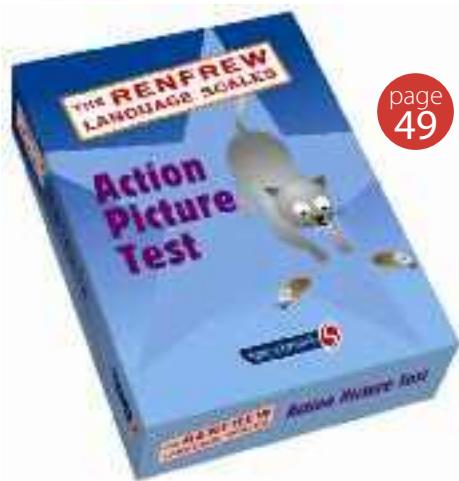
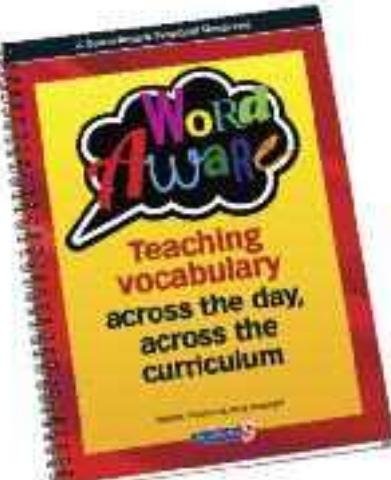
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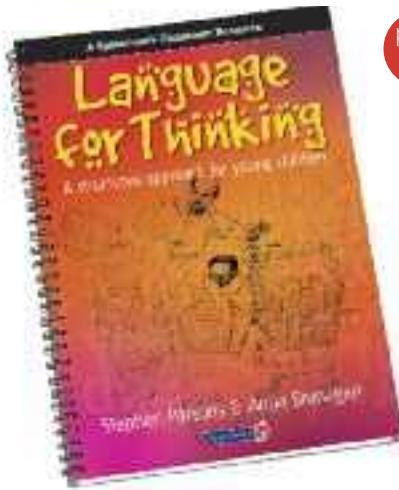


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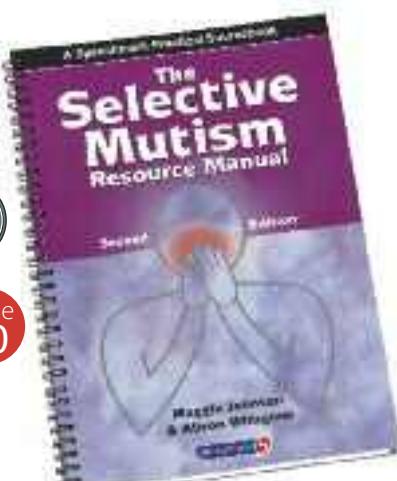
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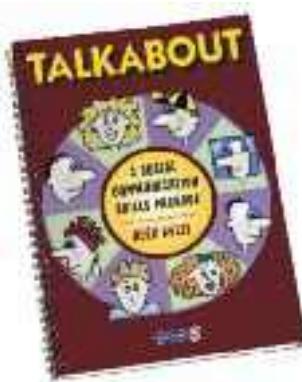


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NEW

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Talkabout

Alex Kelly

This hugely popular photocopiable manual provides a framework for the development of social skills which can be used with all age groups. Beginning with a basic assessment to evaluate the client's selfness, as well as the awareness of others, the programme has six levels:

- Awareness of self, including physical appearance, likes, dislikes and problem solving
- The processes needed to improve conversational and listening skills
- Allowing clients to assess their own communication skills • Awareness and use of assertiveness skills
- Eight levels of body language • Talkabout the way we talk, improving paralinguistic skills

AGE 7+ **FORMAT** 161pp, A4 (297 x 210mm), illustrated, wire-o-bound

ISBN 9780863883231 **ORDER CODE** E01-002-2614



Talkabout for Teenagers

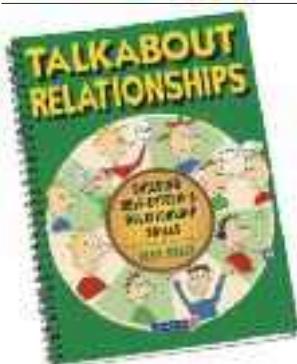
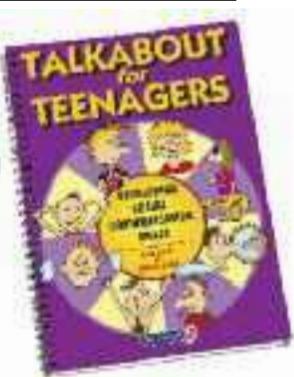
Alex Kelly & Brian Sains

The Talkabout series is a successful, hierarchical approach to teaching social skills and Talkabout for Teenagers is ideal for all professionals running social and relationship skills groups with older children and young adults with social, emotional or behavioural difficulties for running social and relationship skills groups with older children and young adults.

Divided into five modules – self awareness and self esteem; body language; conversational skills; friendship skills; assertiveness skills – each includes a teaching plan with worksheets and photocopiable resources. The text also features a short guide to running successful social groups.

AGE 12-19 **FORMAT** 240pp, A4 (297 x 210mm), wire-o-bound + CD

ISBN 9780863887826 **ORDER CODE** E01-002-5671



Talkabout Relationships

Alex Kelly

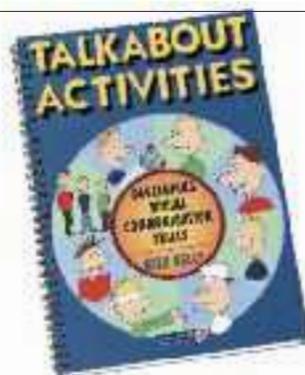
This new edition reflects current research on how people with learning disabilities develop relationships.

This groupwork resource, ideal for teachers or anyone working with people who are having difficulties in making or maintaining friends. This practical resource:

- Is designed to help teachers or therapists encourage self-esteem and relationship skills within a group setting in a structured way • Includes a staff rating assessment of a client's relationship skills and criteria for inclusion in a relationships group

AGE 7+ **FORMAT** A4 (297 x 10mm), 172pp wire-o-bound

ISBN 9780863884054 **ORDER CODE** E01-002-5118



Talkabout Activities

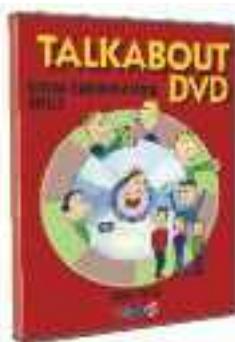
Alex Kelly

This photocopiable resource is packed with 225 group activity ideas for those running social skills training for children and adolescents. The first section covers general group cohesion activities that can be used as starting or finishing activities, while the remainder is divided into six levels:

- Self- and other awareness • Awareness of communication; body language • The way we talk
- Conversational skills • Assertiveness

AGE 7+ **FORMAT** 256pp, A4 (297 x 210mm), wire-o-bound

ISBN 9780863884047 **ORDER CODE** E01-002-5117



Talkabout DVD

Alex Kelly

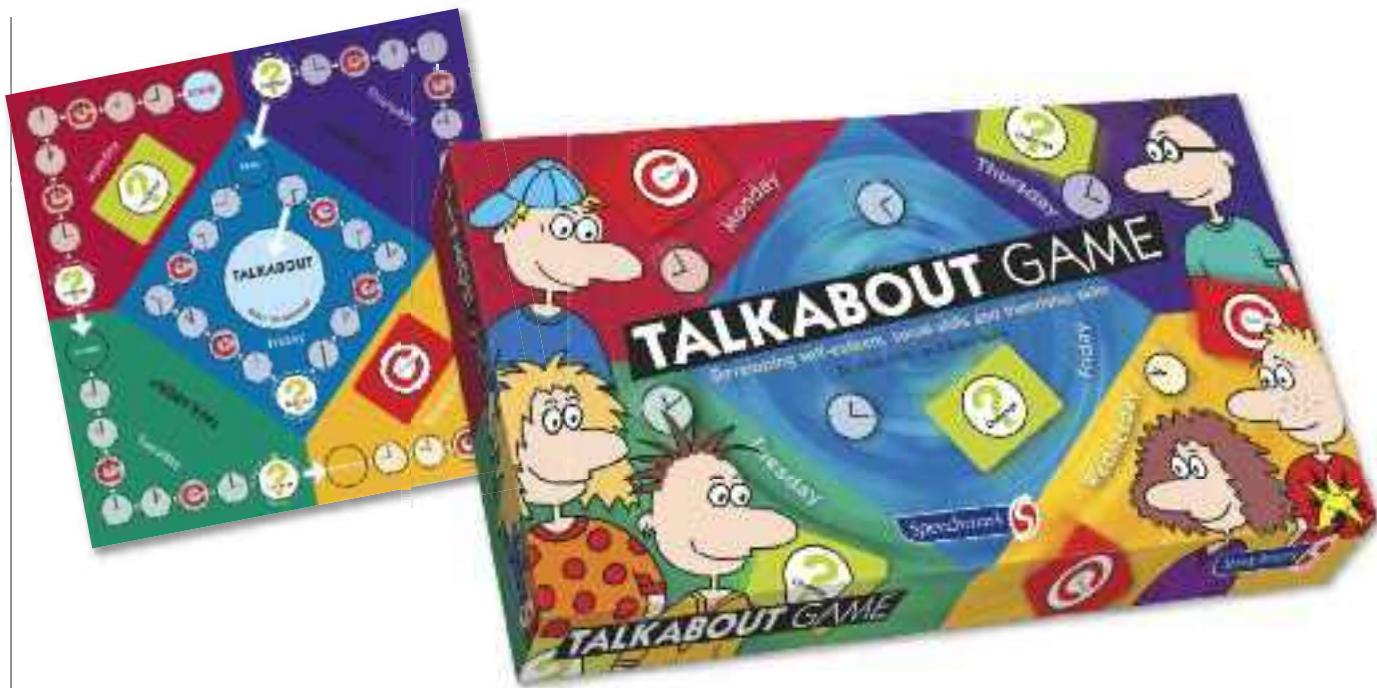
This DVD demonstrates 40 varied scenarios for each skill being taught, modelling both good and bad behaviour. The ages and settings have been chosen to stimulate discussions and cover the following areas:

- Me and you • Communication • Body language • The way we talk • Conversations • Assertiveness

Especially useful for professionals already running a social skills programme or working with people with Autism Spectrum disorders, learning disabilities or social communication disorders. This resource is ideal for use in conjunction with the classic Talkabout manual.

AGE 7+ **FORMAT** DVD + booklet

ISBN 9780863885679 **ORDER CODE** E01-003-5314



Talkabout Board Game

Alex Kelly & Brian Sains

A fun way to develop five key skill areas, this board game has been designed to support work on social communication skills, self esteem and friendship skills. It is a journey through the week where a player will need to demonstrate understanding in order to progress.

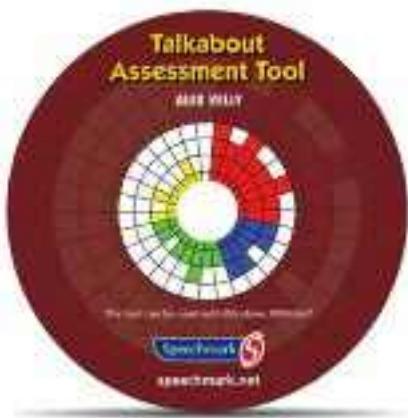
The purpose of the game is to work together and there is no outright winner. Once a player has got to the middle of the board, their role is to help the others to get there too. The game can be played at six different levels, using the different colour-coded packs to work on different skills in any combination of the below:

- Self-awareness and self-esteem • Body language
- Conversational skills • Friendship skills • Assertiveness skills

AGE 7-16, 2-6 players **CONTAINS** 1 game board, 6 Talkabout character pieces, 5 sets of Talkabout challenge cards; 1 set chance cards, dice boxed

ISBN 9780863888281 **ORDER CODE** E01-003-5741





Talkabout Assessment Tool CD

Alex Kelly & Brian Sains

This CD provides an assessment of social skills in the following areas:

- Body Language – eye contact; facial expressions; gestures; distance; touch; fidgeting; posture and personal appearance
- The Way We Talk – volume; rate; clarity; intonation; fluency
- Conversation – listening; starting a conversation; taking turns; asking questions; answering questions; being relevant; repairing; ending a conversation
- Assertiveness – expressing feelings; standing up for yourself; making suggestions; refusing; disagreeing; complaining, apologising; requesting explanations

The assessment tool provides a visual summary of a person's non-verbal, verbal and assertiveness skills and is an excellent starting point for planning appropriate intervention.

AGE 7+ **FORMAT** 190 x 135mm CD + booklet

ISBN 9780863888052 **ORDER CODE** E01-003-5719

Talkabout Cards – Self Awareness Activities

Alex Kelly

20 group games to encourage self awareness and effective social skills. Fun, quick and easy to play, these games feature the familiar Talkabout drawings that provide visual cues.

The set includes, 10 pictures in each category: physical appearance, personality, topics, qualities and emotions. The cards have been colour coded for easy recognition, and activities can be made easier or harder by increasing or decreasing the number of cards.

AGE 7+ **CONTAINS** 51 illustrated cards 82x126mm +booklet

ISBN 9780863889011 **ORDER CODE** E01-003-5770



Talkabout Cards – Group Cohesion Activities

Alex Kelly

This collection of 20 games designed to help group cohesion can be used to enhance a social skills activity or as a warm up or finishing game. Fun, quick, easy to play, the game use the familiar Talkabout drawings for visual cues. Contents include:

- 20 group games, each game card includes instructions for playing the game and colour coding to show which cards are best to use.
- 50 illustrated cards, with 10 pictures for each category: animals, food, objects, actions and emotions. The cards have been colour coded for easy recognition.

AGE 7+ **CONTAINS** 50 cards 82 x 126mm + booklet

ISBN 9780863888991 **ORDER CODE** E01-003-5768



Talkabout for Children 1, 2, 3

Alex Kelly

All three items: **AGE** 4+ **FORMAT** A4 (297 x 210mm), 280pp, spiral bound + CD

Three practical resources packed with activities and games for developing self awareness and self esteem, social skills and friendship skills. Excellent first steps for any social skill programmes dedicated to these important areas in personal development, each resource includes:

- An assessment of self awareness and self esteem • A CD with colour versions of the activities to print out and use • Teaching plans to help incorporate groups into the school curriculum • An introduction to working with children with social skills difficulties • Lots of activities to develop self awareness and self esteem
- 25 excellent group cohesion activities to use within your groups • Forms and evaluation sheets to help with the smooth running of groups

These resources are popular with teachers, therapists and children; children in particular love the new Talkabout characters that help them understand the concepts. These are a must-have for anyone working with young children, or children with special needs surrounding self awareness or self esteem.

Talkabout For Children 1

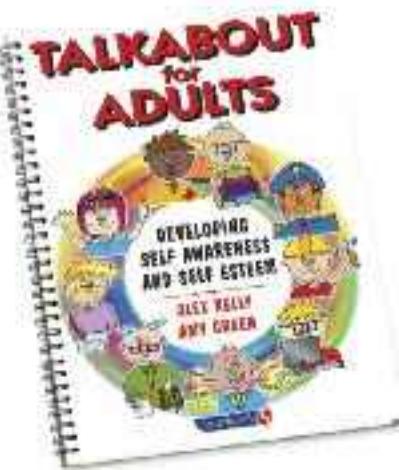
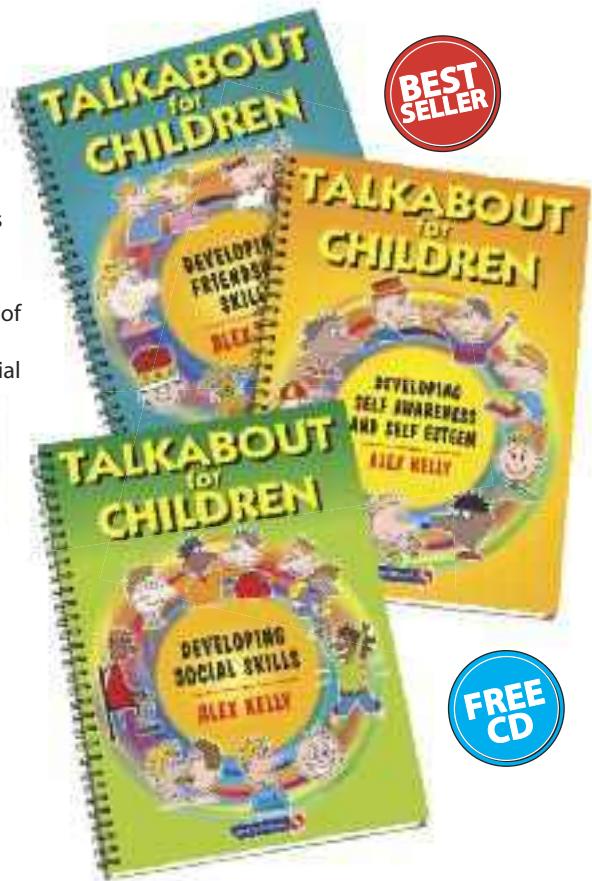
ISBN 9780863888274 **ORDER CODE** E01-002-5740

Talkabout for Children 2

ISBN 9780863888694 **ORDER CODE** E01-002-5746

Talkabout for Children 3

ISBN 9780863889196 **ORDER CODE** E01-002-5747



Talkabout for Adults

Alex Kelly

Talkabout for Adults is a practical resource to help therapists or support staff to develop self-awareness and self-esteem in adults. It has been particularly aimed at adults with an intellectual disability (learning disability) or older children with special needs. Talkabout for Adults is a stand-alone resource with approximately a year's worth of activities to develop self-awareness and self-esteem. Successfully piloted at Speaking Space, it includes:

- A short assessment leading onto a year's worth of work on self-awareness and self-esteem • Practical suggestions to make your group work successful including 25 group cohesion activities, a plan for intervention, and forms for monitoring and evaluation..

AGE All ages **FORMAT** 216pp, A4 (297 x 210mm), wire-o-bound

ISBN 9780863889936 **ORDER CODE** E01-002-5927

Talkabout Posters

Alex Kelly

A superb set of posters designed to complement the Talkabout range. The posters provide visual stimulus to support work on social skills covering:

- Talkabout Talking – How do we communicate?; the way we talk; starting a conversation; ending conversations; listening.
- Talkabout Assertiveness – Assertiveness; making suggestions; apologising; disagreeing; refusing; express your feelings.
- Talkabout Friendship – Giving compliments; coping with anger; peer pressure; coping with peer pressure; coping with jealousy.

AGE 7+ **FORMAT** 16 A3 posters

ISBN 9780863888069 **ORDER CODE** E01- 003-5720



Vocabulary Enrichment Intervention Programme

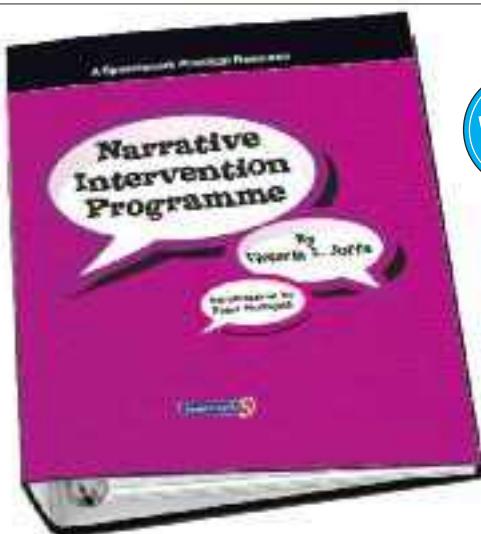
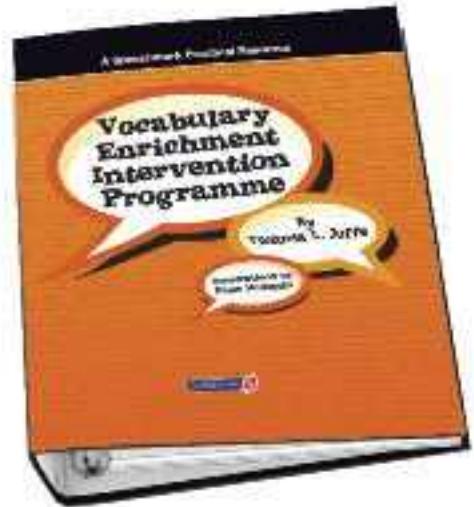
Victoria Joffe

This programme aims to:

- Create awareness of the benefits of an improved vocabulary
- Encourage an interest in words and meanings and identify their role and use in language and social interaction
- Introduce the word map and explore root and base words, suffixes and prefixes, synonyms and antonyms and the origins of words
- Focus on themes taken from the National Curriculum
- Enhance the understanding and use of figurative and idiomatic language
- Introduce a range of cueing techniques to aid in word retrieval
- Provide effective strategies for word learning
- Teach an effective and realistic use of the dictionary and thesaurus

AGE 8-18 **FORMAT** 584pp, A4 (297 x 210mm), ring binder + CD

ISBN 9780863887987 **ORDER CODE** E01-002-5684



Narrative Intervention Programme

Victoria Joffe

This programme aims to:

- Create an awareness of how storytelling can be used to enhance learning
- Facilitate storytelling and enhance the joy and enjoyment in telling stories
- Identify different types of narratives and provide examples
- Encourage effective listening and attention skills
- Examine different ways to make story production more interesting through vocal variety, body language and print
- Encourage the use of the story planner in planning and structuring essays in the classroom and for homework

AGE All ages **FORMAT** 390pp, A4 (297 x 210mm), ring binder + CD

ISBN 9780863887970 **ORDER CODE** E01-002-5683



Favourite Idioms & More Favourite Idioms

Victoria Joffe

Do you 'see red' or get 'hopping mad' when people use phrases you don't understand? For those on the autism spectrum or when English isn't their first language, these everyday phrases are completely baffling. These sets of cards humorously depict well-known idioms and the accompanying detailed booklet provides a dictionary meaning for each card, and a range of ideas and activities for use.

Both items – AGE All Ages **FORMAT** 36 cards, 85 x 125mm per pack + booklet.

Favourite Idioms: **ISBN** 9780863889653 **ORDER CODE** E01-003-5895

More Favourite Idioms: **ISBN** 9780863889837 **ORDER CODE** E01-003-5917



You Choose – Communication Cards

Sue Nicholls

This resource is born out of a passion to get people talking. You Choose! encourages people to chat about themselves and what they like, building up their confidence, self-esteem and a sense of personal identity. It's also a chance for listening, questioning and social interaction.

- All age; with individuals or in small groups
- At school (eg pse lessons, 1-1 learning support), for speech and language therapists, special educational needs workers, play workers, youth workers, group leaders and families
- Adaptable: 5 min ice breaker, warm-ups, circle time topics, time fillers, workshop sessions
- The cards may be particularly useful for building good working relationships with individuals and groups prior to addressing more complex or challenging issues.

AGE All Ages **FORMAT** 60 cards, A5 (105 x 148mm) + instruction booklet, boxed

ISBN 9780863889905 **ORDER CODE** E01-003-5924



Storyboards 2

Felicity Durham

StoryBoards 2 follows the same successful format as StoryBoards, but introduces fantasy locations and suggests activities and outcomes to encourage children to understand how to develop imaginative writing.

The activities provide a framework which helps them to use their imagination to invent their own storylines and endings. The story elements include: Where did you go? (e.g. desert island, under the sea, fairy castle, underground, dark forest, outer space). When did you go? How did you get there? What did you see? How did you feel? What happened?

StoryBoards 2 can be used effectively with both individuals and groups.

AGE 4-11 **CONTAINS** Boxed set, game boards, colour cards & 75pp booklet

ISBN 9780863887482 **ORDER CODE** E01-003-5599



StoryBoards

Felicity Durham

A simple, fun game to help children with language and communication difficulties develop their narrative skills, that can be easily incorporated into classroom activities and relates directly to the UK National Curriculum.

Using game boards and picture cards, StoryBoards helps children to visualise and practise telling a story through identifying and sequencing the essential elements. 2.

'Great for children who need extra help in structuring their ideas and expressing themselves through narratives' *The Good Toy Guide*

AGE 4-11 **CONTAINS** 8 StoryBoards, 2 storycard boards, 90 storycards, 6 lotto boards, 1 double-sided photocopyable story planner, 1 colour coded dice, 56pp manual, boxed

ISBN 9780863885532 **ORDER CODE** E01-003-5279



Storyteller – Communication Cards

Alison Roberts

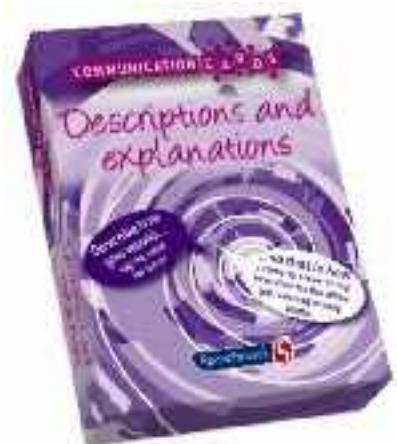
Narratives are necessary every day – to share what happened or to retell the story of a film or TV show. For some it is a daunting prospect; these cards provide a loose framework to use as practice by, teaching how to structure imaginary stories. The aim is to develop the skills of creating a story, memorising it enough to process it and then narrate it. Apart from practice at 'working in' an idea, the word cards, can also help with vocabulary development too.

The 60 cards in this set consist of:

- Story Title cards
- Story Starter cards
- Words to include in your story cards
- Unusual words to include in your story
- Words with meanings for you to invent and include in your story
- Story Endings

AGE 12+ **CONTAINS** 60 cards + manual, boxed

ISBN 9780863889615 **ORDER CODE** E01-003-5878



Descriptions and Explanations – Communication Cards

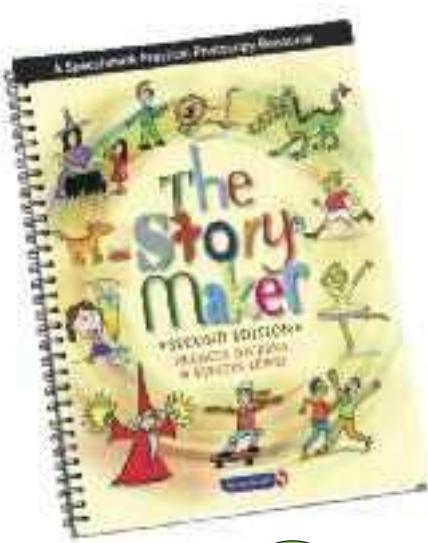
Alison Roberts

This activity is designed to help young people to improve their skills of describing and explaining, two important areas of narrative work. Sometimes although ordinary sentence structures may be managed fairly well, a student may struggle to describe a process or account for an outcome.

The set contains 60 cards, consisting of 30 'Describe' cards, and 30 'Explain' cards. The 'Describe' cards aim to help students practise and develop the ability to narrate a process, while the 'Explain' cards promote the ability to inform others how a situation has come about.

AGE 12+ **CONTAINS** 60 cards + booklet 60pp paperback

ISBN 9780863889608 **ORDER CODE** E01-003-5877



The Story Maker

Frances Dickens & Kirstin Lewis

This innovative handbook aims to help children of all abilities write creatively. Its strong visual emphasis will inspire children to write their own stories and expand their vocabulary, while narrative planning explores story development and how links can be made. Writer's tips front each of the twelve story elements; characters; feelings; size; speech & sound; speed; settings; texture; colours; objects; time; and weather.

The Story Maker is integral to teaching the National Literacy Strategy Objectives at Key Stages 1, 2 and 3 and contains:

- Separate introduction for older children who can work alone
- Photocopiable storyboards at the beginning of each section to encourage children to sequence

AGE 4-11 FORMAT A4 (297 x 210mm), 178pp wire-o-bound

ISBN 9780863886027 ORDER CODE E01-002-5367



Award Winner
British Book Design



Production Award
Primary Education Winner

The Story Maker Motivator

Frances Dickens

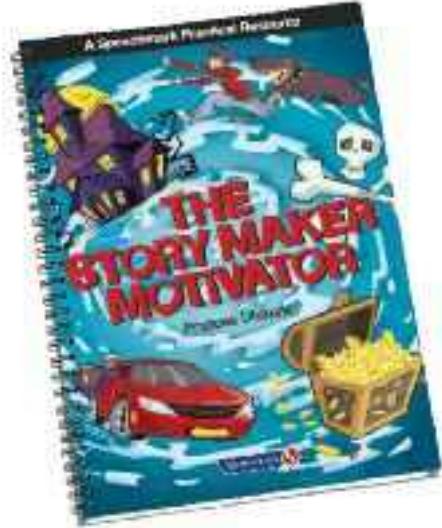
A stimulating creative writing and thinking resource book for secondary school students

This unique handbook and practical guide develops imagination, expands horizons and enriches the creative writing process for all students. Visually enticing, clear and comprehensive, it includes a CD for printing the lesson plans and worksheets and features reading lists, a mixture of scenarios, photographs and illustrations. Topics covered includes:

- Narrative planning • Beginnings , cliffhangers, suspense hooks, endings
- Objects • Characters • Feelings • Settings • Speech and sound • Descriptive story elements • Thesauruses • Samples of usage

AGE 11-18 FORMAT A4 (297 x 210mm) wire-o-bound

ISBN 9780863886683 ORDER CODE E01-002-5434



StoryCards Narrative

Sue Duggleby & Ross Duddleby

48 cards designed to make children aware of the basic structure of a simple story ie beginning, middle and end. The stories encourage children to consider Who? Where? When? and What happens? The four stories each told through 12 cards are:

- Sulu the Lion – Lions can't climb trees... or can they? • Rolo the Hippo -- This isn't my pool! • Mala & Rosie – Big elephant, little elephant • Dot the Giraffe – Who's eaten the jam?

Developing narrative skills will always be fun when using these beautifully illustrated picture stories and character puppets! As well as the stories, each card comes with a photocopiable tool for students to create their own stories from the characters and situations.

AGE 4+ CONTAINS 48 cards, + booklet + four felt animals

ISBN 9780863885495 ORDER CODE E01-003-5294



Building Blocks for Communication

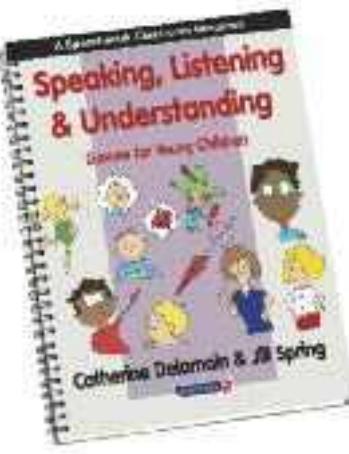
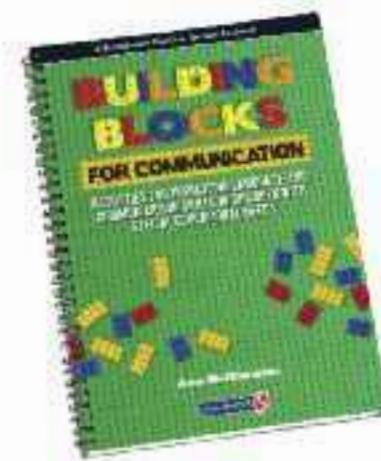
Amy Eleftheriades

This practical book provides school staff with lots of LEGO®/other building block activities to use with children of all ages (5-16) to improve communication skills. Whether it is whole class doing group building activities to encourage collaborative working or paired work to target specific communication difficulties, this book is packed full of engaging, fun activities to suit all ages and abilities. Building blocks never fail to entertain.

Designed to look like play, each activity is structured to target the development of particular skills needed for successful learners, including many that focus on basic literacy and numeracy vocabulary.

AGE 5-16 FORMAT A4 (210 x 297), 80 pp, spiral bound

ISBN 9781909301375 **ORDER CODE** E01-002-5998



Speaking, Listening and Understanding

Catherine Delamain and Jill Spring

Graded games and activities designed to build communication skills in children aged from 5-7, outlined in Speaking and Listening in the English National Curriculum Key Stage One.

- Activities are divided into Understanding Spoken Language (including following instructions and thinking skills) and Using Spoken Language (including describing, explaining, and playing with words)
- Each activity is designed to be carried out by teachers, classroom assistants or volunteers
- Incorporates user-friendly tools for assessment, target setting and evaluation
- Includes photocopiable material to support the activities

AGE 5-7 FORMAT A4 (297 x 210mm): 312pp, wire-o-bound

ISBN 9780863884337 **ORDER CODE** E01-002-5139

Developing Baseline Communication Skills

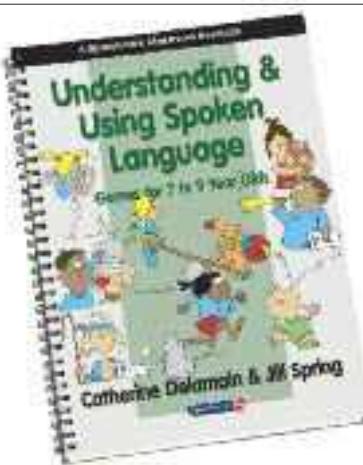
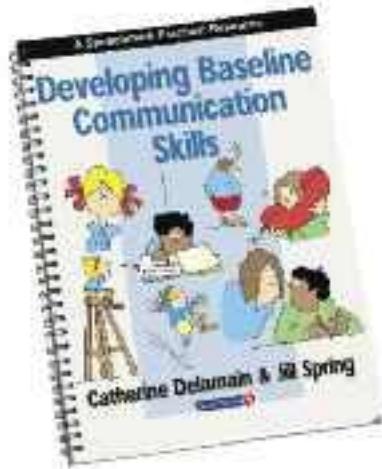
Catherine Delamain and Jill Spring

200 games and activities to address the problem of children entering reception classes without the listening, understanding and speaking skills they need.

- Designed for 4-5 year olds in nursery education, playgroups, reception classes and speech language therapy clinics
- Appropriate for both mainstream and special schools
- Graded into level of difficulty, for whole classes or smaller groups
- Guidance on how to easily incorporate into the existing school curriculum
- With photocopiable templates and simple record sheets

AGE 4-5 FORMAT A4 format (297 x 210mm): 304pp + CD, wire-o-bound

ISBN 9780863884818 **ORDER CODE** E01-002-4757



Understanding and Using Spoken Language

Catherine Delamain and Jill Spring

This collection of original games and activities is designed to promote skills in children aged 7- 9, as outlined in the Speaking and Listening section of the English National Curriculum.

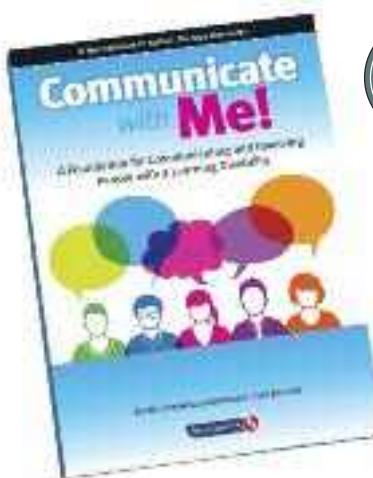
- Designed to be used by mainstream teachers with the relevant age group, as well as with older children with impaired communication
- Divided into two areas (Understanding spoken language and using spoken language) with each organised along broad developmental lines
- Clear and simple instructions can be carried out by teachers, speech and language therapists, classroom assistants or volunteers, in both whole class and small group contexts

AGE 7-9 FORMAT A4 (297 x 210mm): 296pp, wire-o-bound

ISBN 9780863885150 **ORDER CODE** E01-002-5183



Education Resources
Awards
Primary Books Winner



Communicate with Me!

A Foundation for Communicating and Involving People with a Learning Disability

Martin Goodwin, Jennie Miller and Cath Edwards

The book provides the reader with bite-size sections that support practitioners to consider tools and approaches through detailed timesaving descriptions, good practice examples and reflective activities.

Communicate With Me additionally provides a quality assurance framework that supports implementation of communication and involvement tools and approaches that foster improved outcomes for people with a learning disability and enhancing positive, sustainable change in work practice and work culture.

AGE All FORMAT 200pp, paperback + CD

ISBN 9781910227688 **ORDER CODE** E01-002-5995



Reading Between the Lines

Catherine Delamain & Jill Spring

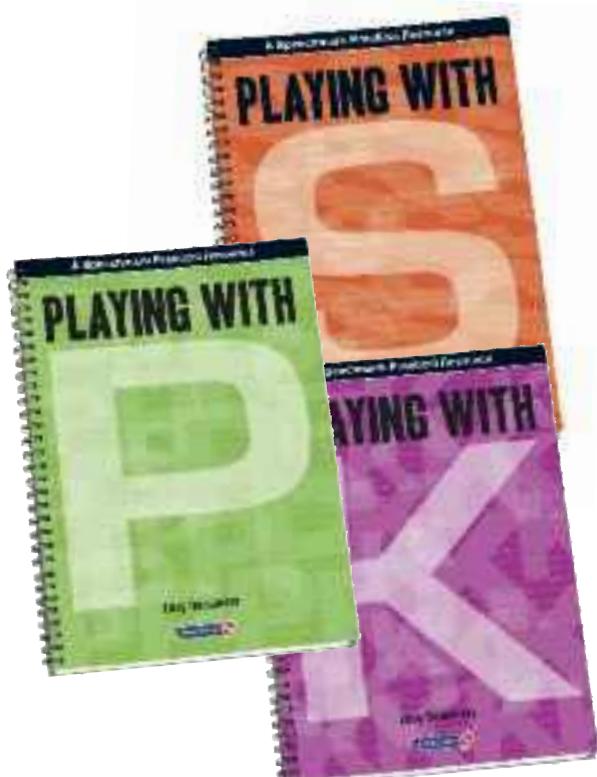
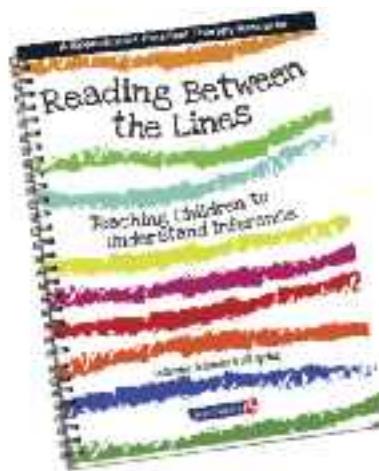
This book is designed for teachers and speech and language therapists working in the fields of language and literacy, and is concerned with developing inferencing skills in their students.

The ability to draw inference is a crucial element in the comprehension of written language, and this valuable tool aids in mainstream classes throughout Key Stage 2. It is especially appropriate for work with children with speech, language and communication needs, as well as those on the autistic spectrum, who are likely to have particular difficulty understanding inference.

This book contains a collection of 300 graded texts, leading the student gradually from simple tasks with picture support and plentiful clues to more challenging scenarios where true inference is required. The texts can be used with whole classes, groups and individual children.

AGE 7-11 FORMAT 154pp, A4 (297 x 210mm), spiral bound

ISBN 9780863889691 **ORDER CODE** E01-002-5898



Playing With... Series

Lucy Sanctuary

Three collections of activities and games, available separately or as a set, to help children aged 3-7 to gain confidence in using challenging letters in their spoken vocabulary. Supporting CDs enable children to hear the sounds in isolation, in words, and in phrases and sentences. Teachers and therapists are supported with tips for using activities effectively, ideas for resources to use with the activities (such as picture cards), sample session plans and progress sheets. All the material is highly visual and photocopiable. Each book includes:

- Oro-motor (mouth) exercises • Single sounds, short words (eg, car, key, cow)
- Longer words that begin or end with the speech sound • Using words in sentences • Activities to practise listening and saying the target sound/word
- Drilling games – the opportunity to hear the speech sound in isolation and in words, and to say them in increasingly challenging sequences in a game format • Games that can be played with picture cards • An auditory bombardment section composed of funny rhymes containing the words covered in the section

Playing With... K ISBN 9780863889233 **ORDER CODE** E01-002-5799

Playing With... P ISBN 9780863889158 **ORDER CODE** E01-002-5792

Playing With... S ISBN 9780863889646 **ORDER CODE** E01-002-5893



A Box Full of Feelings

Marina Kog & Julia Moons

Help children aged 2-7 to identify and talk about their feelings with this box of 20 interactive activities. Use them in a group or with individuals to explore four basic feelings – happy, sad, angry and afraid – and ways to recognise, name and accept those emotions. Being able to express and manage feelings in an appropriate way is the foundation for emotional intelligence, building resilience and helping children to remain calm when faced with painful experiences.

- 48 picture cards (12 for each feeling) with stories and questions (110 x 110mm)
- 16 pictures illustrating 4 emotions (110 x 110mm)
- 4 posters (420 x 295mm)
- 17 finger dolls
- 4 masks
- 4 portable 'houses of emotions'
- A 'wheel of emotions' with spinner (for games)
- CD of emotive music
- Instruction manual and photocopiable activities
- Sturdy storage box with carry handle

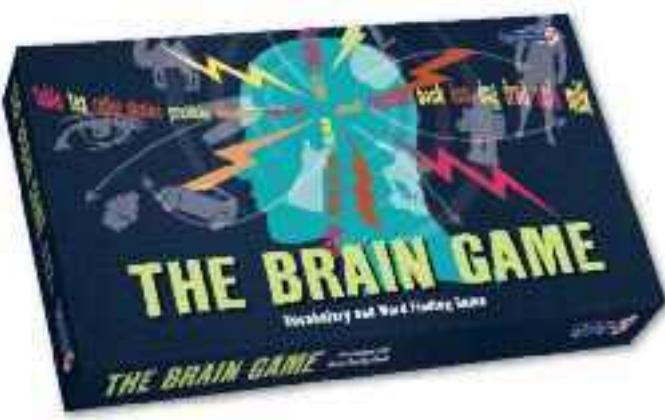
'We've used the box for seven weeks and already we've seen big significant differences. It's certain we sense a general feeling of protectiveness, awareness, friendship and empathy which wasn't there before.'

Dr Nanette Smith from the Worcester University College in the BBC series Teaching Today



AGE 2-7 CONTAINS Multi-media + CD

ISBN 9781901487039 ORDER CODE E01-006-5446



The Brain Game

Ellen Saunders

An innovative, fun game for children of all ages and abilities to structure their learning of vocabulary by introducing categories in a fun way. Each card set focuses on a different skill needed to store and retrieve words correctly. The board game has 12 different categories that help form a basis to build vocabulary. Including: Clothes, Sports, Body Parts, Vehicles, Animals, Food, Furniture, Drinks, Toys, Jobs, Weather and Buildings. The games can be used for:

- Working with anyone with a word finding difficulty aged 6yrs+, from children to adults
- Therapy such as vocabulary building, pre-teaching vocabulary, and increasing skills and strategies to aid wordfinding skills
- Assessment – to pin-point an exact area of breakdown where skills are reduced, according to the original model, and to guide therapy e.g. Generation difficulties

AGE 6+ CONTAINS Game board, category cards, instruction booklet, boxed

ISBN 9780863888137 ORDER CODE E01-003-5728

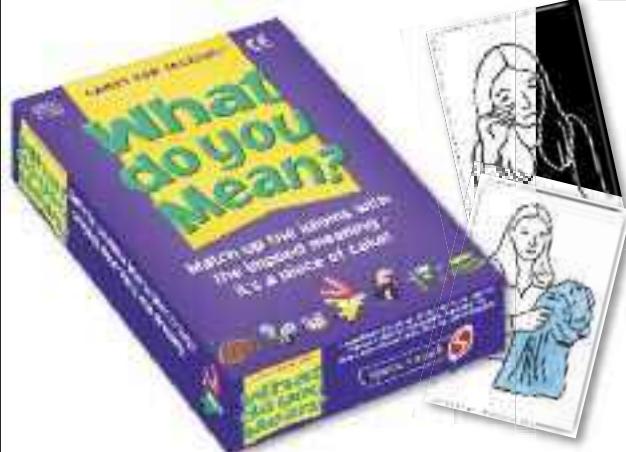
Top 5

Top 5 is a pack of cards designed for conversation, group openers or simply as a fun game. Each card suggests a category for discussion. Examples include:

- Name your top five excuses for being late to work
- Smells in the kitchen
- Animal noises
- Holiday destinations
- People you have met in the past.

AGE 5+ **CONTAINS** 80 cards, 74 x 114mm, instructions and ideas, boxed

ISBN 9780863888359 **ORDER CODE** E01-003-3780



What do you Mean?

Louise Scrivener

Ideal either as fun activities in a regular classroom, or for using with people who interpret language literally, including those with Autistic Spectrum Disorders.

- 38 pairs of cards cover common idioms and metaphors, with each pair showing examples of literal interpretation and implied meaning
- Match up the literal and non-literal to ask 'What do we really mean?'
- Idioms include: 'Let the cat out of the bag' and 'It cost an arm and a leg'

AGE 5+ **CONTAINS** 74 x 114mm: 80 cards, illustrated with line drawings, boxed

ISBN 9780863888410 **ORDER CODE** E01-003-5331

Let's Mime

Let's Mime is a simple non-competitive charades game for groups of two or more people of any age. Use it with a particular communication outcome in mind, or play it just for fun.

- Entirely non-verbal, players simply mime the actions depicted on the cards.
- The game can be adapted to include verbal activities, such as describing the action on the card for a group to guess, or for finding key words relating to the image on the card.
- 72 lovely cartoon illustrations.

AGE 5+ **CONTAINS** 74 x 114mm, 72 cards

ISBN 9780863888458 **ORDER CODE** E01-003-4609



Tell Me Why – Communication Cards

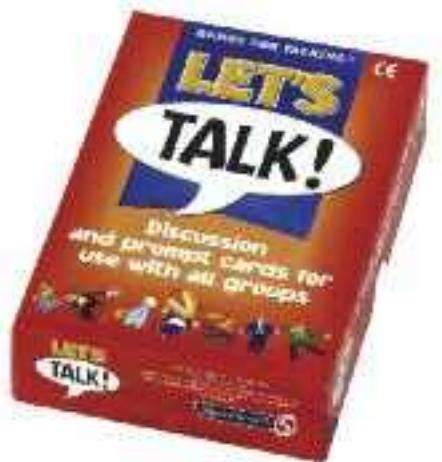
Sue Nicholls

A fun box of light-hearted, non-threatening questions and topics designed to get people talking. Tell Me Why's aim is to encourage people to think more about the world around them, be creative and encourage expansiveness.

- All age; with individuals or in small groups
- At school (eg pse lessons, 1-1 learning support), for speech and language therapists, special educational needs workers, play workers, youth workers, group leaders and families
- Adaptable: 5 min ice breaker, warm-ups, circle time topics, time fillers, workshop sessions
- The cards may be particularly useful for building good working relationships with individuals and groups prior to addressing more complex or challenging issues.

AGE All Ages **CONTAINS** 60 cards, 148 x 210mm (A5) + instruction booklet, boxed

ISBN 9780863889912 **ORDER CODE** E01-003-5925



Let's Talk!

Patricia Roe

The original Let's Talk pack, with discussion and prompt cards organised into three themes:

- One thing: One thing I feel I do well is..., One thing that amuses me is..., and One thing that would brighten up my day is...
- Think back: What is your earliest memory; name something good about getting older; do you remember going to your first dance?
- Let's talk!: Do you like your name; If you had one wish, what would it be; What do you enjoy reading?

AGE 5+ **CONTAINS** 74 x 114mm: 80 cards boxed

ISBN 9780863888403 **ORDER CODE** E01-003-4083

Let's Talk: Feelings

Sue Nicholls

A card game to enable people to become more aware of their feelings, cards are organised into 6 sections:

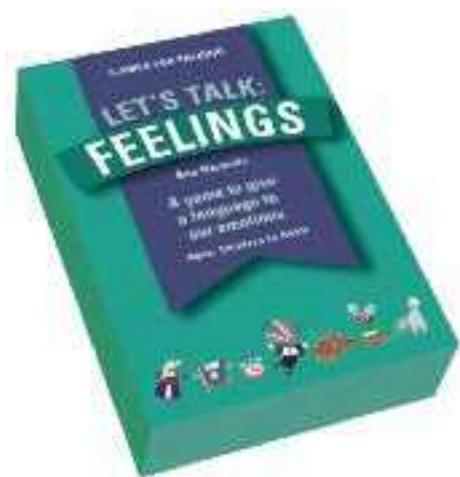
A game designed to enable people to become more aware of their feelings, in which cards are organised into 6 sections:

1. Give an example of when you felt...? 2. Situation cards. How would you feel if...?
3. You are feeling How would you show it? 4. Dealing with different emotions
5. Helping friends to deal with different feelings 6. Other people's feelings

Covers a range of feelings, for example angry, jealous, calm, disappointed, overwhelmed, proud, frustrated.

AGE All Ages **CONTAINS** 74 x 114mm: 78 cards, + instruction booklet, boxed

ISBN 9780863887413 **ORDER CODE** E01-003-5583



Let's Talk: Assertiveness

Sue Nicholls

A card game to improve communication and confidence, in which cards are organised into 6 sections:

1. Is this assertive, passive or aggressive? 2. Give an example of... (participants reflect on their own experiences to explore assertiveness issues)
3. Changing passive and aggressive body language and responses to assertive ones
4. Discussion cards 5. Assertiveness strategies
6. Situation cards (asking for ideas of an assertive response in different scenarios)

Includes information on assertiveness, including how to say no, making requests, making complaints, resolving conflict, receiving compliments.

AGE All Ages **CONTAINS** 74 x 114mm: 78 cards, + instruction booklet, boxed

ISBN 9780863888786 **ORDER CODE** E01-003-5584

Let's Talk: Social Skills

Lesley Mayne

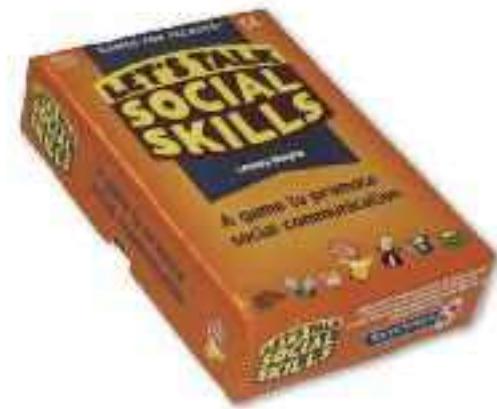
80 cards featuring therapeutic activities, warm-up exercises, or closing games.

Participants practise engaging appropriately with peers and adults by responding to statements or asking and answering questions that are typically discussed in a variety of social settings.

Includes: negotiation skills, conversation skills, self-perception, physical and verbal reactions, friendship, personal responsibilities, greetings, closures, talents and interests, setting social plans, reading non-verbal communication, and topic management.

AGE 7+ **CONTAINS** 74 x 114mm: 80 cards, boxed

ISBN 9780863886409 **ORDER CODE** E01-003-5388



Speaking English: Asking & Answering

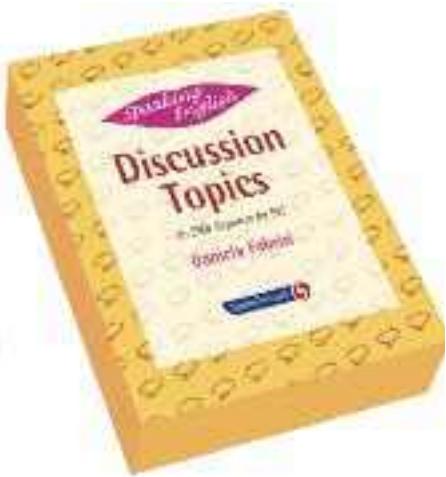
Daniela Fabrizi

This set contains factual information cards and question prompt cards to practice asking and answering questions of a non-personal kind.

- Topics are related to daily life, leisure activities and social life, including services, hobbies, sports, holidays, shopping, clothes, school, and travel. To answer the questions correctly, students must identify the right information from the information cards.
- Designed for preparing students for the speaking component of Cambridge ESOL Examinations Key English Test (KET), the cards can be used with all ESL learners of any age, sex, cultural background or nationality.
- Ideal for adult learning, students with language delay, learning disabilities or specific language impairment.
- Designed to increase students' confidence in asking and answering questions, the cards can also be used for role plays where students are encouraged to use spoken language to expand and talk about personal likes, dislikes and opinions.
- Similar to examination material, the cards will familiarise students with how testing is carried out and the type of visual stimuli that is used during examination.

AGE All **CONTAINS** 72 A5 laminated photocopyable prompt information cards + instruction manual, boxed

ISBN 9780863885785 **ORDER CODE** E01-003-5327



Speaking English: Discussion Topics

Daniela Fabrizi

Developed by an ESL (English as a Second Language) teacher and examiner, these posters stimulate discussion and help students give their views and opinions on a situation.

- Each card contains visual prompts and topics include travel, holiday, services, the environment, entertainment, and work.
- Cards have no wording on them so they can be used in a variety of contexts, tasks and languages.
- Contains a teacher's manual with instructions for following the tasks, which include: making and responding to suggestions; discussing alternatives; making recommendations; eliciting opinions; negotiating agreement; and turn-taking.
- Suitable for all ESL classes at an intermediate level as well as for adult learning, and students with language delay.
- An excellent tool to prepare for part two of the Speaking Paper of Cambridge ESOL Preliminary English Test (PET).

AGE 13+ **CONTAINS** 30 A4 photocopyable laminated cards + instruction manual, boxed

ISBN 9780863885815 **ORDER CODE** E01-003-5335

The Sourcebook of Practical Communication

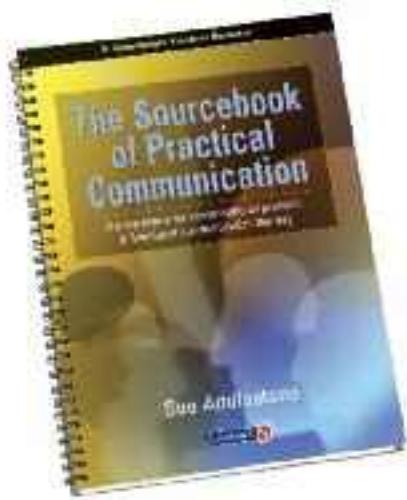
Sue Addlestone

A unique resource for conversational practice full of practical and creative topic based activities, the Sourcebook is ideal for use with a wide range of clients, and will inspire you when looking for ideas to help promote the carryover of speech and language skills into everyday conversation.

- Suitable for all ages, from 6 years to adult
- Contains 90 conversation topics that cover a broad range of interests
- Suitable for a wide range of clients, including those with an articulation disorder, disorders of prosody, dysarthria, dysfluency, dysphasia, dysphonia or reading and writing difficulties
- Practical, creative and ready to use
- Includes photocopyable record forms, exercises and home practice sheets.

AGE 6+ **FORMAT** A4 (210 x 297), 160pp, spiral bound

ISBN 9780863883170 **ORDER CODE** E01-002-5068





Word Aware

Anna Branagan and Stephen Parsons

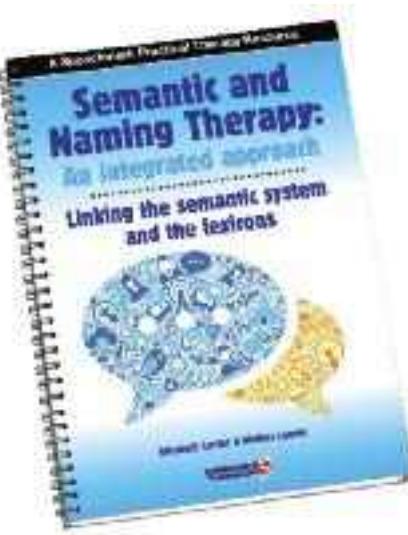
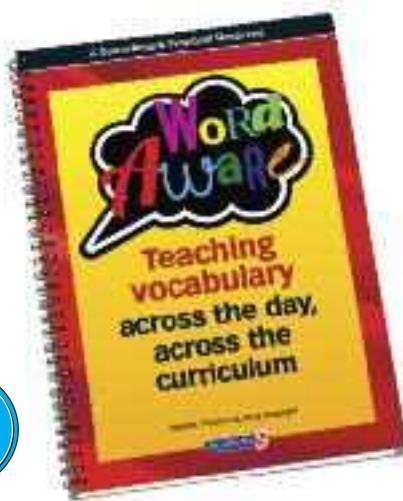
This practical book is the ideal platform for the provision of effective vocabulary development in children of all abilities. This rigorously tried and tested approach is an outstanding resource that will be an essential addition to any school and classroom.

The book provides

- A structured approach to promote vocabulary development in all children
- A comprehensive approach to learning with a multitude of activities and lesson plans
- A whole school approach that is equally effective for specific classes and groups or individual learners
- An effective tool to teach children who speak English as an additional language
- Particularly suitable for Key Stages 1 and 2

AGE 5-11 **FORMAT** 286pp, A4 (297 x 210mm), spiral bound + CD

ISBN 9780863889554 **ORDER CODE** E01-002-5872



Semantic and Naming Therapy: An Integrated Approach

Elizabeth Cardell & Melissa Lawrie

This resource aims to provide clinicians with evidence-based therapy tasks to enhance naming and wordfinding abilities in people with aphasia. The resource addresses the clinical questions of not just 'what' to do, but 'why' it is being done, and 'how' to do it.

This resource provides the clinician with tasks that are known to strengthen the link between the semantic system and the phonological output lexicon. The development of the treatment tasks has adhered to current models of psycholinguistic processing and current impairment-based aphasia treatment efficacy research. Many of the tasks items are controlled for word frequency, imageability, and length.

Some important and novel features of this therapy resource are that it provides the clinician with theoretical descriptions of how each task might be influencing the language processing system detailed instructions about tasks and how to teach-on-error structure for monitoring progress and moving clients to higher or lower treatment level as a means through which rate of presentation can be controlled and manipulated. In addition, there is repetition and integration of key naming items across different therapy tasks can enhance and reinforce learning, in line with current cognitive learning theory.

The resource uses illustrations and includes

- A treatment manual containing all information and worksheets
- A CD with a copy of all worksheets, as well as computerised naming, oral reading, and repetition tasks.

AGE All Ages **FORMAT** A4 (210 x 297), 184 pp, spiral bound

ISBN 9780863889240 **ORDER CODE** E01-002-5800

Fun with Sounds

Sue Duggleby and Ross Duggleby

A versatile lotto and card game to encourage production of specific speech sounds and to develop vocabulary.

Each lotto board features nine illustrations with words underneath. The featured sound is highlighted in red. There are boards for sounds at the beginning and end of words, with an additional set of cards included to enable games such as Pairs or Snap to be played.

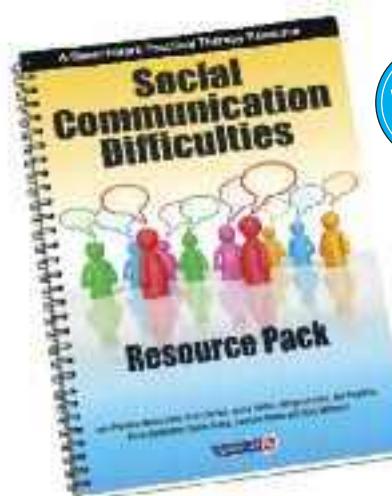
- Features the sounds that are generally acquired earliest - 'm', 'n', 'p', 'b', 't', 'd'
- Encourages each child to listen for a sound in a word
- Encourages correct production of specific speech sounds in words containing their target sounds
- Increases sound awareness, which is vital for literacy

The resource is intended for use by speech and language therapists, teaching staff and parents. It is also a useful tool for teaching English as a foreign language.

AGE 4+ **CONTAINS** 108 cards + 6 lotto boards boxed

ISBN 9780863887833 **ORDER CODE** E01-003-5627





Social Communication Difficulties Resource Pack

Lucy Prosser, Nicola Cole, Sally Farrow, Jenny Hinton, Margaret Irons, Ann Pugmire, Emily Rackstraw, Vijaya Sudra, Caroline Sutton, Gilly Williams

Devised by members of the speech and language therapy team in Portsmouth City teaching (PCT) this pack breaks down social communication difficulties into four key areas: language, conversation skills, social skills and selecting and organising information.

The pack facilitates identification and assessment of social communication difficulties, providing suggested intervention strategies related to specific areas of communication. A range of photocopiable handouts are included, which address each feature identified. The handouts provide a description of the SCD feature, examples of how this might present in children, and then a list of practical suggestions for teaching specific skills.

AGE All ages **FORMAT** A4 (297 x 210mm) 120pp wire-o-bound + CD

ISBN 9780863888205 **ORDER CODE** E01-002-5734

Language for Thinking

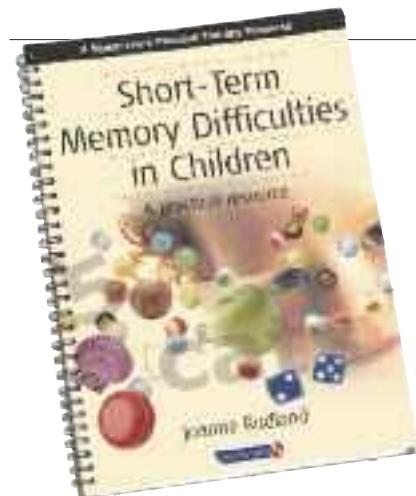
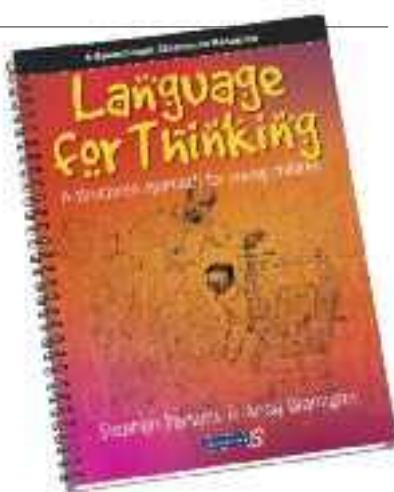
Stephen Parsons & Anna Branagan

While most children develop verbal reasoning skills with relative ease, others find it challenging – particularly children who are recognised as having delayed language skills, specific language impairment, autistic spectrum disorder (including Asperger's syndrome), pragmatic language impairment or moderate learning difficulties. Children with less obvious oral language difficulties may begin to struggle when they start to read.

This photocopiable resource provides a clear structure developing children's language from the concrete to the abstract. It is based on 50 picture and verbal scenarios that can be used across a wide range of ages and abilities.

AGE 4-12+ **FORMAT** 240pp, wire-o-bound: + CD

ISBN 9780863885754 **ORDER CODE** E01-002-5244



Short-term Memory Difficulties in Children

Joanne Rudland

This book is ideal for education psychologists and speech and language therapists working with children with short-term memory difficulties - Memory therapy can have a direct and positive impact on a child's receptive language skills, self-confidence and ability to learn.

Contains a complete programme of ideas for developing a child's short-term memory skills.

'A useful, well-structured resource for an area of language difficulty often overlooked... There are also very clear advice sheets for schools and parents.' Speech Language Therapy in Practice

AGE 7-11 **FORMAT** A4 (297 x 210mm), 144pp, wire-o-bound

ISBN 9780863884412 **ORDER CODE** E01-002-5143

CRISP Cognitive Rehabilitation Independent Speech Programme

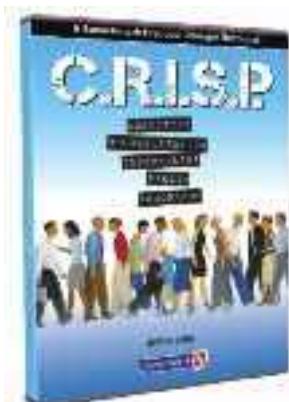
James Japp

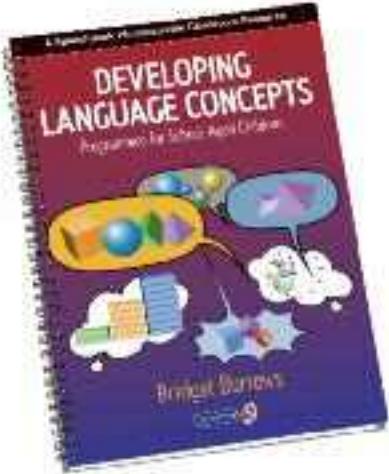
'CRISP' is a computer based speech rehabilitation tool designed to support Speech & Language Therapists. It is aimed at adults with speech and language deficit following an acquired brain injury, and will help to overcome the lack of opportunity that patients often have to practice their speech in a busy hospital or empty household. It has been designed to overcome some of the psychosocial barriers to practising speech which can restrict improvement.

- Designed so that all possible combination of words are included
- A range of syllables from 1 through to 5 syllables
- Includes words where the stress is on the first syllable, at the end syllable or the middle syllables
- It has palatal fricatives, labionasal, labiodental, labio dental fricatives, diphthongs, semi vowels, alveolar fricatives, alveola plosives, labial plosives, velar plosives combinations.

AGE Adult **FORMAT** 190 x 135mm, CD + booklet

ISBN 9780863888649 **ORDER CODE** E01-003-5756





Developing Language Concepts

Bridget Burrows

A valuable resource for all speech language therapists, teachers and support assistants working with children. The practical, step-by-step photocopyable exercises help with specific language concepts, such as 'amount', 'colour', 'size', 'time' and 'shape'. The programmes are intended for speech language therapists to copy and send to the school where staff can deliver them, although they can be used by the therapist themselves.

There is also practical advice on setting up therapy programmes in schools, such as setting up appointments, working in the school with children, staff and parents, covering letters to send with the programme and many other useful tips

AGE 5+ **FORMAT** A4 (297 x 210mm), 312pp wire-o-bound

ISBN 9780863882814 **ORDER CODE** E01-002-4762

Riddles, Rhyme & Alliteration

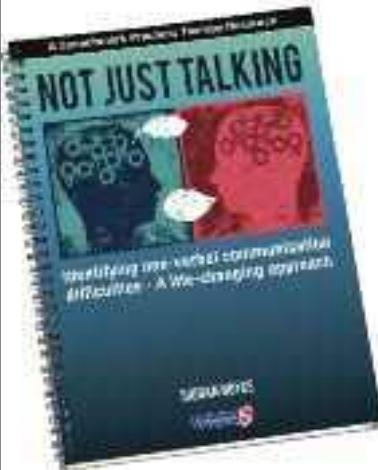
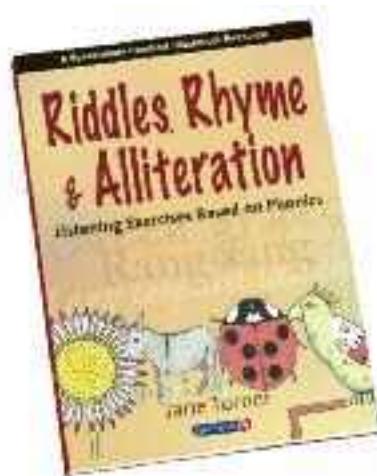
Jane Turner

Riddles, Rhyme and Alliteration is an activity-based resource that encourages children aged 4-7 years to concentrate, listen to and discriminate between different speech sounds. Teachers can use the material separately or as part of a phonics programme, as each activity has the flexibility to be used with individuals, groups or whole classes. Older children who have listening and auditory discrimination difficulties, poor listening skills, and mild to moderate hearing loss or 'glue ear' can also benefit from using the material. Each of the eighteen sections is based on a particular phoneme and includes two or three pages of illustrations to accompany the activities. The activities are photocopyable and include:

- Riddles which can be solved with the help of the picture pages
- Exercises on alliteration and rhyming words
- Tongue twisters
- A story containing words beginning with the target phonemes

AGE 4-7 **FORMAT** A4 (210 x 297), 200 pp, paperback

ISBN 9780863886003 **ORDER CODE** E01-002-5360



Not Just Talking

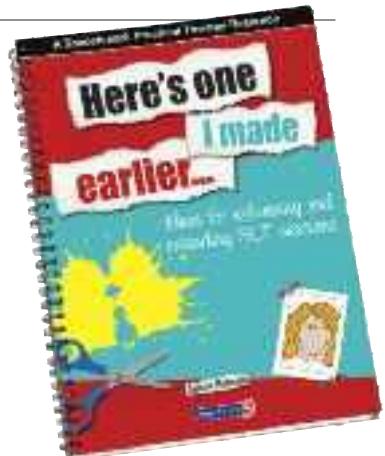
Identifying non-verbal communication difficulties – A life changing approach

Sioban Boyce

This innovative approach to dealing with communication difficulties was devised by the author following encounters with children who had learned to talk, but still were unable to communicate effectively. This has since been successfully used by a wide range of educators and promotes the good use of non-verbal skills in children book covers: Non-verbal communication theory • Normal and disordered development • Problems arising – behaviour; social skills; emotions; education; in the family • Prevention • Assessment • Intervention

AGE All ages **FORMAT** A4 (297 x 210mm), 242pp wire-o-bound

ISBN 9780863888496 **ORDER CODE** E01-002-5753



Here's one I made earlier...

Alison Roberts

Two principles can make for better therapeutic outcomes:

- Clients often respond more effectively if they feel that they 'own' their therapy by being involved in making the materials that they will use
- Therapy is improved when it is good fun, and preferably humorous

Based on these principles, this imaginative and practical book contains a collection of ideas and games that provide practitioners with lots of new resources without spending a fortune. The games and activities address particular communication themes, such as listening techniques, speech sounds, vocabulary building, friendship skills. This is a must-have for all Speech and Language Therapists.

AGE 11+ **FORMAT** A4 (297 x 210mm), 188pp wire-o-bound

ISBN 9780863888595 **ORDER CODE** E01-002-5755

The Conversation Strategies Manual

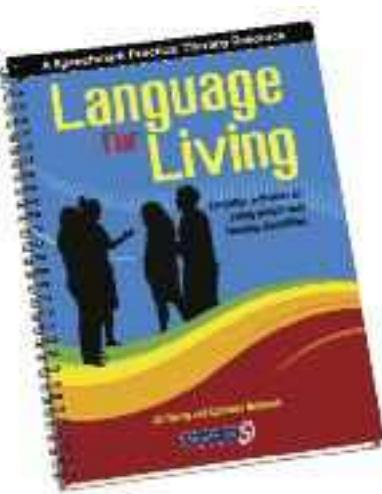
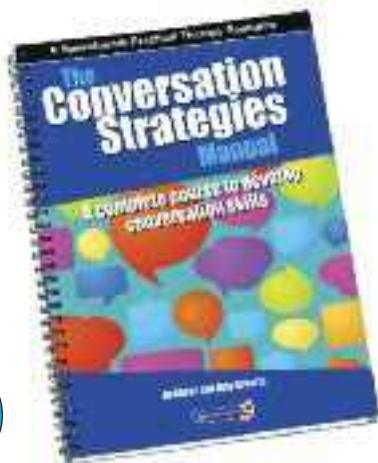
Alison Roberts

Some people worry about being in social settings because they lack confidence in their conversation skills. They fear not being able to think of anything to talk about or feel generally embarrassed about their conversational technique. This book offers a structure to encourage the skills needed for initiating, maintaining and ending conversations. It looks at casual chat and formal talk with one person face-to-face and on the phone, as well as how to converse in a group.

From greetings to how to remember names, using humour and repairing conversational gaffes, each topic is considered and discussed so that learning is secure. This is a complete course on conversation skills designed for people aged 16+, either to work with a speech and language therapist, or for some, to work on their own.

AGE 16+ **FORMAT** A4 (297 x 210mm), 192pp wire-o-bound + CD

ISBN 9780863889295 **ORDER CODE** E01-002-5805



Language for Living

Catherine Delamain & Jill Spring

Communication activities for young adults with learning difficulties. This unique collection of 180 enjoyable group activities aims to foster both the skills underlying communication, such as body language and awareness of others, and aspects of spoken language itself. The activities fall broadly within the Entry Levels 1-3 of the Skills for Life Core Curriculum, but can be used as a completely independent programme. The book addresses the needs of students with very varied skill levels, and includes some activities which can be used with non-verbal students. Language for Living has the following advantages:

- No formal assessment necessary
- Equipment not required or kept to a minimum
- Activities can be freely adapted to suit students' lifestyles and experience
- Activities simple to organise, and easy to fit in to the daily programme of college, day or residential settings.
- Photocopiable resource section
- CD for optional record-keeping and printable resources

AGE All **FORMAT** A4 (210 x 297), 262 pp, spiral bound

ISBN 9780863888250 **ORDER CODE** E01-002-5738

Visual Metaphors Photocard Toolkit

Jessica Kane

Stimulates creative thinking and promotes effective communication. A superb collection of 56 stunning images, used in conjunction with a range of tasks specifically designed to stimulate thought and build ideas for participants and groups. Each task contains clear instructions and examples of the task for the facilitator/teacher/peer to model effective communication and leadership skills, challenging participants to 'look outside the box'. The tasks have been designed to build social relationships to help individuals understand not only their behaviour, but also that of others around them in a variety of situations. Visually stimulating participant sheets are included on the CD.

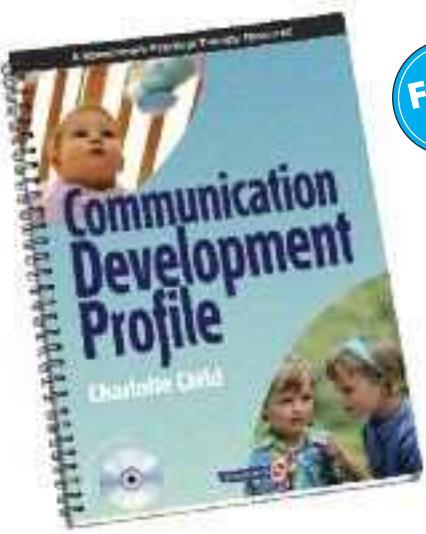
These task sheets contain scaffolds (key words, phrases, tables, etc) to assist each participant to achieve the outcome for each task. This flexible and unique visual literacy programme is designed to:

- Explore behaviour and relationships • Strengthen values • Promote effective communication and leadership skills • Stimulate creative thinking • Build ideas • Promote visual and critical literacy skills
- Develop critical analysis skills through 'hands on' activities • Develop group skills and encourage solution focused thinking • Develop self-awareness, a flexible, multi-dimensional resource – including a facilitator's guide with comprehensive lesson plans, 56 photocards, a reflective audio soundtrack, and CD containing task sheets. The toolkit can be used across primary and secondary curriculums as well as with adults. An ideal resource pack for PSHE teachers, group leaders and counsellors.

AGE All ages **FORMAT** 105 x 148mm, 56 pp, mixed media product

ISBN 9780863887802 **ORDER CODE** E01-003-5670





Communication Development Profile

Charlotte Child

This practical book is designed to help speech and language therapists work more effectively with the families, carers and teachers of children with severe and profound learning disabilities, encouraging a more united and holistic approach towards the child's development. The Profile provides a clear breakdown of five key areas of language and communication development from birth to the child's use of grammatical sentences: attention, comprehension (what the child understands), expression (how the child communicates), sound system, and use of communication.

This profile improves multi-disciplinary assessments; enables parents to have an informed and genuine role; makes target setting in educational settings directly relevant to the curriculum; expands on the P-Levels and better describes them; and enables the therapist to explain their thought processes, which all lead to better goal-setting and a cohesive communication development strategy for the child.

'The language used is clear and it includes comprehensive set of criteria often used with children with special needs'; Gwyneth Terrell, Independent Talking Point

AGE 0-5 FORMAT 160pp, A4, with interactive CD

ISBN 9780863885525 **ORDER CODE** E01-002-5311

School Start

Catherine De La Bedoyere & Catherine Lowry

A practical resource for children who need help in developing communication skills during the first year of school. Teachers/teaching assistants select children suitable for the programme through the checklists then set-up meetings take place between the inclusion coordinator and school before the child is enrolled on the programme.

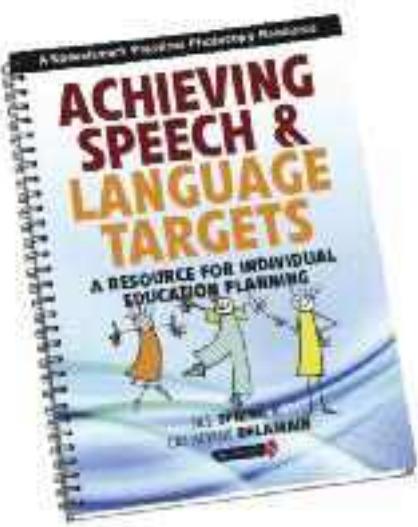
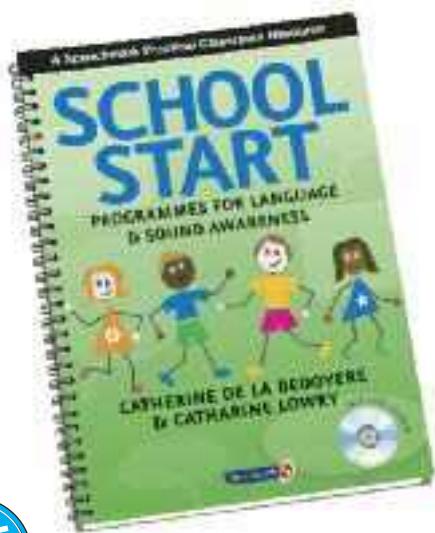
Devised by two speech and language therapists, School Start consists of two 30-week programmes designed to develop Language and Sound Awareness skills with clear objectives linked to the National Curriculum Foundation Stage. School Start includes:

- Group sessions for the Language and Sound Awareness programmes
- 70 photocopyable resource templates
- Programme delivery templates containing all the checklists, record sheets and handouts needed to carry out the programme
- An accompanying CD giving the option to print out some of the resource templates in colour

Successfully trialled over a three-year period, School Start is an invaluable resource that encourages good practice between schools, speech & language therapists, school inclusion coordinator and parents.

AGE 4-6 FORMAT A4 (297 x 210mm) 216pp + CD wire-o-bound

ISBN 9780863886133 **ORDER CODE** E01-002-5377



Achieving Speech & Language Targets

Catherine Delamain & Jill Spring

Aimed at working with children who have significant language delay and who are in their first year at school. The authors emphasise the crucial role of play in language development and the book contains more than 200 games and activities to help children achieve their targets for each stage using a simple, structured layout. The book includes:

- Advice on how to draw up effective Individual Education Plans (IEPs)
- Checklists that identify a child's problems with understanding language, using spoken language and developing speech sounds
- Teaching ideas and targets, key vocabulary lists, and activity areas for each stage
- Photocopyable activity sheets; games & rhymes; a booklist; techniques used by speech & language therapists to encourage understanding and use of language; and a dictionary of terms that refer to speech and language

AGE 4-5 FORMAT A4, (297 x 210mm) 280pp, wire-o-bound

ISBN 9780863885792 **ORDER CODE** E01-002-5333

CogNeuro Poster

Poster that identifies patient' communication difficulties

Melanie Lord, Hazel Howell & Lucy Skelton

The 'Cognitive Neuropsychological Model: bridging the gap' poster sums up an approach commonly used by Speech and Language Therapists in practice and research. It is the first visual published resource of its kind, and presents information that otherwise is only found in books. It has the potential to facilitate hypothesis testing to identify patients' communication difficulties, in order to offer advice and plan the most effective therapy.

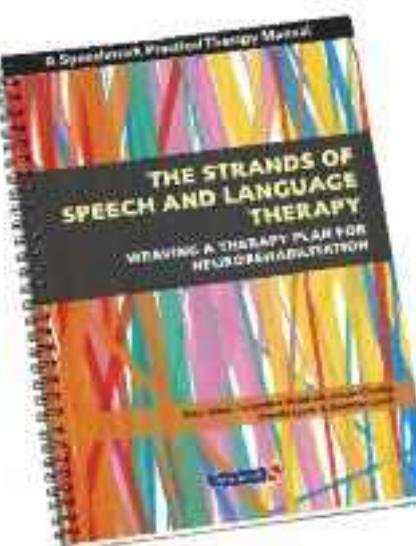
At a glance, SLTs can:

- See which assessment would be most relevant to determine the extent of breakdown at a particular level of the language processing system
- Assist with teaching SLT students and newly qualified SLTs who might otherwise perceive the model to be over-complex and time-consuming
- Identify relative strengths that may lead to the development of compulsory strategies and more effective communication

'I am not alone in thinking that such a tool is long overdue and has wide ranging applications whether it is to inform assessment or therapy, to support student learning or to aid explanation to clients about the nature of their difficulty' British Aphasiology Society Newsletter

AGE 0-16 FORMAT A2 poster

ISBN 9780863888946 ORDER CODE E01-003-5769



The Strands of Speech and Language Therapy

Katy James, Jacqueline McIntosh, Nicole Charles, Brenda Lyons and Beverley Leach

This book is written by a team of speech and language therapists from The Wolfson Neurorehabilitation Centre. It is intended for practitioners working with patients who have acquired communication disorders resulting from brain injury: aphasia, cognitive-communicaton disorder, dysarthria, apraxia. The authors believe that a therapeutic programme should have it's foundations in the linguistic, non-verbal, neurological and neuropsychological perspective of the patient's difficulties. The approach the team has developed consists of several different strands of therapy, with each strand representing an element of the rehabilitation process:

- Assessment
- Goal planning
- Specific individualised treatment
- Education
- Friends and family
- Psychosocial adjustment

Each chapter begins with the guiding principles and evidence bases that underlie the rationale for one particular strand of therapy.

AGE Adults FORMAT A4(297 X 210mm), 72pp, wire-o-bound

ISBN 9780863888151 ORDER CODE E01-002-5730

Working with Children's Voice Disorders

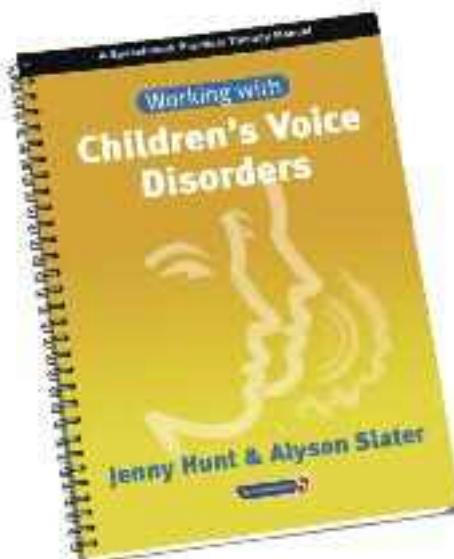
Jenny Hunt & Alyson Slater

Drawing on more than 10 years' experience dealing with children's voice disorders, the authors give practical advice on the nature of children's voice problems, ideas for therapy, the aims of intervention and how best to achieve them, as well as an overview of the relevant literature.

- Contains ideas for setting up treatment groups, together with case studies and suggestions on how to evaluate therapy and measure outcomes
- Includes ideas for working with groups as well as individuals
- Easily accessible and user-friendly
- Contains photocopyable resources for setting up voice groups, including all essential paperwork
- The overall aim of this book is to enable therapists to work confidently and to gain the necessary skills in order to manage this client group within their generic caseload

AGE 0-16 FORMAT A4 (297 x 210mm), 168pp, wire-o-bound

ISBN 9780863882791 ORDER CODE E01-002-4758





Phonological Screening Assessment

Neil Stevens & Deborah Isles

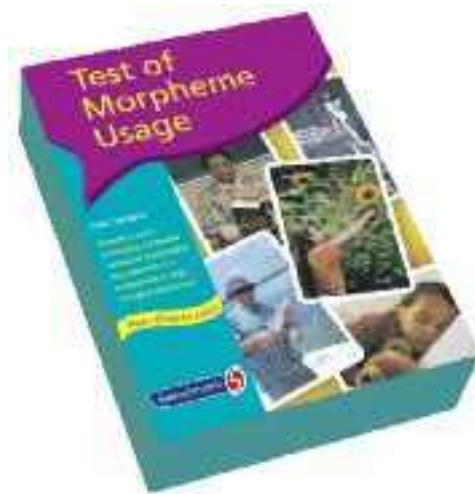
Designed to give the clinician a quick, interesting and effective method of gaining a sample of speech sounds with the child's active participation. It provides an accurate and comprehensive overview of a child's phonological difficulties and is intended as an initial screening tool.

- Contains 32 picture cards which can be used according to the needs of the individual; the stimulus items have been chosen from the 100 most common words for a child to acquire, or found in the Makaton Core Vocabulary
- Suitable for all ages, including those with learning difficulties
- Testing time is from 10 to 15 minutes
- Includes a photocopyable record and analysis form and photocopyable templates of the colour items in black-and-white drawing format

AGE All Ages **CONTAINS** 32 colour cards, 4 A4 laminated photocopyable sheets, 20pp booklet

ISBN 9780863882739

ORDER CODE E01-003-4727



Test of Morpheme Usage

Neil Stevens

The 'Test of Morpheme Usage' is ideal for speech and language therapists, teachers, educational psychologists or health visitors wishing to monitor language development. Morphemes are key to the expansion and development of expressive language. With the 'Test of Morpheme Usage', the busy clinician has a quick, interesting and flexible method of investigating the acquisition of English morphemes.

- Follows developmental norms • Identifies specific areas for possible remediation •
- Contains 21 colour photograph cards used as stimuli • Suitable for all ages from young child to adult • Easy and quick to administer • Clear and simple scoring and analysis

AGE 2+ **CONTAINS** 210 x 148mm, 24pp, booklets & laminated photocopyable

ISBN 9780863884597 **ORDER CODE** E01-003-5102

Lemon & Lime Library

Rebecca Palmer & Athanassios Protopapas

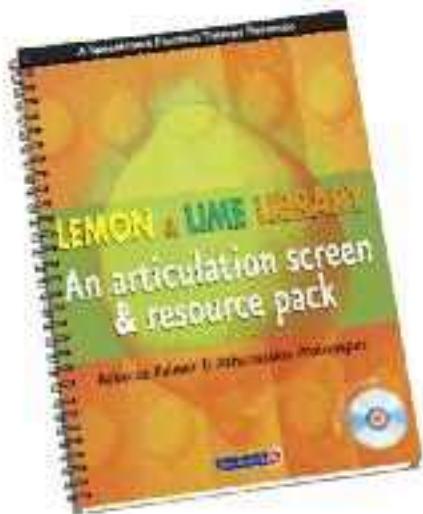
This comprehensive interactive CD resource profiles the articulation ability of a client, identifies areas in particular need of treatment. This easy-to-use CD generates word lists according to the linguistic and phonetic criteria defined by the therapist. Words can also be added to the Library by the therapist allowing it to grow over time and to store a large number of words for articulation practice. Tailor-made lists of practice words and sentences, as well as pictures and instructions, can be designed and printed for individual clients or students.

- There are seven levels of articulation practice in the order of single sounds; consonant-vowel combinations; DDK rates; short words; multisyllabic words; short phrases with the target sound in one word; and longer sentences saturated with the target sound.
- Includes an articulation screening test using words not in the Library to indicate the areas of greatest difficulty and to assess the generalisation of articulation skills.

This versatile resource can be used with adults or children and will be invaluable to speech language therapists, teachers, and students of phonetics.

AGE 3+ **FORMAT** A4 (210 x 297), 312pp, spiral bound

ISBN 9780863885488 **ORDER CODE** E01-002-5274



The Renfrew Language Scales

Catherine Renfrew's three tests have been used for several years and provide a means of assessing children's speech and language. All tests are suitable for use with 3-8-year-olds and are norm referenced to enable therapists to produce comparative results. Norms are given at six-monthly intervals for both the Action Picture Test and Word Find Vocabulary and monthly for the Bus Story Test.

Action Picture Test

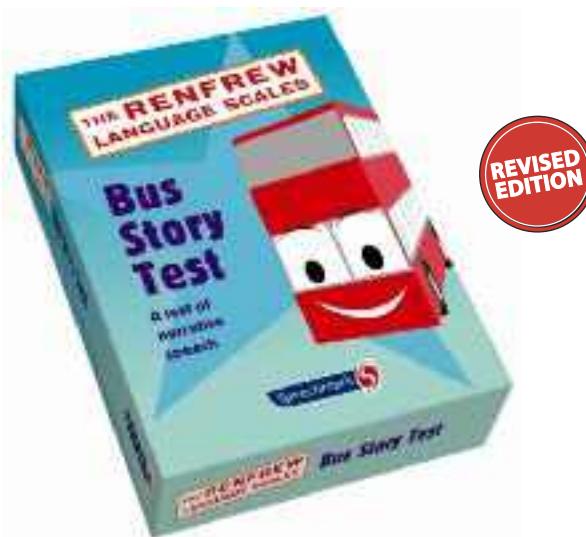
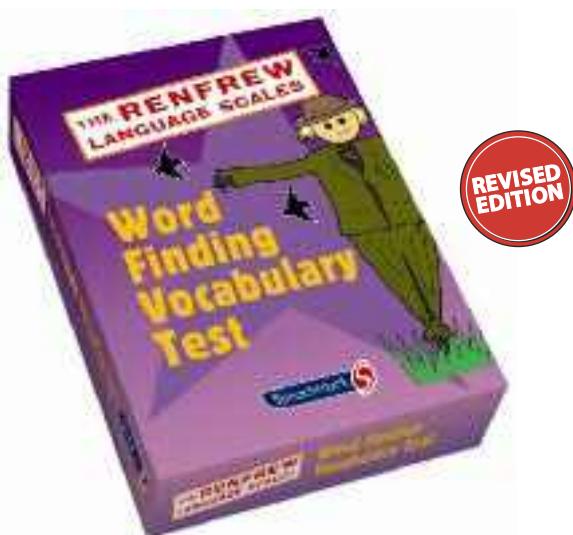
Catherine Renfrew

The test fulfils the need for a standardised, short and simple test to stimulate children to give samples of spoken language that could be evaluated in terms of information given and the grammatical structures used. The test covers:

- Words used to convey information, i.e. nouns, verbs, prepositions
- Present, past and future tenses
- Irregular forms of plural and past tenses
- Simple and complex sentence construction
- Passive voice

AGE 3-8 CONTAINS 10 full colour cards, photocopyable scoring form, manual, boxed

ISBN 9780863888090 **ORDER CODE** E01-003-5724



Word Finding Vocabulary Test

Catherine Renfrew

This test assesses the extent to which pictures of objects, arranged in order of difficulty, can be named correctly. Most of the objects illustrated have no alternative name, so the responses of children can be quickly measured. Completely revised, this new edition contains 50 line-drawn pictures, a manual and a photocopyable scoring form.

AGE 3-8 CONTAINS 50 line drawn picture cards, photocopyable scoring form + manual, boxed

ISBN 9780863888076 **ORDER CODE** E01-003-5722

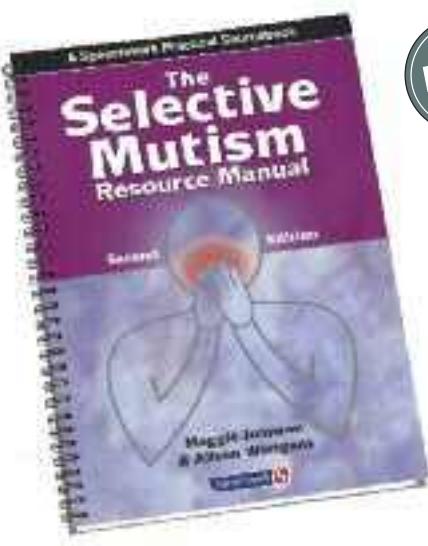
Bus Story Test

Catherine Renfrew

The age level of consecutive speech used in retelling a story can be assessed from the information content, sentence length and grammatical usage in this revised test. The test includes a picture story book, a scoring form to photocopy and a manual, but also requires the use of audio recording equipment.

AGE 3-8 CONTAINS Booklet, photocopyable scoring form, manual, boxed

ISBN 9780863888083 **ORDER CODE** E01-003-5723



NEW

The Selective Mutism Resource Manual

(second edition)

Maggie Johnson & Alison Wintgens

Selectively mute children are at a significant disadvantage personally, socially and educationally. This unique second edition manual emphasises practical assessment and treatment and provides advice and information, filling a significant gap in the availability of suitable resources in this field.

- Uses an approach based on behavioural principles and a hierarchy of stages of confident speaking originally conceived by Anthony Glassberg.
- Summarises relevant literature and theory and provides detailed ideas on assessment and management.
- Includes case examples, photocopiable material, and a discussion about progress, transfer and discharge.
- Written for teachers, clinical and educational psychologists, speech & language therapists, child psychiatrists and parents.

AGE 4-16 FORMAT A4 (297 x 210mm), 312pp spiralbound

ISBN 9781909301337 **ORDER CODE** E01-002-5994

My friend Daniel doesn't talk

Sharon Longo, Illustrations by Jane Bottomley

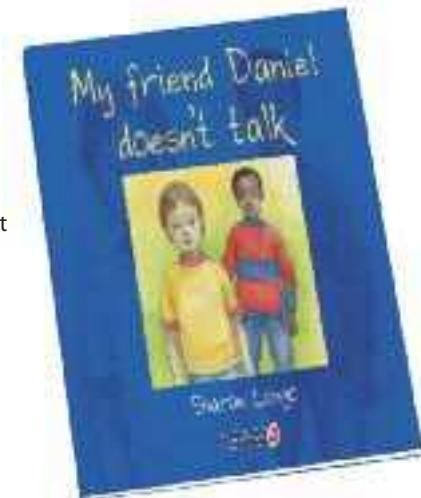
'When outgoing Ryan meets Daniel, a boy who is too afraid to talk in school or other places outside of his home, he befriends the silent boy, defending him in school to the other children. Their friendship grows, and Daniel feels comfortable enough to talk to his new friend. Ryan's tendency to 'talk too much' enables him to help Daniel in the classroom, and he hopes for the day when his friend will be able to talk in school so that the other children may get to know the 'real' Daniel. In the meantime, he is willing to continue to be a friend to Daniel until that day.'

This beautifully illustrated story book is for children with severe shyness, social anxiety or selective mutism to see that they can make a friend like Ryan. It is also a helpful tool for friends of children like Daniel to understand why these children are unable to talk in certain settings.

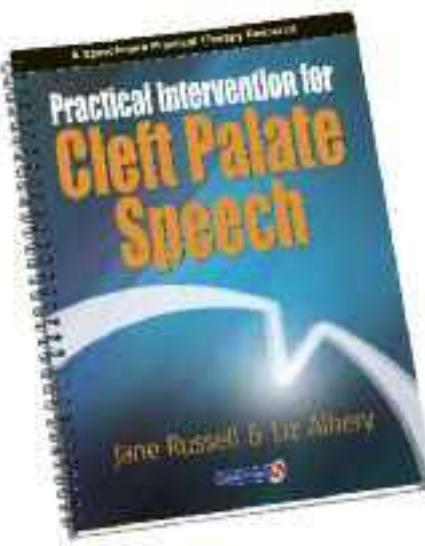
'I loved the illustrations and the characters were portrayed with a gentleness and sensitivity which made the story very likeable. The humour in the story is subtle and effective...written with real thought, care and from someone who really understands and empathises with the subject matter. Well done!' Judge of the BMA Medical Book Awards

AGE 4-8 FORMAT 210 x 210mm, 28pp, full colour, illustrated

ISBN 9780863885624 **ORDER CODE** E01-002-5288



BMA Medical Book
Competition Winner
Highly Commended in the
BMA Patient Information Awards



Practical Intervention for Cleft Palate Speech

Jane Russell & Liz Albery

A Speechmark core resource, this photocopiable manual contains practical ideas and material for speech and language therapists to use with clients whose speech difficulties arise from cleft palate and/or velopharyngeal disorders.

- Enables therapists in the community to feel confident in dealing with the specific problems that cleft palate speech can bring, even if they have no experience of working with this client group
- The therapy ideas can be used flexibly and are designed to cover all age-groups: pre-school, school-age and adult
- The suggestions presented in this book help to determine the best approach for each client

AGE All Ages FORMAT A4 (297 x 210mm), 120pp, wire-o-bound

ISBN 9780863885136 **ORDER CODE** E01-002-5181

Practical Intervention for Early Childhood Stammering

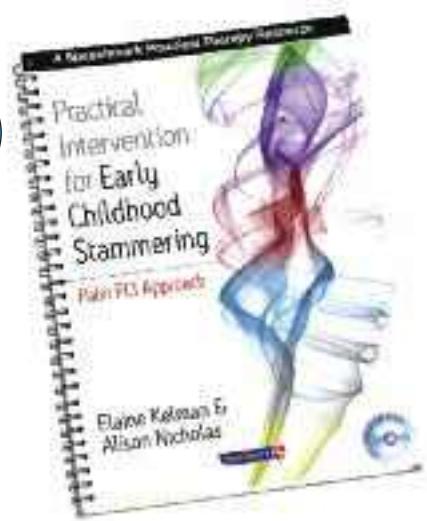
Elaine Kelman and Alison Nicholas

Therapy for young children who stammer is now high priority, with growing research evidence supporting early intervention. This manual from the Michael Palin Centre for Stammering Children (MPC) is a detailed, step-by-step guide that aims to identify which children are likely to recover naturally and which are at risk of developing a persistent stammering problem.

The therapy is a combination of indirect therapy methods that help parents via video feedback to identify interaction strategies that will support their child's fluency and enhance it in the home environment. The approach also addresses other concerns, such as confidence building, dealing with sensitive children, and establishing clear structures and boundaries to enhance family relationships.

AGE 3+ **FORMAT** A4 (297 x 210mm), 312pp, wire-o-bound + CD

ISBN 9780863886676 **ORDER CODE** E01-002-5433



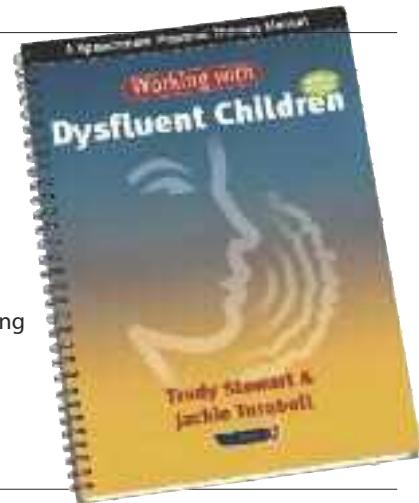
Who-Who-Who Goes Hoo-Hoo-Hoo

Peter Schneider

This beautifully illustrated storybook has been written for children who stutter and their parents, carers and teachers. It offers a positive message to children who stutter and shows other people, both adults and children, how best to react when talking to a child who stutters and the kind of responses to avoid.

AGE 0-8 **FORMAT** A4 (297 x 210mm), 32pp, paperback

ISBN 9780863889226 **ORDER CODE** E01-002-5798



Working with Dysfluent Children

Revised Edition

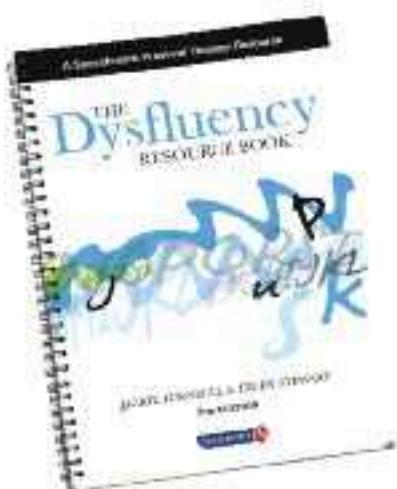
Trudy Stewart & Jackie Turnbull

This extensively revised edition is now an up-to-date clinical text, with ideas on relating theory to current practice. It is an invaluable resource for those working with children who are dysfluent, containing revised chapters on all stages of dysfluency and practical ideas and suggestions for therapeutic approaches.

Areas covered include • Development of stammering/borderline stammering/confirmed stammering • Assessment of children who are dysfluent • Early dysfluency • Group therapy • Working with nurseries and schools

AGE 3-16 **FORMAT** A4 (297 x 210mm), 312pp, wire-o-bound

ISBN 9780863885143 **ORDER CODE** E01-002-5182



The Dysfluency Resource Book

2nd Revised Edition

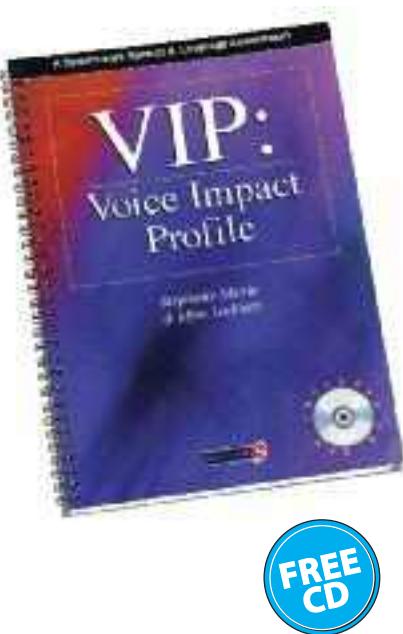
Jackie Turnbull & Trudy Stewart

Completely revised and updated, this new edition draws together the latest information on therapy for adults who stammer along with practical examples of exercises, tasks and activities that can be used for both individual and group programmes.

With new chapters, therapy ideas, the inclusion of 50 photocopiable handouts and the presentation of the chapters in the order they would use with their own group programmes, the authors set out the principles of therapy in such a way the treatment techniques fit into a clear management approach.

AGE Adult **FORMAT** A4 (297 x 210mm), 180pp, wire-o-bound

ISBN 9780863887925 **ORDER CODE** E01-002-5676



VIP: Voice Impact Profile

Stephanie Martin & Myra Lockhart

The VIP provides an 'at-a-glance' vocal profile for the clinician, voice coach and client. It examines the potential impact of specific factors on the voice: general health; vocal history; vocal health; voice care; vocal status; voice genogram; anxiety and stress; social functioning; vocal demand; and environmental factors, and offers an overview of the theory to support this choice.

- Self-administered by the client, the questionnaire should take approximately 10-15 minutes to complete
- The tick-box answers translate into the Vocal Impact Profile, a visual presentation of the areas of greatest impact on voice
- The questions have been designed to elicit easily-recorded information from the client about a range of factors that are known to affect vocal quality
- The clinician or voice coach enters the responses into the computer programme (supplied on CD) or transfers them manually on to the hard copy thus offering a clear visual representation of the results

VIP can be useful as an evaluation of client awareness, behavioural change and clinical effectiveness.

AGE 5+ **FORMAT** A4 (297 x 210mm), 48pp, wire-o-bound + CD

ISBN 9780863885273 **ORDER CODE** E01-002-5243

Working with Voice Disorders

2nd Edition

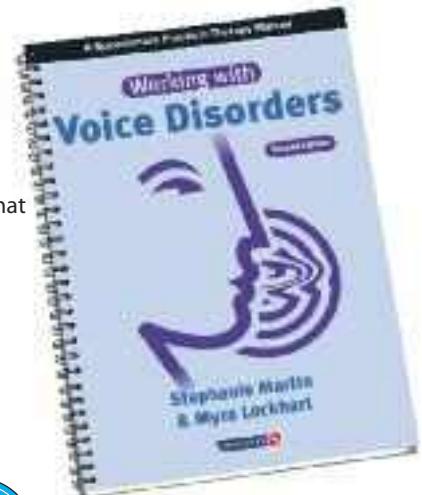
Stephanie Martin & Myra Lockhart

An essential resource for clinicians whether student or specialist, Working with Voice Disorders gives practical insight and direction into all aspects of voice disorder from assessment and diagnosis to intervention with case management. This second edition retains the successful format of mixing theory and practice and, reflecting recent changes in practice and theory, it now contains a wealth of new, evidence-based material. The book:

- Contains practical and photocopiable resource material, accumulated over several decades in the field of voice therapy
- Allows the clinician to look at specific aspects of patient management, clinical effectiveness, clinical efficiencies and service management
- Presents a pragmatic, patient-centred, easy to use and accessible resource, facilitating and informing decision-making along the clinical journey from referral to discharge

AGE Adult **FORMAT** A4 (297 x 210mm), 288pp, wire-o-bound + CD

ISBN 9780863889462 **ORDER CODE** E01-002-5852



The Voice Box

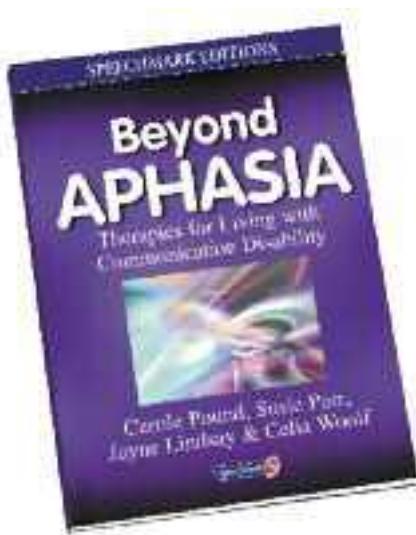
Stephanie Martin & Lyn Darnley

The Voice Box offers a complete resource of accessible ideas for voice specialists including professional voice users, teachers, speech and language therapists, actors. Intended for both remedial and training purposes, the voice exercises are printed on A5 cards and each exercise is carefully explained and supported by sound theoretical knowledge where appropriate.

- Vocal Information cards are also included and provide invaluable information and advice on remediation, intervention and voice training
- Intended as a practical resource for use in clinics and classrooms, in studio and on stage • The cards are comprehensive and unique and are intended to be part of the practical resources of every voice practitioner

AGE All **CONTAINS** A5 (210 x 148mm) cards, manual + CD

ISBN 9780863889387 **ORDER CODE** E01-003-5814



Beyond Aphasia

Carole Pound, Susie Parr, Jayne Lindsay & Celia Woolf

This book focuses explicitly on therapeutic techniques developed from a social model approach to disability and learning to live with difference. It describes theories, activities and methods of implementation developed from the work of Connect with people with long term aphasia.

- Theoretical discussion runs alongside practical ideas for therapy and evaluation, case studies and commentaries from the authors regarding the method and means of implementation.
- Synthesises theory and practice in this new area of service delivery. Its non-impairment led focus of the therapies means that it has wide appeal to therapists, health service professionals and volunteers who work with people with chronic disabilities affecting lifestyle and communication.

AGE Adult FORMAT A4 (297 x 210mm), 288pp, paperback

ISBN 9780863883477 ORDER CODE E01-002-3842

Aphasia Resource Book

Anne Dalrymple, Sarah Stanfield & Belinda Walker

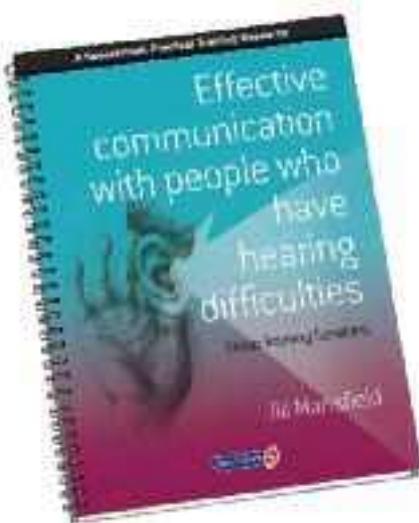
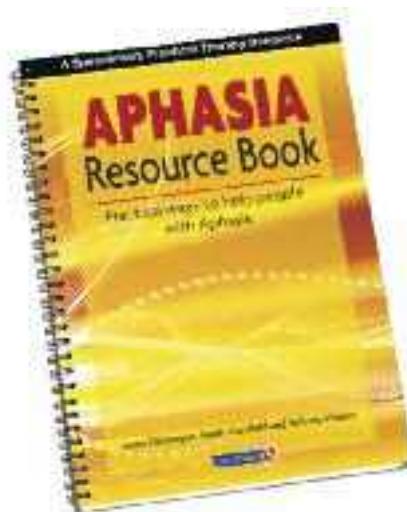
Designed for therapists, students, volunteers and carers, this is a user-friendly, practical workbook full of activity ideas to improve skills in specific areas for those diagnosed with aphasia. The activities:

- Cover a range of difficulties encountered in aphasia including: colour recognition, reading and writing, numeracy, memory and vocabulary
- Progress from easy to more complex tasks for each topic
- Have a clear rationale for inclusion, form part of an overall progression, and have a list of materials required
- Will enhance overall communication skills either by strengthening or teaching skills that have not been so damaged such as gesture, drawing or writing

The ideas can also be used as photocopiable homework activities.

AGE Adult FORMAT A4 (297 x 210mm), 180pp, spiral bound + CD

ISBN 9780863887505 ORDER CODE E01-002-5601



Effective Communication with People who have Hearing Difficulties

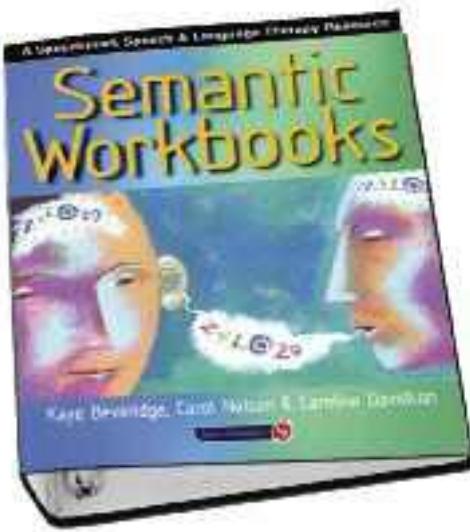
Jill Mansfield

One in seven people in the UK are said to be deaf or hard of hearing. Too often, clients are put off attending centres or have had bad experiences of services and communicating with care or teaching staff. Working through the sessions in this book will enable the reader to understand how to communicate effectively, how to treat individuals with respect and dignity in all types of settings, and how to encourage positive communication with people who have hearing difficulties. The author has used her own experience of deafness to convey the effects it can have on individuals and to give insight into how people with hearing difficulties like to communicate and be treated.

Divided into twenty sessions for group training, individuals can also work through the book on their own. The information, exercises and case studies in this book will provide the reader with the awareness and knowledge to communicate effectively with people who have hearing difficulties. Featuring many cartoon-style illustrations, this photocopiable manual is essential reading for anyone who comes into contact with people who have hearing problems.

AGE FORMAT A4 (210 x 297), 200pp, spiral bound

ISBN 9780863883415 ORDER CODE E01-002-5097



Semantic Workbooks

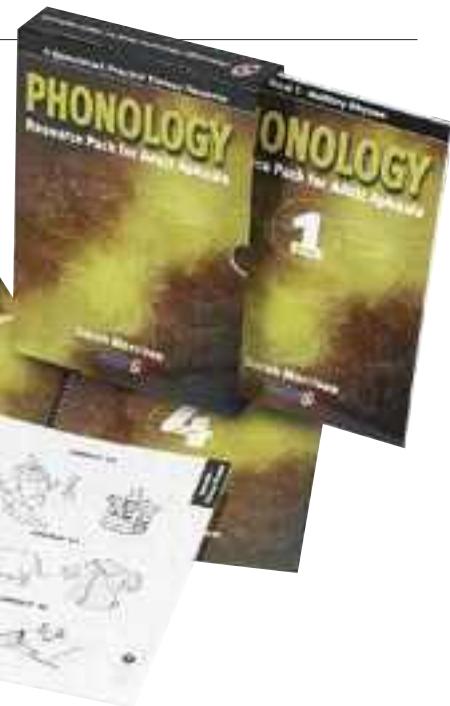
Caroline Davidson, Kaye Beveridge & Carol Nelson

Using hundreds of visual materials, this photocopyable resource provides a range of semantic therapy ideas and materials. Designed for use with adults with acquired neurological disorders and based on the cognitive neuropsychological model of language processing, each section covers specific aspects of semantics.

- Exercises are graded in order of difficulty and presented in a range of format
- Many of the picture exercises would also be suitable for semantic work with children
- Gives the busy therapist an easy, quick and high quality resource for everyday use

AGE 5+ FORMAT A4 (297 x 210mm), 6 illustrated books in a ring binder

ISBN 9780863882678 ORDER CODE E01-002-4640



Phonology Resource Pack for Adult Aphasia

Sarah Morrison

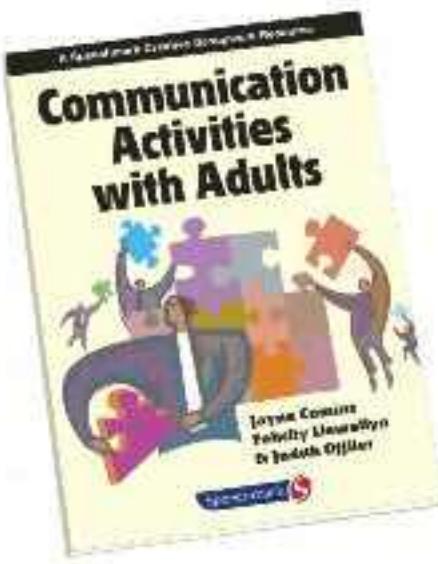
A photocopyable and flexible resource for speech and language therapists, support workers, volunteers and other professionals to use with people with aphasia, specifically those with phonological deficits. With its focus on the psycholinguistic approach to aphasia therapy, the pack presents a series of carefully graded exercises, many in worksheet format, that work on rhyme, recognition, judgment and generation, and homophone judgment.

The activities are graded into 'easy', 'moderate' and 'difficult' and are for use in therapy or to photocopy to create worksheets for home practice. Certain tasks correlate directly with sub-sections in the PALPA (Psychological Assessment of Language Processing in Aphasia) and can be used to teach tasks, as well as remediate identified deficits.

With more than 300 photocopyable illustrations, this is a valuable addition to the materials already used in the impairment-based approach to aphasia therapy.

AGE Adult FORMAT A4 (297 x 210mm) 5 illustrated wire-o-bound books in a slip case

ISBN 9780863882289 ORDER CODE E01-002-4210



Communication Activities with Adults

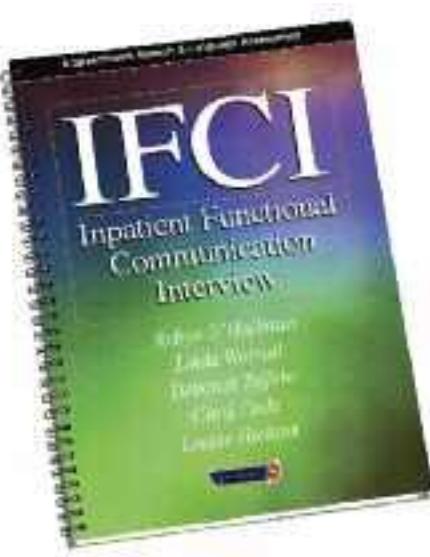
Jayne Comins, Felicity Llewellyn & Judy Offiler

With more than 100 graded communication activities for individuals and groups, this practical book is an excellent resource for health professionals and activity providers.

- An extensively revised and updated form of the extremely popular Activities Ideas, which was originally published in 1983
- Originally compiled for use with people with dysphasia, this book is also valuable for working with the elderly and day-centre clients, and can be used for group warm-ups
- The majority of activities require little or no preparation and can be adapted to suit different abilities

AGE 7+. FORMAT 128pp, paperback

ISBN 9780863883439 ORDER CODE E01-002-5098



IFCI: Inpatient Functional Communication Interview

Robyn O'Halloran, Linda Worrall, Deborah Toffolo, Chris Code & Louise Hickson

The IFCI provides speech & language therapists working in the acute hospital setting with a measure of how well in-patients with communication difficulties can communicate in relevant hospital situations. Assessing the patient's ability to communicate is crucial for successful health care. With the IFCI, the therapist has a structured assessment that provides a comprehensive evaluation of the everyday communication needs of patients whilst they are in hospital.

The interview is conducted in three parts: gathering relevant information from the patient's medical history; interviewing the patient and interviewing any relevant members of the health care team. Finally the clinician writes an overall summary, which will describe the patient's ability to communicate in the hospital setting, identifies the strategies that facilitate effective communication and identifies any goals for intervention.

The IFCI consists of fifteen hospital communication situations that were identified by observing the communication that occurs between staff and patients in an acute hospital setting. The situations were selected because they ranked the highest in terms of importance in providing health care, importance from a patient perspective, ease of observation, how typical they were of hospital situations, and that they could all be assessed at the patient's bedside within a 30-45 minute period.

AGE Adult **FORMAT** A4 (210 x 297), 92pp, spiral bound

ISBN 9780863885068 **ORDER CODE** E01-002-5180

FCTP: Functional Communication Therapy Planner

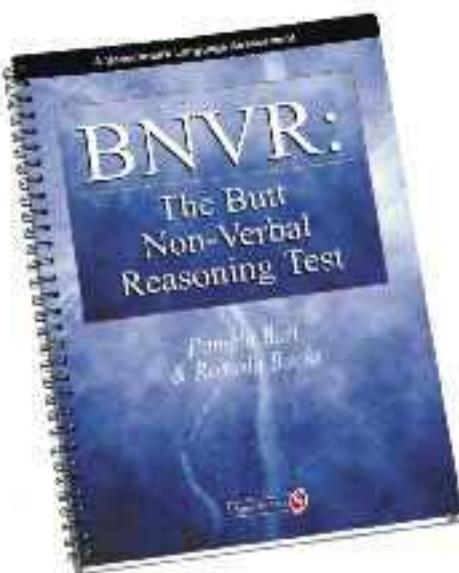
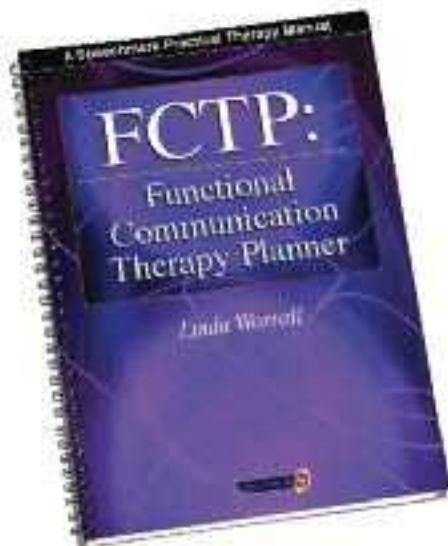
Linda Worrall

The FCTP provides a structure for clinicians to develop, administer and evaluate aphasia therapy. It aims to:

- Ensure that activities relevant to the client are evaluated and targeted and allows the client to drive the decision-making process;
- Be flexible taking into account pre-morbid personality, activities and abilities;
- Observe the client's performance in considerable detail;
- Be non-standardised to encourage clinicians to use professional judgement in their evaluation and planning and to encourage them to modify the content to suit specific populations and settings.

AGE Adult **FORMAT** A4 (210 x 297), 72pp, spiral bound

ISBN 9780863882371 **ORDER CODE** E01-002-4216



BNVR: The Butt Non-Verbal Reasoning Test

Pamela Butt & Romola Bucks

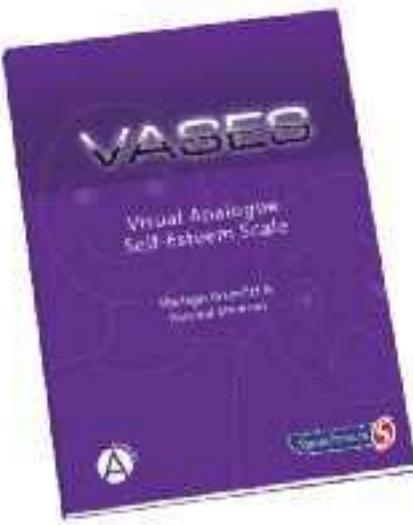
A unique and non-linguistic approach for identifying whether a cognitive (problem-solving) deficit as well as a linguistic deficit exists in individuals with acquired aphasia. This may be a key factor in understanding why some individuals overcome their communication difficulties better than others. Failure to recognise problem-solving difficulties may lead to unrealistic expectations of therapeutic intervention and thus inappropriate management and goal setting.

The BNVR Test:

- Requires the client to solve 10 everyday problems, presented in full-colour photographic format
- Short, requires minimal linguistic input, contains real-life situations
- Suitable for non-English speaking individuals

AGE Adult **FORMAT** A4 (297 x 210mm) 55pp, 55 colour illustrations, wire-o-bound

ISBN 9780863884726 **ORDER CODE** E01-002-5161



VASES: Visual Analogue Self-Esteem Scale

Shelagh Brumfitt and Paschal Sheeran

Updated and re-launched with an interactive CD, this is a vital resource for understanding and addressing the impact acquired language impairment has on self-esteem and the loss of self and identity. Designed specifically for the aphasic speaker, it can also be used with people with other acquired communication impairments, such as dysarthric speakers, and with learning disabled adults.

Easy to administer, the test presents a series of pictures which form a point for discussion. This encourages an overall idea of how the person views themselves and can be used as an outcome measure. The test results can be recorded on the CD and displayed to clearly show any changes in the patient's feelings over a period of time.

AGE Adults **FORMAT** CD + A5 (210 x 148mm) booklet in a storage wallet

ISBN 9780863887895 **ORDER CODE** E01-003-5685



Aphasia Screening Test (AST)

3rd Edition

Renata Whurr

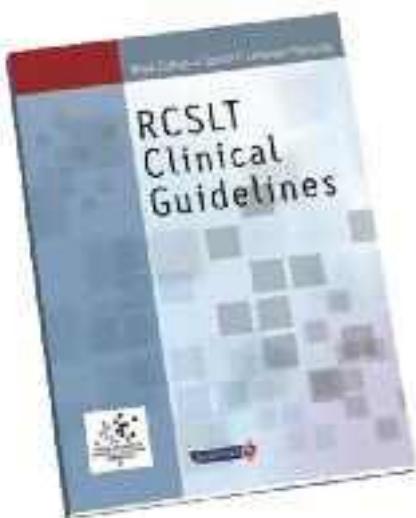
In use by more than 2,000 therapists, this user-friendly assessment is easy to interpret and clinically effective. Suitable for bedside assessment, the responses can now be digitally recorded on the accompanying CD.

- Designed for severely- to moderately-impaired aphasic adults, the AST is a sensitive and comprehensive clinical tool for obtaining a profile of the communication and language processes of listening, understanding, speaking, reading and writing
- Responses are entered onto the computer programme to produce clear test results and profile summaries outlining the patient's strengths and weaknesses
- Once analysed, the profile defines areas of language disturbances in order to help plan treatment, and re-testing provides an objective measure of changes in a patient's language and communication functions

Used successfully for more than 30 years, the AST is the benchmark for aphasia screening. Now with an interactive CD, this third edition is an essential resource for all clinicians working with adults.

AGE Adult **CONTAINS** Display book, test cards, interactive CD, manual and record forms

ISBN 9780863887901 **ORDER CODE** E01-003-5674



RCSLT Clinical Guidelines

Edited by Sylvia Taylor-Goh

The aim of these guidelines is to provide clinicians, managers and service users with statements regarding the clinical management of specific disorders or conditions and in some instances, particular populations. Each guideline contains recommendations that are explicit statements providing specific clinical guidance on the assessment and management of each area. Each recommendation is supported by evidence from the literature or is based upon the consensus of clinical experts.

Sections include: Pre-School children with communication, language speech needs; School-aged children with speech, language communication difficulties; Autistic spectrum disorders; Cleft palate and velopharyngeal abnormalities; Clinical voice disorders; Deafness/hearing loss; Disorders of fluency; Disorders of feeding, eating, drinking swallowing (dysphagia); Disorders of mental health dementia; Dysarthria; Aphasia; Head and neck cancer.

AGE All Ages **FORMAT** A4 (210 x 297), 432 pp, paperback

ISBN 9780863885051 **ORDER CODE** E01-002-5179

SPPARC: Supporting Partners of People with Aphasia in Relationships & Conversation

Sarah Lock, Ray Wilkinson & Karen Bryan

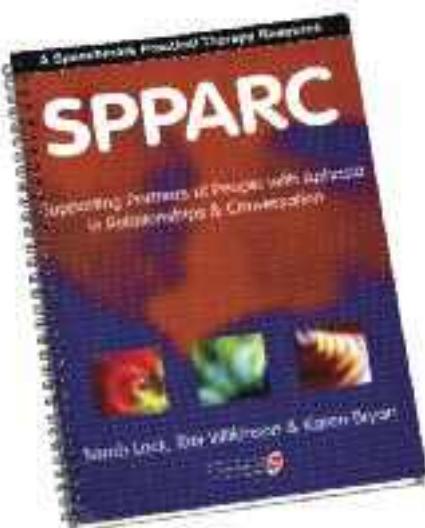
Highlighting the importance of working with partners in order to create real-life change both for partners and for people with aphasia. The SPPARC pack provides:

- Practical resources to run support and conversation training programmes either for groups of partners or for the partner and the person with aphasia as a couple
- Conversation assessment and treatment materials, photocopyable and printable activities and handouts (from the CD), as well as an introduction to conversational analysis
- A DVD with 27 extracts of everyday conversations between people with aphasia and their partners, which can be used as a resource both for assessing everyday conversation and for facilitating change

Validated through the 'Coping with Communicating' research project from University College London, SPPARC goes beyond the theory and provides a complete resource of clinically effective tools to work with people with aphasia and their communication partners.

AGE Adult **FORMAT** A4 (297 x 210mm), illustrated, wire-o-bound + CD + DVD

ISBN 9780863886898 **ORDER CODE** E01-002-5464



FREE CD



Sourcebook for Adolescents through to Adults with Acquired Communication Disorders

Fiona Sugden-Best

Speech and language therapists are constantly challenged in respect of assessing, providing therapy and maintaining the skills of individuals with a broad range of communication impairments. This sourcebook provides professionals with a range of pre-prepared, printable materials to support these challenges. In addition, some of the material can also be used whilst working with individuals with profound neurological impairment, which results in either limited motor control or only the ability to communicate via eye pointing/gaze.

The resources included in the CD enables the production of individually tailored packages for both client and carer usage. Sections covered are:

- Oromotor skills: an initial oromotor assessment; exercises in a clear format, with illustrations, to enable clients to work independently or with carers, with recording sheets
- Voice and breathing: assessment and exercise sheets, including relaxation, voice, breathing, intonation, resonance and pitch, with illustrations and diagrams
- Articulation sheets: Speech sounds, including consonant clusters, multi-syllabic words and tongue twisters
- Assessment of communication skills: a range of language assessments and screens
- Communication questionnaire and handouts: a personal communication history, handouts to raise client awareness of difficulties, together with a large number of handouts for both clients and carers in relation to a wide range of communication disorders, including strategies and tips
- AAC: a screening tool; coloured and printable 'yes/no' cards and an extensive range of alphabet charts for both direct and indirect access

AGE 13+ **FORMAT** CD +booklet

ISBN 9780863889776 **ORDER CODE** E01-003-5911

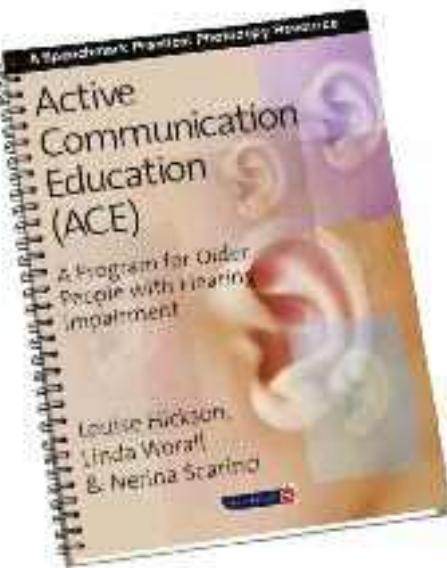


The Frenchay E-tran Frame

The E-train (eye-transfer) frame is a low-tech communication aid for people who have difficulty with speech, designed for anyone who is able to move their eyes intentionally and has basic spelling skills, (for example individuals with MND or MS). A consistent yes/no response does need to be established between the user and the communication partner, so choices can be confirmed. Lightweight and portable, it can be used in places where other communication aids may not be applicable – for example, in the bath.

AGE Adult **CONTAINS** Polypropylene frame in a wallet with instruction guide

ISBN 9780863888557 **ORDER CODE** E01-003-5213



Active Communication Education (ACE)

Louise Hickson, Linda Worrall & Nerina Scarinci

Active Communication Education (ACE) is a group training program designed to help people over the age of 50 with hearing impairment to become more effective communicators in everyday life. Written for health professionals such as audiologists, speech & language therapists and nurses working in the community, this step-by-step program offers guidance and strategies that will help to improve the person's communication abilities. Reduce the hearing difficulties experienced. Improve the person's quality of life. The small-group program is divided into a series of six modules based on everyday communication activities known to be problematic for older people with hearing impairments. These include using the telephone, listening to the television, going to a restaurant and conversing at mealtimes. Family and friends are also encouraged to attend. Each module includes photocopiable handouts that cover:

- A detailed discussion of the communication activity
- Possible solutions
- Practical exercises
- Home exercises
- Feedback on what has been covered.
- Successfully trialled as part of the National Health and Medical Research Council (NHMRC) grant in Brisbane, Australia, health professionals will find that ACE is a valuable rehabilitation option for older people, resulting in fewer communication difficulties, reduced social isolation and an improved quality of life and well-being.

AGE Adult **FORMAT** A4 (210 x 297), 104pp, spiral bound

ISBN 9780863886140 **ORDER CODE** E01-002-5378

The Big Book of Storysharing

Nicola Grove

This book introduces new ways to tell stories with children, helping them begin to tell stories of their own. It has been written to help everyone who comes into contact with children who find it difficult to tell stories independently – children who may have special educational needs, or are in the process of learning to speak a second language, or who are not used to voicing their experiences and being heard.

Personal stories are the way we develop a sense of who we are, make sense of our experiences, and make and sustain relationships. Research shows that people with severe communication difficulties – such as profound learning disabilities, autism and language impairments – find it hard to recall and share the stories of their lives. This handbook draws on fifteen years of research and practice into personal storytelling in adult services and educational settings, and makes a unique, innovative and highly effective approach to enabling the most severely disabled individuals to participate in telling their own stories.

AGE All ages **FORMAT** 146pp, A4 (297 x 210mm), spiral bound

ISBN 9781909301405 **ORDER CODE** E01-002-5986



Swallowing Guidelines

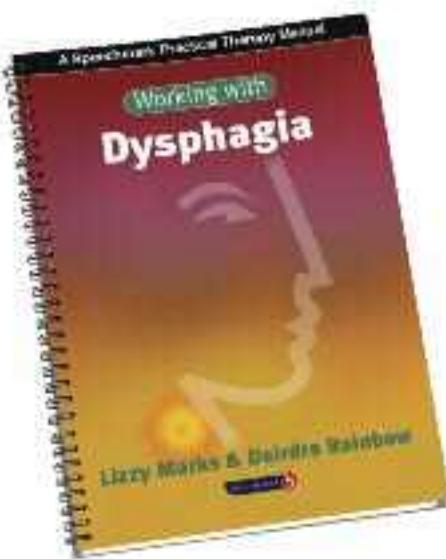
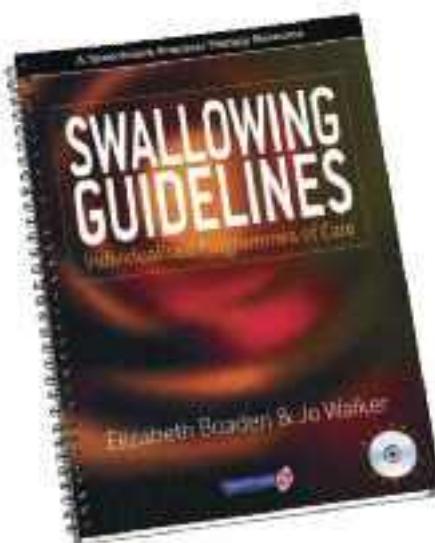
Elizabeth Boaden & Jo Walker

This book and CD resource enables the therapist to easily inform patients and carers of relevant dysphagia instructions by communicating updatable information, advice and therapy.

- Using an interactive CD, Swallowing Guidelines allow you to produce multiple individual programmes that may be emailed or posted to the individuals, their carers or other professionals
- The programme sheets promote advice covering all aspects of dysphasia care in clear language. All that the therapist needs to do is highlight the sections pertinent to their patient and the programme is created
- As the individual's status changes, the programme can be quickly amended to reflect their changing needs

AGE Adult **FORMAT** A4 (297 x 210mm), 88pp wire-o-bound + CD

ISBN 9780863885174 **ORDER CODE** E01-002-5185



Working with Dysphagia

Lizzy Marks & Deirdre Rainbow

This text will be indispensable to all clinicians working with dysphagia. The practical assessment approach and comprehensive management strategies are supported throughout with references of recent relevant research. It includes:

- Introduction
- Tracheostomies and ventilators
- The normal swallow
- Nutrition and hydration
- Respiration and aspiration
- Legal and professional issues
- Subjective assessment
- Health and safety
- Objective assessment
- Making ethical decisions
- General issues in management
- Training other professionals

Appendices bring together examples of client advice sheets, programmes and details of available resources, including internet sites. With its perspective on everyday working practice, Working with Dysphagia fills a gap in an area where practical and workable material is much sought after.

AGE Adult **FORMAT** A4 (297 x 210mm), 264pp wire-o-bound

ISBN 9780863882494 **ORDER CODE** E01-002-3843

Feeding and Swallowing Disorders in Dementia

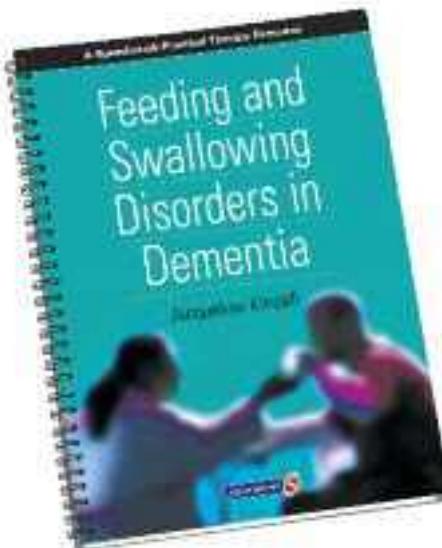
Jacqueline Kindell

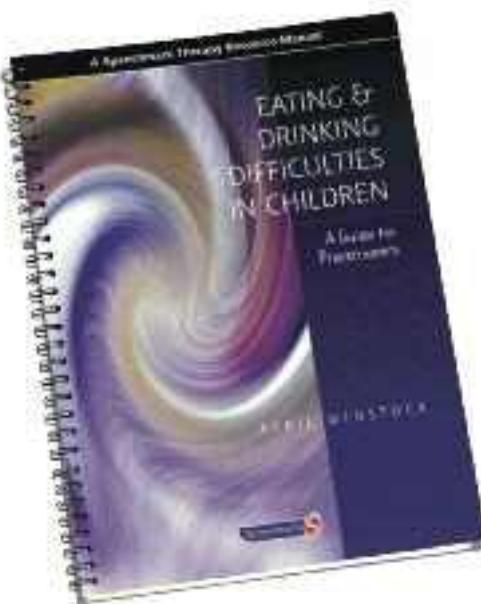
Drawing on expert research, this is a practical guide that offers potential strategies to manage the feeding and swallowing difficulties that can occur with dementia. Professionals are encouraged to focus on the needs of the individual by asking practical questions when making an assessment. This allows a worker to observe, document and manage feeding and swallowing difficulties.

- Forms, schedules and checklists that can be photocopied are provided to aid in implementation
- Includes case studies to illustrate theory in practice, as well as a wide ranging bibliography

AGE Adult **FORMAT** A4 (297 x 210mm), 136pp, wire-o-bound

ISBN 9780863883125 **ORDER CODE** E01-002-5026





Eating & Drinking Difficulties in Children

April Winstock

Clearly illustrated, this is the ultimate practical handbook for all professionals working with children with eating and drinking difficulties, and an essential guide for all students studying this area of therapy. Covering the complex issues involved in this field, this book:

- Examines the theoretical background while maintaining a clear focus on its practical application
- Provides essential information on all the relevant issues
- Contains an invaluable range of photocopiable material for each chapter, which can be given to families and professional colleagues
- Provides a range of appendices with details of useful resources including a reference list and suppliers of equipment

"The manual is well researched with excellent references to other sources... is good value for money." Valerie Moffat, Speech & Language Therapy in Practice

AGE 0-16 FORMAT A4 (297 x 210mm), 312pp wire-o-bound

ISBN 9780863884269 ORDER CODE E01-002-5136

The Manual of Paediatric Feeding Practice

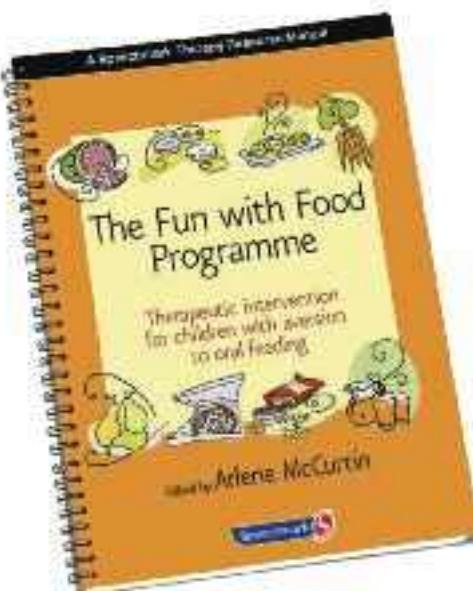
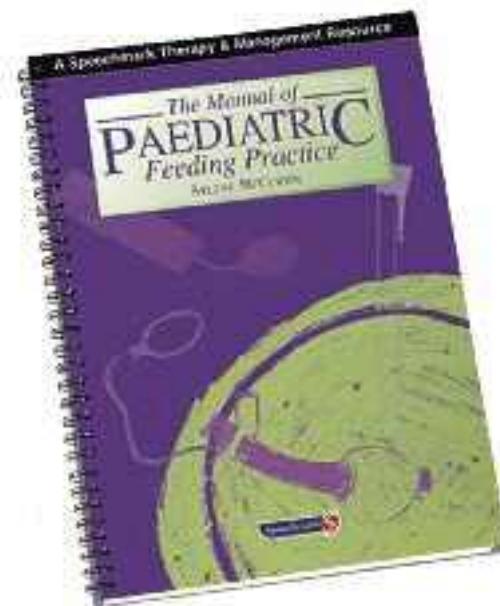
Arlene McCurtin

Provides practical and accessible assessment, therapy and management tools for children with feeding difficulties. Intended for use in clinics, the manual is problem led and pragmatic in its approach. Organised in an efficient A-Z format so that required topics can be quickly and easily located. Provides photocopiable checklists and assessments to hand to parents, teachers and others working with the child.

"I would recommend this book to add to any department's resources, both acute and outpatient. It is easy to access, and gives good checklists and guidelines for those new to the feeding field" RCSLT Bulletin

AGE 0-16 FORMAT A4 (210 x 297) 180pp, wire-o-bound

ISBN 9780863884924 ORDER CODE E01-002-3325



The Fun with Food Programme

Arlene McCurtin

An extremely valuable resource for all who work with children with aversion to oral feeding. It provides exact prescriptions for therapeutic intervention with children who have aversion to oral eating, drinking and swallowing. The programme:

- Is practical and easy to adapt, and can be used selectively or in its entirety
- Contains assessment forms, outcome measures, session plans, case notes and activity suggestions – everything that the therapist needs
- Has also been used successfully to treat individuals with physical disabilities, learning disabilities, Autistic Spectrum Disorders, Down's syndrome, sensory processing disorders, and those with complex medical histories but no overt diagnosis

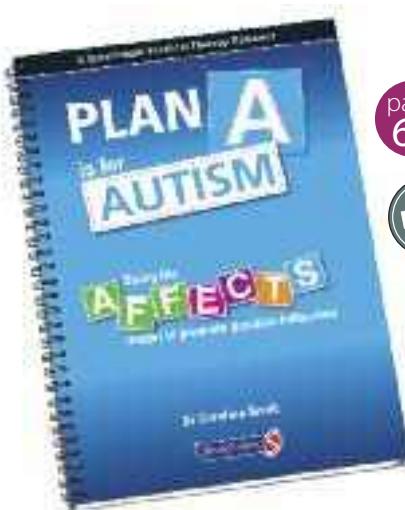
AGE 1+ FORMAT A4 (297 x 210mm), 312pp, wire-o-bound

ISBN 9780863885662 ORDER CODE E01-002-5313

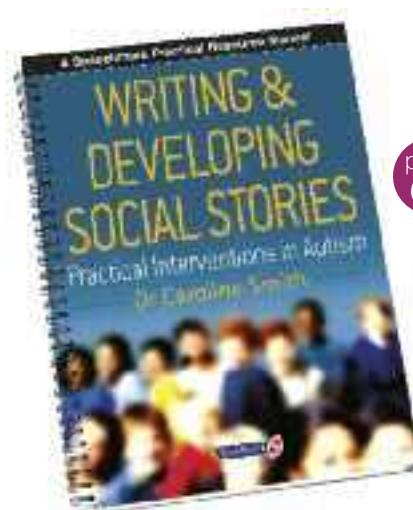
Welcome to Special Needs

Practical resources for therapists, educators and carers working with adults and children with special needs designed to develop skills and encourage integrations.

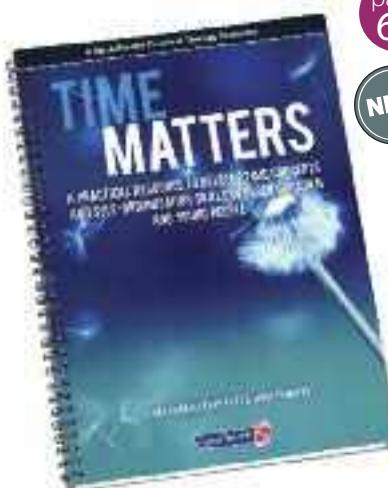
More new resources are available online at www.speechmark.net



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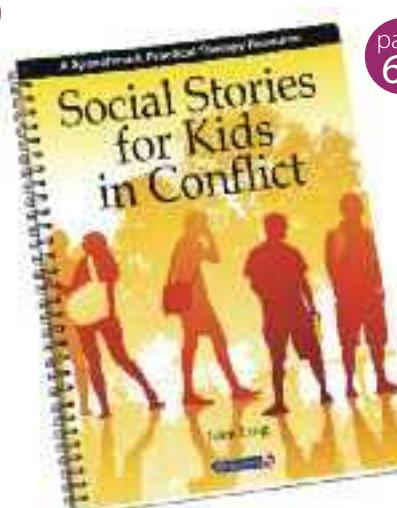


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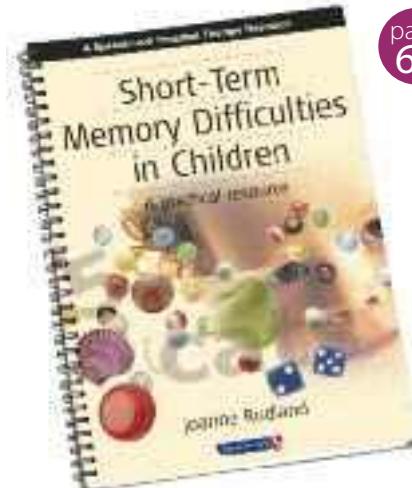


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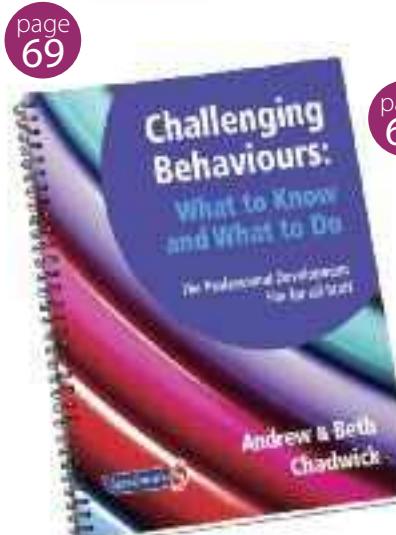
NEW



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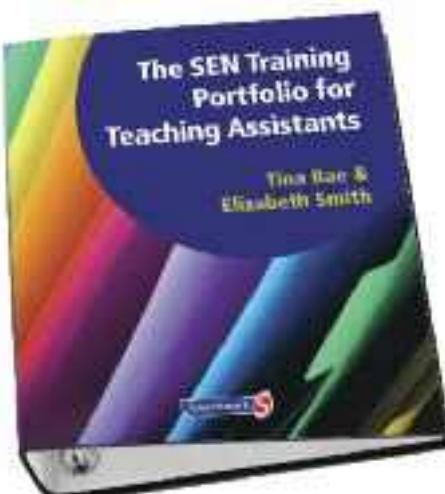


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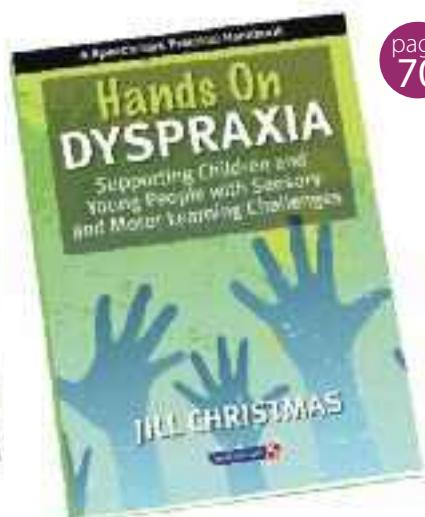
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The SEN Training
Portfolio for
Teaching Assistants

Tina Ibar &
Elizabeth Smith

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Hands On
DYSPRAXIA

Supporting Children and
Young People with Sensory
and Motor Learning Challenges



NEW

Plan A is for Autism: using the AFFECTs model to promote positive behaviour

Dr. Caroline Smith

This practical resource provides a systematic process for helping teachers and others to promote positive behaviour in children and young people with Autistic Spectrum Disorders. This resource will:

- Provide an overview of the behaviours of children with autism
- Explore the underlying reasons why children with autism act and react as they do
- Consider quite carefully who is impacted by the behaviour of the child with autism with what outcomes for emotional well-being
- Explore how to make a difference in the shorter term by using the Keep It Simple (KIP) model
- Help you to implement a unique and individual intervention plan for the child with autism using the AFFECTS plan.

It is particularly useful for all those living and working with children with Autistic Spectrum Disorders, Teachers, Teaching Assistants, Educational Psychologists, Clinical Psychologists, Parents and Carers.

AGE +4 FORMAT 188pp, A4 (297 x 210mm), wire-o-bound

ISBN 9781909301412 **ORDER CODE** E01-002-5987

The World According to Autism Spectrum Disorder

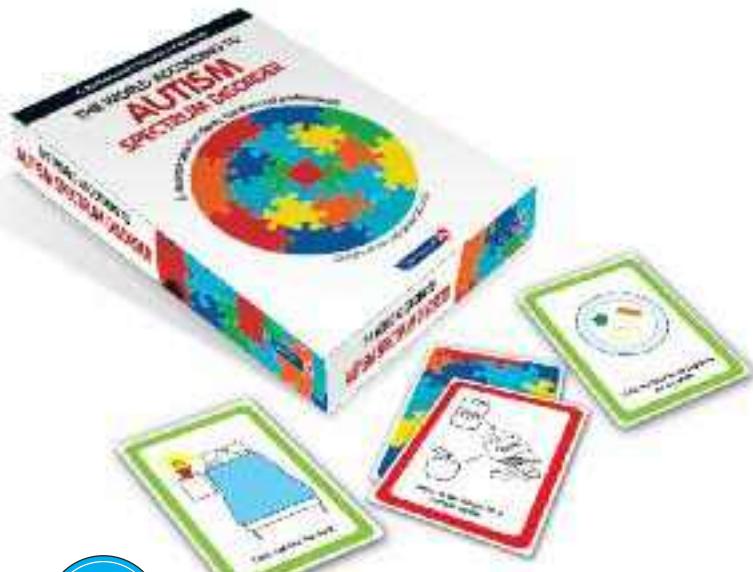
Michelle Wilson & Leonie McDonald

A new multifunctional and flexible resource that maps the diagnosis of an Autistic Spectrum Disorder for the individual, their family and/or carers, thus promoting an understanding of the key features of the disorder. The resource aims to highlight the sufferer's positive attributes to help promote self-esteem and encourage family and/or carers to see the individual rather than the diagnosis. All this is delivered in a structured and visually supported way that is consistent with the preferred learning style of individuals with autism. Features of the pack include:

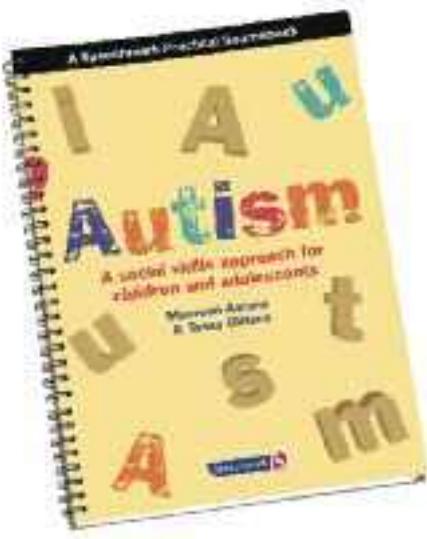
- Two sets of colour-coded cue cards that target the individual or families/professionals
- Worksheets to use with the cue cards – copies can be shared with family and friends to increase understanding
- Scope to track the trajectory of an autistic spectrum disorder across the lifespan.

AGE All ages **CONTAINS** A5 (210 x 148mm) cards, worksheets + CD, Mixed media product

ISBN 9780863889301 **ORDER CODE** E01-003-5806



FREE
CD



Autism

Maureen Aarons & Tessa Gittens

An excellent source of practical ideas that form the basis for programmes of intervention for children with autism. The content is primarily aimed at those working with children who have normal, or near normal, cognitive abilities, rather than those who work with children whose autism accompanies severe learning disabilities.

The authors are speech language therapists who work both in the community and in educational settings.

'For both experienced and new clinicians working with young people who have autism this will be an invaluable tool.' Speech and Language Therapy in Practice

AGE 3-16 **FORMAT** A4 (297 x 210mm), 106pp, wire-o-bound

ISBN 9780863883194 **ORDER CODE** E01-002-3088

Writing & Developing Social Stories

Dr. Caroline Smith

This book is ideal for education psychologists and speech and language therapists. This practical resource provides an introduction to the theory and practice of writing social stories. In addition, there are examples of successful stories to use as guides, as well as information and photocopiable resources for delivering training on the use of social stories.

Based on detailed work carried out in homes, schools and pre-schools, this book offers practical support to anyone meeting the needs of a child or young adult with an autistic spectrum disorder.

Social stories are short stories intended for children with autism to help them understand their social world and behave appropriately within it.

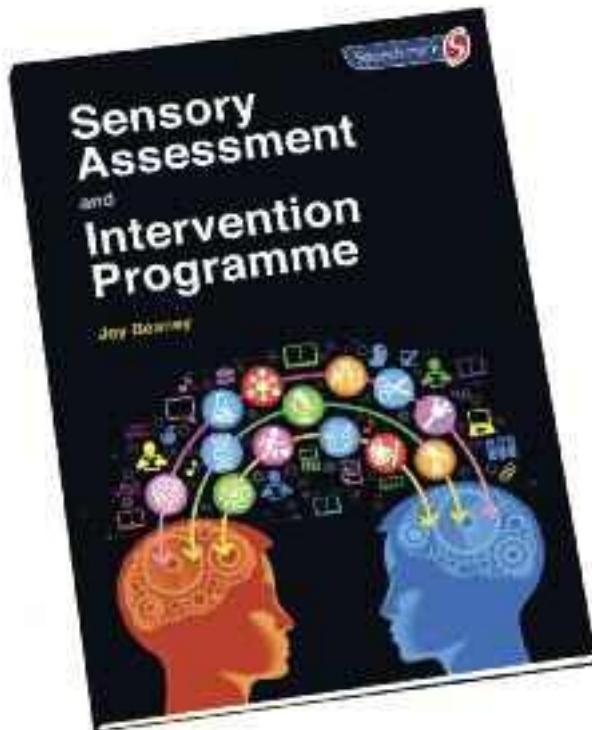
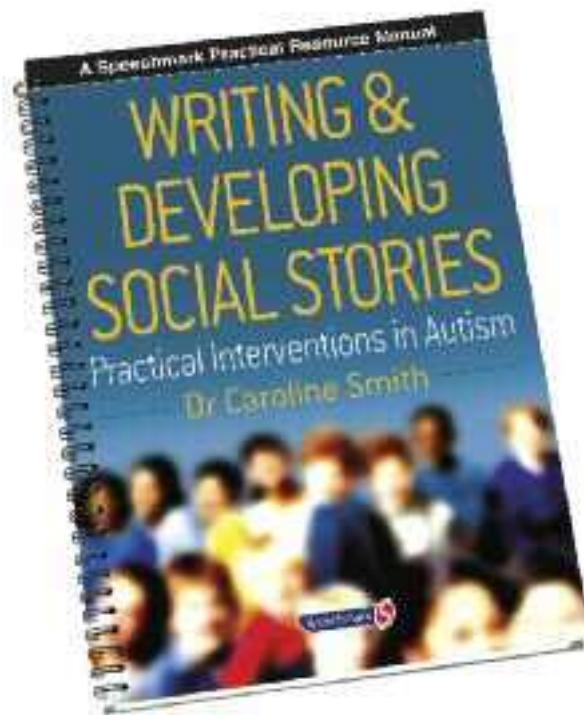
The stories:

- Provide clear, concise and accurate information about what is happening in a specific situation, outlining both why it is happening and what a typical response might be
- Are written by those directly supporting a child with autism and only successful stories are included in the book
- Are infinitely flexible and adaptable to an individual child in an individual social situation

'This is an excellent, clear, useful and practical resource...I would recommend this book to individual practitioners.' Karen McKenzie, Learning Disability Practice

AGE 3-16 FORMAT 104pp, A4 (297 x 210mm), wire-o-bound

ISBN 9780863884320 **ORDER CODE** E01-002-5140



Sensory Assessment and Intervention Programme

Joy Beaney

With autism diagnoses on the increase, and the majority of the affected children being in mainstream education, this easy-to-use resource will be an invaluable tool to help practitioners identify the possible triggers for behaviour issues, and create an intervention programme to support that child. Also suitable for other children who have sensory difficulties.

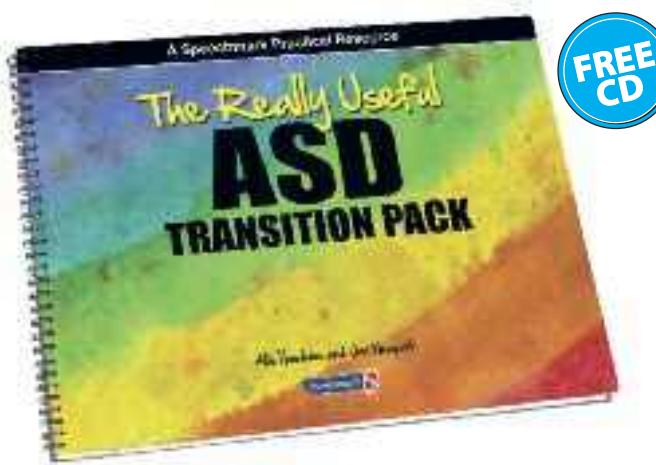
Included on the CD is a printable handbook which details:

- Background to development of the assessment
- Autism and its impact on the child
- Sensory issues and autism
- Using the CD and analysing how sensory difficulties are affecting the child
- Developing an intervention programme
- Evaluating the intervention and way forward.

AGE 2-12 years **FORMAT** Assessment CD with booklet

ISBN 9780863889516 **ORDER CODE** E01-003-5870





The Really Useful ASD Transition Pack

Alis Hawkins & Jan Newport

The ASD pack is built around 'The Provision Record' a detailed map of potential in-school provision that runs from the moment the child walks into school to the time he/she is picked up. At the heart of the pack are five case studies presented as completed Provision Records. Each represents a different presentation of autism spectrum disorder and the specific adjustments required to include the student successfully.

The CD allows schools to incorporate 'The Provision Record' and other resources into their own online record system.

AGE 2-12 FORMAT A4 (297 x 210mm), 122pp, wire-o-bound +CD

ISBN 9780863888397 **ORDER CODE** E01-003-5748

Groupwork for Children with Autism Spectrum Disorders

Liz Ann Davidson, Kerrie Old, Christina Howe & Alyson Eggett

These three books focus on the impairments and their impact on sensory processing, motor development, play, language and communication skills, social skills, emotional development and behaviour for the relevant age group. Each book presents ideas for developing good teamwork, including peer review, and working towards a trans-disciplinary approach where professionals can step into each others roles where appropriate. This enables readers to:

- Assess individual needs
- Organise groups (including group members, venue and transport)
- Set individual group targets
- Plan group sessions (includes examples of activities for each developmental area)
- Evaluate progress

AGE 3-5 ISBN 9780863885839 **ORDER CODE** E01-002-5346

AGE 5-11 ISBN 9780863885945 **ORDER CODE** E01-002-5347

AGE 11-16 ISBN 9780863885952 **ORDER CODE** E01-002-5348

FORMAT FOR ALL BOOKS 264pp, A4 (297 x 210mm), wire-o-bound



'Easy to read with clear, concise and easily accessible information'
Lorien Emblem, Speech and Language Therapist, St Dominic's School, NAPLIC Newsletter

Using Drama with Children on the Autism Spectrum

Carmel Conn

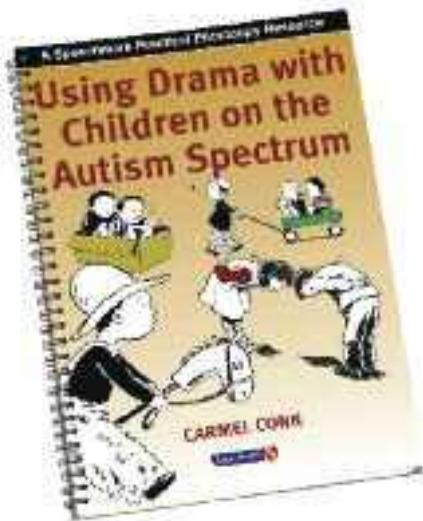
This practical manual contains more than 150 activities for use with children aged 5-11 years old. Written for mainstream and special needs teachers, speech & language therapists, drama teachers and drama therapists, the book shows how using drama with children across the autism spectrum can help to develop:

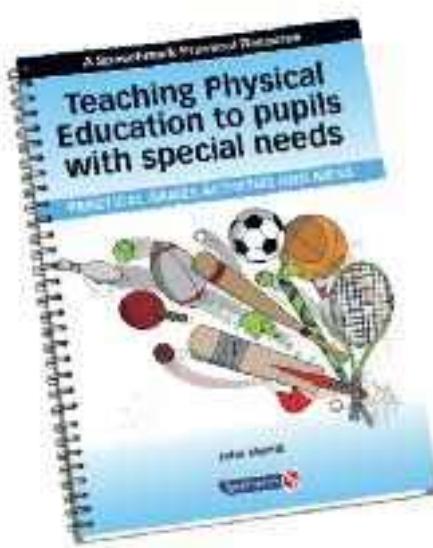
- Social skills
- Verbal and non-verbal communication
- Playfulness and pretence
- Self-awareness and self-esteem

Complete with case studies, photocopiable resources and step-by-step guidance on how to deliver a drama programme, this practical resource will be invaluable for all those who are looking for new ways of engaging children on the autism spectrum.

AGE 5-13 FORMAT A4 (297 X 210mm), 312pp, wire-o-bound

ISBN 9780863886010 **ORDER CODE** E01-002-5366





Teaching Physical Education to Pupils with Special Needs

John Morris

Physical education is vital for the holistic development of every young person, more so when that young person has physical, cognitive, and or emotional/behavioural difficulties that require different methods and approaches to generate even the smallest improvement in learning, performance and independence.

The activities, games and adaptations featured will enable special needs students to participate whilst learning new, and consolidating existing skills. The contents have been organised as follows:

Games and ball skills • Gymnastics and dance • Developing spatial awareness • Athletic activities

Schemes of work influenced by the National Curriculum and the Equals Schemes are included, providing the user with complete guidance on how to deliver an adapted PE programme to pupils with special needs. These resources will also be useful to mainstream teachers who need to supplement and adapt mainstream PE programmes to accommodate pupils with moderate learning or physical disabilities.

AGE 7+ **FORMAT** A4 (297 x 210mm), 98pp wire-o-bound

ISBN 9780863889752 **ORDER CODE** E01-002-5905

Play Better Games

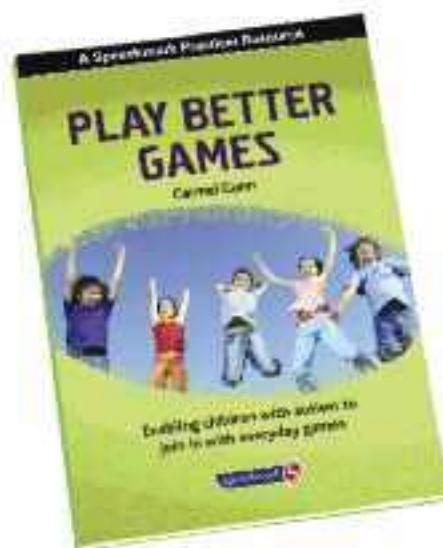
Carmel Conn

Games provide a social experience that is emotionally compelling, where children laugh and have fun and do not realise they are interacting, problem solving, negotiating and cooperating with each other.

Play Better Games is designed to help practitioners and parents to think about what might prohibit their children from joining in with games and plan effective strategies for support. It will be of benefit to teachers, therapists, group works, play workers, midday supervisors and support workers, as well as to parents and siblings of children with autism.

AGE 5+ **FORMAT** A4 (297 X 210mm), 164pp, paperback

ISBN 9780863888212 **ORDER CODE** E01-002-5754



Play Better Games Cards

Carmel Conn

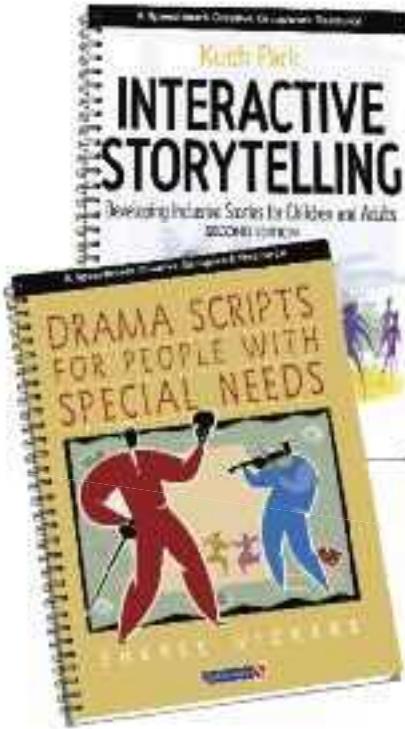
Many children with autism want to join in with the social play of other children, but may not know how. These game Play Better Games Cards describe ordinary, often traditional, games that are especially suited for playing with mixed groups of children, with and without autism.

The cards include games that have been carefully chosen in terms of the amount of skill required in playing them, for example, in language, imagination or motor coordination. Simple and straightforward ideas are given on how to provide support within the game playing for children who have difficulty with these kinds of play skills. The focus here is on enabling children with autism to play games with other children so that, through playing games, learning can take place.

An easy to use resource that can be dipped into for ideas again and again.

AGE 5+ **CONTAINS** 120 cards +instruction booklet, boxed

ISBN 9780863888540 **ORDER CODE** E01-003-5708



Interactive Storytelling Second Edition

Keith Park

Interactive storytelling where the story is spoken or chanted, began as a way to include individuals with severe and profound learning disabilities in larger group activities, whether children in school or adults in day services. This hands-on manual will enable teachers, therapists, parents and anyone working with children or adults in community settings to use performance and recital to bring stories, drama and poetry to life for people of all abilities.

AGE 4+ **FORMAT** 128pp, A4, wire-o-bound

ISBN 9780863888199 **ORDER CODE** E01-002-5733

Drama Scripts for People with Special Needs

Sheree Vickers

You may wish to use drama in a teaching or group situation but lack either the confidence to speak in character or the time to develop a role and/or workshop. This book solves both of these problems by providing the words to speak, an established well-worked lesson plan to use and an easy format to follow for multiple adaptations and future dramas.

AGE 6+ **FORMAT** 132pp, A4, wire-o bound

ISBN 9780863885297 **ORDER CODE** E01-002-5245

Groupwork with Learning Disabilities: Creative Drama

Anna Chesner

This practical manual is for anyone who has the opportunity of facilitating creative drama for people with learning disabilities.

- Offers basic principles of working, different approaches to drama and specific structures that can be easily used.
- Demonstrates how creative drama can deliver many benefits to both individuals and groups including increased tolerance and respect, enhancing self esteem and developing social skills .
- Includes many easy-to-follow exercises and photocopiable activities that can be used with every group.

AGE 7+ **FORMAT** A4 (210 x 297), 232pp, spiral bound

ISBN 9780863883248 **ORDER CODE** E01-002-2783



The Art Activity Manual

Marylyn Cropley

With its simple, flexible and practical approach to art activities, this book enables group members to explore and discover their own level of artistic skills, creative styles and preferences. The activities can be used by anyone, regardless of art ability, and there are more than 100 ideas and suggestions with detailed session plans. Specifically designed for adults with learning disabilities, physical disabilities and sensory loss, people with mental health needs and older people, the activities can also be used by teachers and individual artists.

'The well presented and extensive and practical suggestions form a resource that would be valuable to a teacher of art at any level ... [This] is a very useful resource and practical aid to lesson planning and action.' Caroline Ellwood, IS Magazine

'Practical, user friendly resource information is clearly presented in worksheets' Information Exchange

AGE Adults **FORMAT** A4 (297 x 210), 248pp illustrated, wire-o-bound

ISBN 9780863884313 **ORDER CODE** E01-002-5141

Coaching and Mentoring Staff in Schools

Michael Hymans

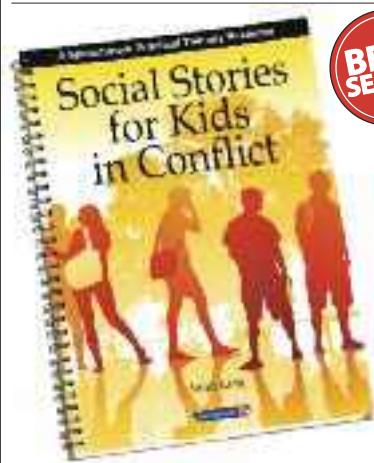
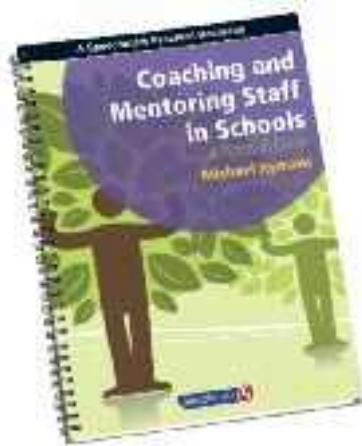
Coaching and mentoring are a vital part of professional development. It strengthens the culture and ethos of the school by promoting an atmosphere of mutual trust and respect. Drawing on new research, this wide-reaching and practical resource will benefit those interested in introducing coaching and mentoring or those who want to reflect on progress made and plan for further development. The content includes:

- Different coaching models with tips on best practice and skills needed for delivery and evaluation.
- Case studies and activities such as audits and questionnaires on topics including 'finding the time'.

CD includes a staff development PowerPoint presentation and copyable resources.

AGE Adult **FORMAT** A4 (297 x 210mm), 218pp +CD, wire-o-bound

ISBN 9781906517571 **ORDER CODE** E01-007-5862



Social Stories for Kids in Conflict

John Ling

Designed to help those who work and/or live with young people who have difficulties with their behaviour and relationships with others, this is a practical guide to help young people become more aware of their behaviour and its effect on other people. The 90 example stories cover personal issues, daily routines, home life, social skills, school work, homework, playtime and physical education. With minimal editing these can all be quickly personalised to suit the needs of an individual child.

'An expansive toolkit to support anyone wishing to try out these techniques.'
Iain Chatwin, Independent Consultant and Trainer in ASD and learning disability, NASEN Special

AGE 3-16 **FORMAT** A4 (297 x 210mm), 240pp, wire-o-bound + CD

ISBN 9780863887604 **ORDER CODE** E01-002-5659



Sensory Dinosaurs

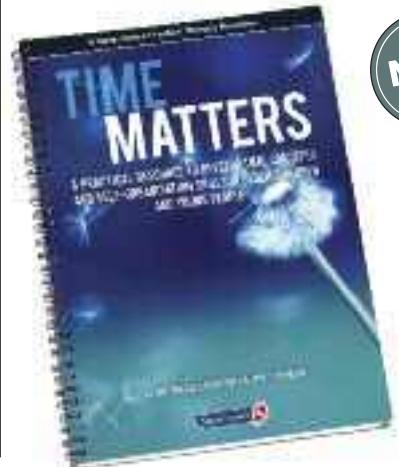
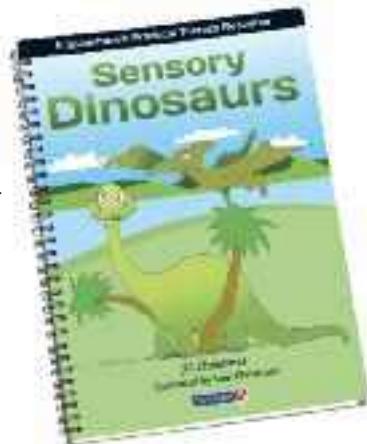
Jill Christmas

An engaging and well-thought-out book to help teachers, parents, carers and children in understanding why some children struggle in school as a result of sometimes undiagnosed or unrecognised challenges.

A short description of a sensory/motor condition precedes each story and these are told using dinosaur characters: each dinosaur has a different sensory condition, for example, Terri-dactyl who is afraid of heights and flying as his balance system is very sensitive and he can't join in with his friends because of his difficulties. The story is then followed up with a worksheet for the child supporting adult to work through. There are also practical strategies recommended for both school and home.

AGE 5-14 **FORMAT** A4, (297 x 210mm), 134pp wire-o-bound

ISBN 9780863888984 **ORDER CODE** E01-002-5749



Time Matters

Janet Pembery, Clare Doran and Sarah Dutt

This practical resource aims to break down the complexities involved in learning about time concepts and to take into account the many different skills required which make demands on memory, numeracy, language, perceptual and visual-spatial abilities and general cognitive functioning. Time Matters includes assessments, teaching activities and strategies to reinforce the learning of time concepts. The content covers a broad spectrum of time-related subjects from highly practical skills related to teaching clock and calendar time, to functional activities to develop an individual's ability to estimate time and organise their time effectively.

AGE All ages **FORMAT** A4 (210 x 297), 200 pp, spiral bound

ISBN 9781909301320 **ORDER CODE** E01-002-5993



Working with Pragmatics

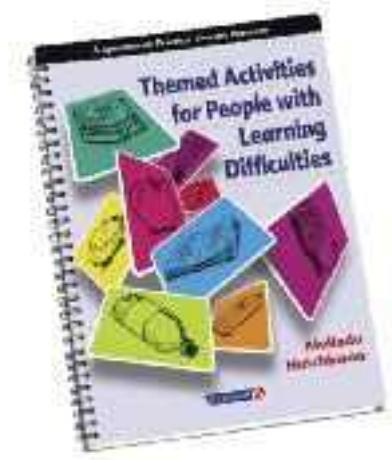
Lucie Andersen-Wood & Benita Rae Smith

This photocopiable title covers the principles and practice of pragmatics. It offers an opportunity to explore this subject with confidence and to plan intervention programmes for effective management. Contents:

- Introduction to pragmatics
- Theoretical approaches to pragmatics
- Pragmatic development
- Pragmatic dysfunction
- Introduction to the assessment of pragmatics
- Informal assessment
- Principles of intervention
- Basic intervention and training
- Facilitation and teaching
- Specific client groups and specific pragmatics difficulties.

AGE All FORMAT A4 (210 x 297), 168pp, wire-o-bound

ISBN 9780863884016 ORDER CODE E01-002-1943



Themed Activities for People with Learning Difficulties

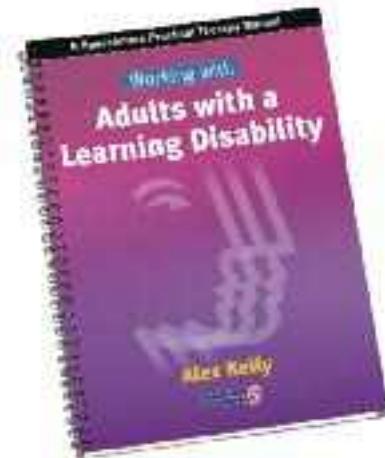
Melinda Hutchinson

User-friendly and practical, this is an excellent resource for anyone looking to run creative sessions with people who have profound and complex learning difficulties. Using a selection of 20 everyday objects, it provides resource materials, ideas and flexible structures to extend and complement professionals' current approaches.

'Would be a great resource in settings such as special secondary schools, day centres or residential units. It would prove an invaluable resource for newly qualified therapists...this stands out as a very useful resource.' Clare De Vos, Senior Paediatric Occupational Therapist, NAPOT

AGE 11+ FORMAT A4 (297 x 210mm), 240pp, wire-o-bound

ISBN 9780863883071 ORDER CODE E01-002-4789



Working with Adults with a Learning Disability

Alex Kelly

From the author of Talkabout this covers all aspects of working with adults who have a learning disability including:

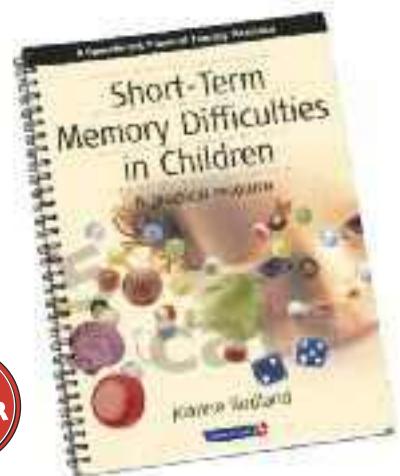
- Assessment of clients and their environments
- profound and multiple disabilities
- social skills
- augmentative and alternative communications
- dysphagia.

Contains practical suggestions and formats for assessment, a guide to intervention as well as a clear and worked-out example. The author also addresses staff training, group therapy, accessing the criminal justice system and working with a multi-disciplinary team.

'Reasonable without being patronising...I commend it to all SLTs working in ALD as a valuable resource.' Bulletin

AGE 16+ FORMAT A4 (297 x 210mm), 368pp, wire-o-bound

ISBN 9780863884139 ORDER CODE E01-002-3841



Short- term Memory Difficulties for Children

Joanne Rudland

This book is ideal for education psychologists and speech and language therapists working with children with short-term memory difficulties. Memory therapy can have a direct and positive impact on a child's receptive language skills, self-confidence and ability to learn.

Contains a complete programme of ideas for developing a child's short-term memory skills.

'A useful, well-structured resource for an area of language difficulty often overlooked... There are also very clear advice sheets for schools and parents.' Speech Language Therapy in Practice

'A good example of an effective resource book with design and production appropriate to the final user.' British Book Design Production Awards

AGE 7-11 FORMAT A4 (297 x 210mm), 144pp, wire-o-bound

ISBN 9780863884412 ORDER CODE E01-002-5143



Special Needs: What to know and what to do

Ruth MacConville

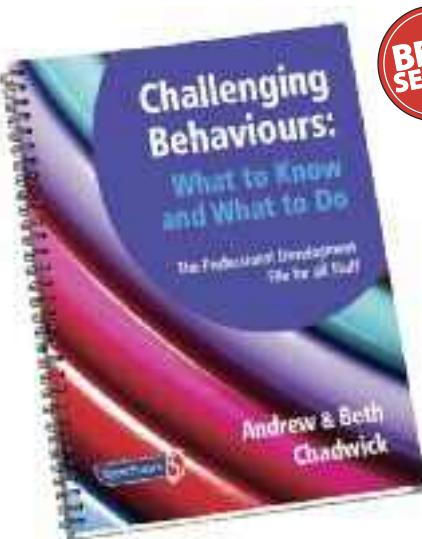
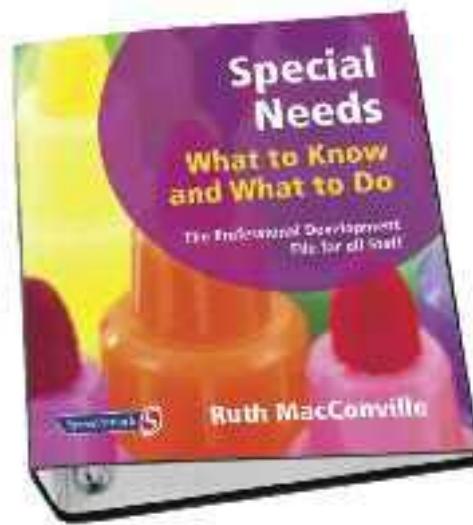
Special Needs: What to Know and What to Do is designed to help Special Needs Coordinators understand and know how to respond to students with special needs.

This invaluable resource will ensure that your staff have a consistent and coherent approach to the support offered to young people in your school, no matter what changes may lie ahead.

This practical resource will provide you with the opportunity to establish more confidence between staff and parents/carers by showing that the school is prepared

AGE 5-7 FORMAT 240pp, A4 (297 x 210mm), Ring binder

ISBN 9781906517809 **ORDER CODE** E01-007-5821



Challenging Behaviours: What to know and what to do

Andrew Chadwick & Beth Chadwick

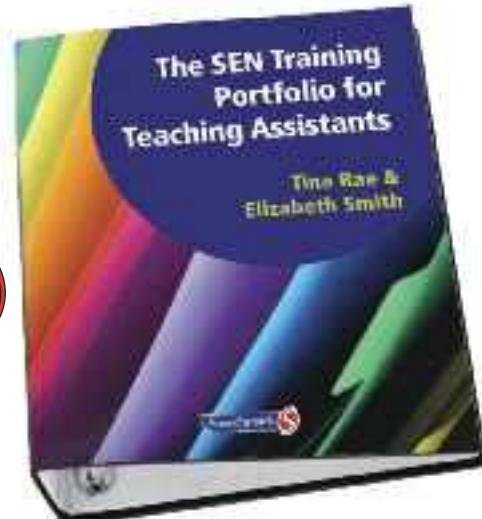
If you deal with challenging behaviours this book includes strategies that cover a range of special needs including autistic spectrum, aspergers, dyspraxia, dyslexia, depression, tourettes, obsessive compulsive disorder, oppositional defiant disorder, attention deficit hyperactivity disorder and specific learning difficulties. It addresses problems such as:

Truanting • swearing and verbal abuse • theft • bullying • attention seeking • drug abuse • low self-esteem • vandalism

Includes case histories to provide some insight into the difficult situations teachers may encounter in the classroom.

AGE All ages **FORMAT** 240pp, A4 (297 x 210mm) + CD

ISBN 9781906517816 **ORDER CODE** E01-007-5824



The SEN Training Portfolio for Teaching Assistants

Tina Rae & Elizabeth Smith

A comprehensive resource for promoting best practice and reflective learning

The increase in 'support staff' and the wide range of roles they take on and the activities they engage in are evident throughout our school communities. However, defining what is truly effective and best practice remains a challenge.

The SEN Training Portfolio for Teaching Assistants is a comprehensive training resource with extensive reference and best practice training materials designed to raise the skills and status of teaching assistants.

A comprehensive and practical resource, this latest offering from Tina Rae and Elizabeth Smith has been designed for teaching assistants working with a wide range of special educational needs students across all key stages.

AGE All ages **FORMAT** 200pp, A4 (297 x 210mm), Ring binder +CD

ISBN 9781906517380 **ORDER CODE** E01-007-5837



Motivating Reluctant Learners

Roger Norgate, Jacqueline Batchelor, John Burrell & Kate Hancock

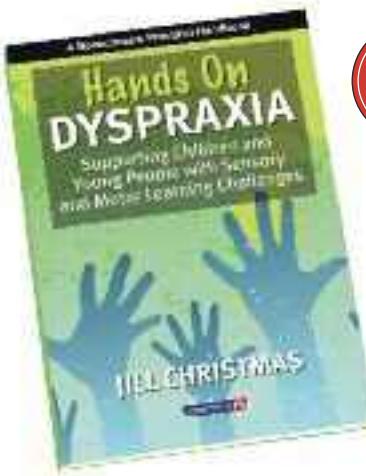
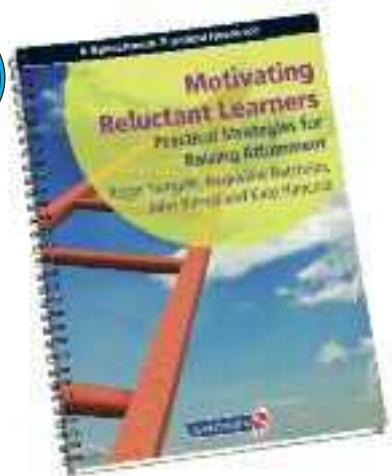
This book, based on a five-year project undertaken by the Hampshire Psychology Service in collaboration with 22 schools working to address the needs of children who had problems with motivation in school, contains:

- Information on attribution theory and its application in the classroom
- Practical issues on implementing the programme
- Support for staff including a PowerPoint training session
- The 12-session pupil programme including facilitator notes

The programme is designed to let pupils experience success through their own effort, skills and strategies.

AGE 9-16 FORMAT A4 (297 x 210mm), 182pp + CD, wire-o-bound

ISBN 9781906517564 **ORDER CODE** E01-007-5854



Hands on Dyspraxia

Jill Christmas

A practical working guide for parents, teachers and allied professionals, offering an understanding of dyspraxia, its underlying causes, strategies and helpful advice. The book explains the terms used in dyspraxia; for example, proprioception, bilateral integration, vestibular, postural, cross lateral and tactile defensiveness and outlines the impact that these issues can have in the class or home setting.

'An extremely useful resource.' Speech and Language Therapy in Practice

AGE 4-16 FORMAT A4 (297 x 210mm), 168pp, paperback

ISBN 9780863886539 **ORDER CODE** E01-002-5420

Sensory Motor Activities for Early Development

Chia Swee Hong, Helen Gabriel & Cathy St John

This successful manual of tried and tested activities to develop gross and fine motor skills in children contains:

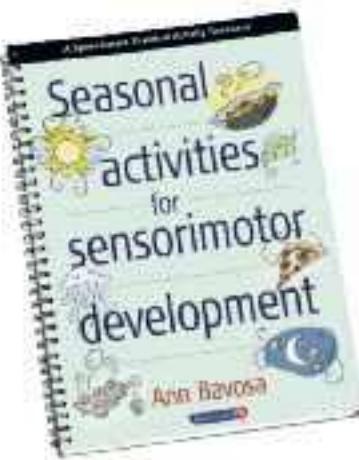
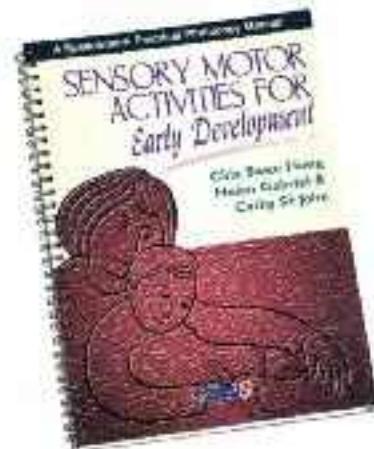
- Creative activities to stimulate sensory and body awareness, encourage basic movement, promote hand skills and enhance spatial/perceptual skills
- Handouts that can be photocopied to give to parents or other carers for home practice.

'This book would be an excellent addition to any library, giving a well thought out and coherent approach to those children requiring assistance with sensory development.'

Lyn Campbell, UK Federation for Conductive Education

AGE 5+ **FORMAT** A4 (297 x 210mm), 108pp, wire-o-bound

ISBN 9780863884184 **ORDER CODE** E01-002-2285



Seasonal Activities for Sensorimotor Development

Ann Bavosa

This easy-to-use book of activities for therapists, educators and carers provides fun and engaging sensorimotor groups for students with movement and sensory dysfunction.

The activities are suitable for use with any school-age students, including those without movement difficulties, but are especially beneficial for students with mild to moderate motor disabilities, who exhibit increased difficulty functioning in a group setting.

'Impressed with the breadth of ideas...clearly set out...would also help provide ideas for other curriculum areas.' Frank Wise School, Banbury

'Easy to read resource...fantastic ideas...introduction really useful...an easy book to use.' Penhurst School, Chipping Norton

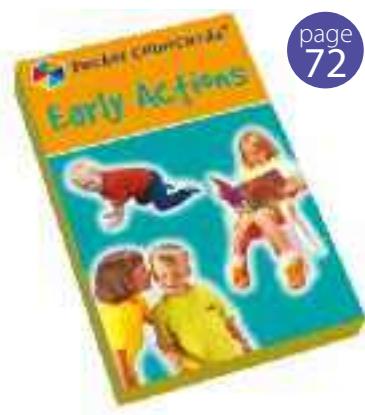
AGE 7+ **FORMAT** A4 (297 x 210mm), 160pp, wire-o-bound

ISBN 9780863885303 **ORDER CODE** E01-002-5246

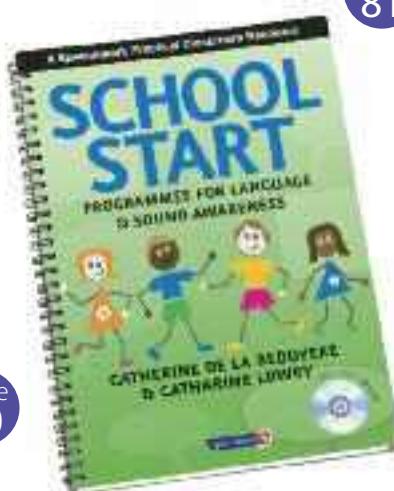
Welcome to Early Years

Practical and enjoyable resources for professionals working with pre-school children for effective use at home, nursery, school, or clinic. These resources can also help older children with special needs develop communication and literacy skills.

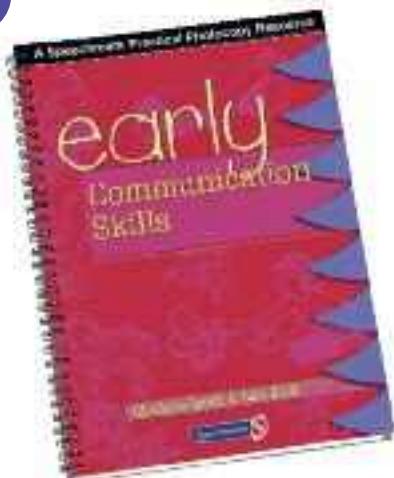
More new resources are available online at www.speechmark.net

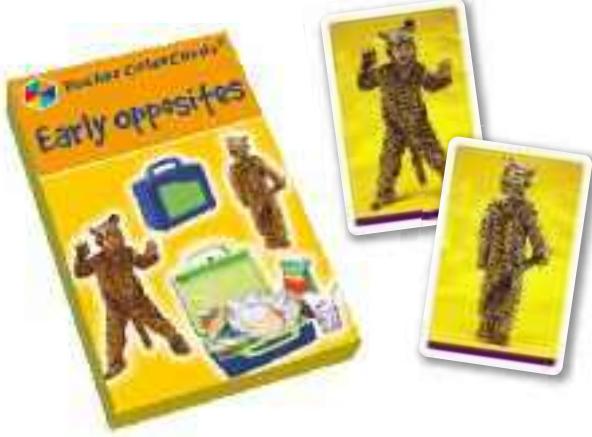


Best Sellers



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Early Opposites

Illustrating the main opposite essentials to the teaching of basic language the cards feature images that are familiar to children. Knowing these describing words (adjectives) and position words (prepositions) increases children's vocabulary and helps them to put two and three word letters together. Examples include:

- Wet and dry hair
- Full and empty jar
- Hot and cold food
- Front and back of boy
- On and off the bike.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863882555 **ORDER CODE** E01-001-4369

Early Actions

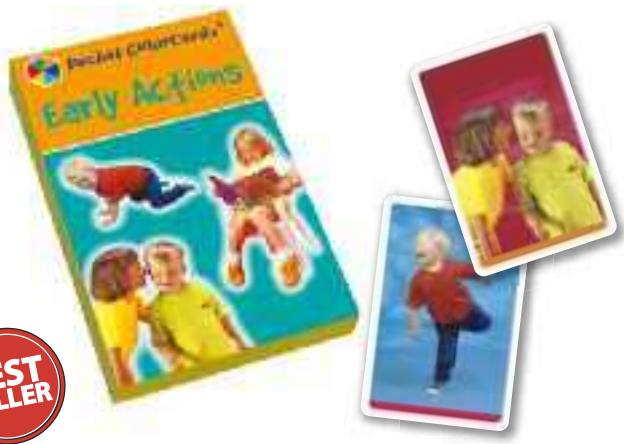
An imaginative and creative method of developing verb vocabulary.

The cards show activities that children experience frequently, maybe as part of their daily routine. Knowing these actions (verbs) increases children's vocabulary and helps them to put two and three words together.

Examples include • Emotions - laughing, crying, smiling, hugging
• Communication - shouting, talking, writing, whispering • Meal times – eating, drinking, licking, pouring.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863882524 **ORDER CODE** E01-001-4366



Early Objects

A fun way of developing a naming vocabulary through play.

Opens up many language opportunities with a variety of easily recognised everyday objects relating to the child's familiar surroundings. There are nine groups of four items for example:

- Clothes - boots, sweater, trousers, coats
- Animals - cat, dog, bird, fish
- Garden - flower, tree, butterfly, wheelbarrow
- Home - TV, clock, lamp, radio
- Toys - teddy, puzzle, car, ball.

Knowing the names of objects (nouns) increases children's vocabulary and helps them to put two and three words together.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863882531 **ORDER CODE** E01-001-4367

Early Sequences

For an engaging introduction to sequencing.

Demonstrates simple, three-step sequentially related actions to help establish basic concepts and develop appropriate language. Contents include:

- The paddling pool
- Cleaning the bike
- Hanging up the washing
- Tidying the playroom
- Getting dressed
- Eating an ice cream.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863882548 **ORDER CODE** E01-001-4368



Snack Time

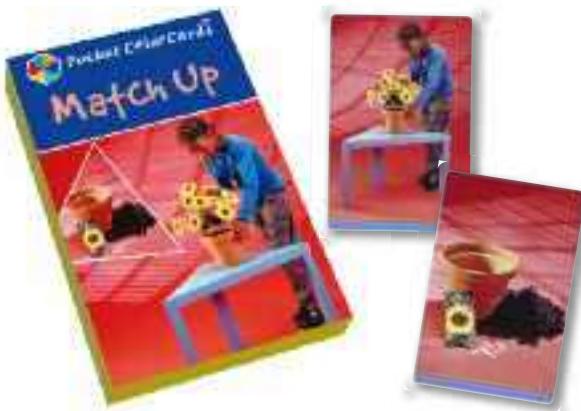
Broaden vocabulary using the 36-cards set that shows food and drink in three colour-coded sections. Knowing about buying, cooking and eating food increases children's vocabulary; helps them to learn about the way that food is grouped. The cards are divided into:

- Fruit and snacks • Fruit and vegetables • Ready to eat

These cards are invaluable for grouping, classification and social skills activities.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863883828 **ORDER CODE** E01-001-5020



Match Up

A set of 18 pairs that show the same object in two different settings. The game is to match up each colour-coded pair. Knowing that some things look different as we use them over time is important in understanding the world around us. Examples include:

- Gift wrapped - gift unwrapped • Clothes on chair – clothes on boy • Fruit in a bowl - girl eating fruit.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863883835 **ORDER CODE** E01-001-5021

Fun Pictures

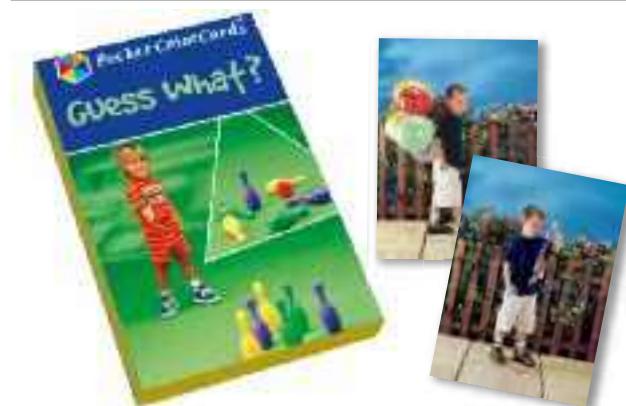
Discover the deliberate mistakes in these humorous and entertaining cards.

Based on the successful What's Wrong format, the fun element in the realisation that there is something odd about each picture in this collection of 36 beautifully illustrated cards. Wacky images include:

- Saucepan for a hat • Upside-down TV picture • Ball in fruit bowl
- Books in the toaster • Haircut using shears • Fish in wine glass
- Kettle for an iron.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863883811 **ORDER CODE** E01-001-5018



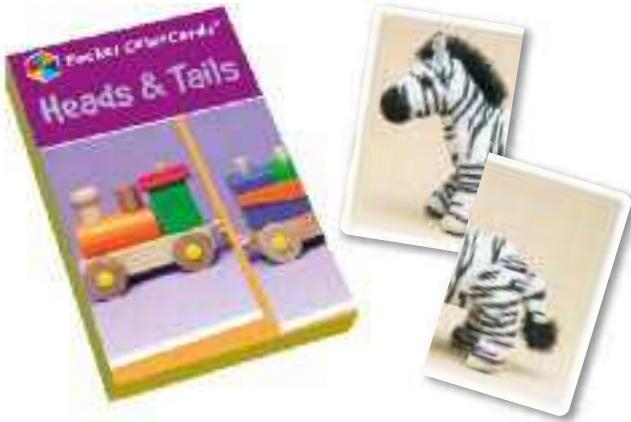
Guess What?

This set of 36 cards of easy sequences depicts children's everyday experiences and relate a simple story forming a lively introduction to predicting outcomes. An activity shown on the first card of a pair is followed by a second predictable activity on a second card. Examples include:

- Dressing up • Losing your balance • Watching TV • Painting a picture • Finding the cake • Taking her hat off.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863883842 **ORDER CODE** E01-001-5019



Heads & Tails

With 18 items cut in half, the object of the game is to find the separate parts of each picture and join them together. Knowing that pieces make a whole and understanding the idea of beginnings and ends are both important for children getting ready to read. Examples include:

- Tractor and trailer • Horse and carriage • Engine and truck.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863884771 **ORDER CODE** E01-001-5164

Shape & Size

36 cards that illustrate different shapes and sizes for conversation starters.

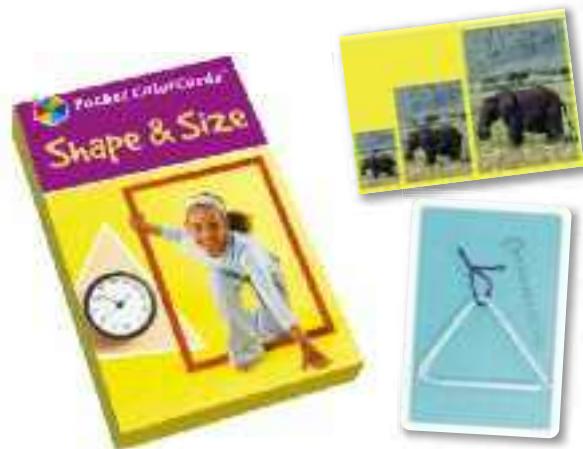
These cards introduce shape and size in simple and appealing way, helping users to understand some of the concepts and devices necessary for early language work. Examples include:

- Circles - clock, orange, pizza, buttons, beads, clock, yo yo
- Squares - house, sandwich, cushion, boxes, counting blocks
- Triangles - girl in tent, paper napkin, hat, cake, cheese, tiles.

The comparatives get bigger and longer, and superlatives biggest and longest are also used.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863884788 **ORDER CODE** E01-001-5165



How Many?

An enjoyable introduction to number work.

Based on the theme of a birthday party, the cards are attractive to young children and provide many language opportunities. The cards contain 0-9 in numerals, 0-9 as groups of simple objects (zero muffins, one boy and two balloons) and 0-9 featured on an object (2 on a T-shirt, 4 on a badge and 7 on a house door).

Also includes three fractions: a whole cake, two halves of a cake, and four quarters of a cake.

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863884795 **ORDER CODE** E01-001-5166

How's Teddy?

Pocket-sized flashcards sets designed to support teaching and therapeutic input at the home, school or the clinic.

Introducing emotion in a simple and lively way, each of the feelings is shown once by a teddy and once by his owner. The cards show both good and bad feelings. Use them to help understanding of different feelings and to encourage lively talk. Examples include:

- Happy • Shy • Frightening • Poorly • Excited • Surprised • Tired

AGE 3+ **CONTAINS** 36 A6 (115 x 75mm) cards + booklet

ISBN 9780863884801 **ORDER CODE** E01-001-5167





Fun with Sounds

Sue Duggleby and Ross Duddleby

A versatile lotto and card game to encourage production of specific speech sounds and to develop vocabulary.

Each lotto board features nine illustrations with words underneath. The featured sound is highlighted in red. There are boards for sounds at the beginning and end of words, with an additional set of cards included to enable games such as Pairs or Snap to be played.

- Features the sounds that are generally acquired earliest - 'm', 'n', 'p', 'b', 't', 'd'
- Encourages each child to listen for a sound in a word
- Encourages correct production of specific speech sounds in words containing their target sounds
- Increases sound awareness, which is vital for literacy

The resource is intended for use by speech and language therapists, teaching staff and parents. It is also a useful tool for teaching English as a foreign language.

AGE 4+ **CONTAINS** 108 Cards + 6 lotto boards, boxed

ISBN 9780863887833 **ORDER CODE** E01-003-5627

Fun With Sounds 2

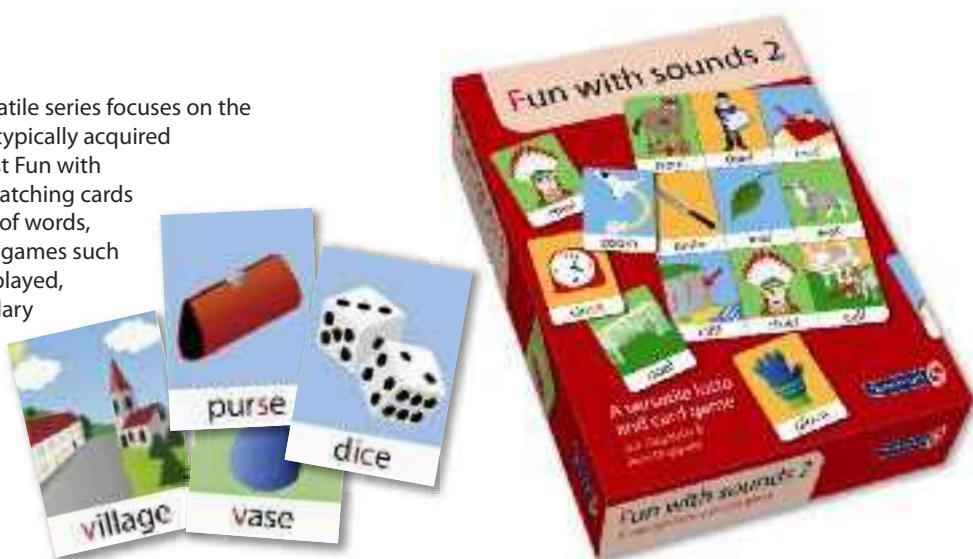
Sue Duddleby and Ross Duddleby

The second pack in this popular and versatile series focuses on the sounds 'k', 'g', 'f', 'v', 's', 'z'. These sounds are typically acquired after 'm', 'n', 'p', 'b', 't', 'd' – featured in the first Fun with Sounds. There are 12 lotto boards with matching cards for the sounds at the beginning and end of words, plus an additional set of cards for further games such as snap or pairs. Different games can be played, encouraging speech production, vocabulary development, listening and turn-taking skills

AGE 4+ **CONTAINS** 2 sets of 108 playing cards, 12 A5 lotto boards + instruction booklet, boxed

ISBN 9780863889172

ORDER CODE E01-003-5794



Fun with Sounds 3

Sue Duddleby and Ross Duddleby

This third pack focuses on the sounds 'l', 'sh', 'ch', 'j', 'r', 'th'. There are 12 boards and matching cards for the sounds at the beginning and end of words, with an additional set of cards for further games such as snap or pairs. The featured sound is highlighted in red and there are suggestions in the booklet for a number of different games that can be played, which will not only encourage speech production and vocabulary development, but also listening and turn taking skills.

- Encourages the child to listen for sound in a word
- Encourages correct production of specific speech sounds in words containing the target sounds
- Increases sound awareness which is vital for literacy
- Improves turn taking skills and extends vocabulary

AGE 4+ **CONTAINS** 2 sets of 108 playing cards, 12 A5 lotto boards + instruction booklet, boxed

ISBN 9780863889769 **ORDER CODE** E01-003-5906



Early Years StoryCards

Sue Duggleby, illustrated by Ross Duggleby

StoryCards are a beautifully illustrated, versatile resource that will help develop children's understanding of basic language concepts. This is a fun way to promote the use of expressive language and encourage sequencing and retelling.

- Each pack features one concept and contains four stories
- Each story has an endearing central character, also supplied in puppet form (in all except Storycards Adjectives) to help tell the story.
- Photocopiable line drawings on the back of each card provide a colouring activity and help to reinforce the concepts discussed.
- Each set can be used to develop understanding of other concepts, including verbs, opposites, pronouns and comparatives/superlatives

StoryCards Narrative

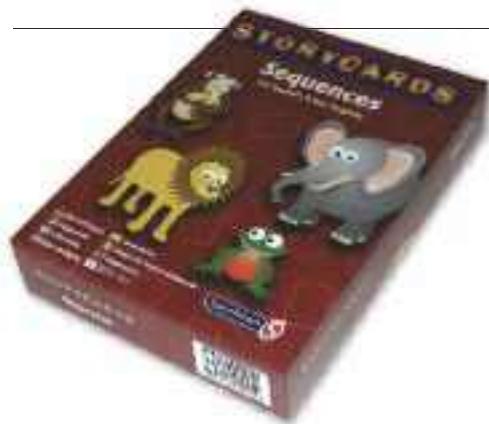
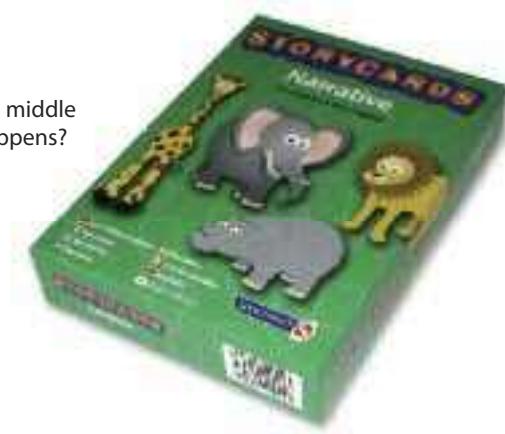
Designed to make children aware of the basic structure of a simple story i.e. beginning, middle and end. The stories encourage children to consider Who? Where? When? and What happens?

The four stories each told through 12 cards are:

- Sulu the Lion – Lions can't climb trees... or can they?
- Rolo the Hippo -- This isn't my pool!
- Mala & Rosie – Big elephant, little elephant
- Dot the Giraffe – Who's eaten the jam?

AGE 4+ **CONTAINS** 48 A5 story picture cards, booklet, 4 felt animal puppets, boxed

ISBN 9780863885495 **ORDER CODE** E01-003-5294



StoryCards Sequences

- Encourages students to say what happens 'first', 'next' and 'last' in the story.
- Use the cards to help children to understand what is happening in each picture, to order the pictures correctly and to retell the complete picture sequence.

AGE 4+ **CONTAINS** 48 A5 story picture cards, booklet, 4 felt animal puppets, boxed

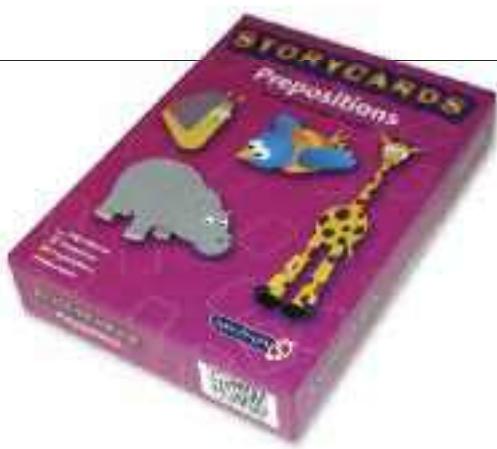
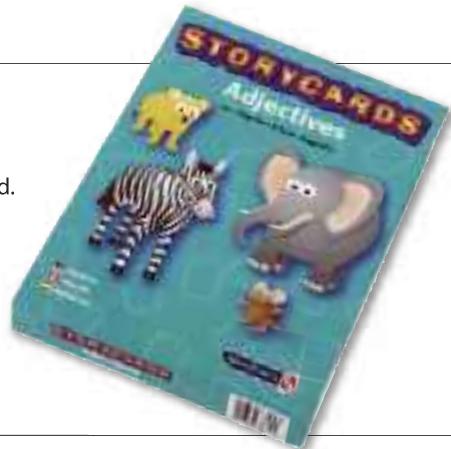
ISBN 9780863885501 **ORDER CODE** E01-003-5295

StoryCards Adjectives

- Four adjectives in each story (eg Mala the elephant: big, little, wet, dry)
- As the child's understanding increases, expressions using the adjectives can be encouraged.
- The child will also learn to expand early vocabulary to include situations outside their own world.

AGE 4+ **CONTAINS** 48 A5 story picture cards + booklet, boxed

ISBN 9780863883118 **ORDER CODE** E01-003-4770



StoryCard Prepositions

- A delightful way to develop children's understanding of prepositions (eg Bertie the Bluebird: in, on, under)
- Each preposition is repeated several times to reinforce the child's understanding of its meaning.
- The child will also learn to expand early vocabulary to include situations outside their own world.

AGE 4+ **CONTAINS** 48 A5 story picture cards, booklet, 4 felt animal puppets, boxed

ISBN 9780863883538 **ORDER CODE** E01-003-4365

StoryCards Verbs

- Four stories that feature verbs told through 12 cards (eg Rana the frog: sit, jump, swim, fall)
- As the child's understanding of language develops, expressions using verbs can be encouraged.
- Each verb is repeated several times in various situations to reinforce the child's understanding of its meaning.

AGE 4+ **CONTAINS** 48 A5 story picture cards, booklet, 4 felt animal puppets, boxed

ISBN 9780863884504 **ORDER CODE** E01-003-5149



The Hopla Box

CEGO Publishers

The Hopla Box focuses on the four basic feelings of happy, sad, angry and afraid through four endearing animal characters – Hopla the rabbit, Lola the cat, Onki the pig and Nina the bear. A thorough exploration of these feelings through hands-on practice and play can prepare children for the later experience of more complex feelings and situations. The box contains:

- 16 situation pictures (15 x 15cm), depicting the basic feelings of happy, sad, angry and afraid
- 12 hardback 4pp storybooks (15 x 15cm): three for each feeling
- 4 small boxes (16 x 16 x 8cm) for each Hopla character/feeling
- 4 pictures of the Hopla characters (Hopla is 19 x 39cm, Nina, Onki and Lola are 19 x 30cm)
- 16 double-sided cardboard characters (4 x 10cm) that stand upright: 4 masks showing happy, sad, angry and frightened faces that can be worn by the children
- A wheel of feelings (20 x 20cm) • 40 dominoes • Bingo game
- Instruction manual with photocopyable activity pages • Sturdy storage box with carry handle

AGE 2-4 **CONTAINS** Boxed

ISBN 9781901487152 **ORDER CODE** E01-006-5447

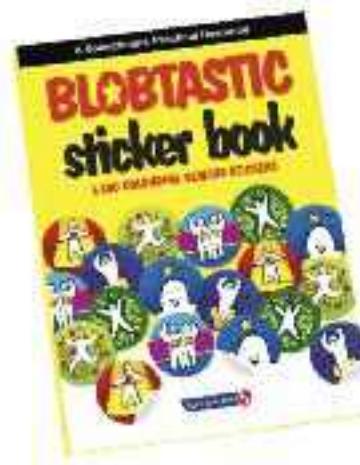
Blobtastic Sticker Book

Pip Wilson & Ian Long

1,800 stickers featuring six Blob characters – each depicted with star quality, making this the perfect motivational aid for children. Part of the total Blob set.

AGE All ages **CONTAINS** 1,800 colourful reward stickers

ISBN 9780863887567 **ORDER CODE** E01-002-5619





Spot What's Wrong Language Cards

Sue Duggleby, illustrated by Ross Duggleby

These cards are designed to encourage development of a child's visual discrimination, receptive and expressive language skills. The task is for the child to look at each pair of pictures in response to the question 'What's Wrong?'; spot the deliberate mistake(s) in one of them and then explain 'What's Wrong'.

- The same scene is shown in each pair of cards except that one of the pair shows one, two or three things wrong.
- Various scenes are featured: in the snow, in the jungle, on the farm, in the sea, in the house and in the countryside
- The three levels of difficulty encourage a child's progress in simple stages.

Using the cards can also help to increase a child's vocabulary and improve attention and listening skills.

AGE 4+ **CONTAINS** 48 cards A5 (210 x 148mm) + booklet

ISBN 9780863888311 **ORDER CODE** E01-003-5744

Spot What's Missing Language Cards

Sue Duddleby, illustrated by Ross Duddleby

These language card can be used to consolidate the understanding of 'missing'. The delightful characters depict a variety of scenes encouraging a child's observation, attention and visual perception skills.

- Contains 24 pairs of cards - six each of four levels of difficulty.
- Each pair shows a scene on one card and then the same scene on another card with one, two, three or four things missing. The number of things missing will be shown on the reverse of each card.

The scenes featured are:

- In the sea
- In the jungle
- In the snow
- On the farm
- In the house
- In the countryside

The different levels of difficulty encourage a child's progress in simple stages.

The cards also help to develop the child's ability to respond to other 'Wh' questions as well as 'What's missing?'. Questions such as 'What's happening in the picture?', 'Where?', 'What?', 'Who?' and 'Why?' can be used, depending on the child's level of comprehension.

AGE 4+ **CONTAINS** 48 cards A5 (210 x 148mm) + booklet

ISBN 9780863887680 **ORDER CODE** E01-003-5481



Spot What's Different Language Cards

Sue Duddleby, illustrated by Ross Duddleby

These cards are designed to encourage a child's observation, attention and visual perception skills as well as improve other areas of receptive and expressive language development. The differences between each pair of cards have to be both identified and explained.

- Each pair shows a scene on one card and then the same scene on another card with one, two, three or four things changed.
- The number of things changed is shown on the reverse of each card.
- The different levels of difficulty encourage a child's progress in simple stages.

The scenes featured are:

- In the sea
- In the jungle
- In the snow
- On the farm
- In the house
- In the countryside

Using the cards can also help with vocabulary development, verbal understanding, attention and listening skills.

AGE 4+ **CONTAINS** 48 cards A5 (210 x 148mm) + booklet

ISBN 9780863887697 **ORDER CODE** E01-003-5480

Working with Children's Language

Jackie Cooke & Diana Williams

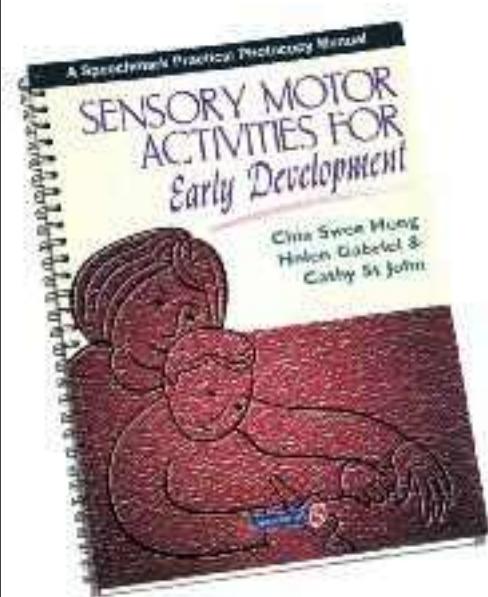
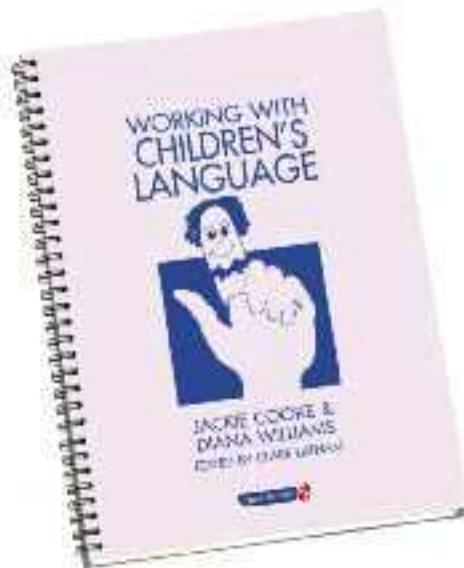
With its wealth of ideas and a huge range of activities, this book's practical approach to language teaching makes it a firm favourite with teachers and therapists.

- Includes games, activities and ideas suitable for developing specific language skills
- Covers early language skills, attention control, listening skills, the role of play, the development of comprehension, perception and the acquisition of expressive language

'This is an excellent handbook... offers a wealth of practical suggestions, applicable equally to the specialist in a language unit, the teacher in the infant or nursery class, the playground leader or parents' Child Language Teaching & Therapy'

AGE 3+ **FORMAT** 104pp, A4, illustrated, wire-o-bound

ISBN 978086388373 **ORDER CODE** E01-002-0103



Sensory Motor Activities for Early Development

Chia Swee Hong, Helen Gabriel & Cathy St John

This successful manual of tried and tested activities to develop gross and fine motor skills in children contains:

- Creative activities to stimulate sensory and body awareness, encourage basic movement, promote hand skills and enhance spatial/perceptual skills
- Information on working in small groups
- Handouts that can be photocopied to give to parents or other carers for home practice.

'This book would be an excellent addition to any library, giving a well thought out and coherent approach to those children requiring assistance with sensory development.' Lyn Campbell, UK Federation for Conductive Education

AGE 0-5 **FORMAT** A4 (297 x 210mm), 108pp, wire-o-bound

ISBN 9780863884184 **ORDER CODE** E01-002-2285

Who-Who-Who Goes Hoo-Hoo-Hoo

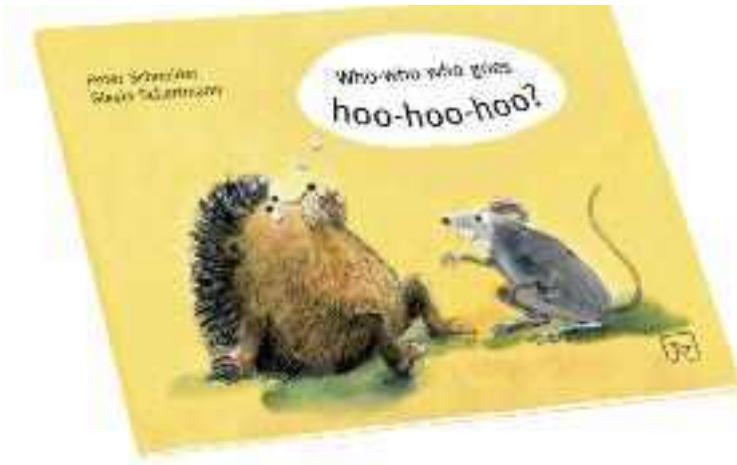
Peter Schneider

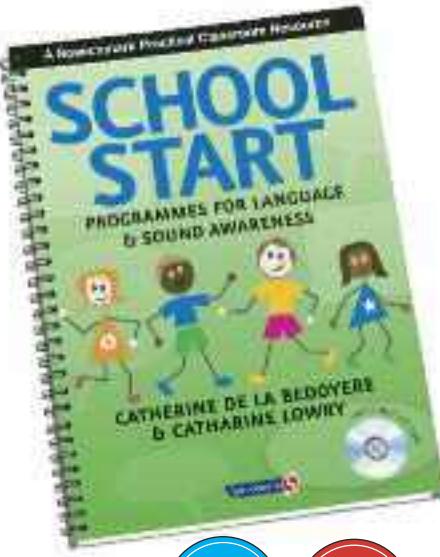
This beautifully illustrated storybook is aimed at children who stutter and their parents, carers and teachers. It tells the story of a young hedgehog that stutters and his encounters with woodland creatures, some of whom stutter and others who do not. In the end they all work together to defeat a monster that lurks in the wood. The story makes clear that it is more important to listen to what someone says rather than the way they say it. It presents a positive message to children who stutter and shows others – both adults and children – how best to react when talking to a child who stutters and the kind of responses to avoid.

Includes information about stuttering for adults and list of relevant organisations.

AGE 0-8 **FORMAT** A4 (297 x 210mm), 32pp, paperback

ISBN 9780863889226 **ORDER CODE** E01-002-5798





School Start

Catherine De La Bedoyere & Catherine Lowry

A practical resource for children who need help in developing communication skills during the first year of school. Teachers/teaching assistants select children suitable for the programme through the checklists then set-up meetings take place between the inclusion coordinator and school before the child is enrolled on the programme.

Devised by two speech and language therapists, School Start consists of two 30-week programmes designed to develop Language and Sound Awareness skills with clear objectives linked to the National Curriculum Foundation Stage. School Start includes:

- Group sessions for the Language and Sound Awareness programmes
- 70 photocopiable resource templates • Programme delivery templates containing all the checklists, record sheets and handouts needed to carry out the programme
- An accompanying CD-Rom giving the option to print out some of the resource templates in colour

Successfully trialled over a three-year period, School Start is an invaluable resource that encourages good practice between schools, speech & language therapists, the school's inclusion coordinator and parents.

AGE 4-6 FORMAT A4 (297 x 210mm) 216pp + CD wire-o-bound

ISBN 9780863886133 **ORDER CODE** E01-002-5377

Communication Development Profile

Charlotte Child

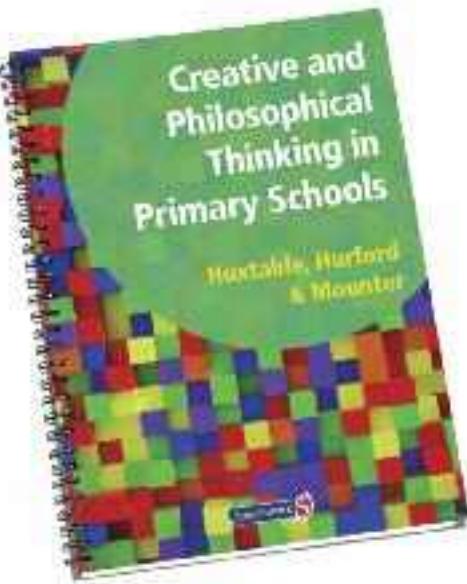
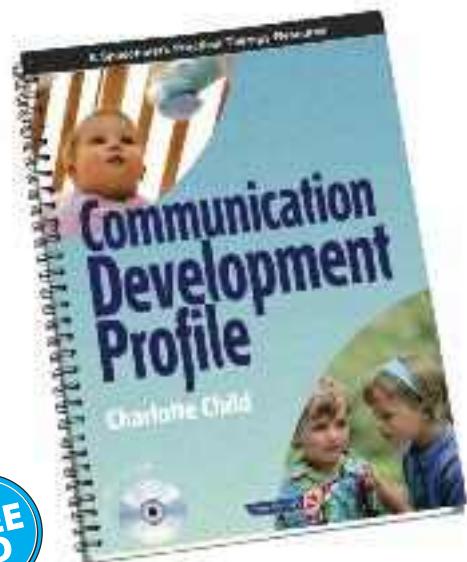
This practical book is designed to help speech and language therapists work more effectively with the families, carers and teachers of children with severe and profound learning disabilities, encouraging a more united and holistic approach towards the child's development. The Profile provides a clear breakdown of five key areas of language and communication development from birth to the child's use of grammatical sentences: attention, comprehension (what the child understands), expression (how the child communicates), sound system, and use of communication.

This profile improves multi-disciplinary assessments; enables parents to have an informed and genuine role; makes target setting in educational settings directly relevant to the curriculum; expands on the P-Levels and better describes them; and enables the therapist to explain their thought processes, which all lead to better goal-setting and a cohesive communication development strategy for the child.

'The language used is clear and it includes comprehensive set of criteria often used with children with special needs' Gwyneth Terrell, Independent Talking Point

AGE 0-5 FORMAT 160pp, A4, with interactive CD

ISBN 9780863885525 **ORDER CODE** E01-002-5311



Creative and Philosophical Thinking in Primary School

Marie Huxtable, Rosalind Hurford and Joy Mounter

Build self-confidence through creative thinking activities Philosophy is a fast growing and exciting area of creative development in primary phase education. In this practical introductory book, two teachers and a psychologist provide details of:

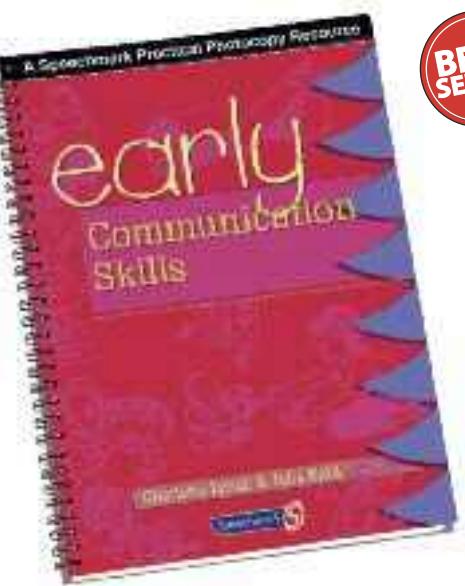
- How to begin this process in classrooms • Outlines of particularly successful sessions
- Case studies drawn from real experience in primary classrooms • Resources and ideas to help get you started.

Your pupils will develop:

- Playful and experimental thinking outside the box • The ability to pose questions that are important to them and create answers that are reasoned and reasonable
- Awareness and appreciation of themselves and others as 'knowledge creators'
- Confidence and ability to challenge their own thinking and the status quo.

AGE 5+ FORMAT A4 (210 x 297), 150pp, spiral bound

ISBN 9781906517090 **ORDER CODE** E01-007-5699



Early Communication Skills

Charlotte Lynch & Julia Kidd

A popular and widely used publication since publication in 1991, it has now been revised to:

- Become more user friendly • Be easy to photocopy in new A4 format
- Provide an increased range of activities • Include a new section on Language and Play
- Reflect recent research in this area

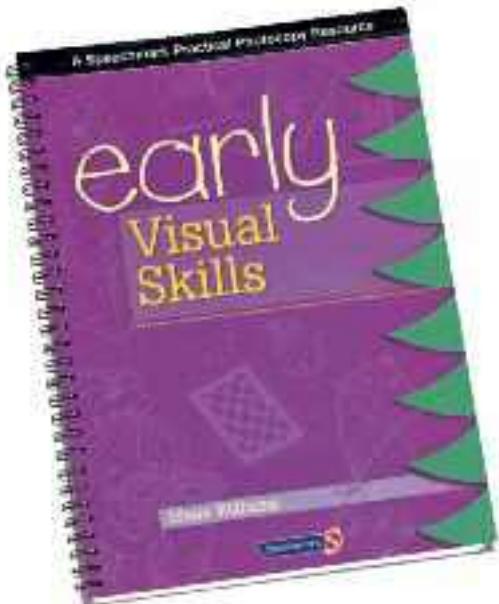
This new edition retains its original approach to communication, providing a source of fresh educational and therapeutic ideas for pre-school children.

Special features include:

- A question and answer section designed to answer all common concerns
- Exercise and worksheets are photocopy free
- Over 100 activities are suggested to cover all areas of communication from pre-verbal skills to early words

AGE 0-5 FORMAT A4 (297 x 210mm), 152pp, illustrated, wire-o-bound

ISBN 9780863883736 **ORDER CODE** E01-002-4208



Early Visual Skills

Diana Williams

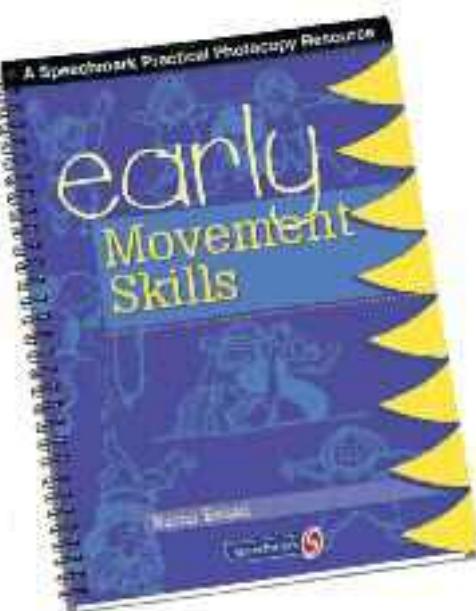
A practical manual providing photocopiable activities designed to stimulate and develop visual attention and discrimination skills. Great visual perceptual tasks useful for developing specific concepts like colour, size and shape and providing practical activities for hand-eye co-ordination.

The activities fall into 12 sections:

- Look and Learn • Look at Me • Let's Look Together • Looking and Following
- Looking Around • Visual Matching • Visual Sorting • Complex Visual Discrimination
- Visual Memory and Concentration • Holiday Projects • Visual Skills in the School Curriculum.

AGE 0-5 FORMAT A4 (297 x 210mm), 208pp, illustrated, wire-o-bound

ISBN 9780863883224 **ORDER CODE** E01-002-3736



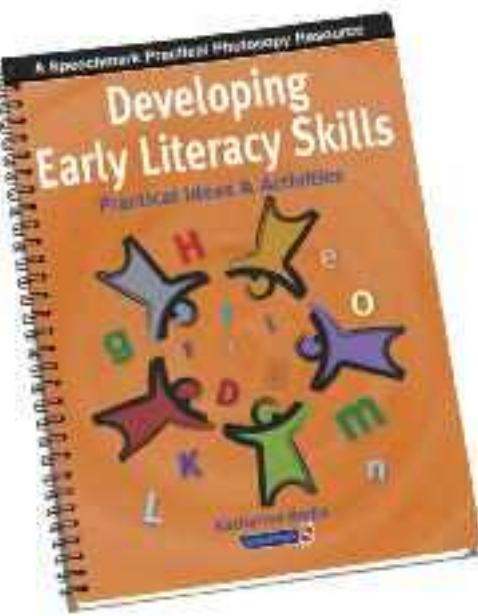
Early Movement Skills

Naomi Benari

For anyone caring for very young children these activities use movement to enhance cognitive, emotional and physical development. These easy-to-follow, games, musical and rhythmical tasks are designed to help children develop autonomy, confidence and skills. The uses of music and rhythm in furthering cognitive skills are discussed as well as how to address specific problems.

AGE 0-5 FORMAT A4 (297 x 210mm), 176pp, illustrated, wire-o-bound

ISBN 9780863883781 **ORDER CODE** E01-002-3668



Developing Early Literacy Skills

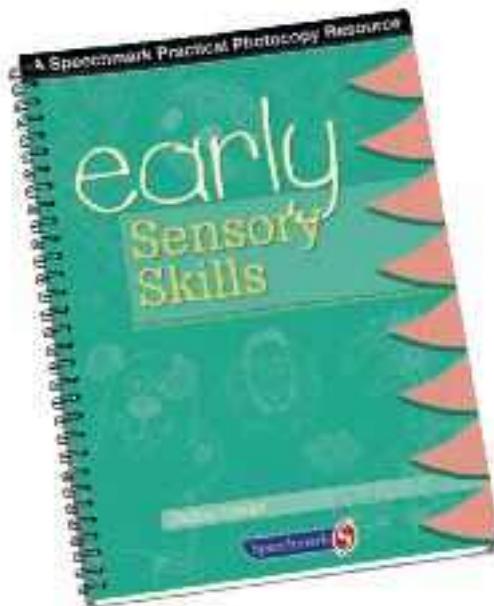
Katharine Bodle

For use with pre-school or older children lacking basic literacy skills, this book provides photocopyable activities to develop the early skills required for success with literacy.

- Includes: rhyming activities; alphabet activities; phonological awareness; writing and handwriting; and reading.
- Designed to help children showing early signs of dyslexia or a specific learning difficulty, these activities will also benefit older children who lack a foundation of early literacy skills.

AGE 3+ **FORMAT** A4 (297 x 210mm) 176pp, wire-o-bound

ISBN 9780863885389 **ORDER CODE** E01-002-5267



Early Sensory Skills

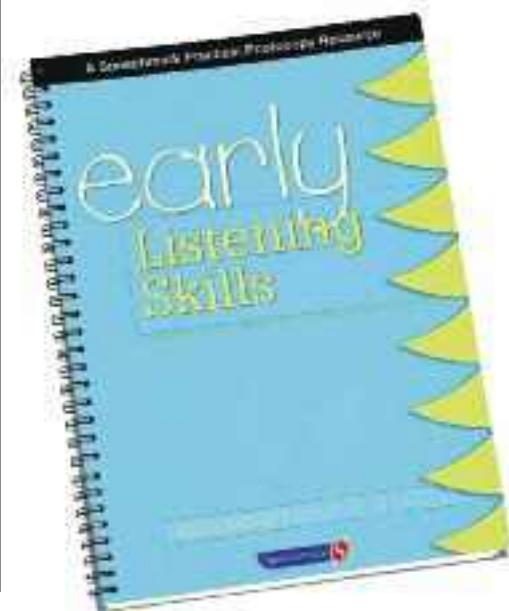
Jackie Cooke

A compendium of practical and enjoyable activities for touch, vision, taste and smell. The activity sheets contain suggestions for variations and similar activities; also included are simple checklists to record a child's progress

'This refreshing straightforward and useful resource contains some excellent ideas for both individual and group work for therapists and educationalists involved with children with disabilities.' Sue Marshall, British Journal of Occupational Therapy

AGE 0-5 **FORMAT** A4 (297 x 210mm) 270pp, illustrated, wire-o-bound

ISBN 9780863883712 **ORDER CODE** E01-002-3042



Early Listening Skills

Diana Williams

This practical and comprehensive manual, for professionals working with pre-school children or the older special-needs child, offers more than 200 activities in a format designed to be photocopied for use in the classroom or for carers.

- Covers the basic auditory skills needed before meaning can be attached to sound.
- Deals with more advanced abilities including sound recognition and auditory sequencing.
- Includes materials on auditory detection, discrimination, recognition, sequencing and memory.
- Describes listening projects and topics for the curriculum.
- Includes activity sheets for parents

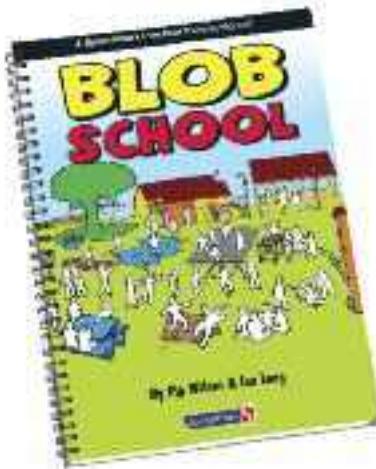
AGE 0-5 **FORMAT** A4 (297 x 210mm) 270pp, illustrated, wire-o-bound

ISBN 9780863883446 **ORDER CODE** E01-002-2604

Welcome to Social and Emotional Skills

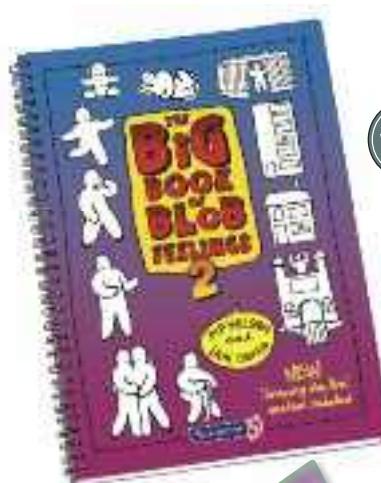
Creative and practical resources, designed to help explore and support social and emotional development. Created for specific ages, social and life-situations, these resources initiate stimulated discussion and interaction.

More new resources are available online at www.speechmark.net



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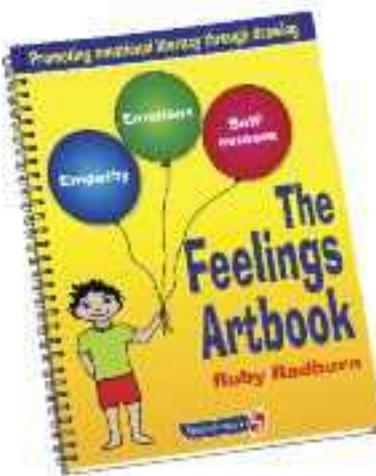
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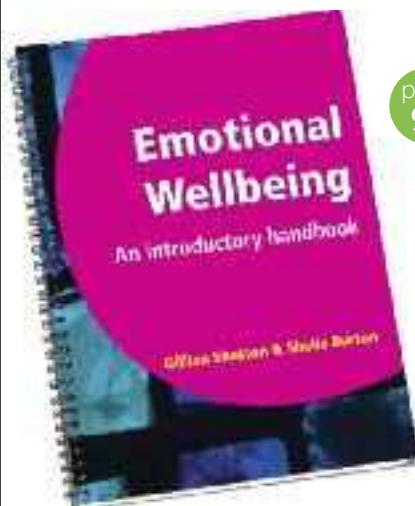
Best Sellers



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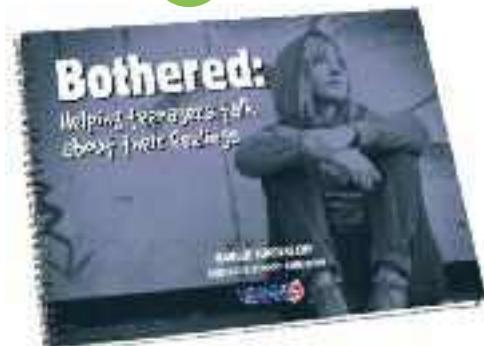
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The Blob Series

Blobs are delightful characters (without gender or age) that help to facilitate and stimulate meaningful discussions about difficult issues or situations. Individuals or groups can start a discussion by identifying themselves, or others, with an individual or a group of blobs whose actions or feelings represent their own. The series includes a range of activities, books and posters, suitable for all ages.

Pip Wilson is a trainer and author with a background in social care, working with street gangs and elderly and homeless people. He is also a games show designer and host.

Ian Long, formerly an artist-in-residence in Lambeth and a youth and children's worker in Gloucestershire, specialising in art.

'A delightfully creative way to encourage and promote discussion... Each Blob can be attributed to different circumstances every time you see them, dependent on your own moods and emotions at any given time.' Facts & Fiction

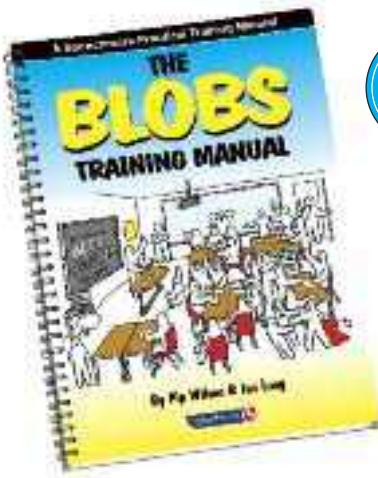
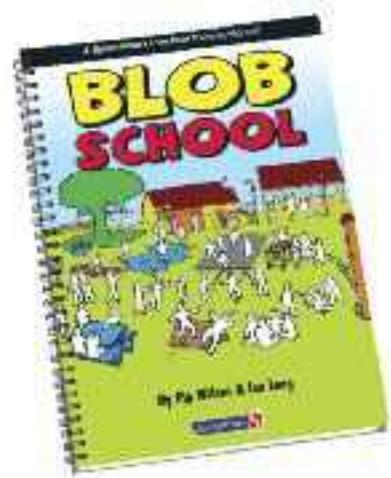
Blob School

Pip Wilson & Ian Long

Blob School is an educational resource designed specifically for one of the main purchasers of the Blobs – teachers! This practical resource aims to cover all the key areas of school life so that teachers, assistants, school workers, pupils and parents can reflect upon a wide range of contexts and issues which occur throughout the school year. The book includes 47 images which can be projected upon an Interactive White Board or photocopied for whole class or small group discussion.

AGE 11+ **FORMAT** 120pp, wire-o-bound

ISBN 9781909301382 **ORDER CODE** E01-002-5999



The Blobs Training Manual

Pip Wilson & Ian Long

You can use Blob trees and characters in so many different ways, so this manual features tips on how to maximise success with Blobs in group and one-to-one sessions. Also includes an introduction to new Blobs and scenarios, a thought-provoking theory on relationships, a handy A-Z of feelings, and a CD with downloadable PDFs. Perfect if you want to extend your Blob repertoire or you're new to the series.

AGE All ages **FORMAT** A4 (297 x 210) 122pp + CD, wire-o-bound

ISBN 9780863887888 **ORDER CODE** E01-002-5672

Blob Feelings Ball

Pip Wilson & Ian Long

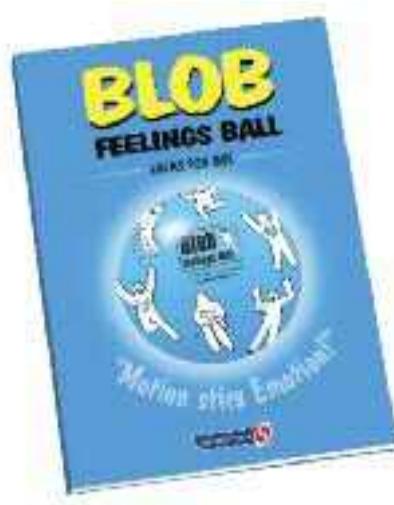
Throw, roll, pass the ball and the recipient then chooses a Blob character that best describes how they feel. A great, animated way to discuss feelings.

The ball illustrates a variety of Blob characters which depict various feelings such as anger, happiness, sadness, wary and fear.

The ball comes with guidance giving ideas for use, including ideas for questions.

AGE All ages **CONTAINS** Ball (approx size: 25cm) + instructions

ISBN 9780863888939 **ORDER CODE** E01-003-5620





Blob Posters

Pip Wilson & Ian Long

Four A3 posters to help children and young people talk about four specific emotions – happiness, disappointment, calm and anger. Can be used in groups or one-to-one, and includes notes for guidance.

'Wow, I love them - innovative, practical, creative and enabling. These posters are going to be very useful to all schools looking for ways to facilitate and develop the pupil voice.' Carol Smart, SNIP

AGE All ages **FORMAT** 4 A3 (305 x 425mm) posters + instruction booklet, boxed

ISBN 9780863888427 **ORDER CODE** E01-003-5520

Mini Blob Posters

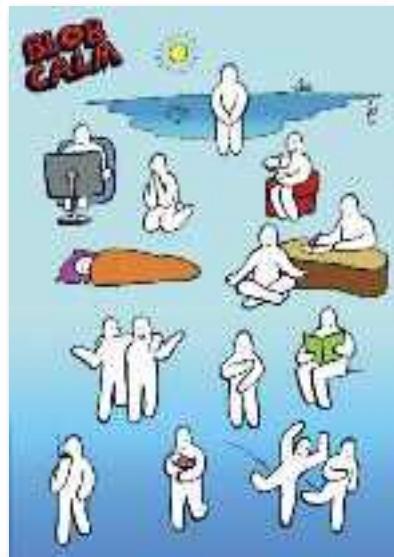
Pip Wilson & Ian Long

By popular demand! Four posters prompting discussion on four feelings – happiness, disappointment, calm and anger. This pack includes four copies of each poster, which means they're easily used with the whole class or small groups. Includes notes for guidance.

'Everyone sees something personal to them in each scene.' Jean Ruggin, College Controller, Beacon Community College, East Sussex

AGE 5+ **FORMAT** 16 A5 (210 x 148mm) posters (4 of each design), boxed

ISBN 9780863888960 **ORDER CODE** E01-003-5515



Alphabet of Emotions



Alphabet of Emotions Poster

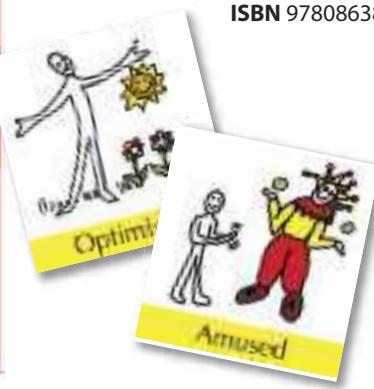
Jayne Devencenzi & Susan Pendergast

48 visual interpretations of emotions.

Simple line drawings that really convey effectively a state of mind at a particular moment in time. An excellent and useful teaching aid.

AGE All ages **FORMAT** A1 poster

ISBN 9780863888861 **ORDER CODE** E01-003-5507





Blob Tree Posters

Pip Wilson & Ian Long

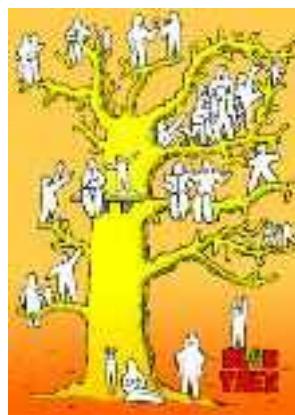
Four unique posters to help people talk about feelings.

These Blob tree posters can be used by whole classes, small groups or on a one-to-one basis to initiate and promote discussion of feelings. The internationally renowned 'Blob' figures are non-threatening and appeal to all ages. Each poster contains a different set of feelings to explore and discuss.

Includes notes for guidance.

AGE All ages **FORMAT** 4 posters, A3, encapsulated

ISBN 9780863888465 **ORDER CODE** E01-003-5485



Mini Blob Tree Posters

Pip Wilson & Ian Long

Four posters to help children and young people talk about specific emotions. From the creators of the hugely successful Blob tree phenomenon - four more posters on the specific emotions of:

- Happy • Calm • Disappointed • Angry

Includes notes for guidance.

AGE All ages **FORMAT** 16 A5 encapsulated posters (4 of each design)

ISBN 9780863888519 **ORDER CODE** E01-003-5486

Giant Blob Tree Poster

Pip Wilson & Ian Long

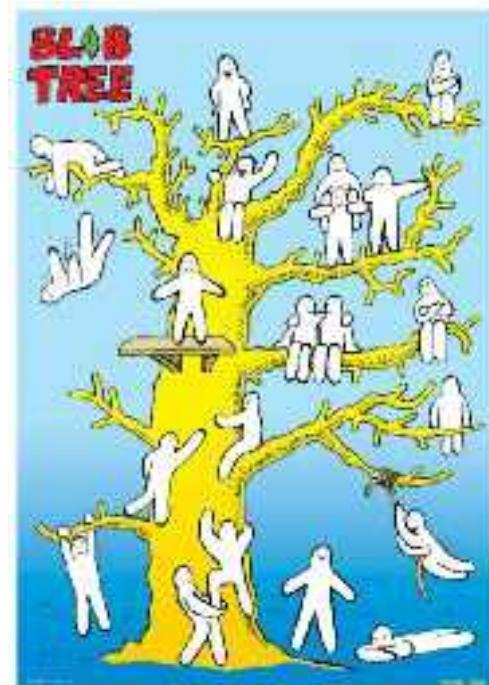
A 'no word' tool to aid communication.

The original Blob Tree was created in the early 1980s by Pip and Ian as an effective way of communicating with young people and adults who found reading difficult, and quickly proved to be accessible to children and young people of all ages. The Tree stands for a group, a family, an organisation, in fact any gathering of people. The Blobs are representative of two languages used by people throughout the world – feelings and body language.

Have fun using this effective and innovative tool when working with groups or individuals!

AGE All ages **FORMAT** A1 poster, laminated

ISBN 9780863889356 **ORDER CODE** E01-003-5811



The Big Book of Blob Feelings 2

Pip Wilson & Ian Long

A special selection of photocopiable blob pictures designed for work on feelings. Arranged into four sections, the contents include:

- Blob Theory • Blob trees the id/ego/superego, needs, shadows

- Emotions • anger, anger cycle, calm, depression, disappointed, happy, hate, hyper, jealousy, lonely, mixed-up, numb, paranoia, rejection, sad, trauma, worry

- Developmental/issues • bridge, clouds, doors, feelings, holes, pit, pitch, stairs, families, home.

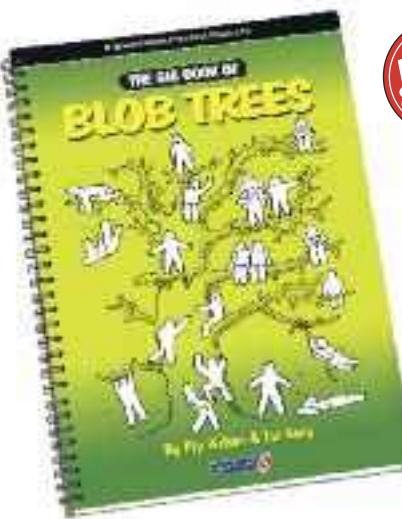
- Each picture is accompanied by ideas and questions to kick start class, group or one-to-one discussion.

- Complete book included on accompanying CD.

- Also new for this edition, "Drawing the Line" section.

AGE 4-11 FORMAT A4, (297 X 210mm), 124pp, wire-o-bound

ISBN 9781909301368 ORDER CODE E01-002-5997



The Big Book of Blob Trees

Pip Wilson & Ian Long

50 different blob trees to explore feelings. This unique collection of Blob trees with all its various Blob characters is a fabulous way of opening up discussions about feelings and developing the understanding of emotions, empathy and self-awareness. The different trees show different scenarios that individuals or groups may experience personally. The book comes with guidance and suggested questions such as:

- Which Blob do you feel like?
- Find a Blob that interests you.
- Which Blob confuses you?
- Which Blob annoys you the most? Why?

The Blobs can also be used in a less personal way so you ask which blob is happy, why do you think he is happy and discussion can evolve that way indirectly.

This resource can be used with individuals or groups.

AGE 3+ FORMAT A4 (210 x 297), 138pp, spiral bound + CD

ISBN 9780863887550 ORDER CODE E01-002-5617



The Big Book of Blobs

Pip Wilson and Ian Long

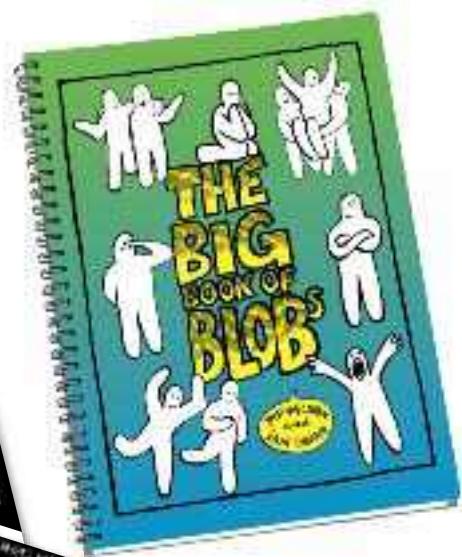
Stimulate class, group or one-to-one discussion with these photocopiable pictures and accompanying questions, organised into themes and included on an accompanying CD.

- Places - beach, cinema, cliff, concert, disco, home, playground, staffroom, village
- Issues - bullying, death, disaster, divide, fame, families, feast, money, parents, protests, romance, sleep, talk, water safety, world
- Occasions - Christmas, Easter, football, lecture, nativity, Olympics, skateboarding
- Personal development - body, caged, caring, doors, leaps, river, rock, shadows, valley, vertigo

'The more you look at the materials, the greater number of uses you can see for them. Enormously valuable in promoting pupils' emotional and physical well being and safety. Worth every penny.'
Carol Mart, SNIP

AGE All ages FORMAT A4 (297 x 210mm), 124pp + CD, wire-o-bound

ISBN 9780863887222 ORDER CODE E01-002-5516





Emotions Blob Cards

Pip Wilson & Ian Long

The groups of Blobs illustrated on these 48 coloured cards are acting in familiar ways: celebrating, fighting, feeling left out, supporting or ignoring each other. Looking at Blobs together, instead of alone, lets you explore emotions surrounding social interaction. Includes activities and ideas for working with individuals and small or large groups.

AGE All ages **CONTAINS** 48 cards (125 x 80mm)

+ 8 instruction cards, boxed

ISBN 9780863886799 **ORDER CODE** E01-003-5483



Anger Blob Cards

Pip Wilson & Ian Long

Anger can control our lives ... or we can control our anger.

Our feelings are so important to our life; if we start the day feeling low we can miss vital moments and interactions. We can be ruled by our feelings, especially those we learned as young children, such as anger or rejection as well as happiness and calm.

These cards depict different elements of the anger cycle. Using appropriate cards in a variety of activities, discussed in the accompanying booklet, will facilitate awareness of the causes of anger and help to work out ways to overcome those triggers.

For use one-to-one or with small or large groups.

AGE All ages **CONTAINS** 58 cards, boxed

ISBN 9780863888236 **ORDER CODE** E01-003-5736

Behaviour Blob Cards

Pip Wilson & Ian Long

Behaviour is always in the news. Sometimes we praise people for their endeavour, their heroism and their love. Generally we complain about people for their laziness, arrogance, pettiness and bad behaviour. The media are full of it and our daily conversation is filled with what our acquaintances or characters from the soaps are up to! Blob behaviour is a set of cards which looks at how we all relate and provides the user with an opportunity to look at the whole range of human behaviour...and understand one another through it!

AGE All ages **CONTAINS** 48 cards (125 x 80mm) +booklet, boxed

ISBN 9780863888793 **ORDER CODE** E01-003-5752



Blob Bereavement Cards

Pip Wilson & Ian Long

This set of 48 cards carefully provides an introduction to the nature and experience of loss through bereavement. The cards are particularly designed to use with children who may be confronted with bereavement for the first time and have no experience or knowledge of how to understand and cope with their loss and fears.

The images on the cards include the moment of being told of death, a variety of ways a person dies, the feelings of loss and anger, the funeral service and life following this event.

- The cards can be used individually, or combined to create other situations
- Ideal for use by bereavement counsellors
- There are 15 suggested ways to use the cards detailed in the accompanying booklet

AGE All ages **CONTAINS** 48 cards +booklet, boxed

ISBN 9781909301016 **ORDER CODE** E01-003-5935



Teenage Life Blob Cards

Pip Wilson & Ian Long

Use the Blobs to explore teenage issues, including relationships and friendships, bullying, addiction, emotions, self-confidence and self-image. Includes 48 cards and over 50 suggested activities.

AGE 11-18 **CONTAINS** 48 cards (125 x 80mm) + 8 instruction cards, boxed

ISBN 9780863887741 **ORDER CODE** E01-003-5664

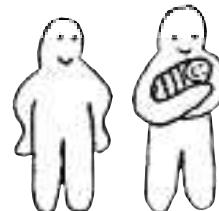
Family Blob Cards

Pip Wilson & Ian Long

The various family scenarios depicted in this set of cards provide an opportunity to discuss all aspects of family life with individuals or groups. Each scenario is colour coded with 6-9 cards telling a short story. Includes 48 cards and over 50 suggested activities.

AGE All ages **CONTAINS** 48 cards (125 x 82mm) + 8 instruction cards, boxed

ISBN 9780863887840 **ORDER CODE** E01-003-5621



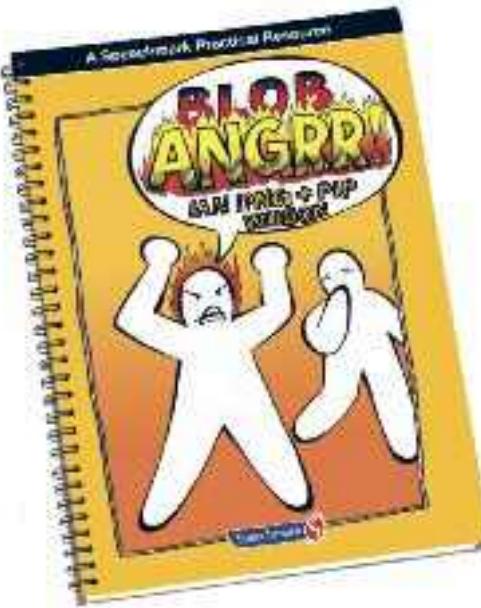
Feelings Blob Cards

Pip Wilson & Ian Long

To get individuals or groups talking, turn up any one of these 48 cards to see what emotions the Blobs represent. You'll find positive and negative feelings associated with themes such as relationships, friendships, bullying, confidence and more. Includes guidance and activities for individuals and groups.

AGE All ages **CONTAINS** 48 cards (125 x 80mm) + 8 instruction cards, boxed

ISBN 9780863886805 **ORDER CODE** E01-003-5482



The Blob Anger Book

Pip Wilson & Ian Long

What makes you boil over with rage? Use the Blobs' scenarios and situations featured in this book to identify those triggers and more appropriate responses. Becoming conscious of what makes us angry, and how we react, can help us change behaviour so things don't get out of hand. Subjects include:

- Blob Bitter • Blob Blame • Blob Humiliated • Blob Frustration • Blob Fight

AGE All ages **FORMAT** A4 (297 x 210mm): 104pp, wire-o-bound

ISBN 9780863889165 **ORDER CODE** E01-002-5793

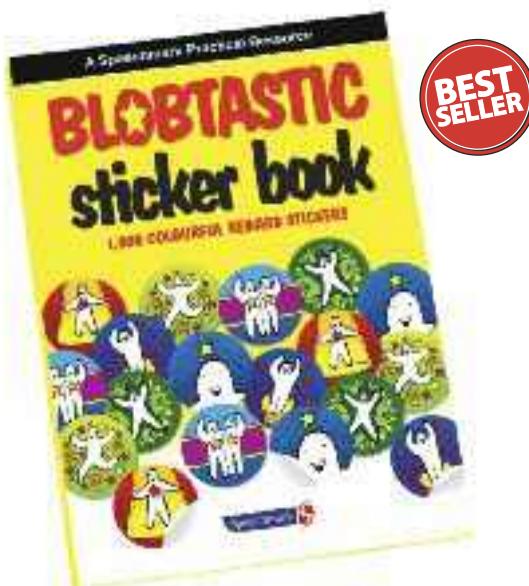
Giant Blob Feelings Poster

Pip Wilson & Ian Long

Over 50 individual Blobs on one giant, laminated poster! With so many Blob pictures representing a wide range of feelings and behaviours, you'll never run out of ideas for discussion. Includes notes for guidance.

AGE All ages **CONTAINS** A1 (840 x 594mm) laminated poster + instruction booklet, poster tube

ISBN 9780863888373 **ORDER CODE** E01-003-5518



Blobtastic Sticker Book

Pip Wilson & Ian Long

1,800 stickers featuring six Blob characters – each depicted with star quality, making this the perfect motivational aid for children. Part of the total Blob.

AGE All ages **CONTAINS** 1,800 colourful reward stickers

ISBN 9780863887567 **ORDER CODE** E01-002-5619



Confidence Cards

Roy Bailey

50 cards featuring positive aspirations to boost confidence and encourage better decision-making. The card game can be used with individuals or groups in a wide range of settings.

AGE 11+ **CONTAINS** 53 cards (125 x 80mm), boxed

ISBN 9780863887215 **ORDER CODE** E01-003-5514



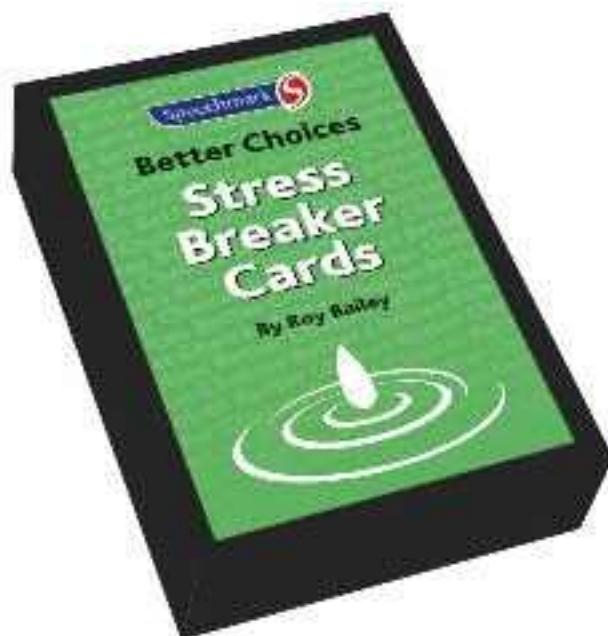
Stress Breaker Cards

Roy Bailey

- 50 cards to help manage stress by choosing new ways of thinking and acting.
- Managing stress is a matter of choice. This card set in the Better Choices series by Roy Bailey will help individuals to become more effective at managing stress by using 'stress breakers' - actions to cope with stress more effectively.
- Can be effectively used with either individuals or groups.

AGE 11+ **CONTAINS** 53 cards 128 x 80mm +booklet, boxed

ISBN 9780863887628 **ORDER CODE** E01-003-5567





A Box Full of Feelings

Marina Kog & Julia Moons

Help children aged 2-7 to identify and talk about their feelings with this box of 20 interactive activities. Use them in a group or with individuals, to explore four basic feelings – happy, sad, angry and afraid – and ways to recognise, name and accept those emotions. Being able to express and manage feelings in an appropriate way is the foundation for emotional intelligence, building resilience and helping children to remain calm when faced with painful experiences.

- 48 picture cards (12 for each feeling) with stories and questions (110 x 110mm)
- 16 pictures illustrating 4 emotions (110 x 110mm)
- 4 posters (420 x 295mm)
- 17 finger dolls
- 4 masks
- 4 portable ‘houses of emotions’
- A ‘wheel of emotions’ with spinner (for games)
- CD of emotive music
- Instruction manual and photocopiable activities
- Sturdy storage box with carry handle

AGE 2-7 CONTAINS Multi-media + CD, boxed

ISBN 9781901487039 **ORDER CODE** E01-006-5446



**FREE
CD**

‘We’ve used the box for seven weeks and already we’ve seen big significant differences. It’s certain we sense a general feeling of protectiveness, awareness, friendship and empathy which wasn’t there before.’ Dr Nanette Smith from the Worcester University College in the BBC series Teaching Today

**BEST
SELLER**



**FREE
CD**

A House Full of Emotions

Developed by the Centre for Experiential Education and Nand Cuvelier

A powerful tool to help older children name and identify sophisticated feelings - such as excitement, shame, disappointment, jealousy and pride - and how feelings like these can affect relationships. Through the activities, children learn how to interpret complex behaviours, understand ‘cause and effect’ and solve typical problems surrounding these emotions in a social context.

- 63 picture cards with stories and questions (110 x 110mm)
- 10 large animal picture cards, with stories illustrating emotions
- 4 sets of 12 sequential cards (dominoes) that reveal a story
- Boardgame featuring the animals
- Fans illustrating and naming 21 feelings
- 2 play houses including 10 animal pictures and 21 pictures
- CD of emotive music
- Instruction manual with photocopiable activity sheets
- Sturdy storage box with carry handle

AGE 7-11 CONTAINS Multi-media + CD, boxed

ISBN 9781901487046 **ORDER CODE** E01-006-5448



Feelings Playing Cards

Karen Palmer-Roach & Rebecca Childs

52 cards for playing fun and engaging games, focusing on 13 specific feelings.

From the authors of Learning to Become Socially Talented Children, Feelings Playing Cards is a delightful pack of playing cards, based on the traditional four-deck format. They allow exploration of the vocabulary, facial expressions and experiences related to the following feelings:

- Happy • Tired • Embarrassed • Surprised • Sad • Angry
- Excited • Disappointed • Worried • Relaxed • Unwell • Proud • Upset

Offering myriad of uses, possible games and activities include snap and pairs, and they can also support the PSHE and SEAL curriculum.

AGE 4-11 CONTAINS 60 cards (124 x 40mm) + instructions, boxed

ISBN 9780863888489 **ORDER CODE** E01-003-5565

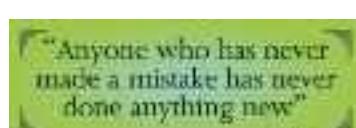
Famous Quotations - Mini Message Posters (30)

Encourage young people to recognise the importance of honesty, integrity, responsibility and achievement.

The wisdom embedded in these memorable quotations from famous people will stimulate discussion, convey important messages to your students, and provide an insight into richness of language. They can be displayed in classrooms, used for assembly, 'thought for today', philosophy or general group discussion. A hundred uses for this gem of a product! Developed in conjunction with SEAL... Society for Effective Affective Learning.

AGE All ages **FORMAT** Poster size is 20 x 38cm

ISBN 9780863888618 **ORDER CODE** E01-003-5496



The Social Skills Handbook

Sue Hutchings, Jayne Comins and Judy Offiler

A practical, photocopiable guide to help therapists and trainers set up and run social skills groups, enabling their clients to develop more effective communication skills. Based on well-established therapeutic principles, it provides:

- Pertinent theory and the principles of group work • Flexible ideas for activities which facilitate social communication skills • Progressive confidence-building assignments

All activities are easy to implement and clearly laid-out with guidance for group leaders.

'Well presented and stimulating to read... the instructions for activities are easy to follow.' Sarah Donoghue, Senior Lecturer, Newcastle Upon Tyne Polytechnic, British Journal of Occupational Therapy

AGE 11+ **FORMAT** A4 (297 x 210mm), 180pp illustrated, wire-o-bound

ISBN 9780863883682 **ORDER CODE** E01-002-0670



Let's Talk About Dying

Rachel Fearnley

Communicating with relatives when a patient is terminally ill can be a difficult task. Professionals need to work collaboratively with colleagues involved with the family.

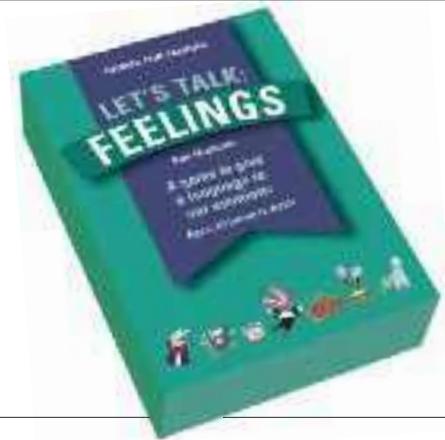
This training resource:

- Helps group members recognise and acknowledge the importance of inter-professional working and communication when working with family members experiencing bereavement.
- Helps to facilitate discussions between the group members about communicating with and working with family members when a significant person is at the end of life.

This resource has been developed for use with practitioners from different professions; its use can and should be extended to other professionals working with family members.

AGE 5+ **CONTAINS** 40 cards + booklet boxed

ISBN 9780863889127 **ORDER CODE** E01-003-5789



Let's Talk: Feelings

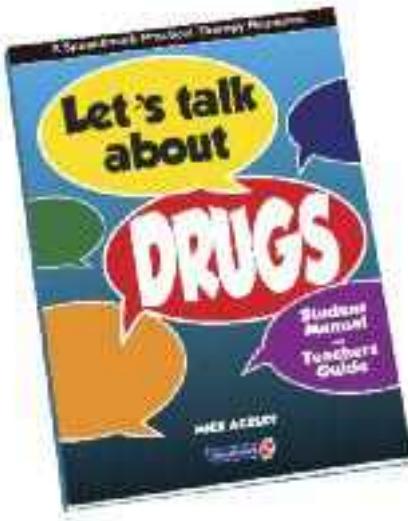
Sue Nicholls

The cards are divided into 6 sections:

- Give an example of when you felt (Try to be specific)
- Situation cards. How would you feel?
- You are feeling ... How would you show it?
- You are feeling ... What would help you to deal with it?
- A friend is feeling
- How could you respond to be helpful?
- Situation cards. How might the other person feel?

AGE 5+ **CONTAINS** 78 cards + instructions, boxed

ISBN 9780863887413 **ORDER CODE** E01-003-5583



Let's Talk About Drugs

Mick Ackley

Effective drug education is key to steering young people away from drug use, whether in a group setting or one to one. This workbook provides a fun way to learn about drugs with a teacher or youth worker, parent or carer. The approaches include information giving life skills education and mixed approaches.

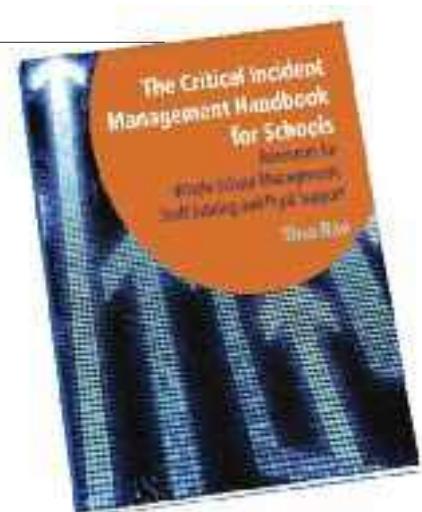
Packed with important information, strategies and facts, the following subjects are included:

- What is a drug
- Drug word game
- Drug names and nicknames
- Using drugs – for and against
- The effects of drugs
- Risks and dangers of drugs
- Drugs and the law
- Keeping safe
- Resisting peer pressure
- Tobacco
- Alcohol

A great deal of information provided in this easy to use package.

AGE All ages **FORMAT** 120pp (246 x 171mm), paperback

ISBN 9780863889509 **ORDER CODE** E01-002-5871



The Critical Incident Management Handbook for Schools

Tina Rae

Everyone has to deal with the shock, pain and distress caused by traumatic events at different times in their life.

It is important that all schools are prepared to deal with the traumatic events that their students may face and that they develop policies to ensure the right kind of advice and support is in place. The Critical Incident Management Handbook for Schools supports school-based practitioners in developing their own skills of debriefing and crisis management and an understanding of both the short- and long-term effects of loss, grief and trauma.

The resources in this handbook aim to facilitate the safe working of school-based staff both in the area of debriefing young people and in terms of providing structures and protocols for managing critical incidents.

AGE All ages **FORMAT** 240pp, paperback

ISBN 9781906517472 **ORDER CODE** E01-007-5843

How to talk about...series by Jo Johnson

Jo Johnson is a neuropsychologist with special interest in brain injury, dementia and multiple sclerosis. She worked for over 20 years in the NHS, but now works as an independent consultant, teaching and writing for several neurology charities, and writing books for children whose parents have neurological conditions.

Shrinking the Smirch

Jo Johnson

Shrinking the Smirch is a unique workbook for anyone who is living with a long-term physical or psychological condition, including MS, Parkinson's, brain injury, epilepsy, stroke, cancer, chronic fatigue, depression, eating disorders, trauma or anxiety. It asks the reader to think about their symptoms as something external to them, something the book calls 'a smirch'. A smirch is an annoying little creature who seeks to make people sad and unhealthy.

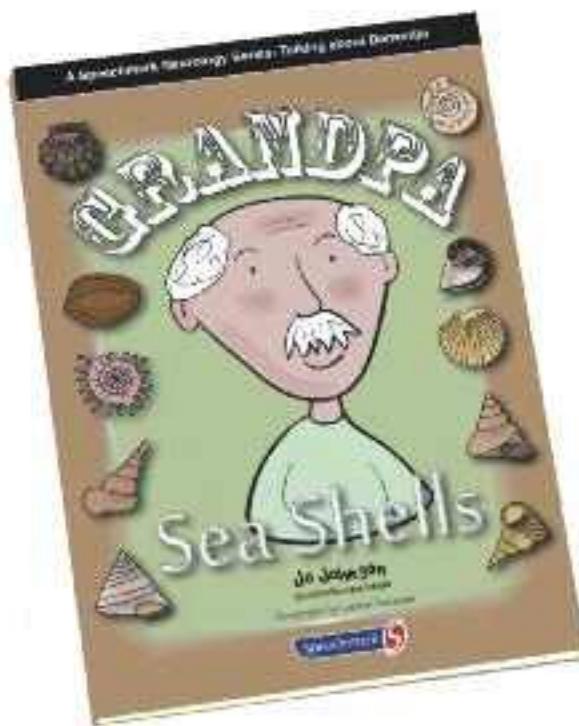
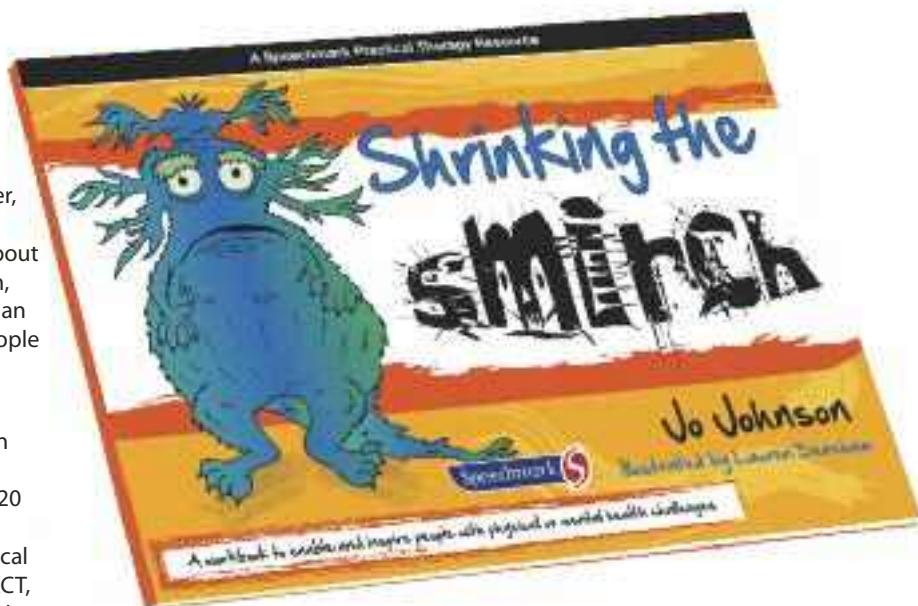
The book:

Will help the reader to work out what their own 'smirch' makes them think, feel and do, and to create an image or description of it • includes 20 practical ways to deal with health challenges

- presents ideas based on effective psychological approaches including narrative therapy, CBT, ACT, mindfulness and systemic and solution-focused models

AGE: Adults **FORMAT** 96pp, A5 (210 x 148mm), paperback

ISBN 9780863889967 **ORDER CODE** E01-002-5930



Grandpa Sea Shells

Jo Johnson

This book tells the story of three young children who spend a day with their grandparents following grandpa's diagnosis of dementia. The story supports conversations with children around the first noticeable changes, at diagnosis, and through mild and moderate progression. The key symptoms described in this story reflect the typical features associated with Alzheimer's. Includes puzzles and activities.

AGE 4-10 **FORMAT** A5 (210 x 148mm) 32pp, paperback

ISBN 9780863889974 **ORDER CODE** E01-002-5931



My Mum Bakes Awesome Cakes

My Dad Builds Awesome Boats

Jo Johnson

My Mum bakes Awesome Cakes, is a story book for primary school aged children. The story is about a small group of children, Leah's mum has a diagnosis of multiple sclerosis.

My Dad makes Awesome Boats, is a story book for primary aged children. The story is about two friends, Oscar and Samuel. Oscar's dad has a diagnosis of multiple sclerosis.

These books are designed to create opportunities to talk with children about the symptoms of MS, as well as other aspects of friendship like anxiety, competition, strengths and weaknesses and talking to each other.

These books will be useful for families, therapists, health professionals and teachers to use with children who have a relative with MS or with all children to raise awareness of a common health diagnosis as another example of diversity.

'This book is excellent; it will help families as it is talking about very routine things that children understand. This will be a fantastic resource for children, teachers and health professionals' Katrina Orchard MS specialist nurse

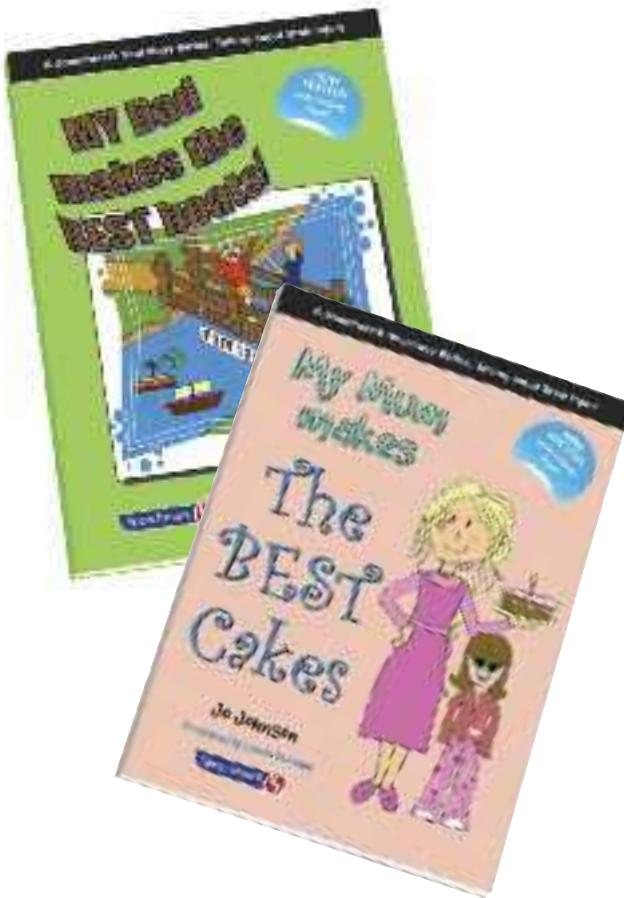
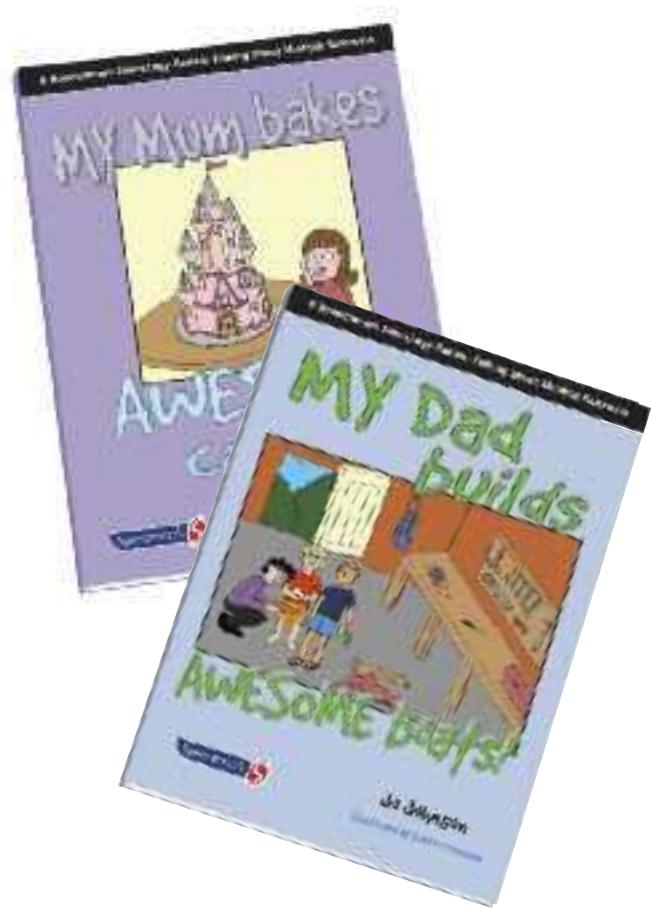
My Mum Bakes Awesome Cakes

AGE Primary FORMAT A5 (210 x 148mm), 32pp, paperback

ISBN 9780863889981 ORDER CODE E01- 002-5932

My Dad Builds Awesome Boats

ISBN 9780863889998 ORDER CODE E01- 002-5933



My Mum Makes the Best Cakes

My Dad Makes the Best Boats

Jo Johnson

"How can we talk to our children about Brain Injury?"

This is a regularly asked question by parents who have suffered a brain injury and their respective partners. These books have been designed so that children between five and eight can read it independently. However, ideally it should be used with an adult to facilitate discussion about all aspects of family life and to enhance general emotional wellbeing.

'This book is fantastic; it is the perfect tool to start conversations with children. It gives straightforward explanations of symptoms without being too medical. This will be a great resource for families, teachers and health professionals.' Lisa Black MS specialist nurse

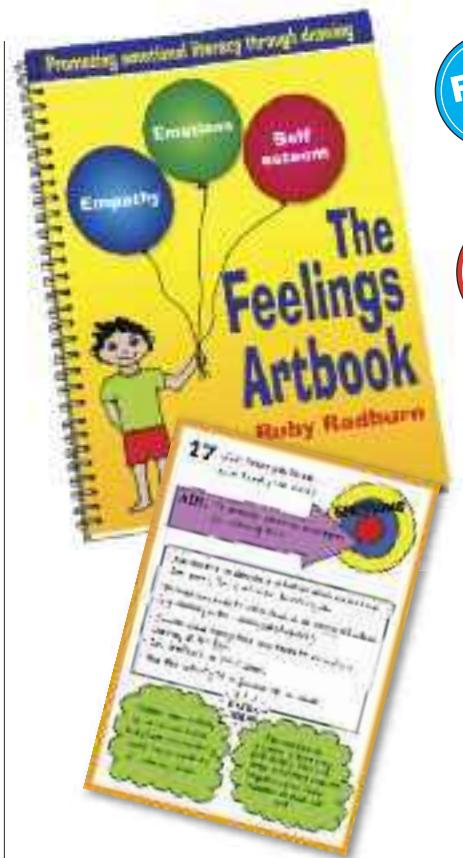
AGE Primary FORMAT A5 (210 x 148mm), 32pp, paperback

My Mum Makes the Best Cakes

ISBN 9780863889868 ORDER CODE E01-002-5920

My Dad Makes the Best Boats

ISBN 9780863889882 ORDER CODE: E01-002-5922



The Feelings Artbook

Ruby Radburn

For many children, drawing is easier and more fun than writing, so these 48 activity worksheets encourage children to explore their feelings through drawing.

Teachers, therapists and parents can use the activities to work through specific difficulties with a child, or to encourage any child's emotional literacy. Each worksheet includes questions and ideas for making the most of the activities, which can stand alone or become part of an emotional literacy programme.

The artbook has three sections:

- Self-esteem – activities that help children to think well about themselves by identifying strengths, achievements and aspirations, and the things they value. They creatively explore the concept of 'taking responsibility' for feelings and actions.
- Emotions – activities that help children convey more complex feelings and emotions such as 'jealousy' and 'embarrassment', drawn from their own experience. Understanding what causes strong feelings can help them manage feelings appropriately.
- Empathy – activities that encourage children to consider the feelings and preferences of others using empathetic skills such as listening, or to imagine the different needs of others, such as an elderly person or a baby.

You can also download the worksheets from an accompanying CD.

AGE 4-11 FORMAT A4 (297 x 210mm), 104pp + CD, wire-o-bound

ISBN 9780863886744 **ORDER CODE** E01-002-5450

Sometimes I Feel...

Pia Jones

A creative tool to help children express emotions. The cards bring to life two central characters, a little girl and boy who share a range of intensive feelings.

Accompanying the pictures are phrases to use as conversation starters, such as:

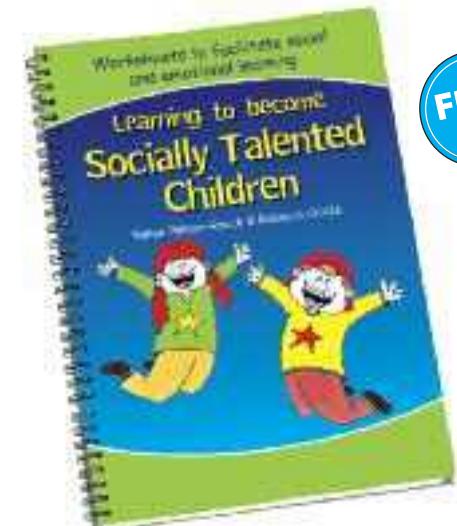
- Sometime I feel like singing in the morning • Sometimes I feel like I am about to explode
- The cards encourage children to invent their own personal metaphors for their feelings and help them realise that they are not alone in feeling how they do.

AGE 4-8 CONTAINS 48 cards (210 x 148mm) + instructions booklet, boxed

ISBN 9780863885327 **ORDER CODE** E01-003-5260



'48 beautifully illustrated, child friendly A5 cards...a great tool...easy to use with a variety of ages.' Child Education



Learning to become Socially Talented Children

Karen Palmer-Roach and Rebecca Childs

More than 70 worksheets to make learning about emotions fun, with graphics, games and activities that encourage discussion and greater insight across a wide range of issues, such as:

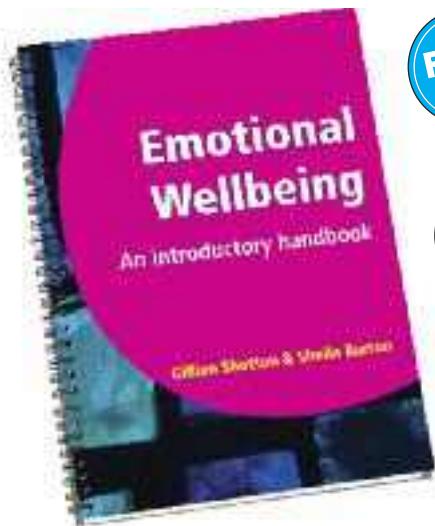
- Introducing me • Getting to know my body • Ways to help me manage my behaviour • Mind your manners • Sort it out

You can also download the entire book from the accompanying CD.

'What a lovely book... pupil interactive, requiring a response from the child, and fun activities.' Clare Matheson, Primary School Teacher

AGE 5-11 FORMAT A4 (297 x 210mm), 254pp + CD, wire-o-bound

ISBN 9780863886751 **ORDER CODE** E01-002-5451



Emotional Well-Being – An Introductory Handbook

Gillian Shotton and Sheila Burton

- Supports and raises awareness of mental health through a range of activities and resources that get young people thinking and talking about what 'emotional well-being' means, and what they can do to protect their own, and others', mental health.
- Focuses on Social and Emotional Aspects of Learning (SEAL) areas: social skills, empathy, motivation, managing feelings, self-awareness
- Explores common sources of stress, including bullying, bereavement, changing school and relationships
- Helps create a supportive community to promote and protect emotional health and well-being among friends and colleagues
- Includes background material, ideas for session openers and closers, and a handy PowerPoint presentation on CD. Pick and choose topics, or work through the book as a structured course.

AGE 11+ **FORMAT** 124pp, A4 (297 x 210mm), spiral bound, + CD

ISBN 9781906517038 **ORDER CODE** E01-006-5576

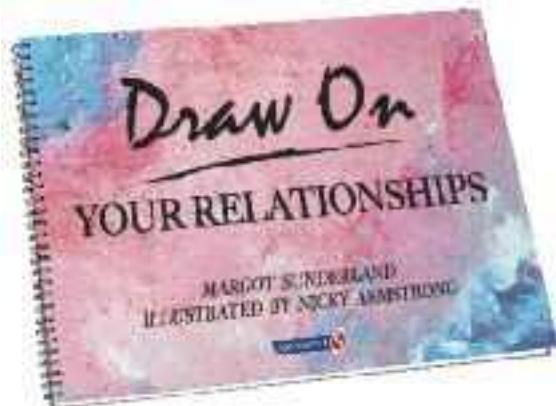
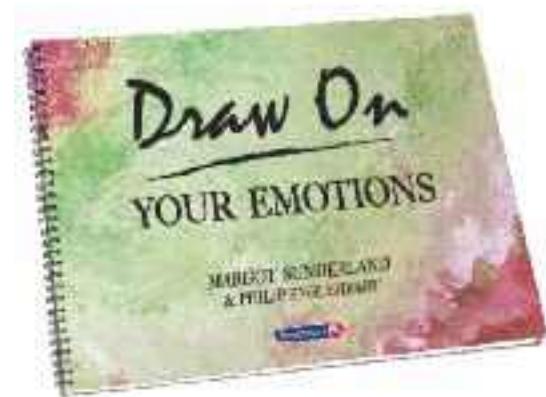
Draw On Your Emotions

Margot Sunderland

- Structured, easy-to-do picture exercises to help people of all ages express, communicate and deal more effectively with their emotions in everyday life
- Specifically designed to initiate discussion and conversation about feelings
- Enables ways to safely rehearse different approaches and more appropriate reactions to complex issues or situations (on paper)
- Provides assistance in unpacking previously insoluble or 'huge' problems to bring about clarity and manageable solutions
- Can be adapted for any age range and ability
- All exercises photocopyable
- Provides a superb non-verbal counselling tool

AGE 6+ **FORMAT** 138pp, A4 (297 x 210mm), landscape, wire-o-bound

ISBN 9780863883392 **ORDER CODE** E01-002-1705



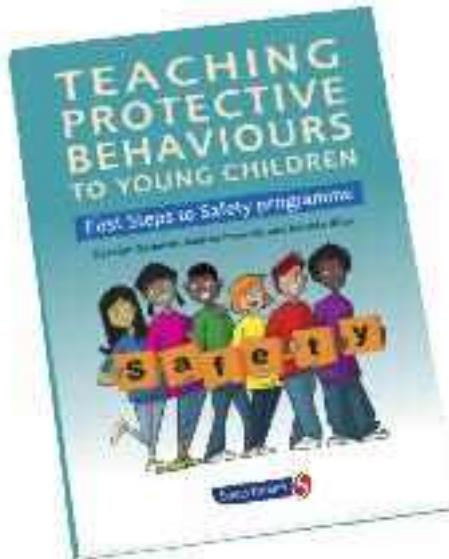
Draw on Your Relationships

Margot Sunderland

- A structured, easy-to-use picture exercise book for professionals working with children, teenagers or adults who wish to improve the quality of their personal relationships or who have a history of destructive relationships
- Specifically designed to help people explore, communicate and learn more about themselves
- The pictures provide vital triggers or openers to help people describe their emotions in new ways, and perhaps more easily than with words alone
- Includes guidance on how to use the exercises with clients, and how to identify and develop themes that become apparent in the drawings
- Can be used alone, with a couple or with two or more people (such as a family)

AGE 6+ **FORMAT** 232pp, A4 (297 x 210mm), landscape, wire-o-bound

ISBN 9780863886294 **ORDER CODE** E01-002-5396



Teaching Protective Behaviours to Young Children

Carolyn Gelenter, Nadine Prescott & Belinda Riley

Help to keep all of your children and young people safe with this 10-week, easy-to-use teaching programme, designed to support children to develop their own sense of personal safety, and to recognise and respond effectively to threatening or uncomfortable situations.

The lesson plans and activities are applicable for children aged 6 to 16 across a range of situations, such as bullying, internet abuse, being harmed or feeling unsafe or sad. The activities encourage children to identify and express feelings, make sensible decisions, and confidently address the problems they face.

Sessions include:

- The early warning signs for feeling unsafe
- Taking responsibility for my own body, thoughts, feelings and behaviour
- How to express thoughts and feelings that affect my body
- Making behaviour choices guided by feelings
- Knowing who to go to for help and how to ask for help

AGE 6-16 FORMAT 245 x 171mm, 180pp, paperback

ISBN 9780863889820 **ORDER CODE** E01-002-5916

Practical Ideas for Emotional Intelligence

Adele Clark & Jacqui Blades

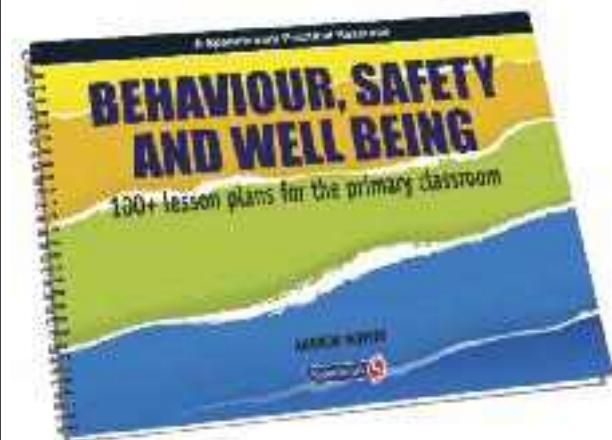
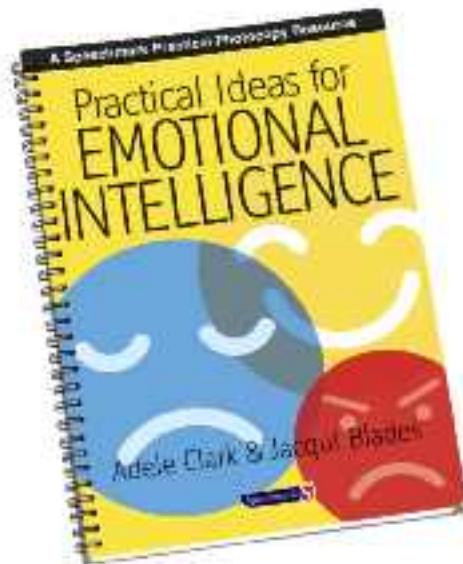
This practical resource helps professionals to teach every aspect of emotional literacy in either a group or individual session, and to design and implement individual education plans (IEPs).

The content, which includes a range of photocopyable activities, take-home tasks and tips, can be adapted to suit any setting, and is relevant and engaging for young people hoping to understand and overcome life's challenges.

Topics include: Profiling, Transition, Behaviour change, Family change, Self-esteem, Bereavement, Study skills, Dealing with stress, Motivation, Self-harming, Drug awareness, Bullying, School refusal

AGE 5-18 FORMAT A4 (297 x 210mm), 216pp, wire-o-bound

ISBN 9780863886119 **ORDER CODE** E01-002-5375



Behaviour, Safety and Well Being

Andrew Moffat

The new Ofsted framework evaluates the behaviour and safety of pupils at the school. This resource provides over 100 lesson plans promoting :

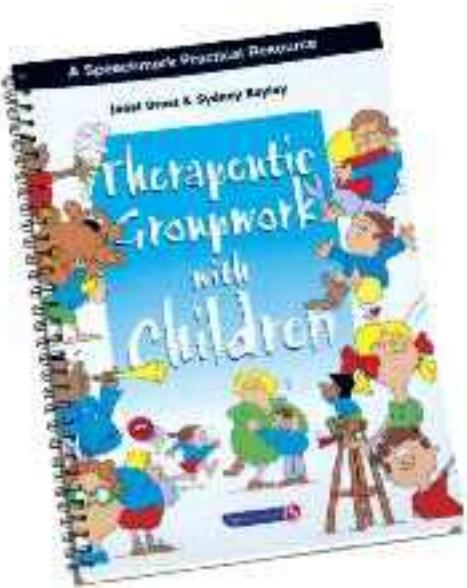
- Recognition of different emotions and behaviours
- Practice in responding to those different emotions and behaviours
- Good behaviour towards, and respect for, other young people and adults
- Each lesson plan is linked to a children's book and references SEAL.
- Lessons can support Literacy, PSHE and citizenship. Lesson plans are bracketed into year groups and five or six week modules that give schools the opportunity to deliver specific projects on anti-bullying / safeguarding, pupil voice and transition.

There are also modules covering emotions such as anger, loneliness, excitement, jealousy, kindness, pride and confidence.

A comprehensive, accessible and invaluable tool for every classroom.

AGE All ages **FORMAT** A4 Landscape, 282pp, spiral bound

ISBN 9780863889455 **ORDER CODE** E01-002-5851



Therapeutic Groupwork with Children

Joost Drost & Sydney Bayley

46 hands-on activities for those working with young children age 5-7 and 8-11, designed to develop the way children of these ages think about things. Topics include: Empathy, Trust, Choices, Problem-solving, Self-identity and Self-esteem, Expressions of feelings and opinions and Working together

AGE 5-18 FORMAT A4 (297 x 210mm), 210pp, wire-o-bound

ISBN 9780863882340 ORDER CODE E01-002-4255

'A user-friendly practical resource for therapists and teachers alike... beneficial to new groups workers and a welcome prompt to more experienced ones.'
Helga Gore, Senior Occupational Therapist, CAMHS, Airedale NHS Trust, NAPOT

Descriptions and Explanations – Communication Cards

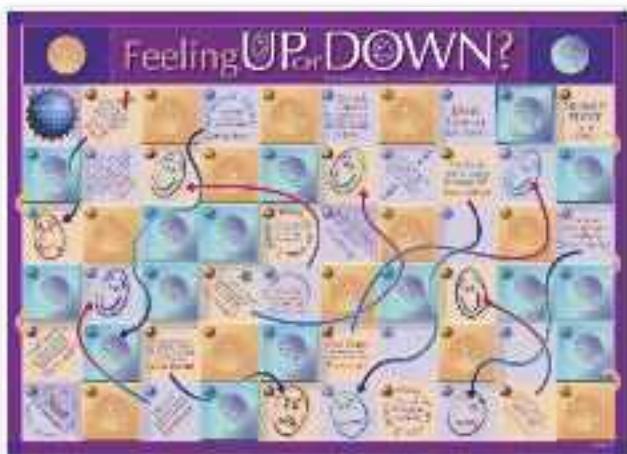
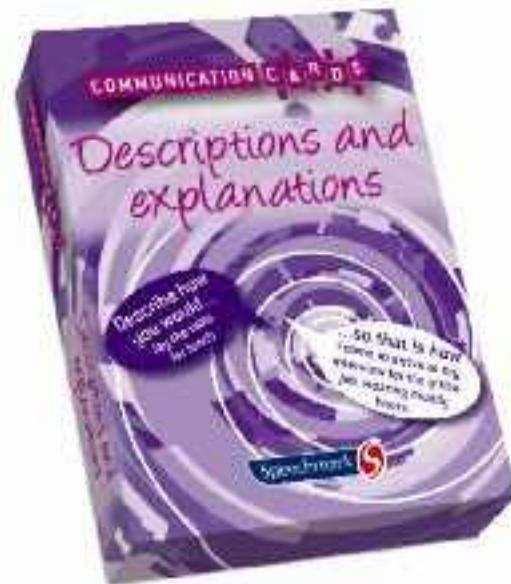
Alison Roberts

This activity is designed to help young people to improve their skills of describing and explaining, which are two important areas of narrative work. Sometimes although ordinary sentence structures may be managed fairly well, a student may struggle to describe a process or account for an outcome.

There are 60 cards in this set, consisting of 30 'Describe' cards, and 30 'Explain' cards. The 'Describe' cards aim to help students to practise and develop the ability to narrate a process, e.g. how to make a sandwich. The 'Explain' cards promote the ability to tell others how a situation has come about.

AGE 12+ **CONTAINS** 60 cards + booklet, 60pp, paperback

ISBN 9780863889608 ORDER CODE E01-003-5877



Feeling Up or Feeling Down? Games

Susie Davis

Based on the concept of snakes and ladders, players work their way through school-related situations moving up or down the board. Along the way, they pick up cards that ask questions that encourage them explore strategies for dealing with difficult situations at school, manage uncomfortable feelings, and develop their social skills. They're also encouraged to talk about their own experiences and identify strengths and weaknesses.

AGE Primary age 4-11 CONTAINS 1 boardgame (395 x 275 x 30 mm), boxed

ISBN 9780863887857 ORDER CODE E01-003-5541

+VAT

AGE Secondary age 11-18 CONTAINS 1 boardgame (395 x 275 x 30 mm), boxed

ISBN 9780863887109 ORDER CODE E01-003-5457

Emotional Intelligence (EI) Card Games

Betty Rudd

A set of 10 field-tested games for developing emotional intelligence. The games can be used time and again, throughout a young person's development into adulthood, to develop self-confidence and emotional resilience. Each game contains question cards and background information.

Betty K Rudd PhD is a qualified and practising specialist teacher and chartered counselling psychologist, and an expert on non-verbal communication, body language and emotional literacy. She is featured in Who's Who in the World for demonstrating outstanding achievement in her field.



Anger Management Card Game

Facilitates anger management, helping players make better choices about their reactions

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887291

ORDER CODE E01-003-5526



Self Image Card Game

Learn how others see us and how we perceive ourselves

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887260

ORDER CODE E01-003-5522



Communication Card Game

Learn how to interact with others more effectively

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887314

ORDER CODE E01-003-5528



Problem Solving Card Game

Strategies for problem-solving and how to learn from others

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887161

ORDER CODE E01-003- 5509



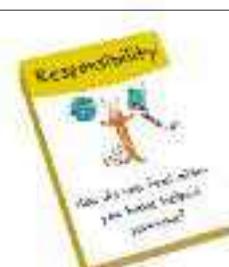
Awareness Card Game

Reflect on feelings and become more confident about your opinions

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887321

ORDER CODE E01-003-5530



Responsibility Card Game

Recognise and identify different types of responsibility appropriate for your age

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887307

ORDER CODE E01-003-5527



Stress Control Card Game

Identify what causes you stress and ways to avoid it

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887666

ORDER CODE E01-003-5554



Compassion Card Game

Cultivate empathy, healing and acceptance of others

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887253

ORDER CODE E01-003-5521



Relating Card Game

Develop peaceful co-operation and an ability to relate to others

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887284

ORDER CODE E01-003-5525



Handling Emotion

Provides optimum practice for dealing with feelings and learning how to avoid offensive behaviour and treating others badly

AGE 13+ **CONTAINS** 10 games

ISBN 9780863887178

ORDER CODE E01-003-5510



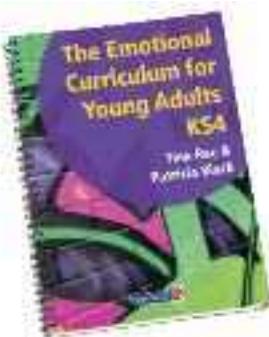
The Emotional Curriculum

Tina Rae and Patricia Black

Engaging activities to help young people address the emotional challenges they face in social and educational contexts. The sessions are broken down into short, achievable tasks which incorporate varied learning styles, including discussion, thought-storming and short activities featuring different scenarios and problems to solve.

There are 37 sessions, covering skills such as self-awareness, managing feelings, decision-making, managing stress, conflict resolution, personal responsibility, empathy, communication and group dynamics.

The activities support the SEAL (Social and Emotional Aspects of Learning) initiative and all of the activities and evaluation material are included on an accompanying CD.

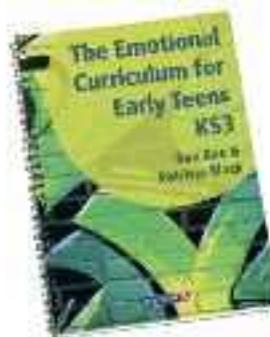


The Emotional Curriculum for Young Adults

AGE 14-17 **FORMAT** A4 (297 x 210mm), 321pp + CD, wire-o-bound

ISBN 9781906517137

ORDER CODE E01-007-5626



The Emotional Curriculum for Early Teens

AGE 11-14 **FORMAT** A4 (297 x 210mm), 321pp + CD, wire-o-bound

ISBN 9781906517120

ORDER CODE E01-007-5625



Zoos
should
be closed
down.



Smokers
should pay
for their own
medical
treatment.



Watching
television should
be limited to
two hours daily
for all people.

Controversy Cards

Janis Clark

This pack of 48 cards help young people aged 11 to 17 develop important social skills such as:

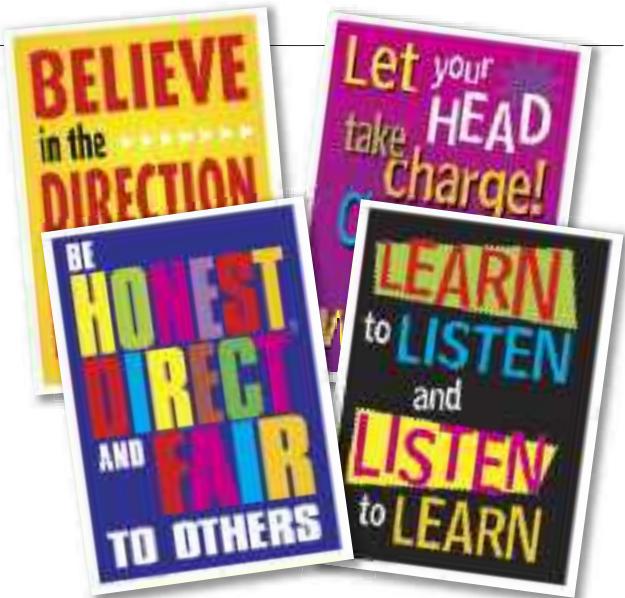
- Forming opinions • Expressing ideas and beliefs
- Considering others' viewpoints • Listening

They can be used in a variety of ways, such as prompts for a debating forum, or in a popular game where students talk about a topic without hesitation or repetition.

AGE 11-17 **CONTAINS** 48 cards (125 x 82mm), boxed

ISBN 9780863887277

ORDER CODE E01-003-5523



Better Choices Posters

Roy Bailey

Designed to challenge thinking and attitudes as well as motivate and inspire, this pack of 9 posters provides the following sage advice:

- Trust your feelings - do what is right • Let your head take charge! Choose and act wisely!
- Be honest, direct and fair to others • Know what you want?
- Make better choices • Make your own decisions - don't go with the crowd
- Plan to prepare • Think, judge act ... be honest with yourself
- Believe in the direction you are headed • Learn to listen and listen to learn

AGE All ages **CONTAINS** A3 (305 x 425mm) 9 laminated posters, tube

ISBN 9780863888526

ORDER CODE E01-003-5531



How do I... Get a Job?

Alison and Amy Roberts

A fun card game to help young people – particularly those with a diagnosis on the autistic spectrum – understand and prepare for work experience, job-seeking, interviews and coping in the workplace. The cards pose questions or suggest hypothetical scenarios for role-play, addressing skills such as greeting appropriately, making eye contact, using appropriate facial expression, listening carefully and asking good questions. The game can be played by 4-6 people.

AGE 15+ **CONTAINS** 77 cards + instructions, boxed

ISBN 9780863887789 **ORDER CODE** E01-003-5655

How do I... Make Friends?

Alison and Amy Roberts

Many young people find making or keeping friends, or even understanding the purpose of having a friend, a real struggle. The pack contains 77 cards, each posing a question, a point for discussion, or brief role-play to promote reflection and a discussion on friendship skills. Players obtain valuable life skills and the confidence to acquire friends in a light-hearted way.

AGE 11+ **CONTAINS** 77 cards + instructions, boxed

ISBN 9780863887772 **ORDER CODE** E01-003-5653



How do I... Make Choices?

Alison and Amy Roberts

For some children, making choices – even small ones – can be extremely challenging. Speech and language therapists, teachers and counsellors can use this card game, featuring different scenarios, to help participants practice and express decisions, and to discuss how they came to those decisions. The game can be played one-to-one or in a group.

AGE 11+ **CONTAINS** 77 cards + instructions, boxed

ISBN 9780863887765

ORDER CODE E01-003-5654

How do I... Date?

Alison and Amy Roberts

A fun card game designed to be used by teachers and therapists with children aged 11+ in a PSHE lesson, or with slightly older children with autistic spectrum disorders. Each card has a question or role-play to help participants think about situations and learn ways to behave on a date.

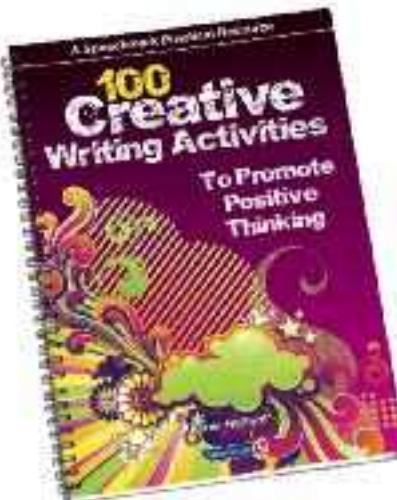
For example:

- When you are arranging a date, what are the key details to make clear?
- You are late for your date. Show how to apologise

AGE 11+ **CONTAINS** 77 cards + instructions, boxed

ISBN 9780863888243 **ORDER CODE** E01-003-5737





100 Creative Writing Activities to Promote Positive Thinking

Karen Holford

A book of inspiring, ready-to-use, creative writing activities to help older children, teenagers and adults to explore healthy, positive emotions, such as thankfulness, fun, happiness, hopefulness, love, wonder and inspiration.

AGE 10+ **FORMAT** A4 (297x210mm), 138pp + CD, wire-o-bound

ISBN 9780863889059 **ORDER CODE** E01-002-5782

Teaching Happiness

Ruth MacConville

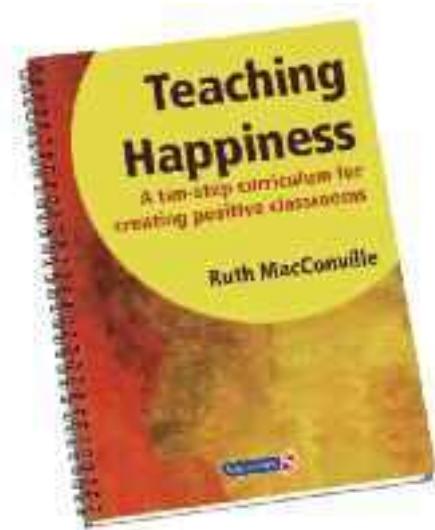
Boost happiness and emotional resilience in pupils with this innovative programme that translates key concepts from recent psychological research into a practical, ten-session curriculum suitable for primary and secondary pupils. Designed to be delivered with a sense of fun and celebration in groups or with individuals, the activities and cognitive techniques address:

- Signature strengths • Positive self-talk • Think good, feel good • Sort that problem • The power of goals • Optimistic thinking

Teaching Happiness is fully compatible with the Social and Emotional Aspects of Learning (SEAL) initiative, and offers a clear and practical way forward for delivering the Every Child Matters (ECM) standards. Guidance is included, and you can download activities, such as the Happiness Diaries, from an accompanying CD.

AGE 8-13 **FORMAT** A4 (297 x 210mm), 100pp + CD, wire-o-bound

ISBN 9781906517212 **ORDER CODE** E01-007-5637



It's OK to be Me

Annie Hamlaoui

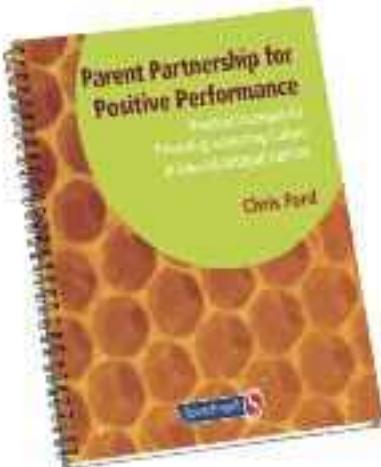
A practical workbook that takes children through a four-stage journey, identifying qualities and achievements along the way: • Where am I now? – more about myself and what shaped me • Where do I want to be? – how I'd like things to be now and in the future • Next steps – what changes do I need to make to help me get there? • How to get there – an action plan for change

Use in small or large groups or with individuals. All resources available to download from the accompanying CD.

'I have found this resource a useful tool in helping children gain more confidence and self-esteem. It has helped them aspire to achievable goals and celebrate their success.' Joelle Monfinoli, Art Psychotherapist, Middleton Primary School, Leeds

AGE 9-11 **FORMAT** A4 (297 x 210mm), 86pp + CD, wire-o-bound

ISBN 9780863886836 **ORDER CODE** E01-002-5459



Parent Partnership for Positive Performance

Chris Ford

This is a practical resource to support teachers working with parents from less advantaged families to play a powerful role in their child's learning and development, and to close the widening gap in educational attainment between the rich and poor in our schools.

The teachers' materials include three sections, with case studies, practical activities, and PowerPoint presentations to aid school development:

- Shaping attitudes and behaviour influencing school performance
- Practical strategies to promote a learning culture in less advantaged families
- How parent partnership supports school development plans

There are downloadable, take-home booklets for parents too, written in an engaging and accessible style, with 25 'three-a-day' activities to support their child's learning at home, including:

- Talking, reading and writing activities
- Number, shape and measuring activities
- Things to make and do
- Playing and painting
- Running, climbing and enjoying

All resources are included on the accompanying CD.

AGE Adult, working with children **FORMAT** A4 (297 x 210), 212pp + CD, wire-o-bound

ISBN 9781906517540 **ORDER CODE** E01-007-5857

Making the Most of Tutor Time

Helen Peter

Do you need a hand to keep tutorials fresh and interesting, or are you becoming a form tutor or mentor for the first time? If so, this engaging manual will help you prepare for and manage that role, focusing on the pastoral aspect of education and good time-management. Plus it's packed full of sage advice and practical activities so your students gain the most from your tutor time. Content includes:

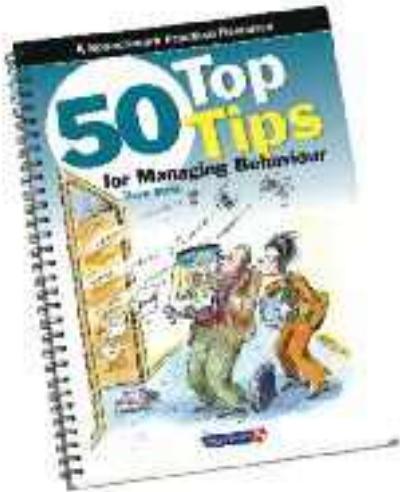
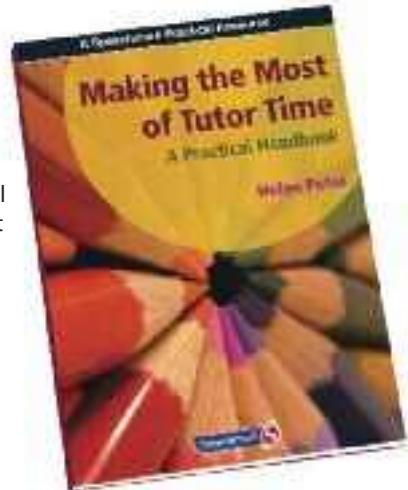
- Establishing routines
- The self-managing tutor group
- How to help and support individuals
- Engaging parents and carers

The material is supported by a PowerPoint presentation for staff development, and references to other useful resources, a calendar of tutorial themes for the year, and instructions for fun games such as Jigsaw, Diamond Nine and Hot Seating.

'This is fresh, practical and full of wisdom. I like the section on parental engagement and all the games. It's really clear, and easy to pick up and use. The opening section on routines, expectations and setting the scene is fantastically useful! Headteacher'

AGE Adult, to use with young people aged 11+ **FORMAT** A4 (297 x 210) 224pp + CD, paperback

ISBN 9781906517595 **ORDER CODE** E01-007-5853



50 Top Tips for Managing Behaviour

Dave Stott

A practical resource that utilises the SEBS philosophy (Teaching Social, Emotional and Behavioural Skills).

With a very hands-on approach to managing behaviour all the scenarios in this resource are taken from real-life situations and can be used during staff training or simply as a reference book. The book reflects situations that confront educational professionals on a day-to-day basis.

A brilliant resource to have as part of an induction pack or as an essential companion to continuing professional development.

AGE All ages **FORMAT** A4 (297 x 210), 112 pp, wire-o-bound

ISBN 9780863886782 **ORDER CODE** E01-002-5568



Bothered

Margot Sunderland and Nicky Armstrong

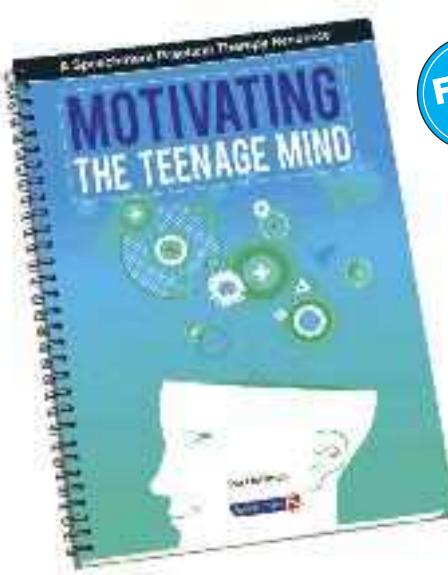
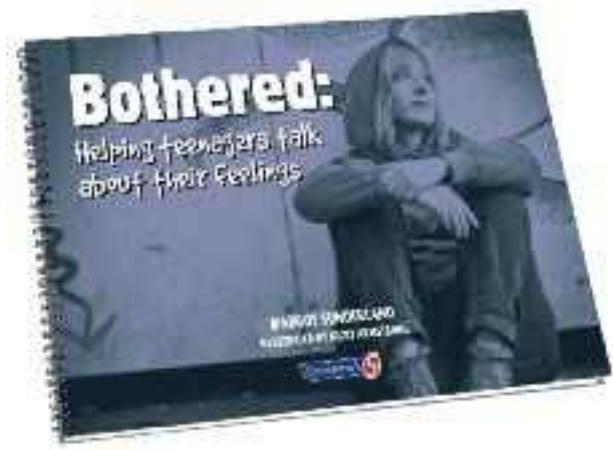
Too often children find the transition to adulthood messy and complex, but it doesn't have to be like that. The tools and techniques in *Bothered* help you to assess what support individuals most need, and empower you to have reflective conversations with teenagers about their experiences. Includes:

- Worksheets that address common feelings, issues and concerns
- Exercises to improve self-esteem, self-awareness, and an ability to thrive
- An assessment tool to help establish where support is required

Underpinned by the latest research in adolescent development, the content enables you to talk with teenagers in a confident, non-embarrassing and effective way.

AGE 11-18 FORMAT 150pp, A4 Landscape (210 x 297mm), 150pp + CD,

ISBN 9780863889080 **ORDER CODE** E01-002-5785



Motivating the Teenage Mind

Eva Hoffman

This activity-based motivational programme enables students to identify strengths and aspirations, create a vision for their future, and understand that achieving goals is far easier if it's underpinned by a real desire to learn. The programme features the '7 Key Combination Lock' to motivation:

- Making and giving choices • Raising confidence • Awakening curiosity and interest • Building up resilience • Nurturing dreams and setting goals • Rewarding achievement • Making learning relevant

AGE 11-18 FORMAT A4 (297 x 210), 240pp + CD, wire-o-bound

ISBN 9780863889189

ORDER CODE E01-002-5795

Self-Harm & Suicide

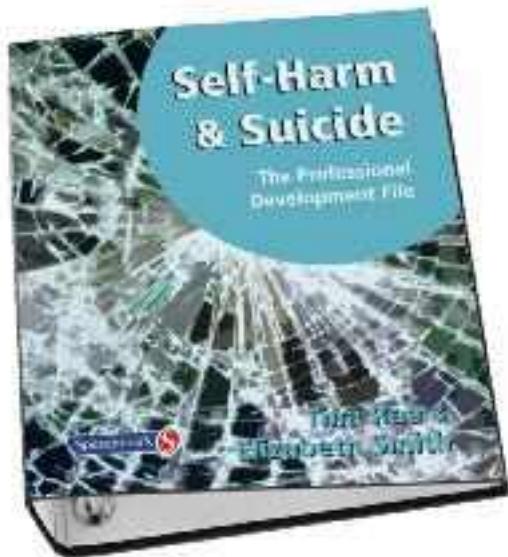
Tina Rae and Elizabeth Smith

A practical, sensitively written resource providing support for professionals working with young people who are prone to self-harm and suicide. Sections include:

- Understanding self-harm and suicide
- Proactive interventions
- Staff training and facilitator support
- Staff training: working with groups of young people
- PowerPoint presentations and downloadable teacher resources
- A 10-part student programme including an audio diary, a framework for developing preventative strategies, and advice on peer support and the role of therapeutic agencies

AGE 13-18 CONTAINS Ringbinder (320 x 260mm), 158pp + CD

ISBN 9781906517854 **ORDER CODE** E01-007-5624



Tough Issues, Tough Choices

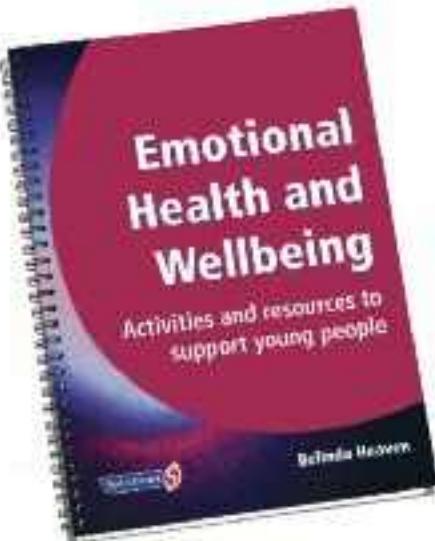
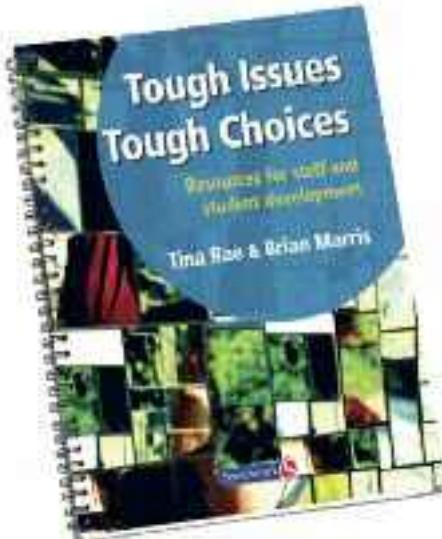
Tina Rae and Brian Marrs

24 hard-hitting workshop sessions for staff and student development that help to facilitate discussion and address issues and concerns that are prevalent for teenagers today, such as knife crime, alcohol and drug abuse, homophobia, bullying, anorexia, obesity and teenage pregnancy, among others.

Supports the KS3 and 4 PSHE curriculum and helps impart vital life skills to young people - including disaffected and under-achieving teens - using controversial and current issues.

AGE 11-16 FORMAT A4 (297 x 210mm), 397 pages + CD, wire-o-bound

ISBN 9781906517861 **ORDER CODE** E01-007-5644



Emotional Health and Wellbeing

Belinda Heaven

Helps teachers engage young people in stimulating discussion and activities surrounding mental health and emotional well-being, focusing on key areas of the Social and Emotional Aspects of Learning (SEAL) initiative such as social skills, empathy, motivation, managing feelings and self-awareness. The accompanying CD includes a PowerPoint presentation and downloadable resources.

AGE 11+ **FORMAT** A4 (297 x 210mm), 177 pages + CD, wire-o-bound

ISBN 9781906517083 **ORDER CODE** E01-007-5575

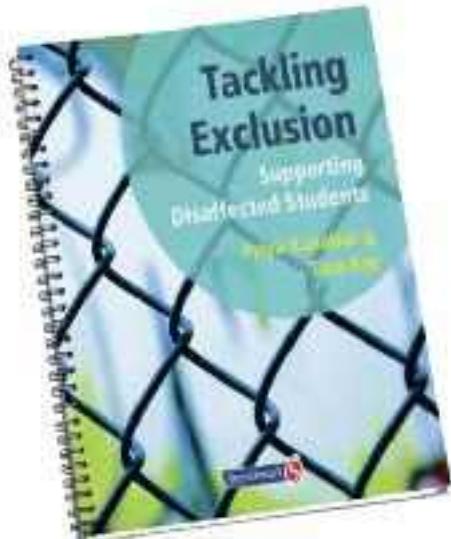
Tackling Exclusion

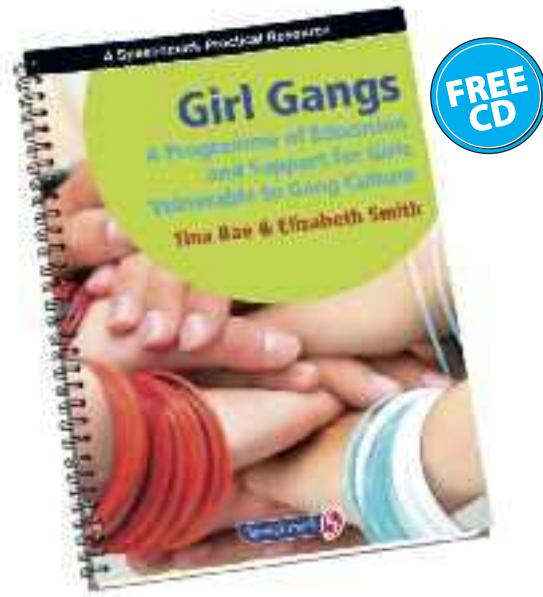
Priya Kanabar and Tina Rae

Tackling Exclusion is aimed at staff in mainstream schools, Learning Support Units and Pupil Referral Units. It provides a clear guide on how to identify the students at risk of exclusion from school and, once identified, provides individual and group support programmes for these students. The group work sessions and individual activities promote students' individual responsibility for behaviour, explore future aspirations, examine core beliefs and thought processes, and build 'school survival' skills through focusing on self-esteem, attitude towards school and teachers, social skills, and how to manage feelings and behaviour. Each session has an accompanying 'take home task' and optional individual follow-up work for the facilitator to carry out with the student.

AGE 11-18 **FORMAT** A4 (297 x 210mm), 200pp + CD, wire-o-bound

ISBN 9781906517366 **ORDER CODE** E01-007-5833





Girl Gangs

Tina Rae and Elizabeth Smith

Interventions, tools and resources to help divert young women from engaging in girl gang culture, including opportunities to explore alternative options of 'belonging' in cultures that promote non-aggressive behaviour and self-worth. Includes resources to help teachers:

- Identify the existence of girl and boy gangs in school
- Deliver strategies to help girls reject anti-social and offending behaviours
- Secure help for the most vulnerable students • Develop a whole-school approach to teaching about gang issues
- Adopt a holistic approach to tackling gang culture that includes parents, community groups and local agencies
- Prepare staff to deal with the difficulties that arise in tackling these issues

All resources available to download from the accompanying CD.

AGE 11+ **FORMAT** A4 (297 x 210mm), 180 pp + CD wire-o-bound

ISBN 9781906517557 **ORDER CODE** E01-007-5822

Keeping Out of Trouble

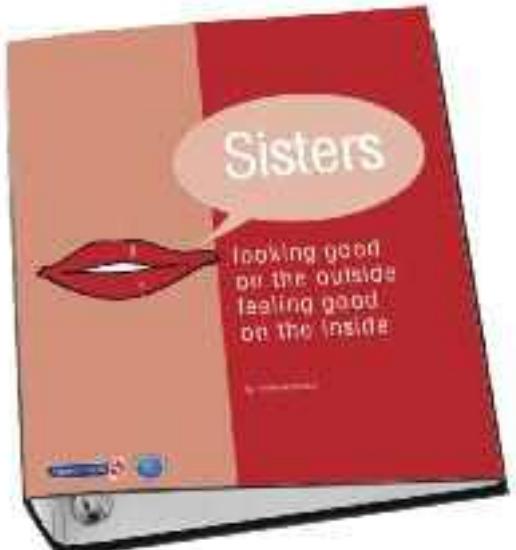
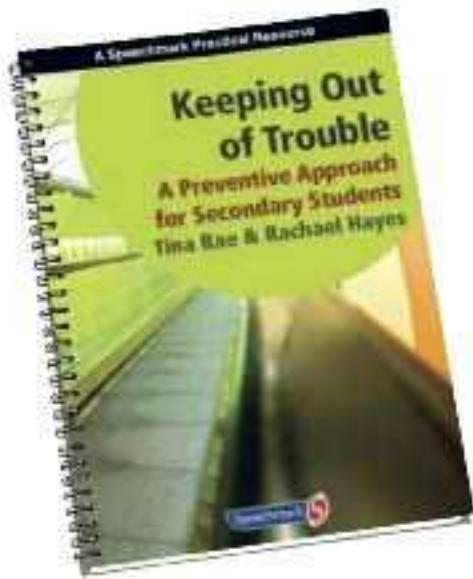
Tina Rae and Rachael Hayes

The Keeping Out of Trouble programme will enable secondary schools to provide interventions targeted at students who are, or are at risk of, committing criminal offences. By developing the students' awareness of victims, the consequences of their actions and sensitive issues as well as by encouraging students to engage in self-reflection, students will develop the strategies, knowledge and understanding to support themselves in making informed choices about their behaviour and future actions. The programme fits in with the Every Child Matters agenda, tackling the 'Be Healthy' 'Stay Safe' 'Enjoy & Achieve' and Making a Positive Contribution' aims.

The Keeping Out of Trouble programme consists of an initial tutorial session, followed by 16 group sessions and a final self-evaluation and target setting session.

AGE 11+ **FORMAT** 204pp, A4, (297 x 210mm) + CD

ISBN 9781906517281 **ORDER CODE** E01-007-5703



Sisters

Annie Hamlaoui

Resources and activities to raise self-esteem and self-image in teenage girls. The programme which includes downloadable activities and videos on CD provides five, two-hour sessions:

- Setting the scene • Health and fitness • The link between mind and body • Feeling good on the outside • Creative character building

AGE 11-15 **FORMAT** A4 (297 x 210mm), 84pp + CD ringbinder

ISBN 9780863887048 **ORDER CODE** E01-002-5483

Behaviour Diaries

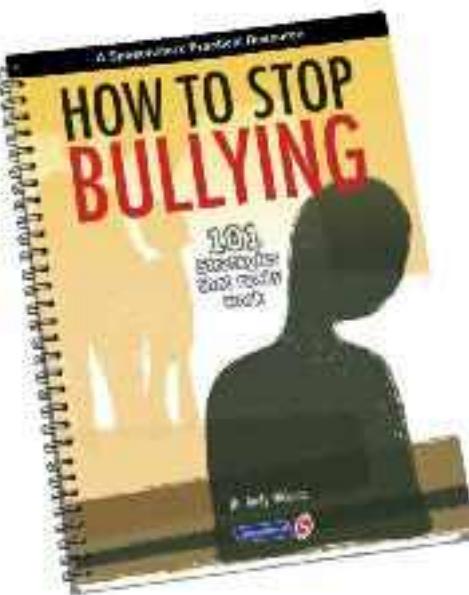
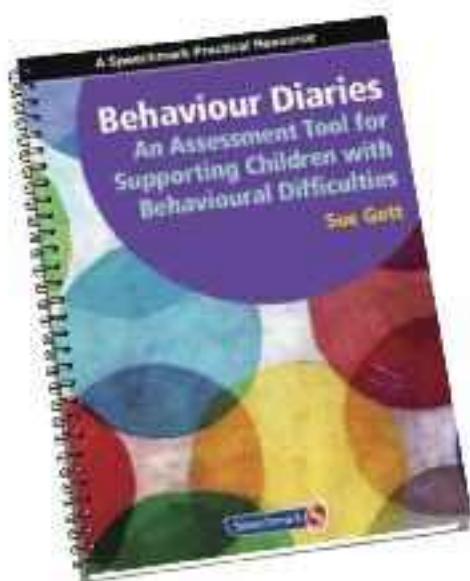
Sue Gott

- A sophisticated technique for teachers who wish to observe, evaluate and improve pupil behaviour, which recognises the diverse demands of the modern classroom.
- Develops a rigorous approach to tracking and assessing behaviour-related issues
- Deepens understanding of biological, psychological and social factors influencing behaviour
- Provides examples of reflective and diagnostic practice, informing successful interventions
- Explores ways of collecting appropriate information to support requests for interventions from other agencies

The pack includes a CD with downloadable activities and diagnostic tools, and a staff PowerPoint to aid professional development.

AGE All ages **FORMAT** A4 (297 x 210mm), 224pp + CD, wire-o-bound

ISBN 9781906517526 **ORDER CODE** E01-007-5823



How to Stop Bullying

Andy Hickson

101 practical strategies that help teachers, practitioners, parents and carers understand and effectively tackle bullying behaviour in children and young people, including anti-bullying policies, advice on how to implement the techniques, and what results to expect.

AGE 5+ **FORMAT** A4 (297 x 210mm), 250pp, wire-o-bound

ISBN 9780863887758 **ORDER CODE** E01-002-5669

Are You Being Bullied? Poster

Martin Baines

Do not suffer alone - tell someone! Help a bullied child take positive action by displaying this informative and supportive poster.

FORMAT 30.5 x 42.5cm, poster

ISBN 9780863888670 **ORDER CODE** E01-003-5551



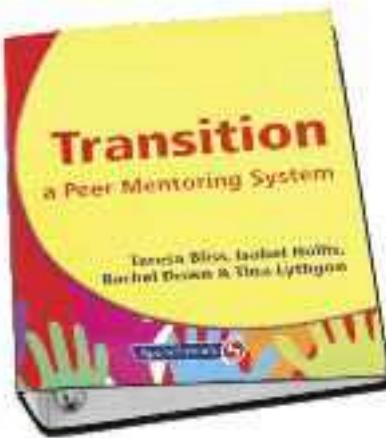
Someone is Being Bullied Poster

Martin Baines

What can you do? Encourage students to take action if they see someone being bullied with this straight to the point poster.

FORMAT 30.5 x 42.5cm, poster

ISBN 9780863888823 **ORDER CODE** E01-003-5556



Transition: A peer mentoring system

Theresa Bliss, Rachel Down, Isabel Hollis and Tina Lythgoe

A guide to organising a 'buddy' programme.

Through their extensive research, the authors of this book have found that there are still significant aspects of the transition into Year 7 that make the process difficult for new students. These include, for example:

- Getting lost
- Friendships
- Homework

The book provides a comprehensive programme to train all Year 7 pupils in the skills needed to be 'buddies' to the new Year 7s arriving in the autumn term. As well as supporting the new pupils, the research indicates other positive effects of peer support systems, including:

- Increased self-confidence and awareness
- Improved social skills
- A positive influence on the school climate.

The book covers areas such as the roles and limits of the buddy, listening skills, getting help, volunteering and developing 'buddy' skills.

AGE 11-12 FORMAT 130pp, A4, ring binder

ISBN 9781906517045 **ORDER CODE** E01-007-5574

Going Places Transition Scheme

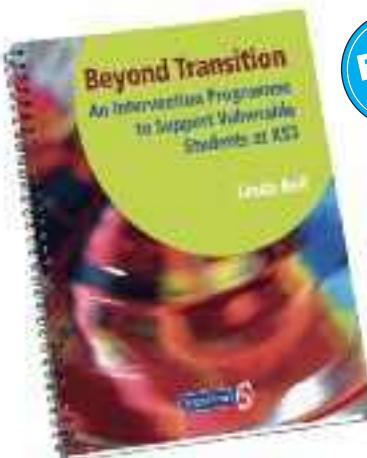
Carolyn Gelenter and Nadine Prescott

Moving to secondary school is challenging for everyone, but especially so for children with additional needs, so this resource provides all you need to support them through transition and into their first year of secondary school. It's split into two parts (Years 6 and 7) and includes downloadable resources, useful timetables and certificates. Use this resource to help pupils:

- Become familiar with the layout of their new school
- Feel confident and safe about attending secondary school
- Become familiar with other students
- Gain coping strategies to support their transition

AGE 10-13 FORMAT A4 Landscape, 122pp + CD, wire-o-bound

ISBN 9780863889219 **ORDER CODE** E01-002-5797



Beyond Transition

Linda Bell

For some pupils the transition from primary into secondary school can be a stressful and isolating experience so this practical resource, designed to support vulnerable students in KS3, offers approaches and activities to:

- Develop self-esteem and confidence levels
- Develop effective school policies and practices to ensure smooth transition for all pupils
- Provide professional development for all staff involved in pupil transition
- Make the transition into secondary school a less scary and intimidating process
- Deliver strategies that can be used beyond transition in their new school or in further education or work

AGE 11+ **FORMAT** A4 (297 x 210mm), 244pp + CD, wire-o-bound

ISBN 9781906517465 **ORDER CODE** E01-007-5840

Building Resilience

Ruth MacConville

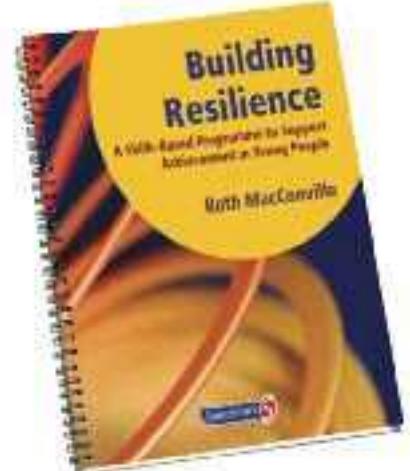
A practical and informal, and interactive programme providing a creative and engaging way of teaching young people the attitude change, knowledge, practice and skill development that is essential for building resilience. This resource will:

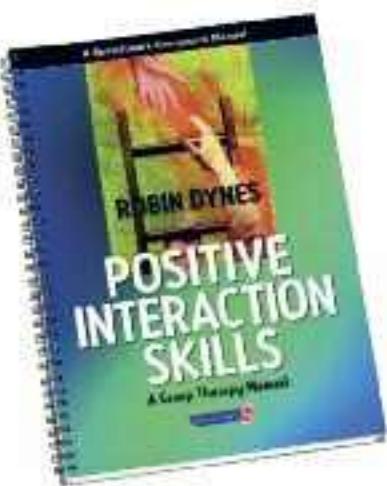
- Teach students how to cope with frustration and failure
- Enable students to recognise and increase their existing strengths and talents
- Introduce strategies for boosting less strong areas while emphasising positive social and academic behaviour and a supportive network and community within the school
- Maximise better outcomes for all children and young people.

This practical resource includes facilitator notes, background theory, practical guidance, activities and a Powerpoint presentation that can be used to introduce the Building Resilience programme to all staff.

AGE All ages **FORMAT** A4 (210 x 297), 178pp, wire-o-bound

ISBN 9781906517519 **ORDER CODE** E01-007-5845





Positive Interaction Skills

Robin Dynes

A flexible group therapy manual that helps participants to develop good personal interaction skills. There are 18 sessions, covering topics such as:

- Belonging to communities
- Listening
- Influences on personal development
- Close relationships
- Support networks
- Conflict resolution
- Body language
- Managing emotion, stress and much more

The sessions can be adapted to suit different groups, settings and needs, and the book comes with guidance notes and photocopiable activities and handouts.

'The advice on identifying clients for the group and on dealing with difficult situations will be of particular use...this book is a well thought-out, clearly written, practical resource.' Update Magazine (I.A.S.L.T.)

AGE 11+ **FORMAT** A4 (297 x 210mm), 264pp, wire-o-bound

ISBN 9780863883606 **ORDER CODE** E01-002-5101

Positive Self-Identity for the Successful Teenage Learner

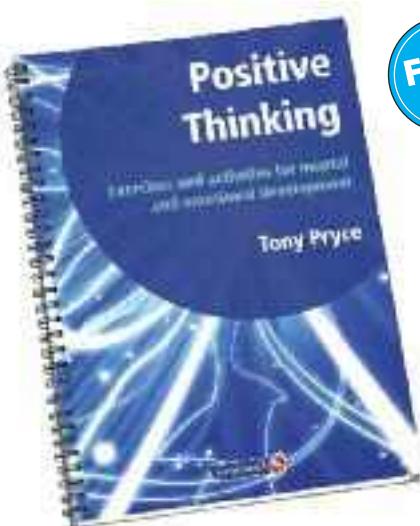
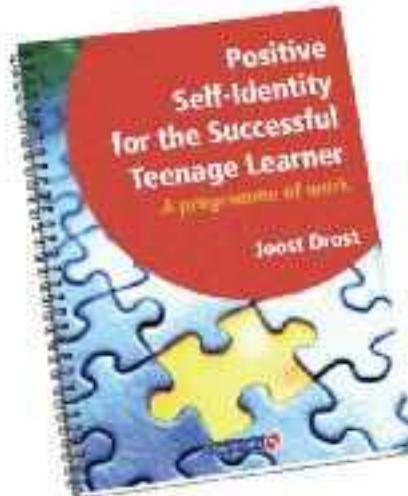
Joost Drost

Using a narrative approach across a series of lessons, this resource challenges teenagers to take more control of their lives by understanding themselves and others better. Includes:

- Engaging stories and characters who convey a range of emotions that teenagers can identify with, from angst to empathy
- Complements the secondary Social and Emotional Aspects of Learning (SEAL) initiative and agenda
- Promotes better decision making and emotional literacy in teenagers
- Suitable for use with groups or individuals
- Includes teaching instructions and downloadable resources

AGE 11-16 **FORMAT** A4 (297 x 210), 180pp + CD, wire-o-bound

ISBN 9781906517229 **ORDER CODE** E01-007-5706



Positive Thinking

Tony Pryce

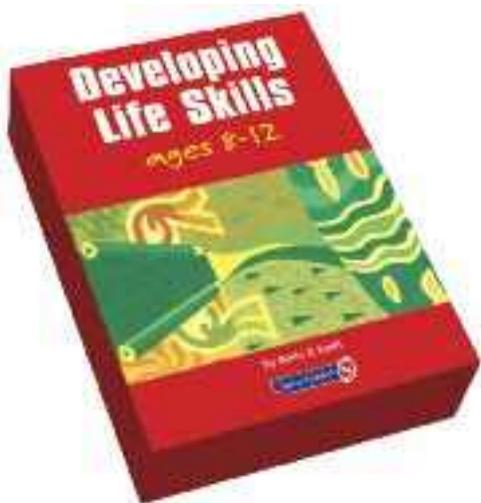
A comprehensive approach to help young people maintain their self-esteem and wellbeing. Encourage young people to be positive in the light of the many challenges that face them by inviting them to consider themselves as 'mental athletes' who can overcome the obstacles they face while realising the benefits. The programme contains a session overview, learning objectives, resources, activities, a plenary session and ideas for further development.

This comprehensive resource:

- Helps young people to find ways to turn disappointments into opportunities
- Empowers students to face all the challenges that life offers in a positive manner
- Provides a framework to facilitate personal growth and development
- Is a colourful addition to any SEAL and PSHE programme.

AGE 10-14 **FORMAT** A4 (210 x 297), 166pp, spiral bound

ISBN 9781906517113 **ORDER CODE** E01-007-5623



Developing Life Skills

Betty Rudd

Improve emotional intelligence in 10 key areas with these imaginative discussion cards. These thoroughly tested cards will help children aged 8 to 11 increase their emotional intelligence in 10 key areas:

- Anger management
- Communication
- Problem solving
- Self-image
- Awareness
- Responsibility
- Stress control
- Compassion
- Relating
- Handling emotion.

Using a game format and designed to be played repeatedly, children will become more confident and cooperative and be able to practise making positive choices. In doing so, they will develop a sense of self-worth, enabling them to cope better with life's challenges. 2-6 players.

AGE 8-11 CONTAINS 88 x 144mm, 144 cards

ISBN 9780863887192 **ORDER CODE** E01-003-5512

What's The Score?

Lynn Boyes

This innovative resource is a must have for all youth offending teams and professionals working with young people.

The game provides an excellent opportunity for the young person to focus quickly on where they are at the present time, understand their situation and the choices they can make to change it (either negative or positive). The young person and his worker can immediately identify areas of progress or regression which promotes discussion on how to move forward, what difficulties are being experienced or how far they have moved on.

The game begins with the young person understanding their situation by identifying where they are on the board from which a progress plan can be made. The game can then be used at future sessions to assess progress and prompt/encourage/reassess goals. The use of Risk and Safety cards clearly identifies for the young person positive and negative activities and their likely outcomes.

AGE All ages **CONTAINS** Game board; cards, instruction booklet

ISBN 9780863888304 **ORDER CODE** E01- 003-5743



EQ Card Game

Betty Rudd

Interactive communication game based on the concept of Emotional Quotient Emotional Intelligence (EI) describes an ability or capacity to perceive, assess, and manage the emotions of one's self, and of others. Our Emotional Quotient (EQ) is how one measures Emotional Intelligence. This interactive communication game has 150 cards based on intra and inter-personal communication. It can facilitate meaningful interactions with others, in the areas of behaviour (turquoise cards), emotion (blue cards) and thought (yellow cards) in a non-threatening and familiar way. It's a fun, safe and easy-to-play card game to help give useful insights and enhance emotional intelligence, asking questions such as 'What has been difficult for you to do?', 'When would you smile with pleasure?' and 'How are you?'

Features of the game include:

- Every player is a winner
- A splendid ice-breaker
- From entertaining to intimate moments
- Play one-to-one or with a group
- Reflexive and interactive.

AGE 11 FORMAT 150 game cards + 30pp booklet, boxed

ISBN 9780863887574 **ORDER CODE** E01-003-5612



Discuss This!

Carol Bristow

This exceptionally versatile game can be used in numerous ways to facilitate discussion, exchange ideas, examine issues, develop skills, therapy work, and training, in fact almost anything! It allows the user to have complete control over content and for players to feel it is totally relevant to them.

The main activity of the game is around conversation or storytelling. The group leader uses a list of 10 prepared questions pertinent to the subject to be discussed. Players answer questions, air views, exchange ideas, discuss topics in a non-threatening, easy to understand environment. This is an ideal way to encourage involvement and independent thinking about any aspect of life, environment or activity. The accompanying facilitator's booklet includes full instructions and examples of application.

AGE All ages **CONTAINS** Game board; master question sheet, answer sheets, game pieces, dice, instructions.

ISBN 9780863888182 **ORDER CODE** E01-003-5721



Moving On Up!

Newcastle City Council

Play this fun boardgame to prepare your 10-12 year-olds for transition to a new school. Designed to support the PSHE curriculum, and created with the help of pupils, the game encourages players to consider all of the issues surrounding a transition to middle or secondary schools.

- Four sets of questions help children consider the new responsibilities, personal and social skills, awareness, and motivation required for success in secondary school life
- Players answer questions with the aim of collecting counters and every pupil getting into school
- The game is cooperative - either everyone wins or everyone loses
- Suitable for two to six players
- The box comprises 1 boardgame with 4 sets of 20 cards, 6 character game pieces, 1 die, 1 timer, 50 counters in a bag and instruction card

AGE 10-12 **CONTAINS** Boardgame + instructions, boxed

ISBN 9780863888366 **ORDER CODE** E01-003-5286

The Rainbow Game

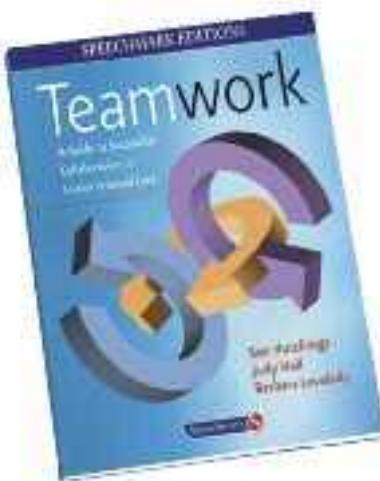
Betty Rudd

A game for 2-6 players (or teams) that promotes personal and social development in all age groups by facilitating interaction, verbal expression and respectful discussion between players. The colour-coded activity cards help players to engage with each other using different qualities and levels of personal and social development: action, courage, imagination, feelings, talking and insight. The game encourages:

- Positive interaction with others
- Consideration of personal values
- Increased confidence
- Increased self-awareness
- Better decision-making and problem-solving

AGE All ages **CONTAINS** Boardgame (300 x 300mm) + activity cards and instructions, boxed

ISBN 9780863888144 **ORDER CODE** E01- 003-5729



Teamwork

Sue Hutchings, Judy Hall & Barbara Lovelady

In today's world, health and social care policy and theories can evolve and be disseminated at an ever increasing speed, making the simple act of keeping up-to-date and informed difficult and exhausting.

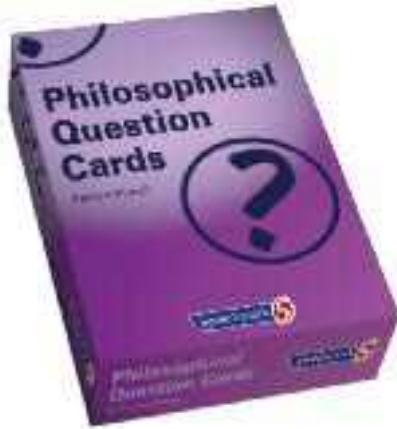
- Will guide you through the key concepts, ideas, policy and politics that are involved in multi-professional teamworking today
- Aims to make sense of collaborative working, and to help illuminate the implications this has for practice and professional development
- Is practically orientated, and based on the authors' own thoughts, research and experiences
- Will develop your understanding of the nature of collaboration and provide you with ideas on how to begin to nurture collaboration in your own workplace setting.

Ultimately, the most important outcome of this way of working is better quality care for patients and more person-centred, needs-led health and social services.

AGE Adult **FORMAT** 244pp (245 x 171mm) paperback

ISBN 9780863882760 **ORDER CODE** E01-002-4761





Philosophical Question Cards

Pauline Purcell

Develop thinking skills, stimulate lively debate and elicit different opinions and perspectives among all age groups with this pack of 52 thought-provoking cards with philosophical scenarios, such as:

- What if... there were no computers?
- Which would you choose ... money or friends?
- What is... courage?

AGE 5+ **CONTAINS** 52 cards (127 x 90mm) + instruction booklet, boxed

ISBN 9780863887710 **ORDER CODE** E01-003- 5667

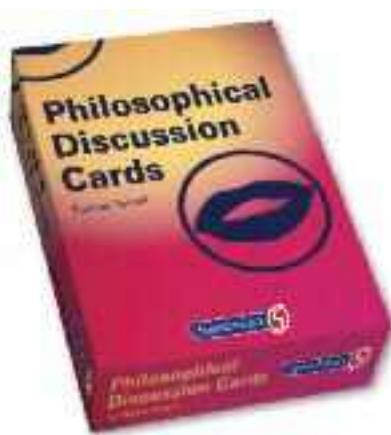
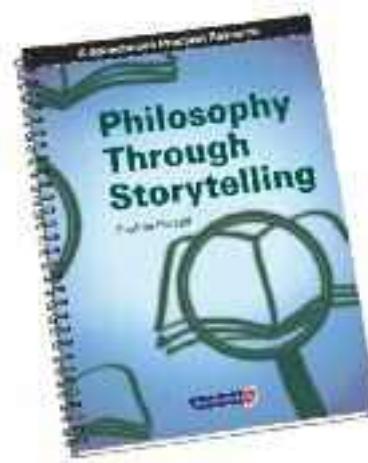
Philosophy Through Storytelling

Pauline Purcell

A set of short stories for running philosophy groups, ideal for use in school but suitable for all ages. The approach includes a warm-up, followed by a session challenging and developing views on one particular question relating to the story that the group has chosen to focus on. At the end of the session, the group is encouraged to reflect on how the discussion went. Particularly useful for schools using the 'Philosophy for Children' method. Instructions included.

AGE 5+ **FORMAT** A4 (297 x 210mm), 150pp, wire-o-bound

ISBN 9780863887727 **ORDER CODE** E01-002-5666



Philosophical Discussion Cards

Pauline Purcell

Philosophy develops thinking skills that have both personal and academic application and you don't need to be super-intelligent, or living in an ivory tower to do it! These 25 picture cards and accompanying questions facilitate reflection and debate on philosophical questions, suitable for all ages. Go on...challenge how your group think about themselves, each other, and the world around them.

AGE 5+ **CONTAINS** 25 cards (127 x 90mm) + instruction booklet, boxed

ISBN 9780863887703 **ORDER CODE** E01-003-5668



Ethical & Philosophical Quotations Posters

Ann Smart

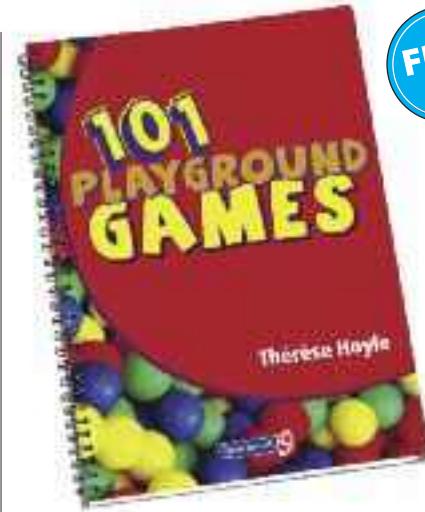
A set of 20 colourful and thought-provoking A4 posters to engage students with philosophical and ethical issues. Quotations include:

- Do to others what you would have them do to you
- My religion is simple, my religion is kindness
- Our greatest glory is not in never failing, but in rising every time we fall
- If you can't feed a hundred people, then feed just one

AGE All ages **FORMAT** A4 (210 x 297mm), 20 posters

ISBN 9780863888472 **ORDER CODE** E01-003-5529





101 Playground Games

Therese Hoyle

A collection of active and engaging games for children. Over the last 10 years Therese Hoyle has run Positive Playground Programmes in schools throughout the UK and New Zealand; this book draws on her hands-on experience. Well-researched, it recognises the importance of children's experiences in the school playground and provides a practical toolkit of ideas to promote lively and enjoyable games. It draws on traditional games and also introduces a wealth of new ones, including:

- Chasing and catching games
- Skipping games and rhymes
- Singing and dancing games
- Parachute games
- Quiet games
- Circle games
- Co-operative games
- Games from around the world.

This comprehensive collection provides clear instructions for adults on how to organise the games and is a resource that will make any playtime a richer experience for all.

AGE 5-11 FORMAT A4, 181pp with CD Rom, spiral bound

ISBN 9781906517076 **ORDER CODE** E01-007-5579

101 Wet Playtime Games and Activities

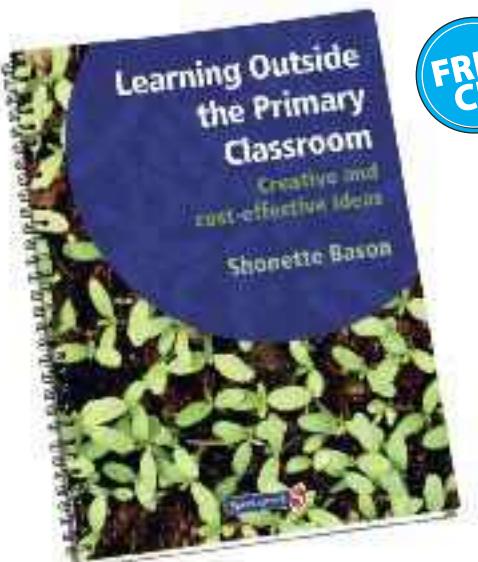
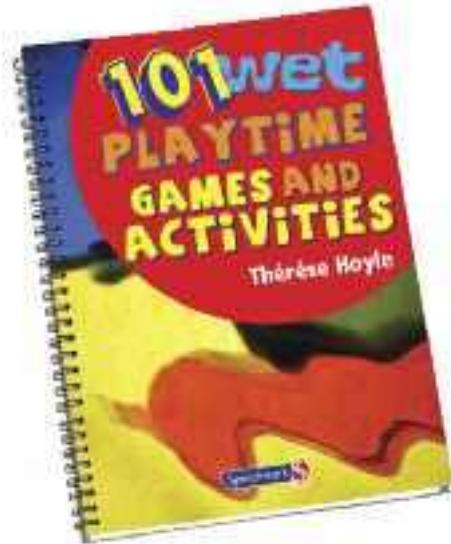
Therese Hoyle

A much requested follow-up to the successful 101 Playground Games, this book is packed with activities, games, copiable resources and a wealth of ideas that are easy to implement.

101 Wet Playtime Games includes easy to run games, a wealth of creative ideas, a selection of copiable resources to fill that wet play box, ideas to help implement a wet play policy, structures for behaviour management, including rewards to celebrate children who play well. Through taking these simple steps, schools, organisations and parents/carers can create a happy, calm, stimulating and socially enjoyable wet playtime.

AGE 5-11 FORMAT A4 (297 x 210mm), 200pp, spiral-bound, CD

ISBN 9781906517106 **ORDER CODE** E01-007-5702



Learning Outside the Primary Classroom – Creative and cost-effective ideas

Shonette Bason

This book details positive reasons for going outdoors with learning, explaining the neuro-scientific evidence to back outdoor classrooms. It is full of activities, taking practitioners through well used topics and giving ideas for using the outdoor classroom at little or no cost. Outdoor learning is fun – this resource is an essential tool for anyone who wishes to implement a creative and exciting outdoor classroom for their school.

AGE 4-11 FORMAT A4 (297 x 210mm), 181pp, spiral-bound, CD

ISBN 9781906517182 **ORDER CODE** E01-007-5827

Understanding Children's Needs When Parents Separate

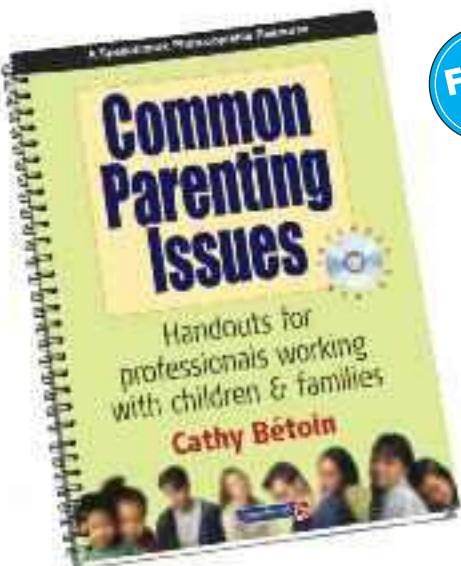
Emilia Dowling and Di Elliott

This practical resource provides schools with information and advice on supporting children through divorce and separation.

While parents are best placed to support children through the transition, there are often times when the parents' own emotional distress means the child's or young person's needs are overlooked. This accessible book helps professionals understand what those needs are, and how to respond appropriately.

AGE 0-18 **FORMAT** 72pp (254 x 174mm), paperback

ISBN 9780863889066 **ORDER CODE** E01-002-5784



Common Parenting Issues

Cathy Bétoin

A set of 50 high-quality handouts addressing the full range of parenting issues encountered by parents of children aged 0-16. Each handout has clearly written guidelines on topics such as:

- Sleep • Jealousy • Divorce • Eating • Depression • Trauma • Behaviour
- Bullying • Sibling relationships • Language and communication delays
- Death • Attention deficits • Anxiety

Invaluable handouts for health centres, children's centres, playgroups, nurseries or schools to photocopy from the book, or print from the accompanying CD, and give to parents.

'This book would be a valuable resource for all those involved in any aspect of childcare...information is easy to find...very well presented'
Val Bailey, Who Minds?

AGE 0-16 **FORMAT** A4 (297 x 210mm), 112pp + CD, wire-o-bound

ISBN 9780863885334 **ORDER CODE** E01-002-5261

Mum and Dad are Separating

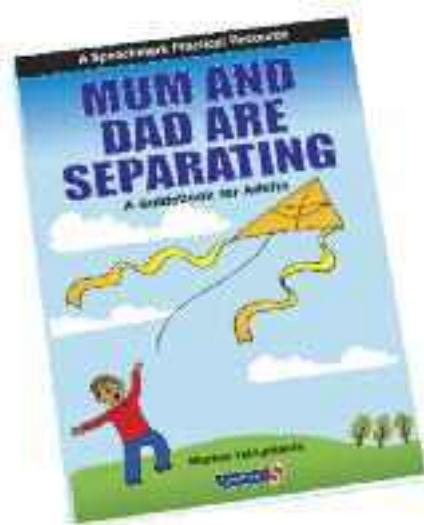
Marina Tsioumanis

An easy-to-read resource to help everyone involved through family separation, based on post-separation counselling best practice. Designed to be read by the parents and relatives of separating families and therapists, the book provides:

- Advice on addressing grief in both adults and children at different developmental stages
- An outline of the typical changes many families encounter during separation – such as moving house, access visits and the grief cycle
- Strategies for explaining separation to children
- A storybook for young children to help them understand what's happening
- 2 downloadable workbooks for children aged 5-8 and 9-12, with practical exercises to help them process their thoughts and feelings

AGE 5+ **FORMAT** A4 (297 x 210mm), 80pp + storybook, 24pp + CD, paperback

ISBN 9780863886690 **ORDER CODE** E01-002-5435



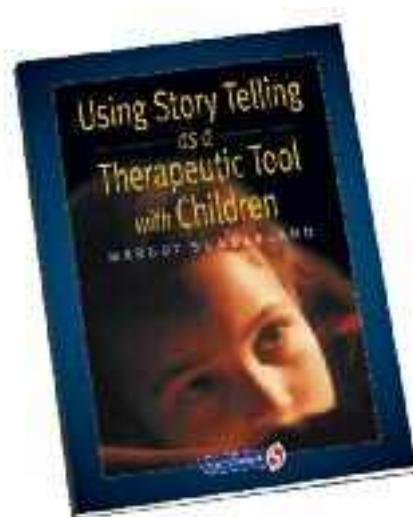
'This long-overdue extensive practical resource...takes the reader through each stage of change when families split up: initial shock, family adjustments, associated impact on different family members. It has the power to validate the experience of loss and separation for children and adults alike.' Gwen Proud, Counsellor, Counselling Children and Young People



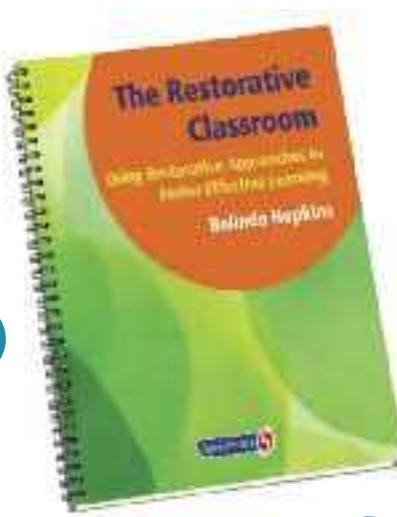
Welcome to Mental Health & Well-being

Innovative and practical resources designed to provide professionals with guidance, understanding and ready-to-use activities for all age groups. Encompassing a wide range of therapies and techniques to explore and overcome emotional difficulties.

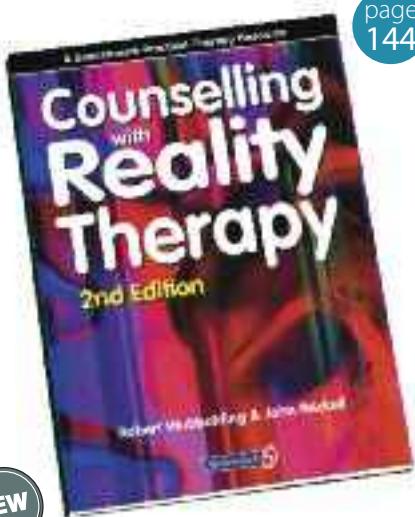
More new resources are available online at www.speechmark.net



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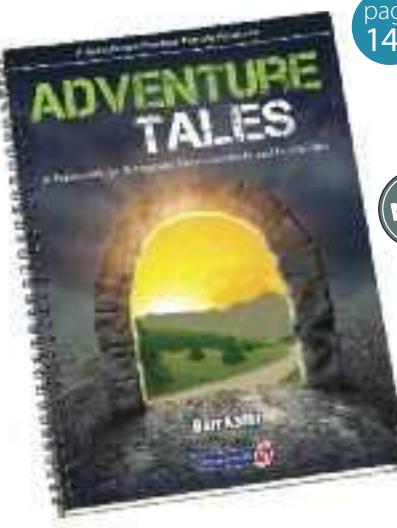


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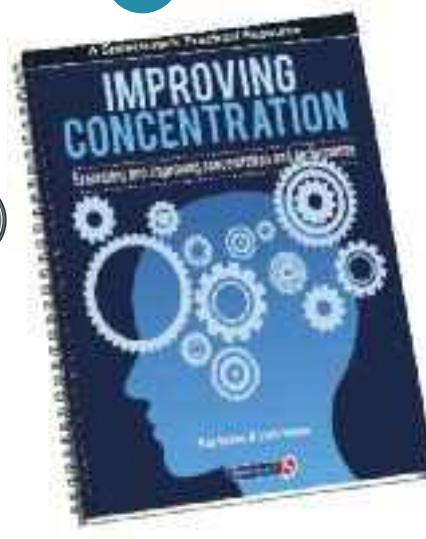


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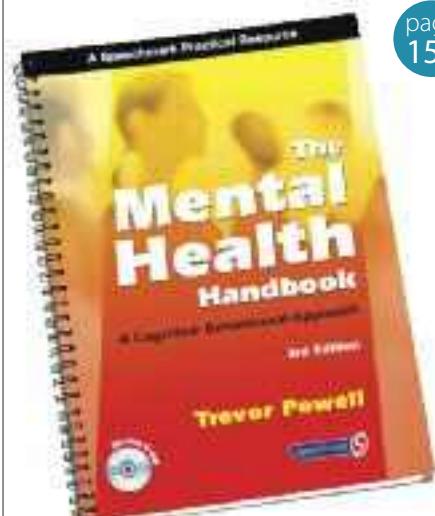


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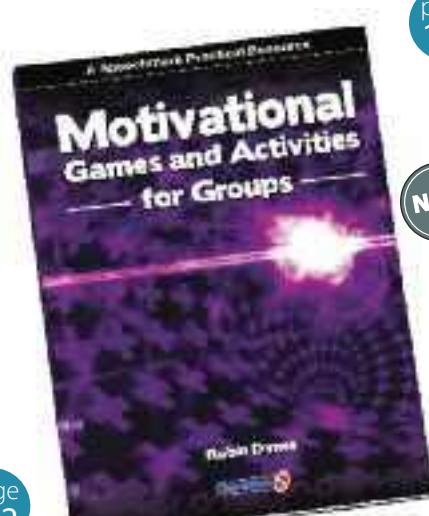


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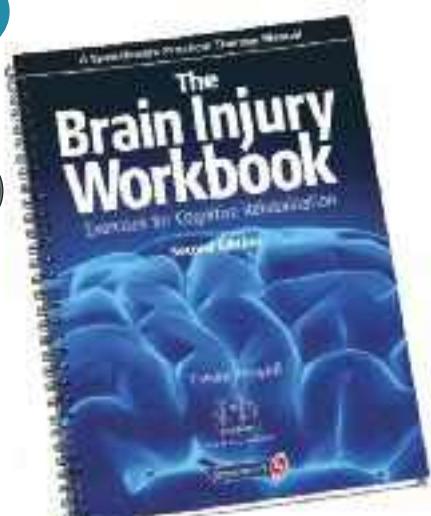
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Helping Children with Feelings Series

Dr Margot Sunderland, illustrated by Nicky Armstrong

Dr Margot Sunderland is Director of Education and Training at The Centre for Child Mental Health London, Honorary Visiting Fellow at London Metropolitan University, Associate Member of the Royal College of Medicine, and Child Psychotherapist with over twenty years experience of working with children and families. She is the author of over twenty books, published in over twenty-four countries.

Nicky Armstrong is principal artist at the London Art House. She has illustrated over 22 Books and been published in many countries. She has a studio and gallery located in North Cornwall and her work is widely collected.

These practical guidebooks, each with a beautifully-illustrated storybook, enable teachers, parents and professionals to help children aged 4-12 connect with unresolved feelings affecting their behaviour. Each guide focuses on a particular feeling, with exercises and ideas to help children think about, express and focus on that feeling to the point of resolution. The illustrated stories are designed to be told alongside the guide, but can be bought and used independently.

Helping Children Locked in Rage or Hate & How Hattie Hated Kindness

Children who are locked in rage and hate may hurt others, hit, bite, kick, shout and scream. How Hattie Hated Kindness, and the accompanying guidebook can help you identify and unlock the feelings behind this rage, and to help children who:

- Can only discharge angry feelings in verbal or physical attacks
- Are angry because it is easier than feeling hurt or sadness
- Are locked in anger or rage because of sibling rivalry
- Commit cold acts of cruelty, hurt animals or do not cry any more
- Spoil, damage or destroy what others do or make
- Do not want to please people

About Hattie...

Hattie lives by herself on an island. Many people try to bring kindness to Hattie, but each time she is very horrid to them, smashing and spoiling everything they try to do for her. So after a while they all stop trying and Hattie is very alone. Discover why Hattie behaved this way, and how she overcame it.

Helping Children Locked in Rage or Hate

AGE 4-12 FORMAT A4 (297 x 210mm), 192pp, illustrated, wire-o-bound

ISBN 9780863884658 **ORDER CODE** E01-002-5152

How Hattie Hated Kindness

AGE 4-12 FORMAT A4 (297 x 210mm), 30pp, illustrated, paperback

ISBN 9780863884610 **ORDER CODE** E01-002-5145



Helping Children who are Anxious or Obsessional & Willy and the Wobbly House

Anxious or obsessional children are often insecure and worry too much. This guidebook and engaging story about Willy and his wobbly house will help you to work with children who:

- Find it difficult to let go and have fun • Are overly good or who seem like little adults
- Have suffered a trauma • Retreat into dull routines • Use order and routine to cope with 'messy' feelings • Develop obsessive-compulsive behaviour to ward off powerful feelings

About Willy...

Willy is an anxious boy who experiences the world as a very wobbly place where anything awful might happen. Joe, next door, is too ordered and tidy to be able to really enjoy life. Follow their adventures with the puddle people who help them break out of their fixed patterns and find a richer life.

Helping Children who are Anxious or Obsessional

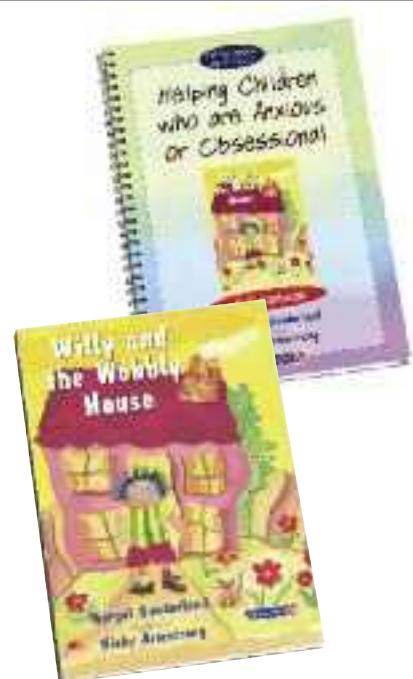
AGE 4-12 FORMAT A4 (297 x 210mm), 72pp, wire-o-bound

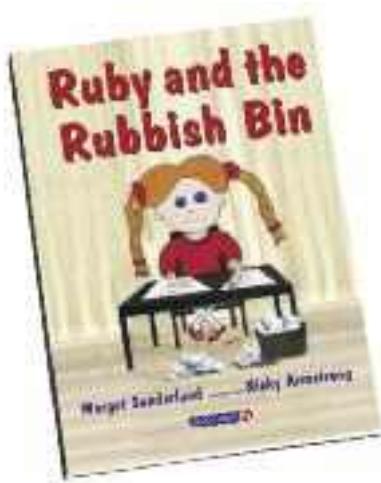
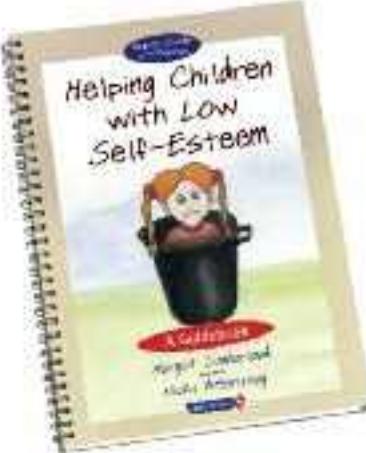
ISBN 9780863884548 **ORDER CODE** E01-002-5059

Willy and the Wobbly House

AGE 4-12 FORMAT A4 (297 x 210mm), 28pp, illustrated, paperback

ISBN 9780863884948 **ORDER CODE** E01-002-5058





Helping Children with Low Self-Esteem & Ruby and the Rubbish Bin

Use this charming story and practical guidebook to tackle low self-esteem and associated feelings in children aged 4-12 who:

- Don't like themselves or feel there is something wrong with them
- Have received too much criticism or haven't been encouraged enough
- Let people treat them badly because they feel they don't deserve better
- Do not accept praise or appreciation because they feel they don't deserve it
- Feel fundamentally unimportant, unwanted or unlovable
- Bully because they think they are worthless or are being bullied
- Feel they don't belong

About Ruby

Ruby hates herself so much that she often feels more like a piece of rubbish than a little girl. Sometimes she's so miserable, she wants to go to sleep and never wake up. But then she meets Dot, who helps Ruby realise what it's like to feel happy for the first time in her life.

Helping Children with Low Self-esteem

AGE 4-12 **FORMAT** A4 (297 x 210mm), 96pp, illustrated, wire-o-bound

ISBN 9780863884665 **ORDER CODE** E01-002-5153

Ruby and the Rubbish Bin

AGE 4-12 **FORMAT** A4 (297 x 210mm), 32pp, illustrated, paperback

ISBN 9780863884627 **ORDER CODE** E01-002-5146

Helping Children who have Hardened their Hearts or become Bullies

& A Wibble Called Bipley (and a few Honks)

Children who bully are often taking revenge on others for the pain they've felt themselves. Use this story and accompanying guidebook to unlock feelings in children who have hardened their hearts because they've experienced a painful past, such as:

- Being repeatedly hit, shamed or humiliated • Witnessing parental violence
- Being ignored too often • Losing their parent's love to someone else

About Bipley...

Bipley is a warm cuddly creature, but someone has broken his heart and he decides it's too painful to love again. He meets some big tough Honks in the wood, and they teach him how to harden his heart to avoid feeling hurt any more. Discover how Bipley then learns to protect himself, without having to harden his heart...

Helping Children who have Hardened their Hearts or become Bullies

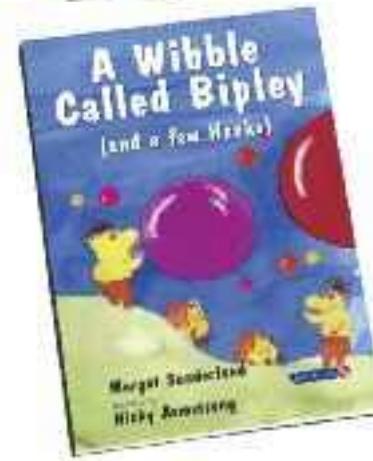
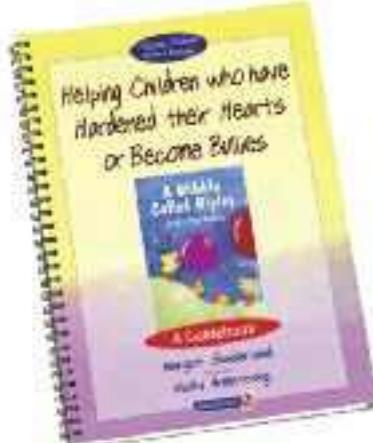
AGE 4-12 **FORMAT** A4 (297 x 210mm) 72pp, wire-o-bound

ISBN 9780863884580 **ORDER CODE** E01-002-5061

A Wibble Called Bipley (and a few Honks)

AGE 4-12 **FORMAT** A4 (297 x 210mm) 40pp, illustrated, paperback

ISBN 9780863884948 **ORDER CODE** E01-002-5060



Helping Children Pursue Their Hopes and Dreams & A Pea Called Mildred

Often children are scared to pursue their hopes and dreams for fear of failing, or because they're too busy surviving. Use this guidebook and story with children who:

- Have been given too little encouragement to follow their hopes and dreams
- Are too despondent or defeated to go after their hopes or their dreams
- Do not follow their dreams because they are too afraid of failing
- Only dream small dreams because they fear growing up

About Mildred...

Mildred is a pea with dreams. She has great plans for her pea life. However, people are always telling her that dreams are pointless as she is just another ordinary pea. Discover how, eventually, Mildred finds the courage to fulfil her dreams.

Helping Children Pursue Their Hopes and Dreams

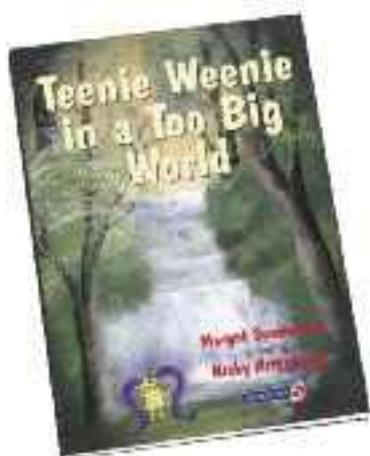
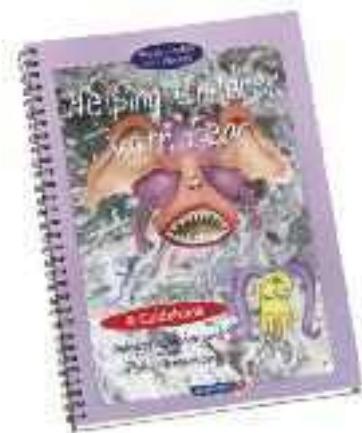
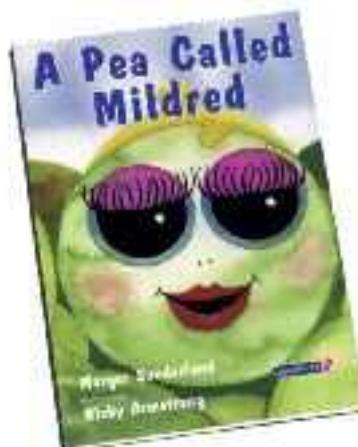
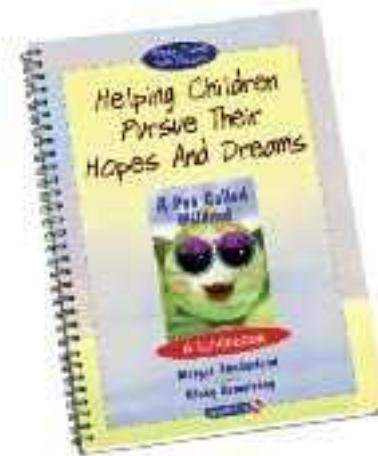
AGE 4-12 FORMAT A4 (297 x 210mm), 40pp, wire-o-bound

ISBN 9780863884559 **ORDER CODE** E01-002-5063

A Pea Called Mildred

AGE 4-12 FORMAT A4 (297 x 210mm), 24pp, illustrated, paperback

ISBN 9780863884979 **ORDER CODE** E01-002-5062



Helping Children with Fear & Teenie Weenie in a Too Big World

Children who are full of fear worry a lot and exhibit signs of anxiety. Use this guidebook, and its accompanying story, with children who:

- Suffer from phobias, obsessions or nightmares
- Experience the world as an unsafe place
- Are scared to tell someone of their fear
- Feel so impotent that their only way to feel any potency is to be mute
- Need help in being assertive

About Teenie Weenie...

One day Teenie Weenie finds himself in a scrumby screechy place. It is full of noises and things that swoop and scratch. The worse it gets, the smaller Teenie Weenie feels. Teenie Weenie feels terrified and desperately alone. But after a while along strolls a Wip-Wop bird who invites Teenie Weenie to his tree house with his friend Hoggie. Teenie Weenie learns for the first time about how very different things look when it's an 'us' not just a 'me'.

Helping Children with Fear

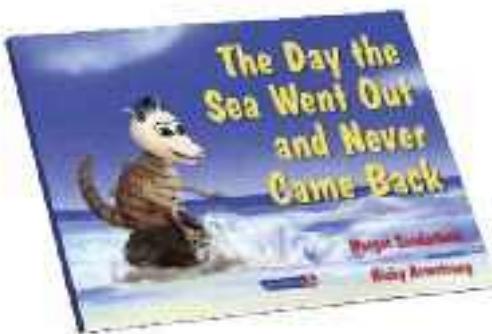
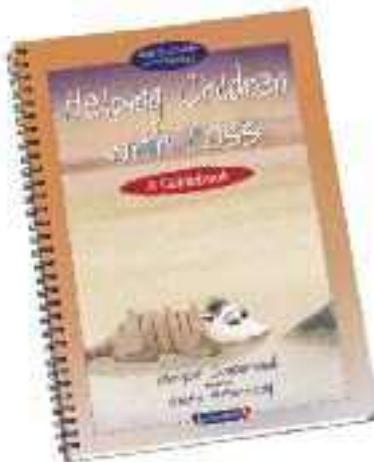
AGE 4-12 FORMAT A4 (297 x 210mm), 140pp, wire-o-bound

SBN 9780863884641 **ORDER CODE** E01-002-5151

Teenie Weenie in a Too Big World

AGE 4-12 FORMAT A4 (297 x 210mm), 32pp, paperback

ISBN 9780863884603 **ORDER CODE** E01-002-5144



Helping Children with Loss & The Day the Sea Went Out and Never Came Back

Using this engaging story and practical guidebook you can help children suffering from the pain of loss or separation. They may be:

- Grieving for the death of a parent, relative or important friend
- Obsessed with an absent parent
- Struggling to mourn a loss
- Trying to manage all of their painful feelings by themselves
- Suffering from separation anxiety
- Adopted or fostered children who miss their birth parent

About The Day the Sea Went Out...

Eric is a sand dragon who loves the sea. Each day, he watches it going out and coming back. But one day, the sea goes out and does not come back and it feels to him as if he has lost everything. Discover how Eric finds the courage to face his pain, and turns his memory of the sea into a treasure he will never lose.

Helping Children with Loss

AGE 4-12 FORMAT A4 (297 x 210mm), 88pp, illustrated, wire-o-bound

ISBN 9780863884672 **ORDER CODE** E01-002-5154

The Day the Sea Went Out and Never Came Back

AGE 4-12 FORMAT A4 (297 x 210mm), 32pp, illustrated, paperback

ISBN 9780863884634 **ORDER CODE** E01-002-5147

Helping Children who Yearn for Someone They Love & The Frog who Longed for the Moon to Smile

This charming, illustrated story and accompanying guidebook will help you to work with children who are:

- Suffering from separation anxiety or missing someone too much
- Obsessed with their absent parent or carer
- Yearning for a parent who has died
- Yearning for a parent who seems unreachable, cold or abusive
- In foster care or adopted

About the frog who longed for the moon...

Frog is very much in love with the moon because she once smiled at him. So now he spends all his time dreaming about her. He waits and waits for her to smile at him again. One day a wise crow helps frog to see that what he yearns for can be found from others.

Helping Children who Yearn for Someone They Love

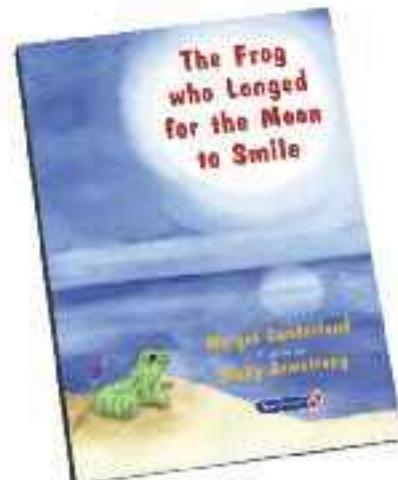
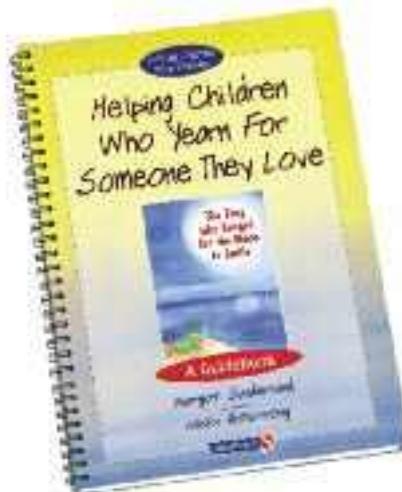
AGE 4-12 FORMAT A4 (297 x 210mm), 48pp, wire-o-bound

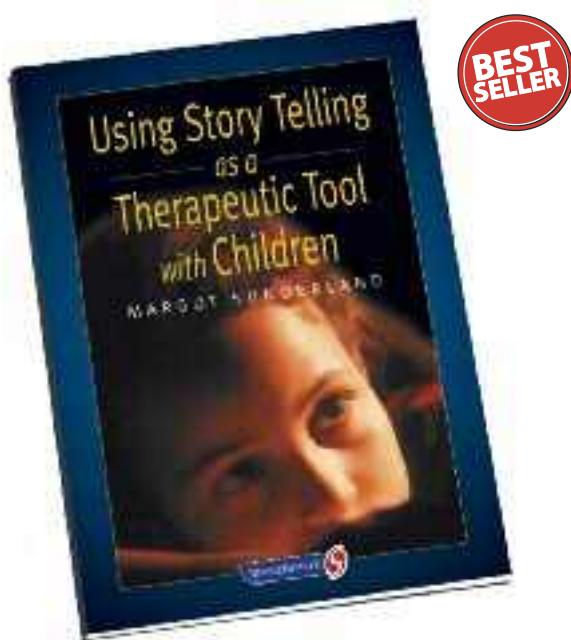
ISBN 9780863884566 **ORDER CODE** E01-002-5067

The Frog who Longed for the Moon to Smile

AGE 4-12 FORMAT A4 (297 x 210mm), 28pp, illustrated, paperback

ISBN 9780863884955 **ORDER CODE** E01-002-5066





Using Story Telling as a Therapeutic Tool with Children

Margot Sunderland

An essential companion to the series, *Helping Children with Feelings*, this practical handbook illustrates how to use storytelling as a therapeutic tool with children. You'll learn:

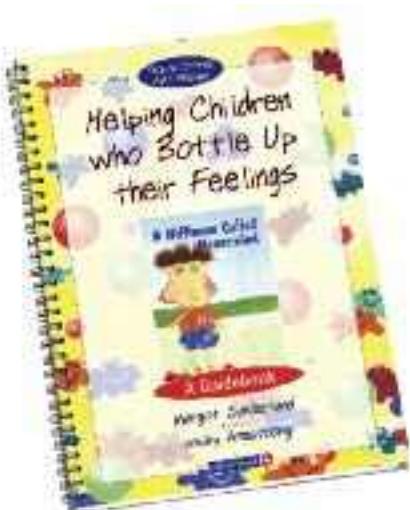
- Why storytelling is a great way to help children process their feelings
- How to make effective responses when a child tells a story to you
- What resources you can use for better story-telling sessions
- How to construct your own therapeutic story for a child
- Things to do and say when working with a child's story

AGE 6+ **FORMAT** 110pp, (245 x 171mm), paperback

ISBN 9780863884252 **ORDER CODE** E01-002-4720



BMA Medical Book
Competition
Highly Commended



Helping Children who Bottle Up their Feelings & A Niffleeno Called Nevermind

A Niffleeno Called Nevermind and its accompanying guidebook will help you work with children who are bottling up their feelings. They may be:

- Trying to manage painful feelings by themselves
- Not allowing themselves to cry, protest or say that they are scared
- Are living with too many unresolved painful emotions from the past
- Have had disturbing, overwhelming or confusing experiences, which they have been unable to think through or feel properly
- Are full of un-mourned grief

About Nevermind ...

Nevermind always carries on whatever happens! Each time something horrible happens to him, he just tucks his feelings away and carries on with life. Find out what happens to Nevermind as a result, and how he discovers that feelings do matter.

Helping Children who Bottle Up their Feelings

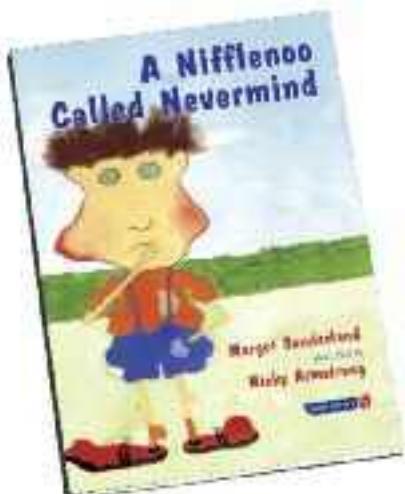
AGE 4-12 **FORMAT** A4 (297 x 210mm), 56pp, wire-o-bound

ISBN 9780863884573 **ORDER CODE** E01-002-5065

A Niffleeno Called Nevermind

AGE 4-12 **FORMAT** A4 (297 x 210mm), 32pp, paperback

ISBN 9780863884962 **ORDER CODE** E01-002-5064





Helping Children with Feelings

Set of 10 Guidebooks and Storybooks

For practitioners working regularly with troubled children, this set of all ten story and guide books (20 books in total) from Margot Sunderland's series, is the perfect resource for your library. See previous pages for details.

AGE 4-12 FORMAT 20 A4 (297 x 210) books, illustrated pack

ORDER CODE E01-002-5690



Helping Children of Troubled Parents & Monica Plum's Horrid Problem

This guidebook and accompanying story will help you work with children whose emotional wellbeing is being upset by troubled parents. They may be:

- Alarmed by their parent rather than experiencing them as 'home' and a place of safety and solace
- harbouring a mass of painful feelings about a chaotic and disturbing world
- Left self-helping, which all too often means drugs, drink, self-harm, depression, anxiety, eating disorders or problems with anger in the teenage years.

About Monica Plum ...

Monica Plum's horrid problem is a story that will resonate with others who have troubled parents. Monica's problem gets everywhere: into her schoolwork, her dreams and her friendships. Then one day, a helpful teacher sees how miserable Monica is and points her in the direction of the knights in the enchanted wood. They teach her ways to cope when other people's problems weigh her down. Now she's ready to face what she could not face before.

Monica Plum's Horrid Problem

AGE 4-12 A4 (297 x 210mm), 77pp, illustrated, paperback

ISBN 9780863887512 **ORDER CODE** E01-002-5610

Helping Children of Troubled Parents

AGE 4-12 A4 (297 x 210mm) 244 pp, wire-o-bound

ISBN 9780863888007 **ORDER CODE** E01-002-5686

Value purchase: BUY BOTH AND SAVE

ISBN 9780863888014 **ORDER CODE** E01-002-5687

(offer not available to trade)



When Worry Came to Visit

Maeve McColgan & Eileen McLaughlin

This resource is designed primarily for use with children between the ages of 6 and 11 years old who experience significant difficulties with anxiety. It assists child care professionals in externalising the child's anxiety, making it more possible for the child to make changes with the help and support of their family members and others.

The resource is flexible: it can be used when working individually with a child, but ideally will involve all or some family members.

The resource consists of:

- Therapeutic story that externalises anxiety
- Worksheets to assist the therapist to guide the child through the process of externalising the anxiety
- Board game which can assist with both assessment and treatment. This can be played either by the worker and child, or by family members

AGE 6 – 11 **CONTAINS** 44 pages mixed media product + CD

ISBN 9780863889875 **ORDER CODE** E01-003-5921



The Big Book of Storysharing

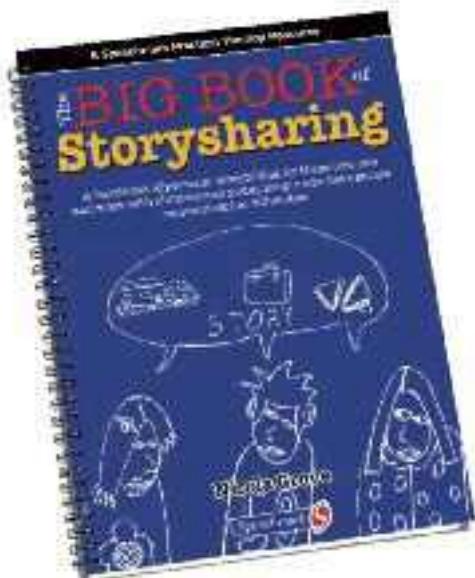
Nicola Grove

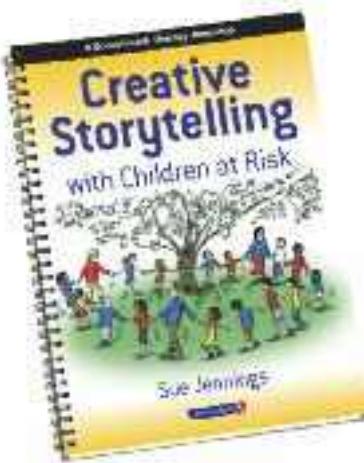
This book introduces new ways to tell stories with children, helping them begin to tell stories of their own. It has been written to help everyone who comes into contact with children who find it difficult to tell stories independently – children who may have special educational needs, or are in the process of learning to speak a second language, or who are not used to voicing their experiences and being heard. This book's natural approach, based on observations of the ways in which anecdotes are told in everyday life, is flexible enough to apply to all of these instances.

Personal stories are the way we develop a sense of who we are, make sense of our experiences, and make and sustain relationships. Research shows that people with severe communication difficulties – such as profound learning disabilities, autism and language impairments – find it hard to recall and share the stories of their lives. This handbook draws on fifteen years of research and practice into personal storytelling in adult services and educational settings, and makes a unique, innovative and highly effective approach to enabling the most severely disabled individuals to participate in telling their own stories. Although the book has been written about storytelling with children, you will find the Storysharing approach is also useful with adults who have similar communication difficulties.

AGE All ages **FORMAT** 146pp, A4 (297 x 210mm), spiral bound

ISBN 9781909301405 **ORDER CODE** E01-002-5986





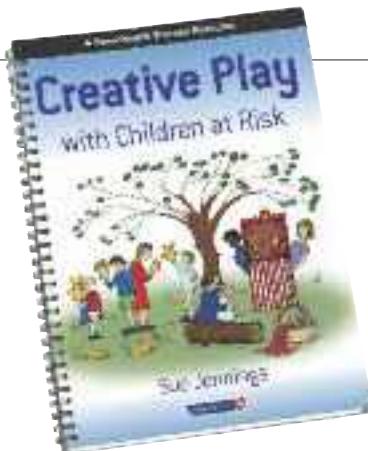
Creative Storytelling with Children at Risk

Sue Jennings

This book is about ways in which we can tell and create stories with children who are troubled. The book also covers a range of fairy stories, myths, legends and suggestions for creating stories together. Out of the stories can come plans, changes and variations, so that children can feel more empowered to take action and ask for help. This practical book will improve play skills - through storytelling and storywork - of anyone working with children, especially with children 'at risk' such as looked-after children, or children suffering from trauma or abuse.

AGE 3-14 FORMAT 186pp, A4 (297 x 210mm), wire-o-bound

ISBN 9780863882715 **ORDER CODE** E01-002-4722



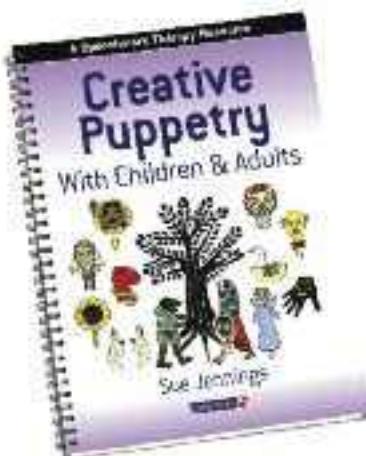
Creative Play with Children at Risk

Sue Jennings

Creative Play with Children at Risk provides practical ideas for play for children from birth onwards and gives clear descriptions of the application of play techniques with children with special needs. These include children with developmental delay as well as children who have suffered abuse.

AGE 3-14 FORMAT 224pp, A4 (297 x 210mm), wire-o-bound

ISBN 9780863885365 **ORDER CODE** E01-002-5264



Creative Puppetry with Children & Adults

Sue Jennings

This book introduces the importance of puppet work for people with a wide variety of special needs, from withdrawn or hyperactive young people, to adults in hospital situations suffering from depression.

This practical book gives step-by-step instructions for making simple puppet, which can be made by adults and children with special needs as well as staff who are developing the sessions. All materials used are easily accessible and inexpensive. Also included are:

- Descriptions of different types of puppet and how they can be applied in different settings
- Explanations of the most effective puppets for different needs with examples
- Puppetry stories and plays and the way they can be used is illustrated with examples of practice

An extensive bibliography, lists of resources and details of training courses.

AGE 6+ FORMAT 208pp, A4 (297 x 210mm) wire-o-bound

ISBN 9780863886096 **ORDER CODE** E01-002-5373

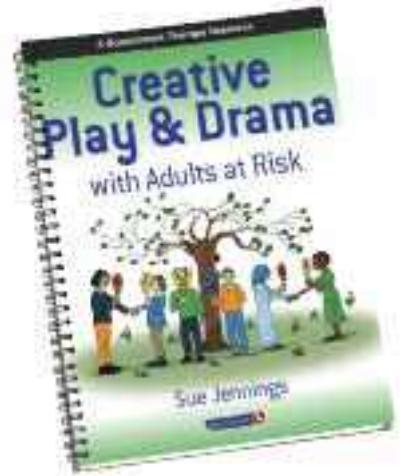
Creative Play & Drama with Adults at Risk

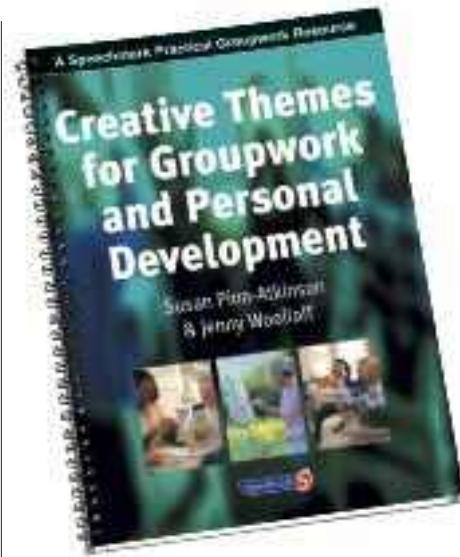
Sue Jennings

This hands-on manual offers a clear introduction to play and drama work for professionals working with adults at risk. Many adults feel nervous about drama and think that play is childish. Sue Jennings shows that by participating in play and drama people can make a difference to how they feel about themselves and the world around them. Suitable for professionals working with adults who are vulnerable for a number of different reasons: those who have addictions such as eating disorders, drug and alcohol abuse or a history of violent relationships; adults with mental ill health; individuals and families with behavioural difficulties; people in forensic settings; those with multiple disabilities; learning impaired adults; people with strokes and other physical impairment often as a result of accidental injury.

AGE 6+ FORMAT 212pp, A4 (297 x 210mm), wire-o-bound

ISBN 9780863885358 **ORDER CODE** E01-002-5263





Creative Themes for Groupwork and Personal Development

Susan Pinn-Atkinson & Jenny Woolloff

Based around thirty themes, this practical resource provides flexible and adaptable ideas for group work sessions. The themes:

- Can be adapted and developed to match the exact needs and interests of the participants
- Aim to generate and inspire group facilitators to think broadly and creatively, and to feel confident in using the culture and history of their geographical area to enrich the work they do with participants
- Enable participants to explore, develop and reflect upon their hidden, unidentified or unacknowledged strengths, transferable skills and knowledge
- Have a variety of alternative or additional ideas, and many are accompanied by worksheets
- Include colour, television, soaps, touch, mirrors, maps, weather and many more.

'Provides practical, flexible and adaptable ideas for groupwork with a variety of clients ... I would highly recommend it for practitioners, care staff and educational staff.' **Cartriona Macgregor, Lecturer, Frontline**

AGE 13+ **FORMAT** 120pp, A4, wire-o-bound

ISBN 9780863883156 **ORDER CODE** E01-002-5024

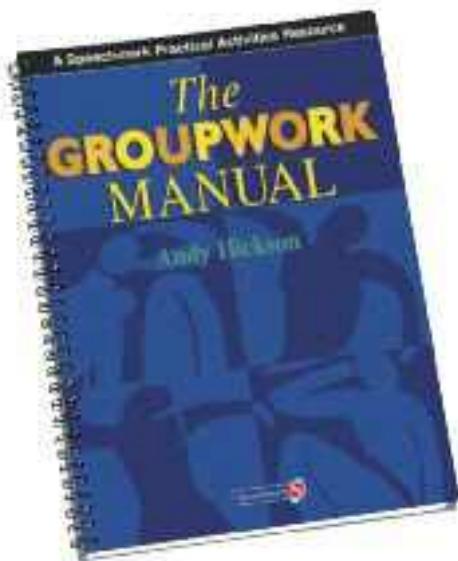
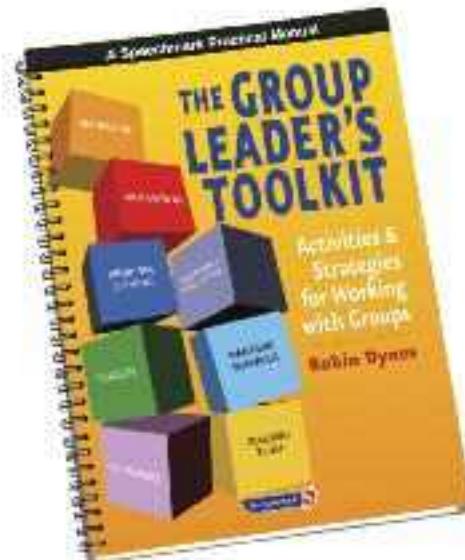
The Group Leader's Toolkit

Robin Dynes

An essential resource for all kinds of groups, these tried and tested strategies will stimulate and encourage full participation from all group members. This toolkit is an invaluable resource for tutors, occupational therapists, nurses, care staff, probation staff, youth leaders or anyone - new or experienced - who works with groups.

AGE 13+ **FORMAT** 192pp, A4, wire-o-bound

ISBN 9780863885655 **ORDER CODE** E01-002-5312



The Groupwork Manual

Andy Hickson

Intended for anyone who runs or participates in group sessions, this manual offers almost 100 practical activities. It takes the user through a broad range of exercises, ideas, pitfalls and descriptions. An ideal companion to the Creative Activities in Groupwork series. Covers every kind of group from social to community groups and from encounter to therapeutic groups. Activities include transforming sound, singing questions, name paint, ritual teambuilding, ears, eyes and mouth, survival, my favourite words, improvisations, sharing, jungle, musical hoops, space walk and interviews.

AGE All ages **FORMAT** 140pp (297 x 210mm), wire-o-bound

ISBN 9780863884085 **ORDER CODE** E01-002-2615



Creative Drama in Groupwork 2nd Revised Edition

Sue Jennings

This bestselling book is now updated with new material and more tried-and-tested ideas, bringing it up-to-date with contemporary drama. 150 ideas for drama in one practical manual makes this a veritable treasure trove which will inspire everyone to run drama sessions creatively, enjoyably and effectively.

AGE All ages **FORMAT** 216pp, A5, wire-o-bound

ISBN 9780863887918 **ORDER CODE** E01-002-5675



Creative Relaxation in Groupwork

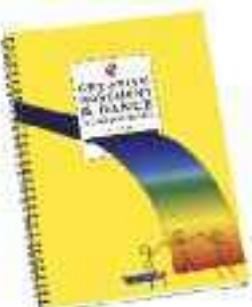
Irene Tubbs

With more than 100 activities this book offers a goldmine of techniques and processes for relaxation. Discusses the benefits of relaxation, covers both theoretical and practical relaxation methods, provides constructive guidelines for good practice and incorporates actual workshop themes. Comprehensive activities aim to:

- Help relax the mind
- Work primarily on the body
- Integrate systems for mind and body harmony
- Focus on muscular relaxation
- Promote concentration
- Increase sensory awareness

AGE All ages **FORMAT** 200pp, A5, wire-o-bound

ISBN 9780863883705 **ORDER CODE** E01-002-2286



Creative Movement & Dance in Groupwork

Helen Payne

A strong link exists between movement and emotions. This innovative book explores that link and provides 180 practical activities with a clear rationale for the use of dance movement to enrich therapy programmes.

- Presents an inspiring range of session ideas and insights.
- Session plans divided into warm-ups, introductions to themes, development of themes and warm-downs.
- Explores many areas including developmental movement processes, non-verbal communication, and expression communication.

AGE All ages **FORMAT** 282pp (210 x 148mm), wire-o-bound

ISBN 9780863884733 **ORDER CODE** E01-002-0357



Creative Music in Groupwork

Christopher Achenbach

This is an inspirational manual that offers users effective ways of entering the field of music groupwork with adults of all ages and abilities.

- Contains practical ideas for instrumental, vocal and listening activities, ranging from basic directing gestures, clapping and free improvisation to chanting.
- Pays attention to groups with particular needs, such as elderly people and those with learning disabilities.

AGE All ages **FORMAT** 136pp (210 x 148mm), wire-o-bound

ISBN 9780863884535 **ORDER CODE** E01-002-2623



Creative Writing in Groupwork

Robin Dynes

Activities designed to help participants express themselves, explore situations, compare ideas and develop both imagination and creative ability.

- Bursting with more than 100 ideas and activities for encouraging creative writing as an effective activity for individuals and groups.
- Contains hundreds of alternatives, suggestions for further development and ideas for discussion.
- Barriers to writing and expression can be broken down with Robin's gentle advice.

AGE All ages **FORMAT** 164pp (210 x 148mm), spiral bound

ISBN 9780863883774 **ORDER CODE** E01-002-0349



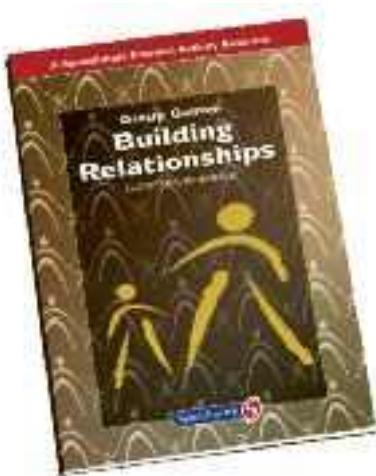
Creative Games in Groupwork

Robin Dynes

Presented in a format that immediately allows you to see what materials are needed, how much preparation is required and how each game is played, this book presents practical resource material in an accessible format.

AGE All ages **FORMAT** 260pp, A5, wire-o-bound

ISBN 9780863883675 **ORDER CODE** E01-002-0499



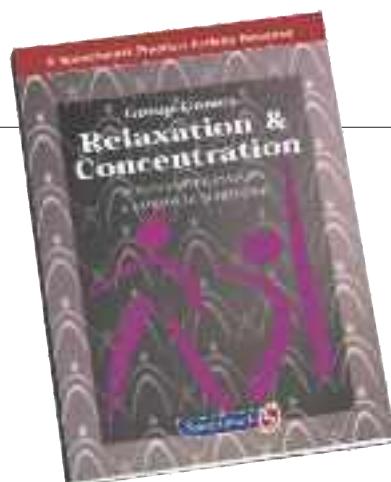
Group Games: Building Relationships

Thorsten Boehner

A comprehensive collection of 140 games and activities to foster personal development; improve social communication skills; and strengthen group dynamics. Full of practical and creative ideas that can be implemented with minimal preparation and equipment.

AGE All ages **FORMAT** 192pp, paperback

ISBN 9780863885464 **ORDER CODE** E01-002-5272



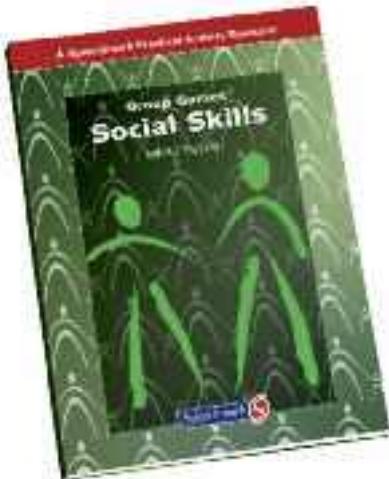
Group Games: Relaxation & Concentration

Rosemarie Portmann & Elisabeth Schneider

This book offers a variety of games and activities that facilitate a positive and fun learning experience for people of all ages in their emotional and behavioural development. The games and activities are suitable both for individuals and groups, and take a positive and proactive approach to the areas of: self-esteem, aggression, relaxation and concentration, and social skills. This volume contains 130 games to promote relaxation and concentration

AGE All ages **FORMAT** 188pp (207 x 131mm), paperback

ISBN 9780863884191 **ORDER CODE** E01-002-5133



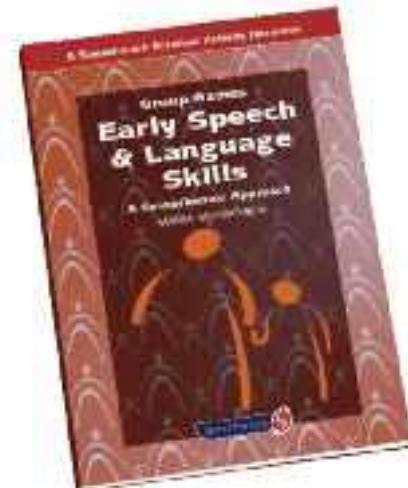
Group Games: Social Skills

Birgit Fuchs

This series offers a variety of games and activities that facilitate a positive and fun learning experience for people of all ages in their emotional and behavioural development. The games and activities are suitable for both individuals and groups, and take a positive and proactive approach to the areas of: self-esteem, aggression, relaxation and concentration, and social skills. This volume contains 160 games with ideas to improve the social climate within groups. Through a wide range of fun games the participants learn about themselves and others and develop skills in observation, precise listening and empathetic communication.

AGE All ages **FORMAT** 212pp, A5 (207 x 131mm), paperback

ISBN 9780863884207 **ORDER CODE** E01-002-5134



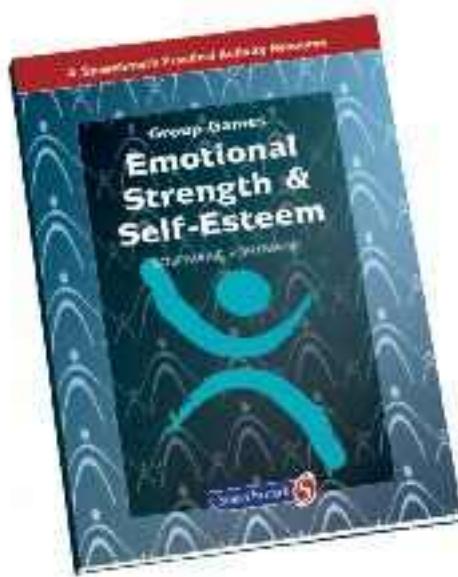
Group Games: Early Speech & Language Skills

Maria Monschein

Full of practical ideas that can be easily implemented with minimal preparation, this book contains a wealth of games and activities for developing language with young children. Following a multi-sensory approach, the games focus on having fun and working on speech language difficulties without having to concentrate directly on speaking.

AGE 3-11 **FORMAT** 448pp, paperback

ISBN 9780863885433 **ORDER CODE** E01-002-5269



Group Games: Emotional Strength & Self-Esteem

Rosemarie Portmann

111 games to develop emotional strength and confidence. Through the exploration and discovery of strengths and weaknesses, the participants learn to be assertive whilst living respectfully with others. Divided into four sections: Strength - What's That? Getting to Know Your Own Strengths, Gaining Strength - Showing Strength, Together We Are Strong.

AGE All ages **FORMAT** 272pp (207 x 131mm), paperback

ISBN 9780863883941 **ORDER CODE** E01-002-5109

Group Games: Playing with Words

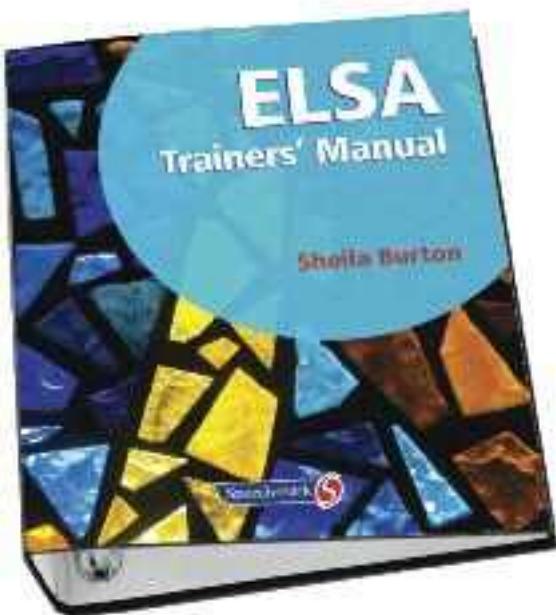
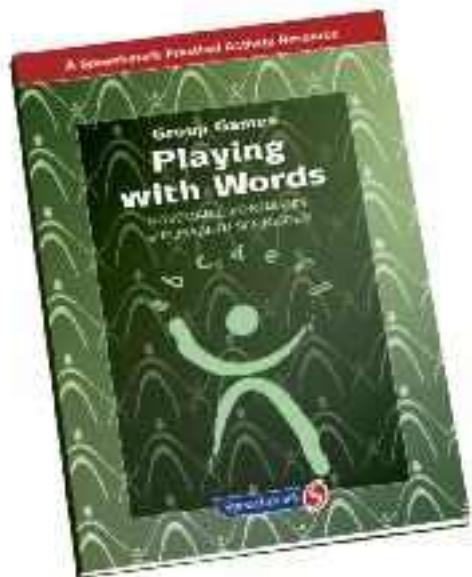
Rosemarie Portmann & Elisabeth Schneider

With an emphasis on learning through play, this book provides a comprehensive collection of word games for vocabulary development or to constructively fill leisure time. The activities are suitable for children and adults and can be adapted for different client groups. Ideal for teachers, therapists, youth club leaders or activity providers. Contents include:

- A-E-I-O-U • Letter patience • 'M' in the middle • Double meanings • Pro-nouns • Haiku
- Guessing rhyming words • Forbidden letters • Who has the word? • Word snakes.

AGE 7+ **FORMAT** 192pp (207 x 131mm), paperback

ISBN 9780863885457 **ORDER CODE** E01-002-5271



ELSA Trainers' Manual

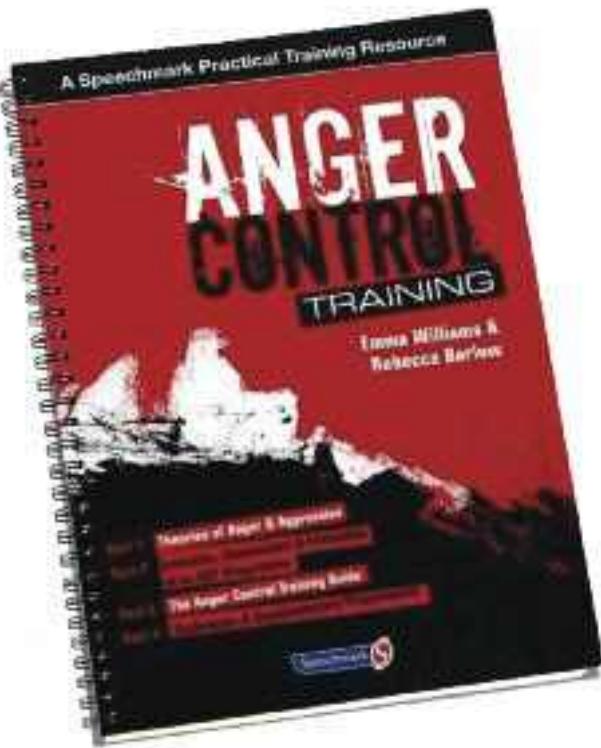
Sheila Burton

A comprehensive staff training resource to support the emotional development and wellbeing of pupils. The ELSA Trainers' Manual provides a comprehensive five-day training and supervision programme designed to enhance the skills of Classroom Assistants and Learning Support Assistants, enabling them to work effectively to support the emotional development and wellbeing of pupils. Staff who complete the programme are known as Emotional Literacy Support Assistants (ELSAs).

The ELSA programme includes training materials, ten PowerPoint files, facilitator notes and handouts, policy documents, a pdf file of the participants' course book, and an illustrative DVD.

AGE All ages **FORMAT** 364pp A4 ring binder + CD + DVD + staff training resources

ISBN 9780906517847 **ORDER CODE** E01-007-5693



Anger Control Training

Emma Williams & Rebecca Barlow

This training manual addresses the need for a practical and easily accessible guide for professionals working with people presenting with anger problems. It is intended for use by psychologists, Occupational Therapist, psychiatric nurses, probation officers, psychiatrists, social workers and teachers.

- This training manual offers a wealth of photocopiable material, including client handouts and facilitators guides. The appendices contain materials for role-play and relaxation.
- 'Anger Control Training' is a comprehensive programme using a cognitive-behavioural approach and designed for the professional to help people change their thoughts, feelings and behaviour.

'This practical guide provides a useful and relevant CBT programme for treating anger problems. The materials are bound to be functional for all practitioners, the three volumes are handy and easy to use' Christina Neitzert Semler, Department of Psychology, University of Oxford, Cognitive Behavioural Psychotherapy

AGE 13+ FORMAT A4 (210 x 297), 186pp, spiral bound

ISBN 9780863883347 ORDER CODE E01-002-3091

Group Games: Dealing with Aggression

Rosemarie Portmann

This set of four books offers a variety of games and activities that facilitate a positive and fun learning experience for people of all ages in their emotional and behavioural development. The games and activities are suitable both for individuals and groups, and take a positive and proactive approach to the areas of: self-esteem, aggression, relaxation and concentration, and social skills.

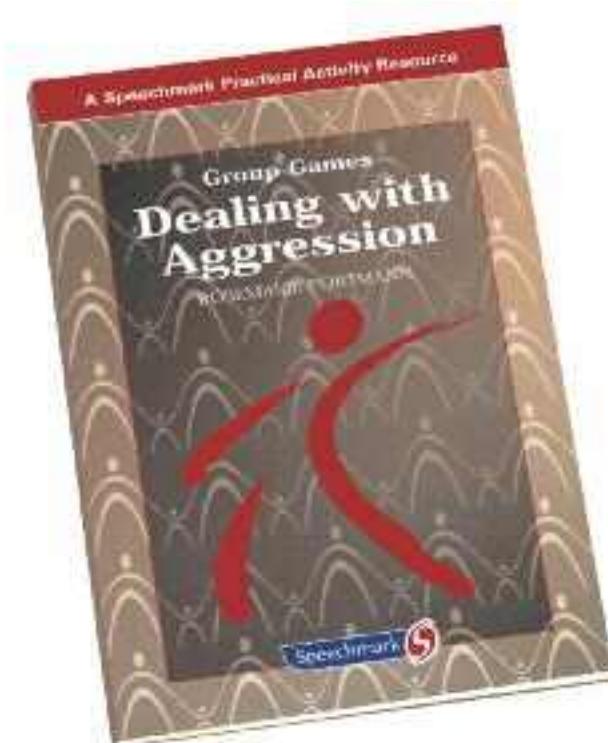
This volume contains 150 games to control and reduce aggression.

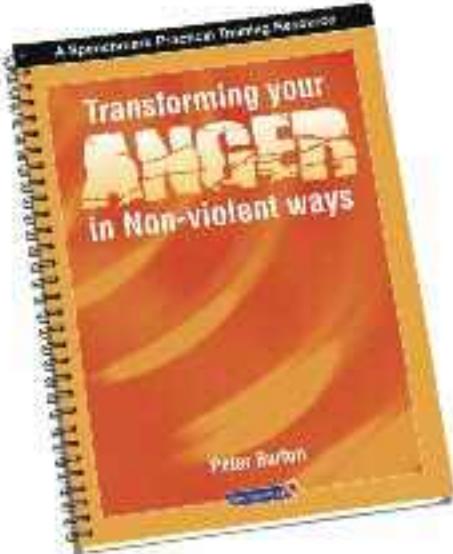
- Encourages the participants to express their anger in a controlled environment so that they may recognise the triggers of anger and aggression and learn how to control it.
- Sections include: Perceiving Expressing Aggressive Feelings;
- Recognising Triggers for Anger Aggression;
- Better Understanding Oneself Others;
- Controlling Reducing Anger Aggression;
- Building Up Inner Strength Self-Esteem;
- Building Non-Aggressive Relationships;
- Resolving Conflicts Peacefully.

'Contains lots of constructive, fun activities that can be used for any social skills or assertiveness skills groups would be useful when working with children who have behavioural problems resulting in aggressive behaviours as well as children who have difficulties with higher level social skills including negotiation and conflict resolution skills.' Lilo Seelos, SLT

AGE All ages FORMAT 208pp (207 x 131mm), paperback

ISBN 9780863884108 ORDER CODE E01-002-5124





Transforming Your Anger in Non-Violent Ways

Peter Burton

A practical workbook helping individuals to safely express their anger. For those of you who are struggling with unhelpful expressions of anger, whether your own or other people's, this book provides explanations, activities and exercises to change how you understand and express your anger. It empowers you to move away from your habitual reactions, resulting in conflict, and towards ways of expressing your anger fully and safely in non-violent ways.

With more than 40 activities and exercises to work through, this practical resource empowers young people and adults to change their behaviour, express anger safely and to improve their experience of family and work life..

AGE 13+ **FORMAT** A4 (297 x 210mm), 110pp, wire-o-bound

ISBN 9780863887543 **ORDER CODE** E01-002-5616

Controlling Anger: A Solution Focused Approach for Children

Tina Rae and Sara Daly

This programme aims to help children:

- Avoid or manage situations of conflict • Understand that they can create change • Realise that it is possible to resolve difficulties and achieve a positive outcome.

In this thoughtful approach to anger management, the authors suggest a teaching and learning model and use 'story' as the focus of pupil engagement.

Eight stories help children develop emotional literacy through topics such as:

- Fighting with friends • Humiliation • Bullying • Exclusion • Swearing

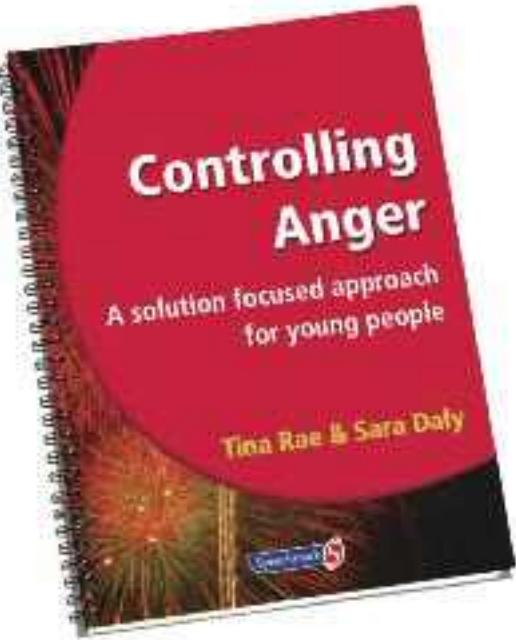
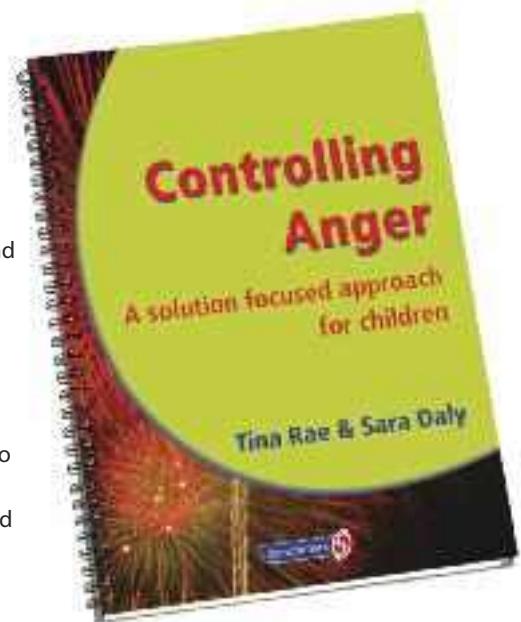
During the 10-session programme children will:

- Understand anger in a variety of situations • Learn about physiological and behavioural aspects of anger • Rehearse coping strategies • Plan positive responses to provocative situations.

This book offers teachers and non-teaching staff a practical, exciting and well designed resource with full facilitator notes and all handout materials printable from a CD Rom.

AGE 5-11 **FORMAT** 171pp, A4, wire-o-bound, CD

ISBN 9781906517014 **ORDER CODE** E01-007-5577



Controlling Anger: A Solution Focused Approach for Young People

Tina Rae and Sara Daly



A solution-focused approach to anger management for young people. This programme aims to help adolescents:

- Avoid or manage situations of conflict
- Understand that they can create change
- Realise that it is possible to resolve difficulties and achieve a positive outcome.

In this thoughtful approach to anger management, the authors suggest a teaching and learning model and use 'story' as the focus of pupil engagement. Draws on topics particularly suitable for teens and young adults, and uses newspaper reports on subjects such as:

- Road rage
- Racist incidents
- 'Happy slapping'
- Street fights.

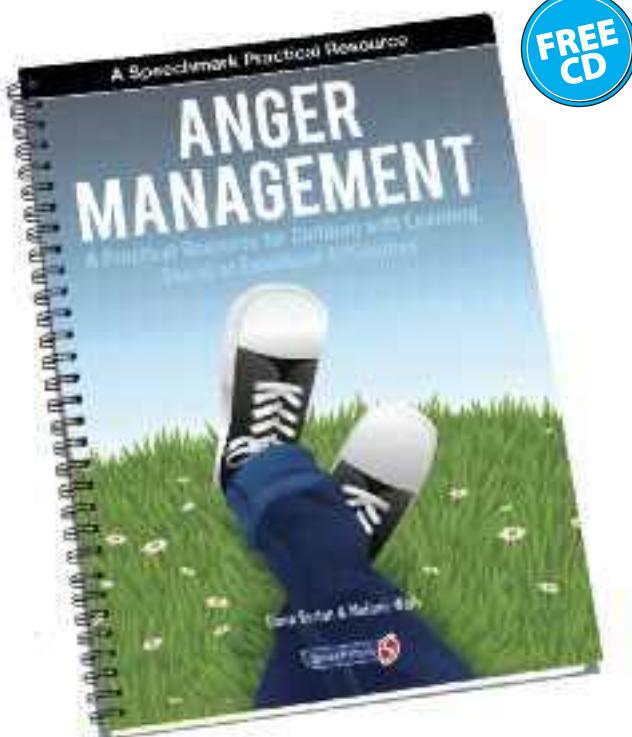
During the 10-session programme young people will:

- Understand anger in a variety of situations
- Learn about physiological and behavioural aspects of anger
- Rehearse coping strategies
- Plan positive responses to provocative situations.

This book offers teachers and non-teaching staff a practical, exciting and well designed resource with full facilitator notes and all handout materials printable from a CD Rom.

AGE 11-18 **FORMAT** A4 (210 x 297), 179pp, wire-o-bound + CD

ISBN 9781906517007 **ORDER CODE** E01-007-5578



Anger Management

Fiona Burton & Melanie Wells

This resource aims to deliver an appealing, practical and meaningful programme which all children (including those with learning difficulties) will find easy to access and enjoy. There are eight sessions which cover:

- Understanding anger
- Understanding feelings
- Self-esteem
- Triggers and fuses
- Learning to think differently
- Physiology and relaxation
- Strategies to manage anger
- Review and reinforce

This is a comprehensive, practical resource that facilitates the development of children's belief in their own ability to change and equips them with the skills to achieve change.

AGE 5+ **FORMAT** A4 (297 x 210mm), 156pp + CD wire-o-bound

ISBN 9780863888113 **ORDER CODE** E01-002-5726

Control Your Anger Posters

Martin Baines

A set of three posters to help students control anger.

Fun, comic-strip style characters demonstrate ways of controlling anger. Solutions include:

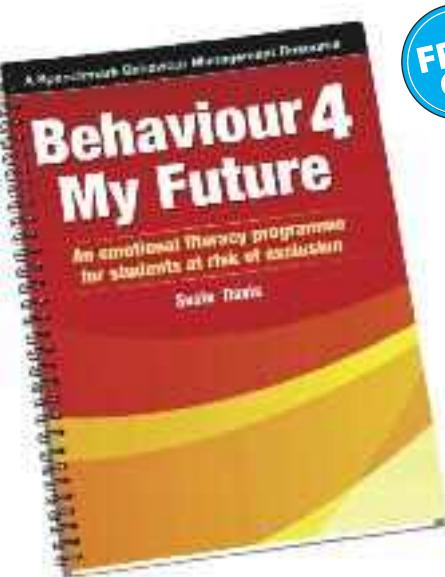
- Count to ten and calm down
- Don't explode - cool down
- Fight the problem, not the person.

Martin Baines is a learning mentor who has created this inspiring range of posters combining humour with key messages to inform students of expected behaviour. They communicate on the student level to encourage positive thinking and motivate within the learning environment.

AGE 11+ **FORMAT** 3 x poster

ISBN 9780863888380 **ORDER CODE** E01-003-5562





Behaviour 4 My Future

Susie Davis

An emotional literacy programme for students at risk of exclusion.

This highly practical emotional literacy resource engages young people and motivates them to improve their behaviour at school. It consists of 13 well structured sessions that have been designed to appeal to different learning styles and to encourage the development of the key skills and attitudes associated with emotional literacy.

Suitable for one-to-one and group work, this book includes set-up guidelines, photocopiable worksheets and a CD. Each session is linked to the secondary SEAL outcomes.

AGE 11-18 **FORMAT** 90pp (297 x 210mm), spiral bound + CD

ISBN 9780863886829 **ORDER CODE** E01-002-5458

50 Top Tips for Managing Behaviour

Dave Stott

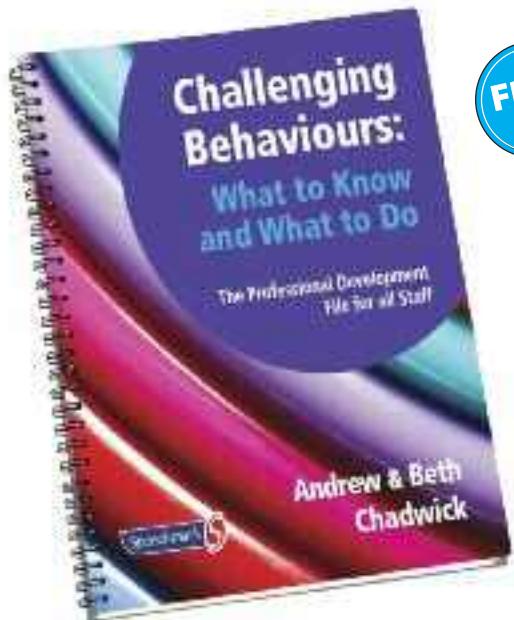
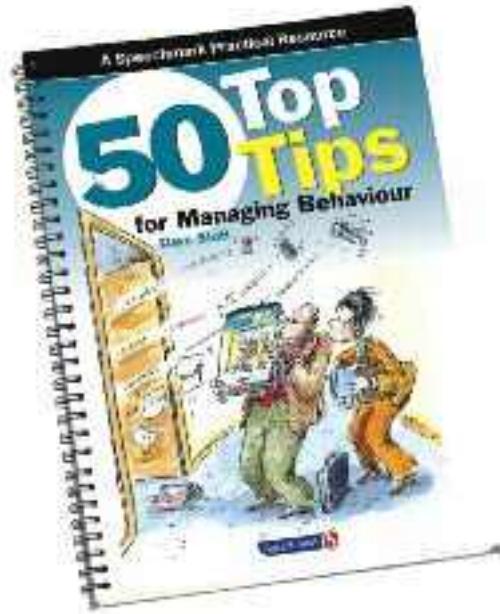
A practical resource that utilises the SEBS philosophy (Teaching Social, Emotional and Behavioural Skills).

With a very hands-on approach to managing behaviour all the scenarios in this resource are taken from real-life situations and can be used during staff training or simply as a reference book. The book reflects situations that confront educational professionals on a day-to-day basis.

A brilliant resource to have as part of an induction pack or as an essential companion to continuing professional development.

AGE All ages **FORMAT** 112pp (297 x 210mm) A4, wire-o-bound

ISBN 9780863886782 **ORDER CODE** E01-002-5568



Challenging Behaviours - What to Know and What to Do

Andrew Chadwick and Beth Chadwick

Provides detailed information on 23 specific special needs to help identify a disorder or an issue underlying challenging behaviour, and the tools required for both practitioner and child to address it. Includes information and advice on:

- Truanting • Attention seeking • Swearing and verbal abuse • Drug abuse
- Theft • Low self-esteem • Bullying • Vandalism

Also provided are case histories and insights into the difficult situations teachers may encounter in the classroom, and handouts for each disorder so that everyone involved can help tackle the issue.

AGE All ages **FORMAT** A4 (297 x 210mm), 318pp + CD, wire-o-bound

ISBN 9781906517816 **ORDER CODE** E01-007-5824

Restorative Practices & Bullying

Margaret Thorsborne and David Vinegrad

A fresh approach to dealing with bullying, based on restorative justice principles. The authors' strategy for dealing with bullying in schools uses the principles of the restorative justice framework. This approach focuses on the needs of the community affected by bullying behaviour, rather than simply apportioning blame and deciding on punishment. This book is aimed directly at those who have to deal with bullying – in classrooms, corridors, playgrounds, and now on mobile phones and the internet. It provides responses that can bring about repair and healing and, in the long term, make school a safer place.

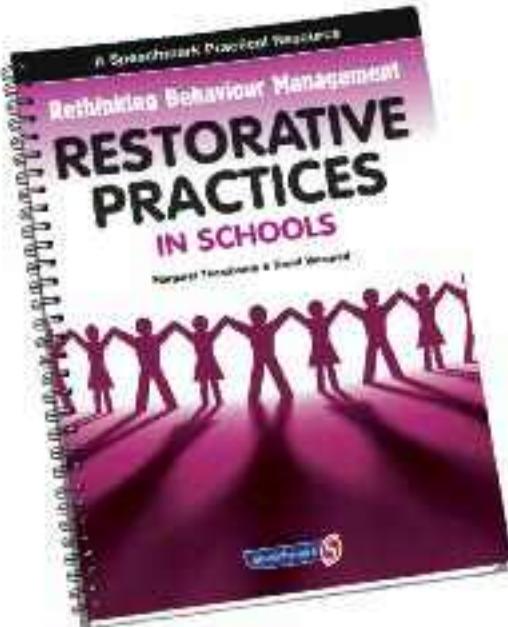
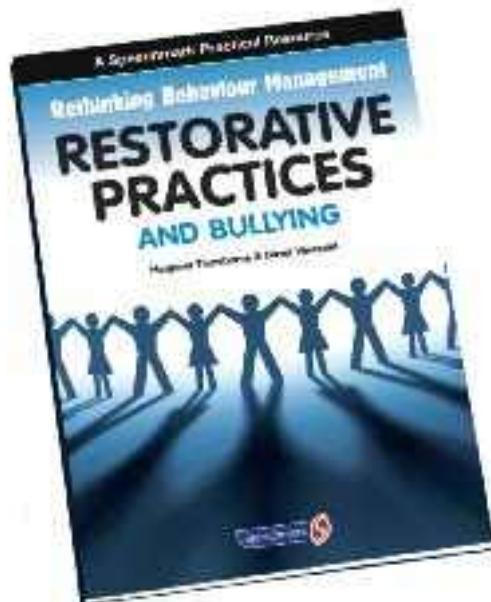
Topics covered include:

- Restorative justice and bullying
- Restorative responses to bullying incidents
- Managing reluctance to face up to bullying
- Preventing re-victimisation
- Reaching and monitoring agreements.

The book includes scripts for use in small and community case conferences, and a list of key questions to ask in interviews with victims and wrongdoers.

AGE 7-16 FORMAT A4 (297 x 210mm), 62pp, paperback

ISBN 9780863886867 ORDER CODE E01-002-5463



Restorative Practices in Schools

Margaret Thorsborne & David Vinegrad

This guide helps teachers to apply restorative justice methods across the whole school to improve behaviour. Specifically, it outlines the techniques to learn and apply when planning and facilitating school conferences. School conferences have proved remarkably successful in teaching students about their responsibilities and accountability to other people. The book contains many key documents such as preparation checklists, conference scripts, contract agreements, evaluation sheets and case studies.

AGE 7-16 FORMAT A4 (297 x 210mm), 74pp, wire-o-bound

ISBN 9780863886874 ORDER CODE E01-002-5461

'A valuable contribution to those who know that building relationships is more important than rewards and punishment.' Colin Newton, Inclusive Solutions

Restorative Practices in Classrooms

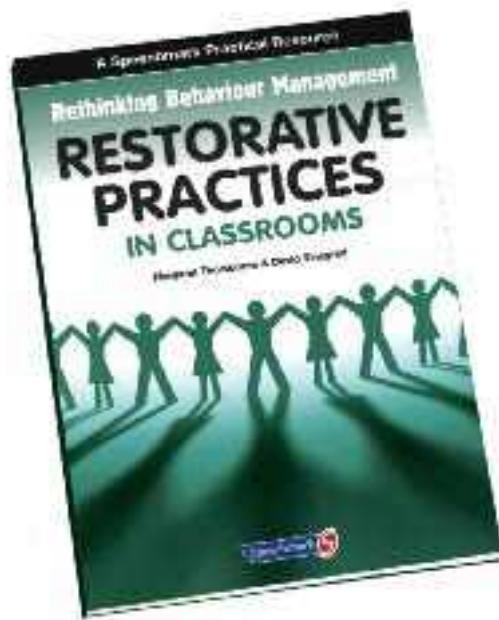
Margaret Thorsborne & David Vinegrad

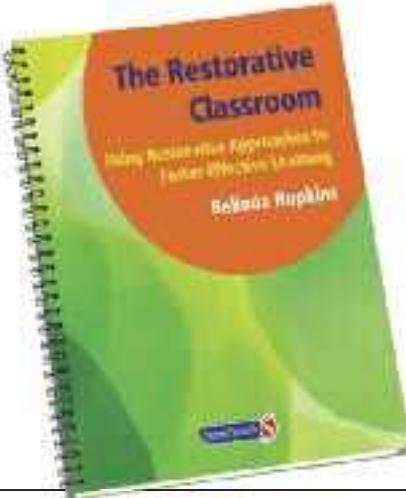
Rethinking behaviour management through the use of restorative justice methods in the classroom. This clearly presented manual takes practitioners in gradual stages through the harsh realities of confronting wrong-doing and injustice in school. The traditional approach seeks simply to apportion blame and punish the wrongdoer. There is now strong evidence that restorative justice can be effective in reducing problem behaviour, and in engendering a sense of fairness and justice among all stakeholders in the school community. The book provides:

- An explanation of restorative justice and behaviour management
- A wide range of restorative practice measures
- Step-by-step instructions for planning and facilitating individual, small group and whole class conferences
- Frequently asked questions and answers
- Key master documents that can be adapted
- Case studies.
- Full of practical suggestions and techniques for dealing with problem behaviour, whether trivial or serious.

AGE 11-18, Teachers FORMAT A4 (210 x 297), 74pp, paperback

ISBN 9780863886881 ORDER CODE E01-002-5462





The Restorative Classroom

Using Restorative Approaches to Foster Effective Learning

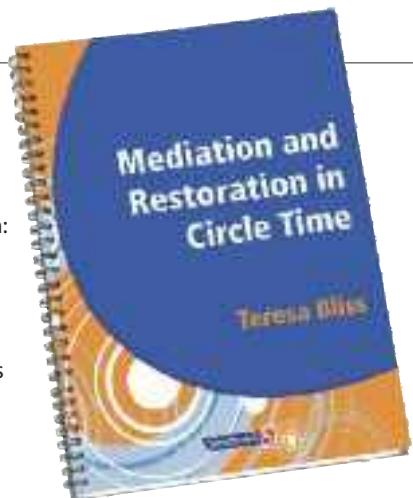
Belinda Hopkins

A book for teachers and teaching assistants who wish to apply restorative principles and practices in their day-to-day work with young people, and to foster effective learning in the classroom.

Includes resources for developing co-operation, empathy and respect in the classroom and encourages 'circle time' principles for curriculum delivery, providing examples from various subject areas.

AGE 11-18 FORMAT A4 (297 x 210mm), 150pp, wire-o-bound

ISBN 9781906517298 **ORDER CODE** E01-007-5839



Mediation and Restoration in Circle Time

Teresa Bliss

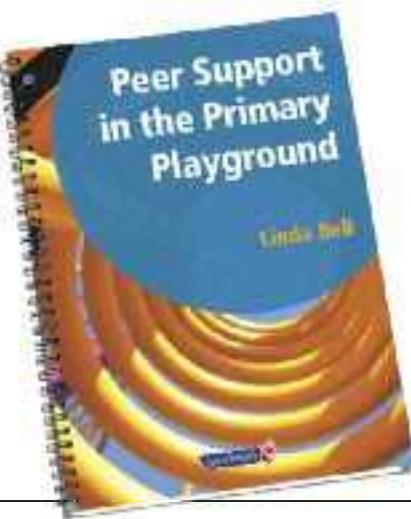
Mediation and Restoration in Circle Time will help increase participation and help develop emotional literacy. Evidence suggests that the processes of Restorative Justice and Mediation can:

- Improve the school climate by increasing understanding of rules
- Build a community capacity to respond to problem behaviour
- Increase the skills and self-awareness of all participants.

In this authoritative publication Teresa Bliss applies her experience and expertise to the processes of Circle Time. The book not only provides guidance on organising Circle Time sessions, but also looks at the Every Child Matters agenda.

AGE 8-16 FORMAT 139pp, A4, wire-o-bound

ISBN 9781906517052 **ORDER CODE** E01-007-5582



Peer Support in the Primary Playground

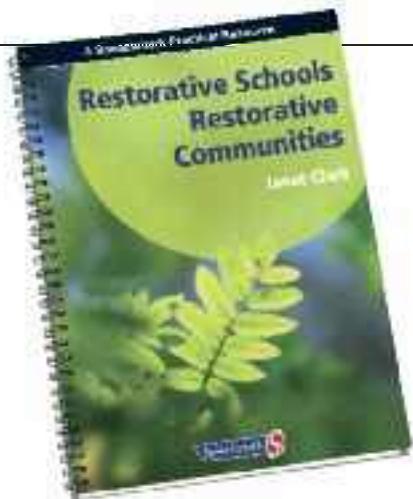
Linda Bell

An essential resource to develop playground relationships. Increasingly, schools are working to help children develop the skills to take charge of their own actions and to encourage responsible attitudes towards others in the school. The programme outlined in this book, 'Playground Champions', is a primary playground peer support initiative which:

- Trains older children to support their peers in solving issues in the playground by focusing on rebuilding relationships rather than apportioning blame
- Encourages children to see the viewpoint of others and to create their own mutually agreeable solutions
- Helps to establish emotional health and well-being, safety and happiness.

AGE 4-11 FORMAT A4 (297 x 210mm), 160pp, wire-o-bound

ISBN 9781906517151 **ORDER CODE** E01-007-5652



Restorative Schools, Restorative Communities

Janet Clark

This book is aimed at all professionals interested in developing restorative approaches in their school, from those considering starting to those who have implemented programmes and want to evaluate and improve their practice.

It guides the reader through the stages of evaluating their current restorative practice with a suggested framework of how to get started and how to evaluate progress, illuminated by case studies from across the UK. Topics covered include:

- Staff training and development • How to involve young people
- The role of the wider community and key players • How schools can work within the community • Including parents and carers

AGE 5-16 FORMAT 154pp, A4 (297 X 210mm), spiral bound + CD

ISBN 9781906517304 **ORDER CODE** E01- 007-5860 **PRICE** £46.25

Bunking Off or Staying In?

Resource to teach young people the consequences of truancy.

Susie Davis

This resource contains a set of lesson plans, game board and CD Rom for individual or group work, which allow young people to consider:

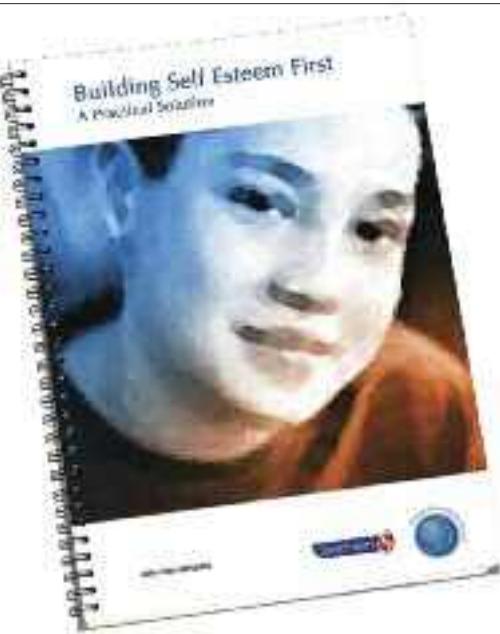
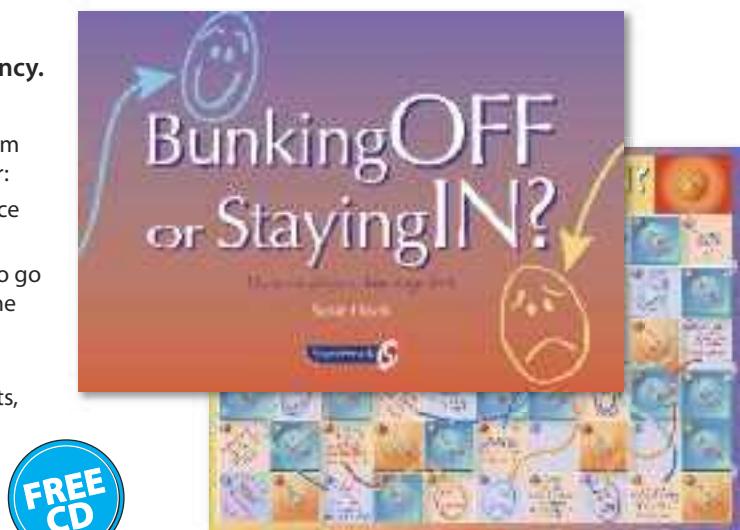
- Why they truant • How they'll feel when returning after an absence
- How teachers feel about them being there

It is designed to encourage an appreciation of why it is important to go and stay in school, and covers actions that can be taken to overcome factors such as boredom, problems with teachers, bullying and difficulties accessing the curriculum.

Motivating lessons, progress assessment, pro-forma letter to parents, photocopyable resource sheets, certificate, game board and components.

AGE 11-15 **FORMAT** Game, A4 manual + CD

ISBN 9780863887130 **ORDER CODE** E01- 003-5506



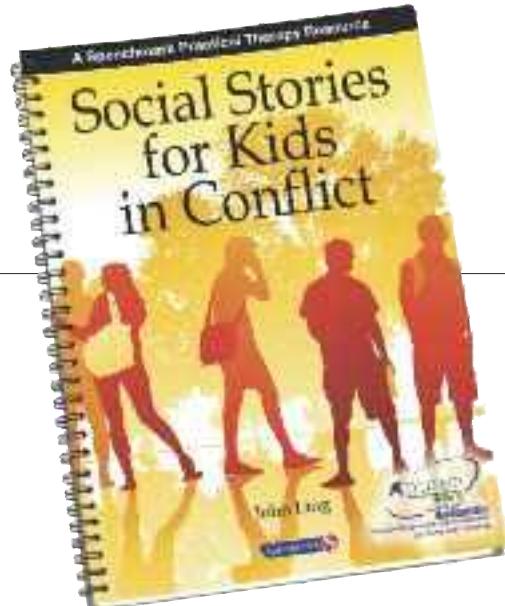
Building Self-Esteem First - A Practical Solution

Athy Demetriades

A must before tackling any learning tasks. This resource has made a positive impact on exclusion rates when used as part of the Personal Support Plan.

AGE All ages **FORMAT** 84pp (297 x 210mm), spiral bound

ISBN 9780863886966 **ORDER CODE** E01-002-5471



Social Stories for Kids in Conflict

John Ling

A practical guide to help young people improve their behaviour.

Designed to help all those who work and/or live with young people who have difficulties with their behaviours and relationships with others, this book is a practical guide to help young people become more aware of their behaviour and its effect on other people.

Focusing on mediation (including communication, the unblocking of channels, the breaking down of barriers, the righting of wrongs, making amends, and restorative justice), the book includes:

- Dialogues used by a neutral person to highlight difficulties and possible changes in behaviour.
- Cartoons and other visual techniques that can be used to present alternative ways to discuss problems.
- Examples of social stories covering personal stuff, daily routines, home life, social skills, homework, work and playtime, PE and games, as well as a guide to writing your own social stories.
- Powerpoint presentation for staff, parents and carers.

Developed from work with children and young people with Autism, Asperger Syndrome, and related conditions, as well as troubled young people with no named condition, the ideas and techniques, can be used and modified to help all young people to become more aware of their behaviour and its effect on other people.

AGE 3-16 **FORMAT** 240pp (297 x 210mm), spiral bound

ISBN 9780863887604 **ORDER CODE** E01-002-5659



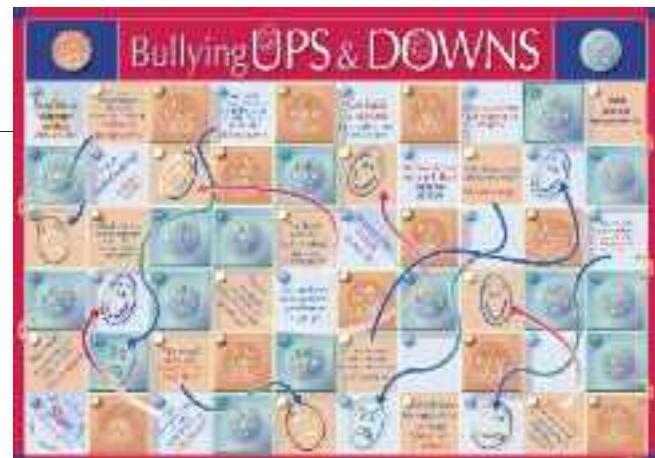
Don't Be Busted By The Bully! Poster

Martin Baines

Are you being bullied? This frank poster will inform students of what to do if they are being bullied and help them feel less alone.

AGE 11+ **FORMAT** 305 x 425mm, poster

ISBN 9780863888762 **ORDER CODE** E01-003-5499



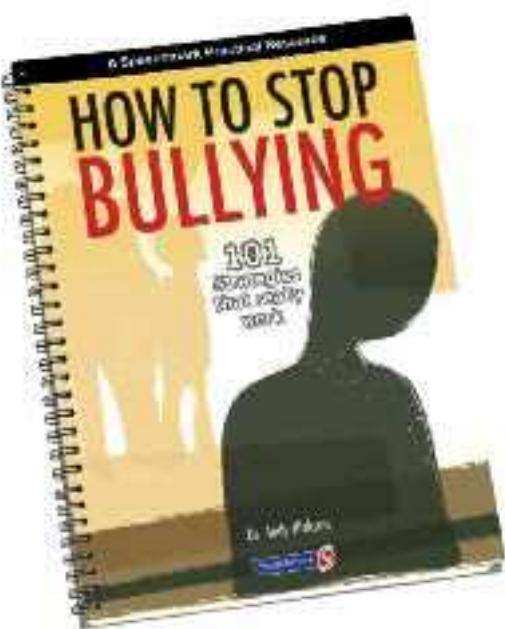
Bullying Ups and Downs? Game

Susie Davis

A fun boardgame that encourages secondary aged students to discover more about bullying, share their thoughts and experiences of it, and to consider its effects on those who are bullied. Perfect for opening up group discussions about key issues, such as cyber bullying and homophobic bullying.

AGE 11-16 **CONTAINS** Boardgame (395 x 275 x 30mm) + instructions

ISBN 9780863887475 **ORDER CODE** E01-003-5604



How to Stop Bullying

101 tried-and-tested strategies to deal with bullying

Andy Hickson

This is a practical workbook full of information and ideas on how to stop being bullied. It contains 101 ideas grouped into five sections:

- Practical and everyday ideas
- Longer term ideas
- Cyberbullying
- Fun ideas
- Advanced techniques

In addition, there is information on creating and updating an anti-bullying policy, warm-up games and activities for groupwork, as well as stories of bullying and their resolutions. This is an extremely useful resource for people who get bullied, teachers, health care professionals and parent.

AGE 5+ **FORMAT** A4 (297 x 210mm), 250pp, wire-o-bound

ISBN 9780863887758 **ORDER CODE** E01-002-5669

Understanding and Tackling Obesity: A Whole School Programme

Ruth MacConville

From an early age children are bombarded by the media with messages promoting foods high in saturated fats, sugars and salt. One of the greatest changes for children in the last 50 years is the decrease in exercise and the increase in 'screen' time.

This programme is not about dieting or weight control, instead it has been designed to be realistic and non-discriminatory, helping children from an early age to recognise and resist unhealthy pressures, maintain body-esteem and know how to make skilled choices that will ensure their health and wellbeing.

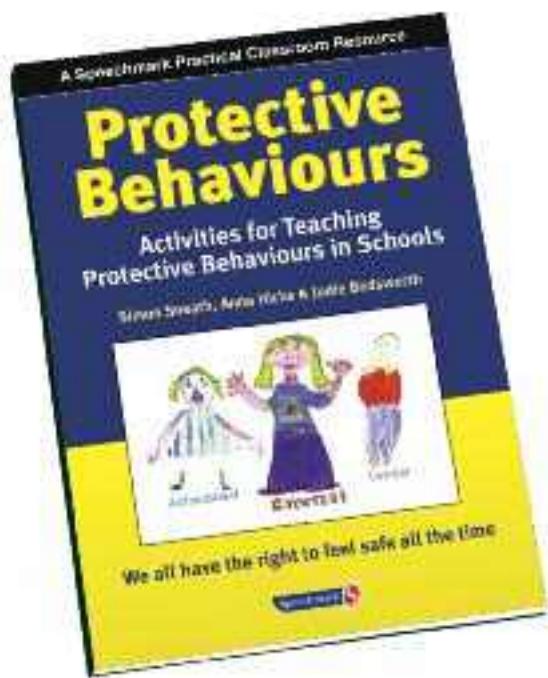
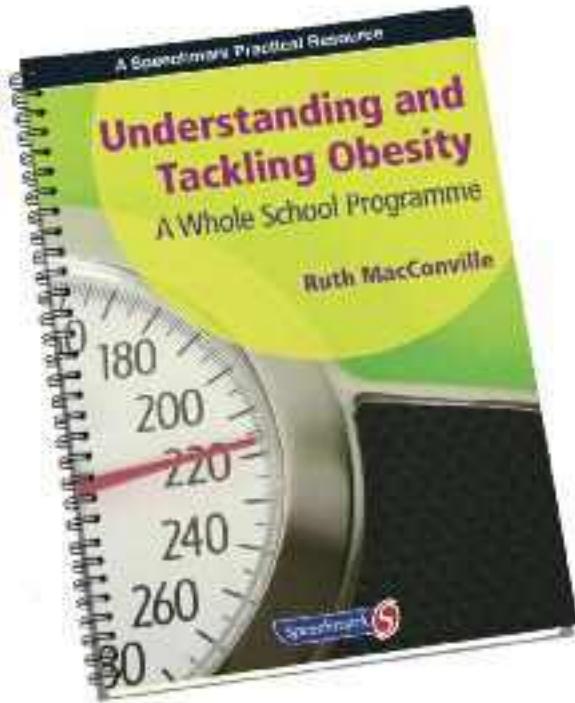
The 12 sessions cover topics including:

- What to eat
- Understanding food labels
- Media messages
- Get moving
- TV turnoff

A copiable resource, with a PowerPoint for staff training, full facilitator notes, 'take home' activities, and a weekly log where children record trying new foods and physical activities.

AGE 13+ **FORMAT** 188pp, A4, wire-o-bound + CD

ISBN 9781906517588 **ORDER CODE** E01-007-5904



Protective Behaviours

Activities for Teaching Protective Behaviours in Schools

Jodie Bodsworth, Anna Carter & Simon Sneath

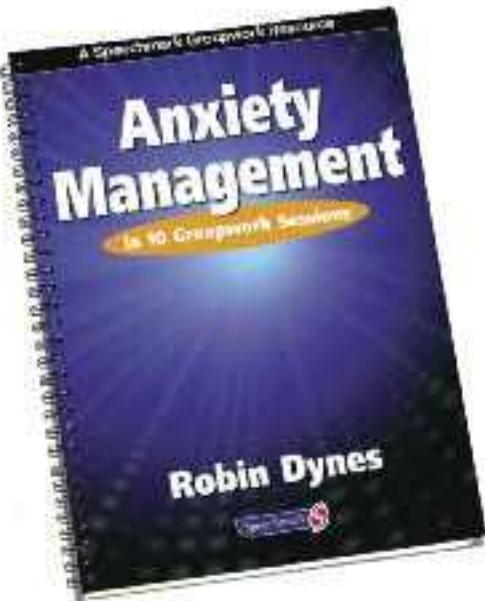
Protective Behaviours is a practical resource that has evolved from the tried and tested ideas and experience of a group of teachers. The book contains whole-lesson plans and lists of activity suggestions which can be adapted to suit children's ages and needs, and are intended as a reference for using the Protective Behaviours process. It will help children to:

- Make safer choices
- Stand up to bullying behaviours
- Deal with transition and change
- Cope with divorce, loss and separation
- Develop a vocabulary of feelings.

The activities are linked to different themes and coded to suggest suitable age groups and group sizes. The book includes a brief explanation of the Protective Behaviours process.

AGE 3-11 **FORMAT** 80pp, A4, photocopyable wire-o-bound

ISBN 9780863886768 **ORDER CODE** E01-002-5555



Anxiety Management

Robin Dynes

Designed for anyone wanting to develop an anxiety management programme for use with groups or individuals, this practical handbook will be invaluable to anyone who is called upon to respond to people who have anxiety problems. It is divided into two parts:

- Part 1: Information for anxiety management training.
- Part 2: 10 chapters each looking at specific aspect of anxiety management.

This is an invaluable working manual which will help everyone understand anxiety and to explore techniques for successfully controlling it.

AGE 13+ FORMAT 256pp (297 x 210mm), spiral bound

ISBN 9780863882227 **ORDER CODE** E01-002-4178

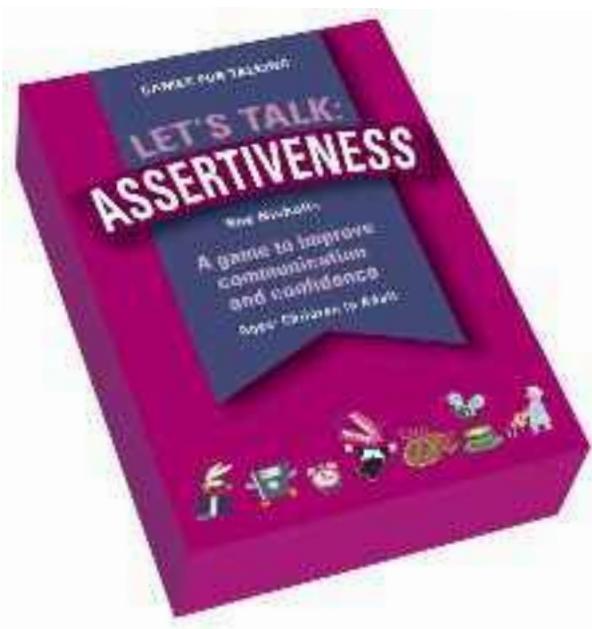
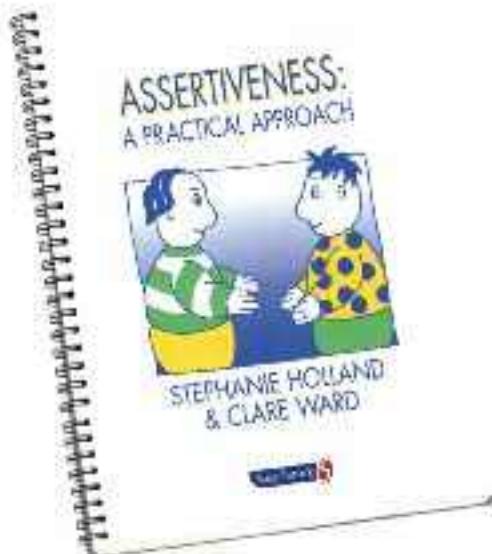
Assertiveness

Stephanie Holland & Clare Ward

This highly successful title offers an opportunity for professionals from all backgrounds to develop an understanding of assertiveness, which has been shown to be therapeutically advantageous for all kinds of client groups and can be useful in many contexts. It is a highly practical working manual from which you can apply the principles of assertiveness both to yourself and to your clients.

AGE 11+ **FORMAT** 120pp, wire-o-bound

ISBN 9780863883798 **ORDER CODE** E01-002-0855



Let's Talk: Assertiveness

Sue Nicholls

The pack comes in six sections:

- Is this behaviour assertive, passive or aggressive? (Examples of different behaviours and beliefs)
- Give an example of... (Participants reflect on their own experiences to explore assertiveness issues)
- Change this to being assertive (Changing passive and aggressive body language and response to assertive ones)
- Discussion cards (To get participants thinking about ideas behind assertiveness and motivations for becoming assertive)
- When could you use this strategy? (Practical suggestions for being more assertive)
- Situation cards: being assertive (Asking for ideas of an assertive response in different scenarios).

AGE 11+ **FORMAT** 78 cards, (115 x 75mm) +instructions boxed

ISBN 9780863888786 **ORDER CODE** E01-003-5584

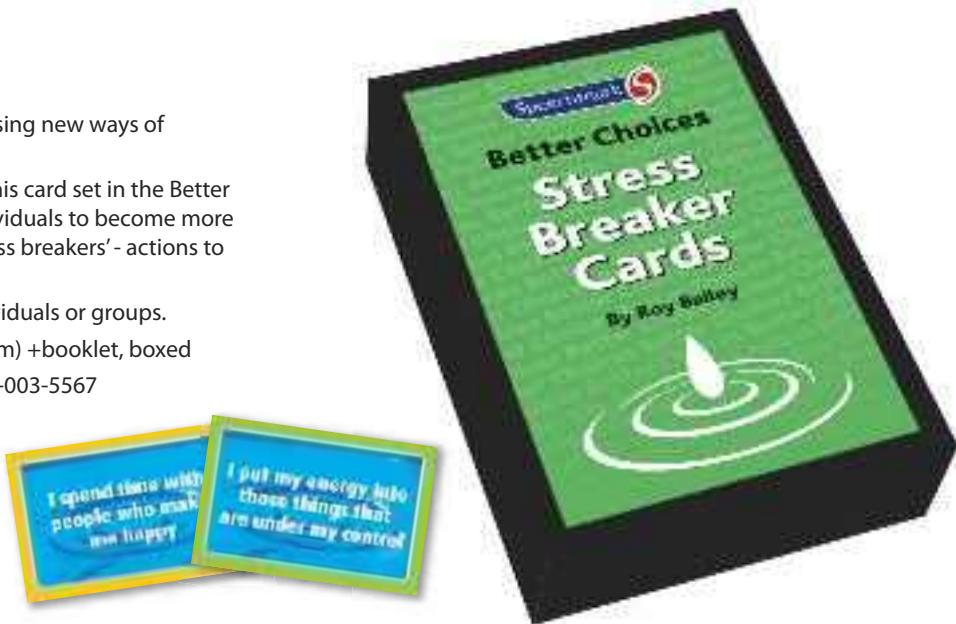
Stress Breaker Cards

Roy Bailey

- 50 cards to help manage stress by choosing new ways of thinking and acting.
- Managing stress is a matter of choice. This card set in the Better Choices series by Roy Bailey will help individuals to become more effective at managing stress by using 'stress breakers' - actions to cope with stress more effectively.
- Can be effectively used with either individuals or groups.

AGE 11+ **CONTAINS** 53 cards (128 x 80mm) +booklet, boxed

ISBN 9780863887628 **ORDER CODE** E01-003-5567



FREE
CD

Managing Stress

Tina Rae

This resource will provide young people with the opportunity to develop a range of self-reflection and problem-solving skills that will contribute towards the prevention of more problematic mental health problems in the future. They are introduced to concepts, skills and strategies that can be utilized throughout both adolescence and in their adult lives. This comprehensive set of training materials provide staff and prospective facilitators with opportunities to engage with and practice skills and techniques e.g.

- relaxation approaches
- prioritising and planning
- positive thinking
- self-nurture
- developing scripts
- organisational top-tips
- trigger identification

The students programme is further supported by strategy sheets, information sheets for students and parents, and advice on when and how to refer on to specialist agencies.

AGE 11-18 **FORMAT** 180pp, A4 wire-o-bound, CD

ISBN 9781906517441 **ORDER CODE** E01-007-5834

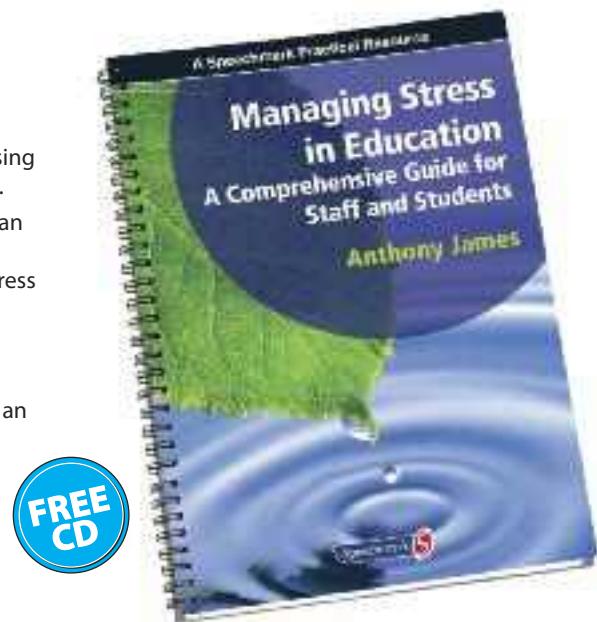
Managing Stress in Education

Anthony James

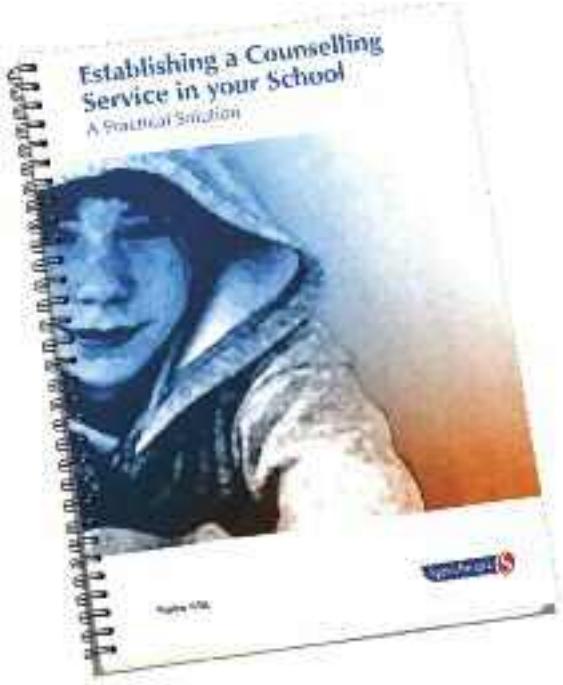
- A practical stress-management programme for use in schools and colleges using session plans and practical activities for staff and students across all Key Stages.
- Includes information on the signs of stress, what can trigger it and how you can develop resilience in your students. There is also material to help students and teachers to understand the behaviour of others under stress, particularly the stress that comes with exams.
- The programme enables schools to embed stress management into their curriculum, reducing stress levels over the long term.
- Activities, resources and staff development materials are downloadable from an accompanying CD.

AGE 4-18 **FORMAT** A4 (297 x 210mm), 274pp + CD, wire-o-bound

ISBN 9781906517250 **ORDER CODE** E01-007-5841



FREE
CD



Establishing a Counselling Service in your School

Emma Wills

Establishing a Counselling Service is essential reading if you are considering setting up a counselling service.

Contents include:

- Planning and preparing; In motion
- improving the developing service; Evaluation and confidentiality issues;
- What the students say.

Includes photocopiable templates and forms.

AGE 11+ **FORMAT** 80pp (297 x 210mm), spiral bound

ISBN 9780863887338 **ORDER CODE** E01-002-5532

Whole-School Strategies for Anger Management

Michael Hymans

Practical materials for senior managers, teachers and support staff

This resource provides a comprehensive range of activities designed to tackle whole-school behaviour through focus on feelings and communication, conflict resolution, anger control and effective relationship skills.

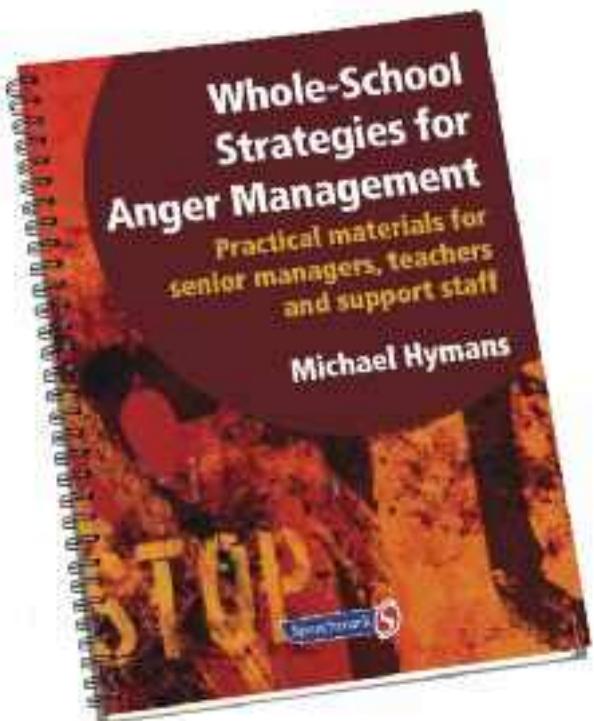
Whole-School Strategies for Anger Management will ensure you feel confident to deliver the changes necessary for a happy and secure learning environment. Starting from the premise that managers will structure the process, but that implementation will be carried out by staff, this resource provides support at several levels by:

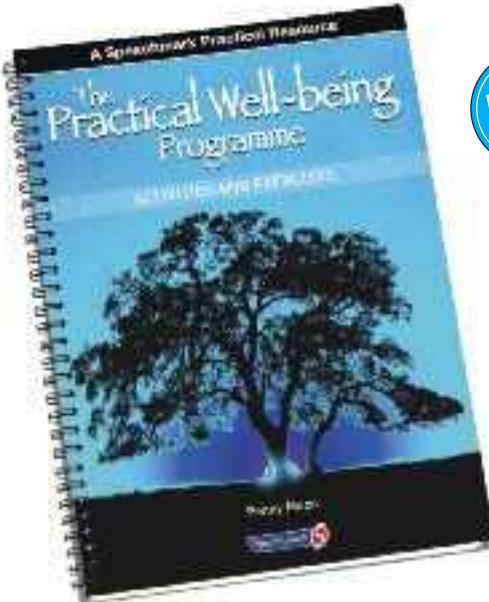
- Recognising the effects of staff behaviour on student outcomes
- Teaching the skills for problem-solving managing conflict and de-escalating angry behaviour
- Understanding the components of anger
- Setting up pupil anger management groups.

With a whole-school approach, this resource allows staff to consider the significance of their relationship with students and the various ways that anger can be managed throughout all aspects of school life.

AGE 11-18 **FORMAT** 191pp, A4 wire-o-bound, CD, includes staff training resources

ISBN 9781906517205 **ORDER CODE** E01-007-5704





FREE
CD

The Practical Wellbeing Programme

Penny Moon

This book introduces readers to the underlying principles and approaches associated with a holistic approach to well-being in educational and other social contexts. Originally a specialized 'within schools' programme of therapeutic support for pupils experiencing social, behavioural and /or emotional difficulties. Based on the concept of 'holism' in its fullest sense, it utilises both traditional and complementary approaches in support of the whole person - mind, emotions, body and spirit, in the context of their whole life, incorporating support for the individual, the family, school staff within the environment and where applicable, the wider community.

Each chapter contains developmental exercises.

AGE All ages **FORMAT** 162pp, A4, wire-o-bound + CD

ISBN 9780863889714 **ORDER CODE** E01-002-5900

Stillpoints for Children

Elaine Moreton

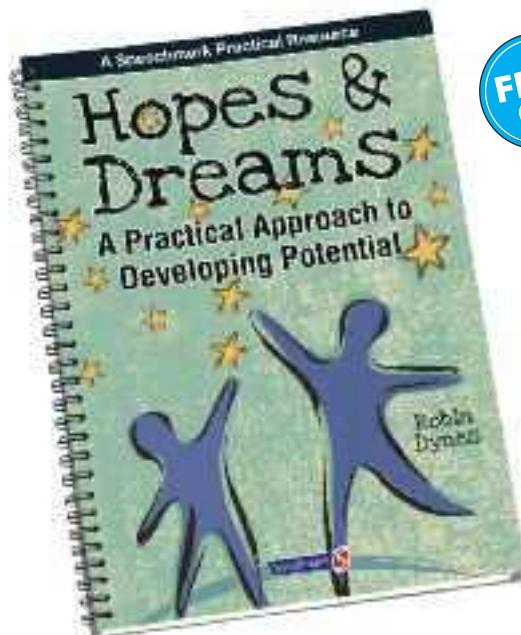
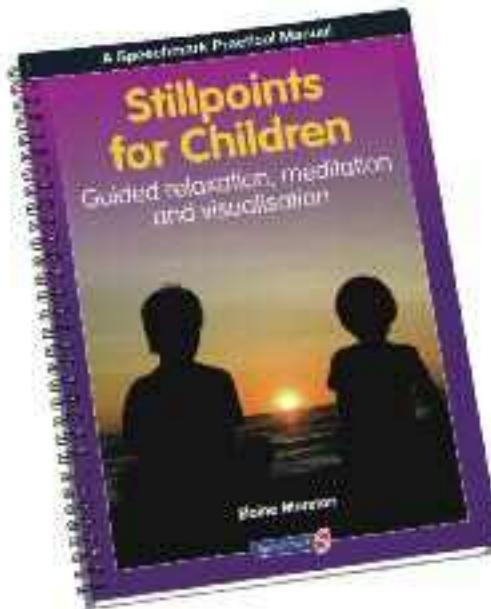
Guided relaxation, meditation and visualisation

This practical resource explains and demystifies relaxation, meditation and visualization and provides an educational rationale, backed up by case study material, that shows the benefits of helping children to develop 'stillpoints' in order to neutralise stress, develop a stronger sense of 'self' and create optimum learning states.

AGE 5+ **FORMAT** 70pp A4 wire-o-bound +CD

ISBN 9780863889042 **ORDER CODE** E01-002-5781

FREE
CD



FREE
CD

Hopes & Dreams - Developing Potential

Robin Dynes

This practical resource, developed through the experience of working with groups and individuals in adult education, youth services, day centres and rehabilitation centres, provides the tools to help individuals explore their ambitions, set goals and plan to achieve them, manage their lives and gain the skills to make their hopes and dreams a reality.

AGE 14+ **FORMAT** 190pp, A4, wire-o-bound +CD

ISBN 9780863889097 **ORDER CODE** E01-002-5786



Counselling with Reality Therapy 2nd Edition

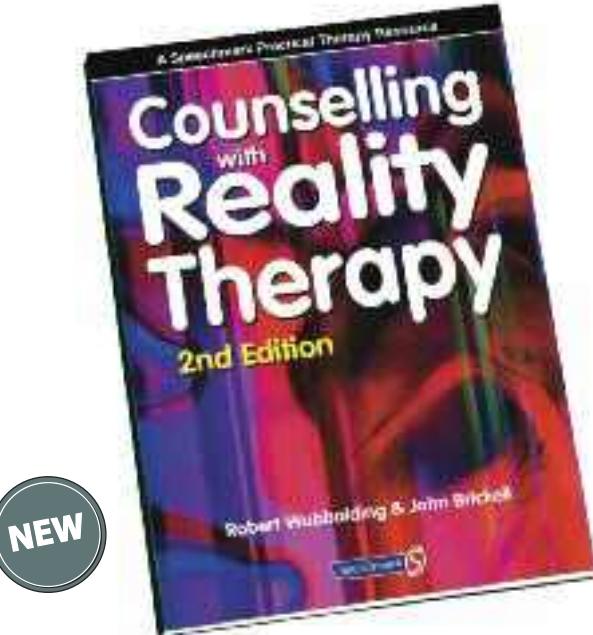
Robert Wubbolding & John Brickell

Reality therapy is a cognitive behavioural therapy method that continues to grow in popularity as a therapeutic approach owing to its wide applicability, its highly practical and interactive methodology, and its actual track record in counselling and helping people. This second edition forms an easy-to-use introduction to this approach and includes:

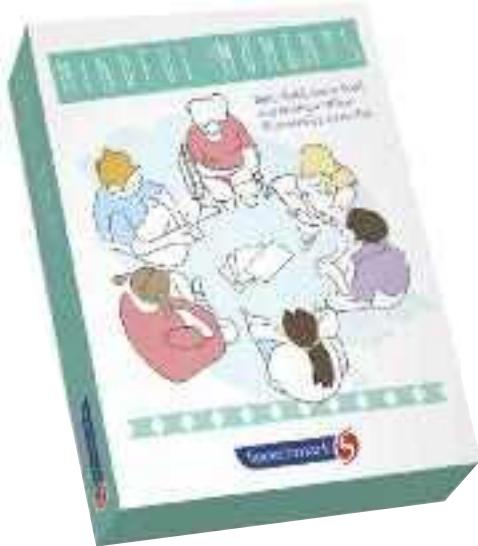
- A discussion of the concepts behind reality therapy, choice theory, the counselling environment, procedures and special applications;
- Information on how this approach has a wide application, including developing responsibility, motivation, self-esteem, improving relationships, dealing with discipline and problems and addictions;
- Details of how this technique can be used in schools, by the probation service, in prisons, at work, within clinics and the health service and in many other areas where counselling is necessary.

AGE All ages **FORMAT** 136pp (245 x 171mm), paperback

ISBN 9780863883385 **ORDER CODE** E01-002-3114



NEW



Mindful Moments

Betty Rudd & Maria Rudd

Mindfulness or 'mindful meditation' is a type of meditation that works on the mind. It is very easy to do and will help to achieve a calm and stable state of mind and allow contentment, peace and harmony through various areas of life.

Grounded in respect, compassion and acceptance, Mindful Moments can lead to noticeable benefits for the individual and the social dynamics of their environment.

AGE All ages **CONTAINS** 52 cards (148 x 105mm), boxed

ISBN 9780863889851 **ORDER CODE** E01-003-5919

Group Activities for Personal Development

Sheena Duboust & Pamela Knight

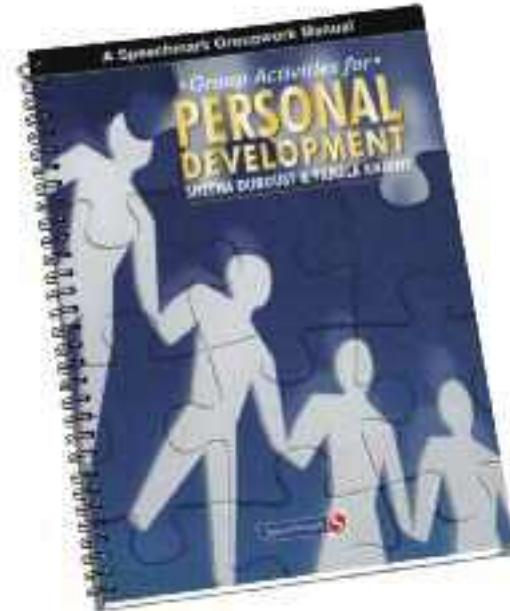
A vital collection of workshops for groups developing social skills and exploring relationships.

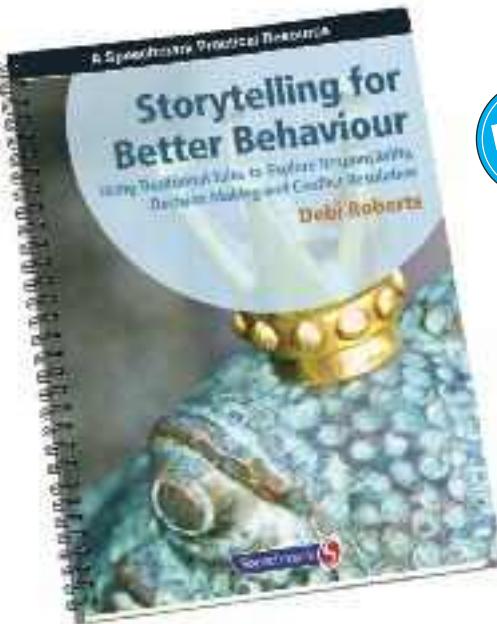
Aimed at professionals working with groups that are developing social skills and exploring relationships, this photocopyable handbook is a vital collection of workshops covering specific themes.

AGE 11+ **FORMAT** 116pp, A4, wire-o-bound

ISBN 9780863883378 **ORDER CODE** E01-002-2548

'A good resource book for those running groups; it is easy to use, is excellently presented and contains a wealth of ideas for a whole range of situations and client groups.' British Journal of Therapy and Rehabilitation





Storytelling for Better Behaviour

Using Traditional Tales to Explore Responsibility, Decision Making and Conflict Resolution

Debi Roberts

Exploring metaphor, story and myth is a great way to learn about responsibility, decision making and conflict resolution with children and young people. Using extracts from traditional tales, this book presents 35 teaching sessions, including thinking tools, such as graphic organisers and concept maps to help students develop their emotional literacy. The method helps children to:

- Improve language, communication and empathy
- Develop an understanding of conflict
- Realise that their behaviour is a choice and actions have consequences
- Includes guidance for all sessions, downloadable activity sheets on an accompanying CD, and a student PowerPoint presentation.

AGE 11-18 FORMAT A4 (297 x 210mm) + CD, wire-o-bound

ISBN 9781906517489 **ORDER CODE** E01-007-5848

Teach to Inspire Better Behaviour

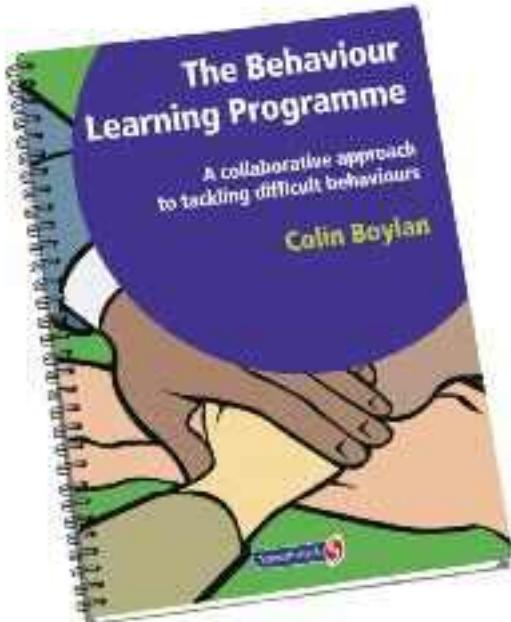
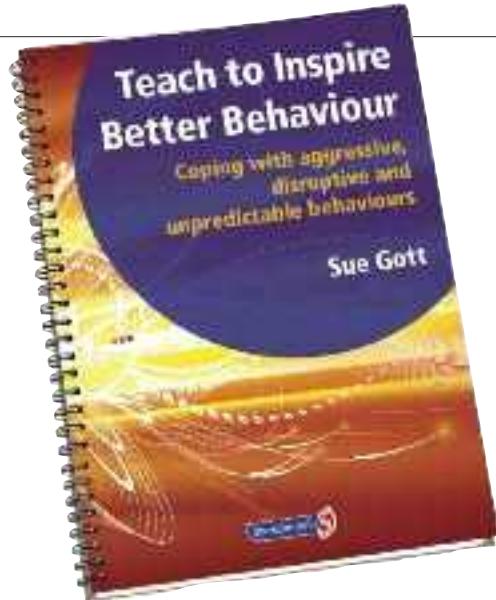
Sue Gott

Resource to enhance better behaviour in traumatised children. Teach to Inspire Better Behaviour deals with aggressive, disruptive or unpredictable behaviours across the primary age ranges.

The author focuses on the causes and the impact of traumatic life events linked with different stages of neurological and psychological development (including separation, illness, bereavement, neglect, abuse and inadequate limit setting in early childhood) in addition to the cumulative effects of classroom disruption on the mental health of both peers and adults.

AGE 5-11 FORMAT 170pp, A4 covered wire-o-bound

ISBN 9781906517199 **ORDER CODE** E01- 007-5636



The Behaviour Learning Programme

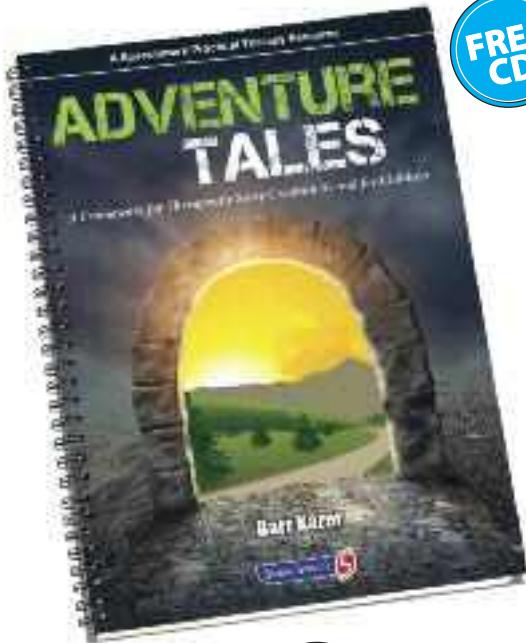
Colin Boylan

Practical resource to reduce inappropriate behaviour

- This innovative resource provides a practical programme of work to help young people with behavioural problems by approaching the subject as a learning difficulty, allowing for new behaviours to be taught.
- Looks at how to identify pupils at risk.
- Reduces inappropriate behaviour and covers areas such as routines and expectations, codes of conduct and positive behaviour.
- Provides a comprehensive series of lessons, including communication and concentration skills, group and cooperation skills, ownership of work and behaviour, and how to run a behaviour audit.

AGE 11+ **FORMAT** 150pp (297 x 210mm), wire-o-bound

ISBN 9781906517144 **ORDER CODE** E01-007-5698



Adventure Tales: A Practical Guide to Therapeutic Story Creation by and for Children

Barr Kazer

The Adventure Tales Resource is a practical guide to providing a weekly therapeutic storytelling group for troubled children aged 7-12 years, through one school term. The Guide provides a succinct, step by step method of setting up, organising and running a storytelling group. It facilitates the production of the finished story for the group. It offers ways of how to be therapeutically with the group. It includes practical administration support with photocopiable proforma such as letters to parents, evaluation sheets.

This practical resource will help:

- develop inter and intra relationships
- enhance emotional literacy
- resolve emotional issues
- improve ability to think round own problems
- improve tolerance of difference
- increase trust in others
- stimulate the imagination
- increase self esteem
- increase the ability to express views clearly and calmly
- increase confidence in literacy skills especially reading

AGE 7-12 FORMAT 297 x 210mm, 120pp + CD, wire-o-bound

ISBN 9781909301306 **ORDER CODE** E01-002-5991

NEW

How to Get on with Others Posters Set of 3

Martin Baines

Three posters full of advice and reminders on how to develop better relationships with other people. Display these eye-catching and colourful posters anywhere to help students learn how to improve their relationships with peers and adults. Suggestions include:

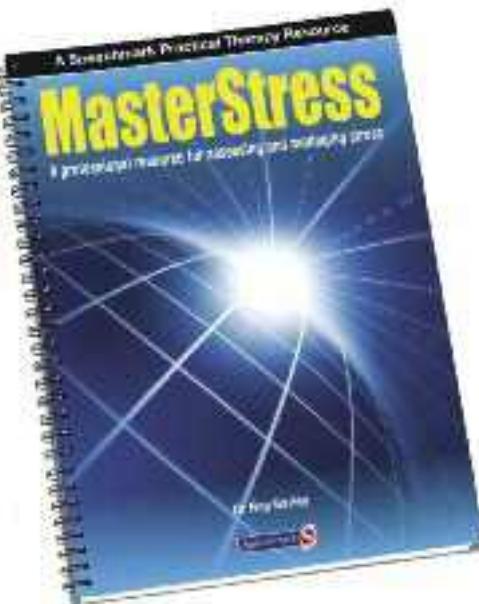
- Take time to listen!
- Remember that all people are created equal!
- Treat people how you want to be treated!

AGE 11-17 FORMAT 30.5 x 42.5cm,
3 poster

ISBN 9780863889004

ORDER CODE E01-003-5605





MasterStress

Roy Bailey

A comprehensive professional resource for assessing stress and delivering stress management interventions. This is an extensive resource for health practitioners to:

- Select the most appropriate stress assessment and stress management interventions for their clients.
- Enable their clients to engage in effective personal stress management.
- Empower clients to become more self-managing and, through their own efforts, manage unwanted stress.

This is an essential resource for all counsellors and therapists working with individuals or groups suffering from stress and maladaptive coping. Organised to suit busy professionals, it provides a clear knowledge base of stress, as well as a photocopyable resource of stress management interventions.

AGE All ages **FORMAT** 164pp, wire-o-bound

ISBN 9780863887598 **ORDER CODE** E01-002-5647

Stress Anxiety Depression

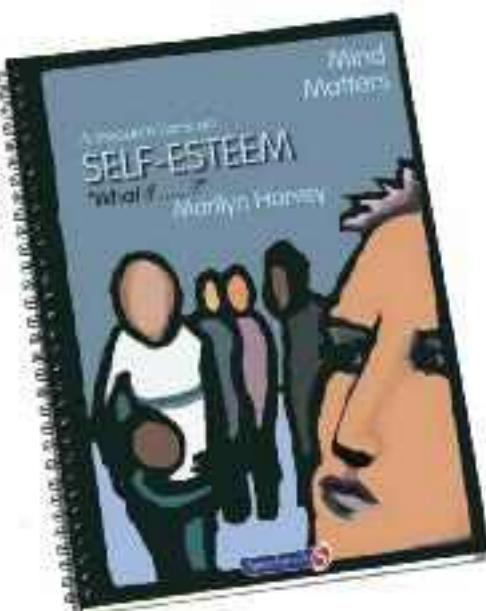
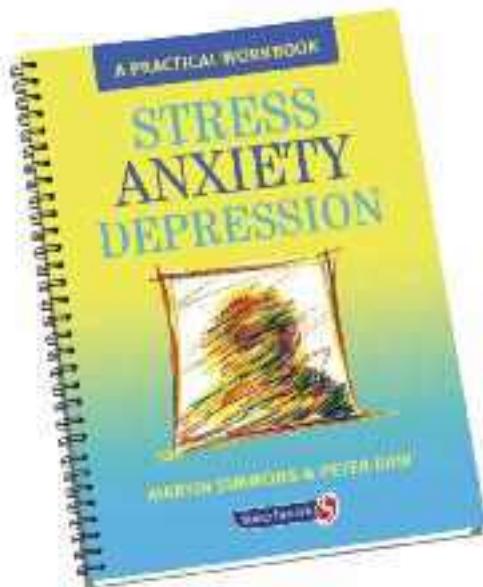
Martin Simmons & Peter Daw

Allowing clients to work on their own problems and at their own pace, this excellent title recognises that solving personal problems is a skill to be learnt just like any other. It teaches the reader the necessary skills and then guides the use of those skills through organised action plans and practical self help programmes.

'Through the series of self-help programmes which offer a wide range of coping techniques from which the appropriate one for personal needs can be selected will certainly help professional workers provide clients with the necessary skills to overcome.' Institute of Health Education Rec'd Pbk's Vol 33 No3

AGE 13+ **FORMAT** 172pp, wire-o-bound, 184 x 247mm

ISBN 9780863884153 **ORDER CODE** E01-002-1938



Mind Matters - Self Esteem

Marilyn Harvey

Focusing on self-esteem this title is designed to raise awareness among young people of caring for their own mental health and encouraging them to support others experiencing mental health problems. It is a resource bank containing:

- Exploration of the nature of self-esteem
- 10 activities you can use or adapt to a range of situations to increase young people's understanding of self-esteem
- Case study illustrating a successful project.
- Supports young people's learning of factors affecting their self-esteem. Includes tips on how to boost levels of self-confidence.

AGE 11-19 **FORMAT** 96pp (297 x 210mm) spiral bound

ISBN 9780863887154 **ORDER CODE** E01-002-5501



Concentration Assessment Profile

Roy Bailey & Elvie Brown

At last a practical and easy to use comprehensive resource for understanding, assessing and screening concentration difficulties in children and adults. This new assessment resource is based on the author extensive experience in the fields of clinical, developmental and educational psychology.

Features include:

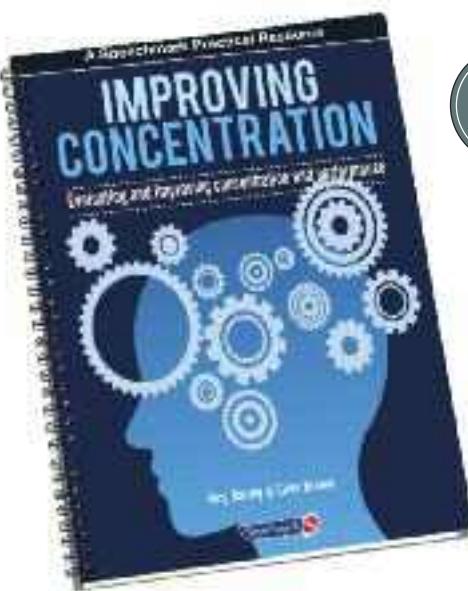
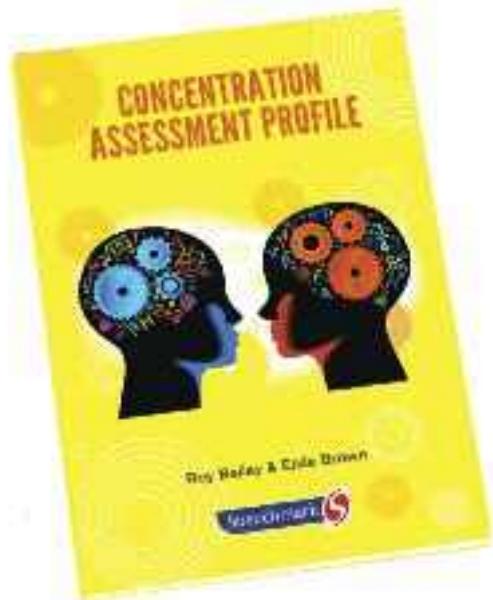
- Practical and easy to use • Suitable for children and adults • Takes only 5-15 minutes to complete

The concentration screening inventory allows you to:

- Rapidly screen for problems relating to concentration • Understand the 5 main domains of concentration difficulties • Obtain concentration profiles that inform assessment and intervention

AGE All ages **FORMAT** CD + booklet (210 x 148mm)

ISBN 9780863889110 **ORDER CODE** E01-003-5788



Improving Concentration

Roy Bailey

Improving Concentration has been designed to help individuals improve their concentration skills. It is aimed primarily at those taking on a training role in relation to the individual concerned. However, it can also be used by the individuals themselves as a self-help resource.

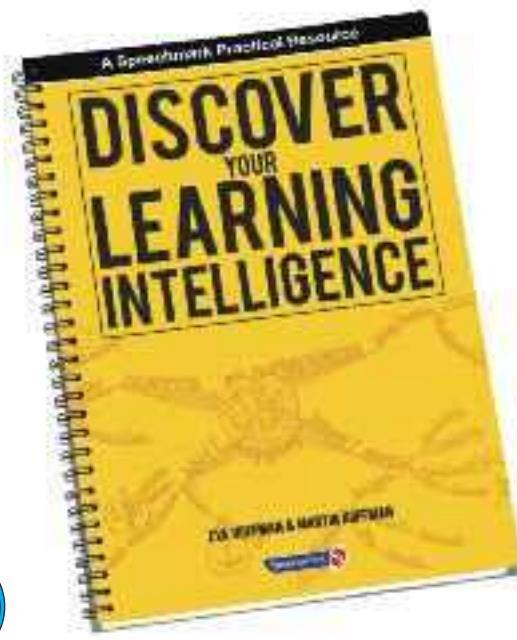
This resource will help trainers to convey to their students:

- An understanding of concentration • How concentration works for them • How to improve their concentration skills • How to manage concentration in relation to their performance.

This Psychological skills training resource is arranged in a format that is both easy to use and clear to follow. The activities can be used with both individual students and groups.

AGE All ages **FORMAT** 200pp, spiral bound

ISBN 9780863889103 **ORDER CODE** E01-002-5787



Discover Your Learning Intelligence

Eva Hoffman & Martin Hoffman

A must-have book to study, learn and revise using various innovative techniques, including mind mapping. Teaching is often delivered in a way that best suits the learning style of those teaching rather than the recipient. This book provides a first step to understanding your own unique and most effective learning strategies. Includes illustrations on how to use and a PowerPoint training tools. Easy to understand, comprehensive and rigorously tested. Includes:

- How to discover how you learn best • The importance of mind mapping – a powerful learning tool • How to boost memory

The author introduces a range of strategies to achieve the goal of becoming a more effective learner, for example STEPS:

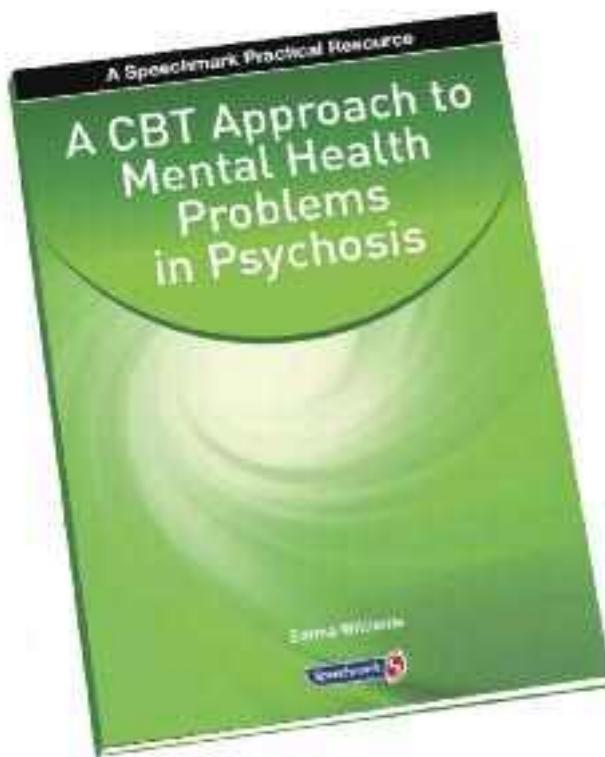
- 1 Select strategies and tips that appeal to you
- 2 Try out each one, ideally a few times
- 3 Evaluate their effectiveness (see whether they work)
- 4 Practise the ones that work
- 5 Savour your success!

This unique book focuses exclusively on learners and their learning. It includes a range of activities especially designed to empower the learner with knowledge about the variety of ways in which people learn.

AGE 11+ **FORMAT** 132pp, A4, wire-o-bound + CD with PowerPoint

ISBN 9780863889721 **ORDER CODE** E01-002-5901





A CBT Approach to Mental Health Problems in Psychosis

Emma Williams

This book draws together advances in the understanding, assessment and treatment of stress, negative symptoms, social anxiety, OCD, PTSD and mood disturbance in people with a diagnosis of psychosis providing a practical guide for clinicians.

CBT for psychosis draws on the principles and interventions developed for anxiety and depression and adapts these to treat psychotic symptoms. CBT for schizophrenia is now widely accepted as an effective treatment in the reduction of psychotic symptoms. A review of findings led the National Institute for Health and Clinical Excellence (NICE) to recommend offering CBT to all people with schizophrenia.

Content includes:

- The role of stress in psychosis
- Negative symptoms emotional, motivational and behavioural deficits
- Social anxiety disorder
- Obsessional compulsive disorder
- Post-traumatic stress disorder
- Mood disturbance in psychosis
- Client handouts

AGE 13+ FORMAT 174pp, paperback

ISBN 9780863889677 **ORDER CODE** E01-002-5896

The CBT Handbook

Dr. Catherine Evans-Jones

A comprehensive resource of photocopiable worksheets to aid therapeutic intervention.

Cognitive behavioural therapy (CBT) aims to help people overcome their emotional difficulties through helping them identify and change their thoughts and behaviour. CBT has been evaluated for a wide range of presenting problems and evidence of its efficacy found for depression, panic, agoraphobia, generalised anxiety disorder (GAD), specific phobia, social phobia, obsessive-compulsive disorder (OCD) and post-traumatic stress disorder (PTSD).

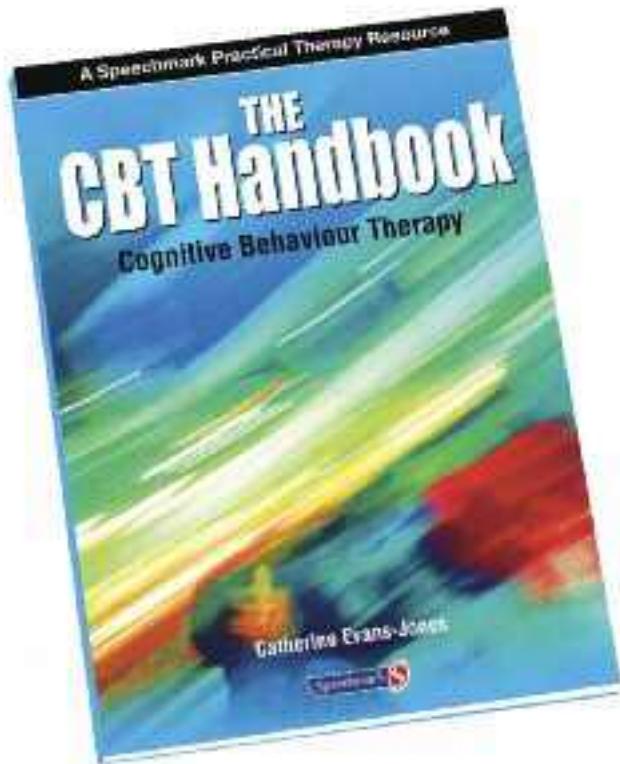
This eminently practical book provides more than 80 A4 photocopiable worksheets for cognitive behavioural therapists to use with clients. As well as covering the fundamental techniques of CBT, it supplies worksheets specific to presenting problems, such as OCD, panic and worry.

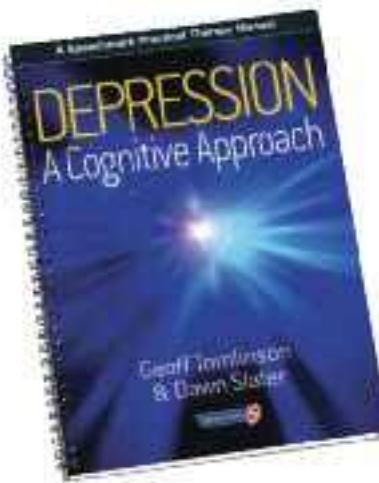
Worksheets are essential tools in CBT. They record events and patterns, provide new information, and suggest new ways of thinking and acting. The use of worksheets in CBT is an ongoing learning process for both therapists and clients.

This is a fantastic resource for all clinicians working within the cognitive behavioural model.

AGE 13+ FORMAT 171pp, wire-o-bound

ISBN 9780863887611 **ORDER CODE** E01-002-5660





Depression

Geoff Tomlinson & Dawn Slater

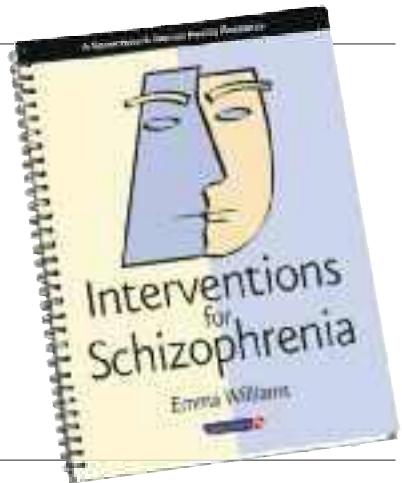
Based on cognitive behavioural psychotherapy, this resource book describes how to treat mild to moderate depression. Aimed at the professional with little or no experience of treating depression, it provides detailed instructions on recognising a client's profile of depression, identifying dysfunctional thinking patterns and following through the ten steps for treatment.

Divided into three parts - Part 1 contains basic information about depression, cognitive therapy and other approaches to treatment; Part 2 gives practical guidance in 10 steps to help clients overcome depression; and Part 3 provides additional information about sub-types of depression, drug treatment and the management of suicide and self-harm.

Suitable for use with groups as well as individuals.

AGE All ages **FORMAT** 183pp, A4, wire-o-bound

ISBN 9780863884030 **ORDER CODE** E01-002-5119



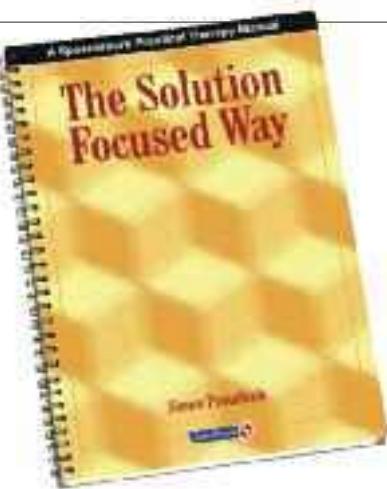
Interventions for Schizophrenia

Emma Williams

This step-by-step manual presents a flexible, five-module intervention programme to help clients with schizophrenia understand their illness. Using a broadly psycho-educational approach, the book draws on recent advances in the psychological understanding and management of schizophrenia, such as cognitive-behavioural techniques, to enable people with schizophrenia to cope with specific symptoms such as auditory hallucinations.

AGE All ages **FORMAT** 208pp, A4, wire-o-bound

ISBN 9780863884351 **ORDER CODE** E01-002-5137



The Solution Focused Way

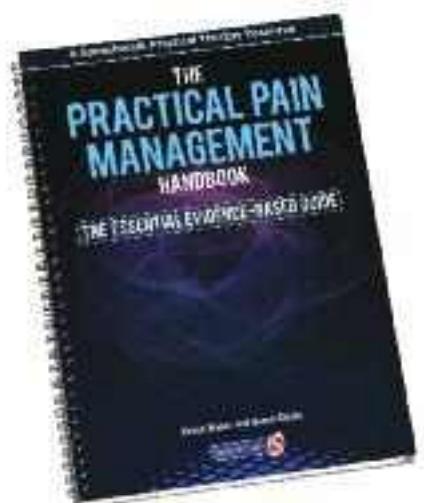
Simon Proudlock

A comprehensive step-by-step guide to incorporating solution focused techniques into everyday practice.

Solution focused therapy helps clients to identify how their lives would be without their problems by exploring current client resources and strengths, and their hopes for the future. Instead of dissecting the problem, it looks at what is different when the problem isn't happening or is less severe.

AGE 13+ **FORMAT** 160pp, A4, wire-o-bound

ISBN 9780863887536 **ORDER CODE** E01-002-5613



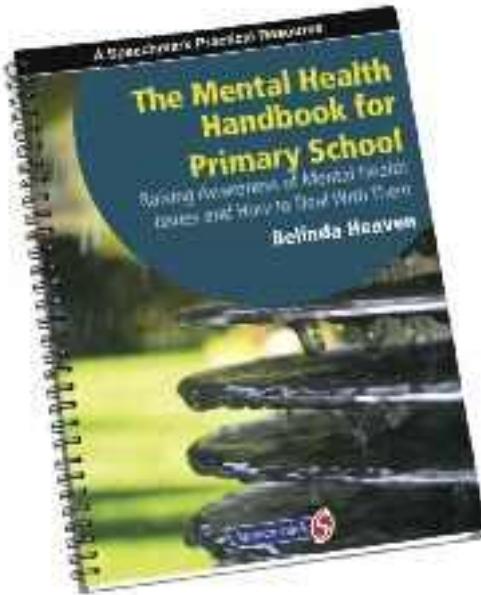
The Practical Pain Management Handbook

Karen Fisher and Susan Childs

Based on over 40 years' of experience and research The Practical Pain Management Handbook is a unique resource specifically designed for therapists involved in running Pain Management Programmes (PMPs). This engaging and effective handbook includes both standard Cognitive Behaviour Therapy (CBT) and Acceptance and Commitment Therapy (ACT) technologies.

AGE All ages **FORMAT** 216pp (297 x 210mm), spiral bound

ISBN 9781909301092 **ORDER CODE** E01-002-5963



The Mental Health Handbook for Primary School

Belinda Heaven

Educating children and young people about mental health is of vital importance if we are to challenge the ignorance and stigma related to this area of health. Many young people will be living in families where an adult member may have mental health problems or indeed may be facing similar problems themselves.

This book provides a comprehensive resource to help teachers deal sensitively with this important area.

AGE 5-11 FORMAT 232pp, A4, wire-o-bound

ISBN 9781906517496 **ORDER CODE** E01-007-5850

The Mental Health Handbook 3rd edition

Trevor Powell



This treasury of successful photocopiable handouts is sensibly organised for quick access in one convenient package. Now updated, the third edition incorporates the latest developments in Cognitive Behavioural Therapy and includes new pages, as well as expanded sections on Psychosis and OCD.

The handouts are designed to be photocopied or printed from the FREE CD Rom and handed to clients to supplement treatment programmes.

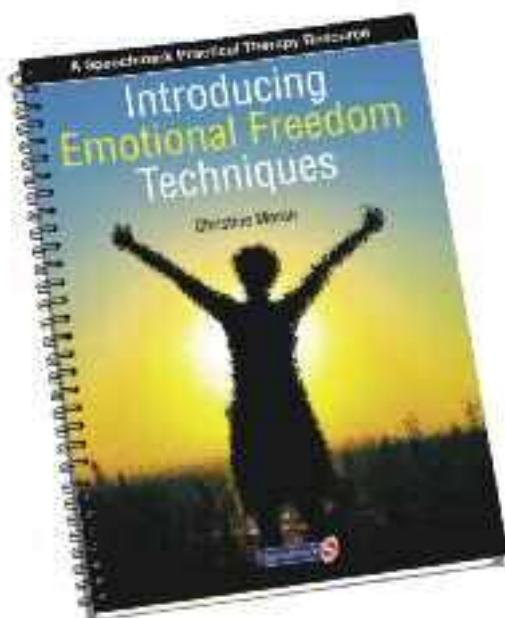
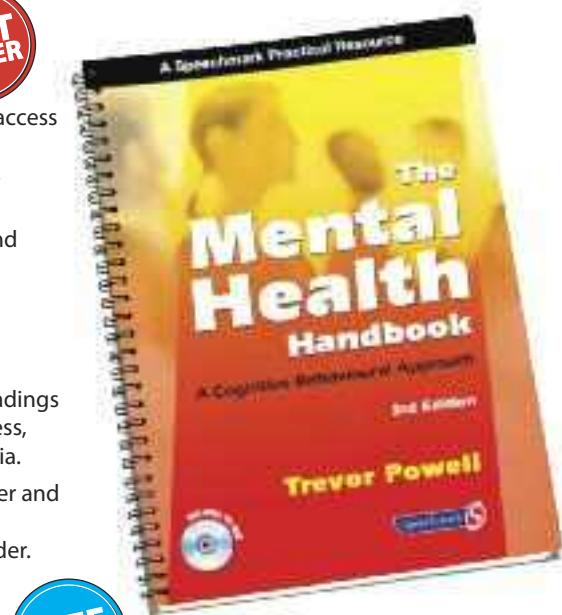
Now with more than 200 photocopiable sheets including graded practice sheets, checklists, behavioural symptoms questionnaires, rating scales, home assignments, analysis sheets, goal plans and self-monitoring exercises.

Includes handouts on a huge range of mental health issues, grouped under the headings of: Managing Anxiety, Assertiveness Training, Managing Depression, Managing Stress, Changing Habits & Behaviour, Coping with Psychosis, Bipolar Disorder and Dementia.

This revised edition contains extended sections on Obsessional Compulsive Disorder and Managing Psychosis, and new sections on Mindfulness, Resilience, Forgiveness, Responsibility, Behavioural Experiments, Guilt, Distress Tolerance and Bipolar Disorder.

AGE 13+ **FORMAT** 214pp, A4, illustrated, wire-o-bound + CD

ISBN 9780863887581 **ORDER CODE** E01-002-5622



Introducing Emotional Freedom Techniques

Christine Moran

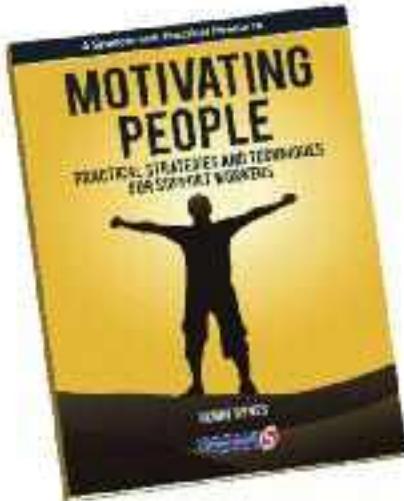
This book is a comprehensive information resource and 'how to' guide for health professionals and adults to introduce EFT into their day-to-day lives.

Emotional Freedom Techniques (EFT) is an energy therapy that is rapidly gaining recognition as a simple, yet very effective way to aid emotional and physical wellbeing. The techniques empower individuals to make their own changes in their thinking and feeling, by combining focus on an issue whilst tapping on the body's energy system. EFT provides highly flexible, easy-to-use and practical solutions for a huge range of emotional issues across all age groups.

Includes case examples of phobias, fears, issues around behaviour, confidence, health issues, speech problems, depression, stress, anger, addictions, abuse, performance issues and managing pain.

AGE All ages **FORMAT** 280pp, A4, wire-o-bound

ISBN 9780863887796 **ORDER CODE** E01-002-5663



Motivating People

Robin Dynes

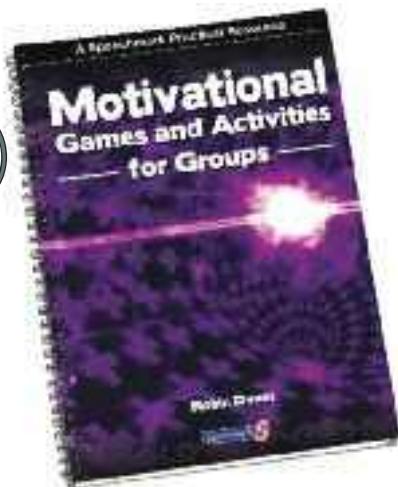
In all types of support services and care situations one of the biggest challenges is motivating people to change their behaviour. The strategies and techniques presented throughout this resource will help:

- Arouse their interest in making changes
- Encourage the consideration of change
- Support their planning for change
- Mentor the person through planned actions
- Ensure momentum is maintained
- Guide the person in making positive use of any relapses
- Make sure the change is successfully achieved

This is an invaluable resource for support workers, social workers, health workers, youth workers, probation officers, employment services, tutors and carers. The techniques can be applied when working with individuals or groups in all types of settings including residential homes, day centres, probation, education or youth work.

AGE All ages **FORMAT** 214pp, (245 x 171mm), paperback

ISBN 9780863889585 **ORDER CODE** E01-002-5875



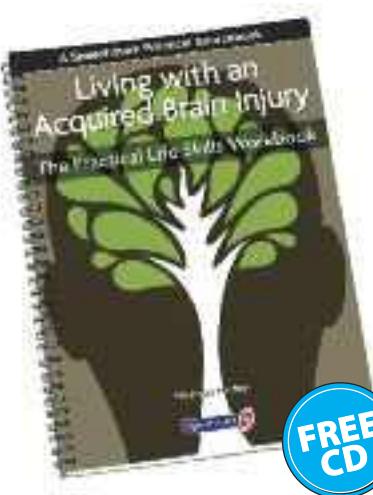
Motivational Games and Activities for Groups

Robin Dynes

How can you encourage people to be motivated? How can you create that sense of yearning to achieve or reach a goal? How can you energise and inspire group members? The excercises and activities in this resource will help you to motivate your team or the group with which you are working. The activities are organised in sections from which you can choose to meet particular group needs.

AGE All ages **FORMAT** 218pp, A4, wire-o-bound

ISBN 9780863889592 **ORDER CODE** E01-002-5876



Living with an Acquired Brain Injury

Nick Hedley

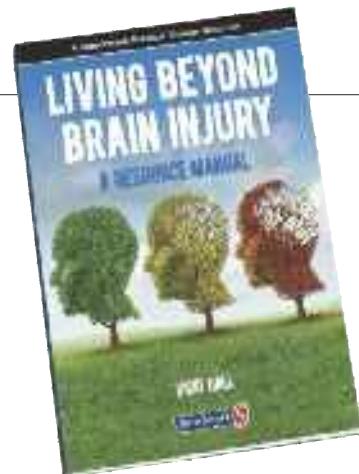
The Practical Life Skills workbook is designed for people who have recovered well enough from brain injury to prepare for a return to independent living. Using a very accessible and easy to read format which takes into account various learning styles resulting from brain injury, the sessions can be completed entirely at the pace that best suits the user.

- Exercises and tips described in the book cover
- Budgeting
- Reading and understanding bill terminology
- Route orientation
- Form filling
- Planning a night's entertainment

Designed to be completed over a ten week period, this book will represent a milestone in the journey towards living independently for many people, providing careful guidance with everyday tasks and activities that initially appear daunting. Includes a CD of comprehensive, downloadable activities.

AGE 8-18 **FORMAT** 134pp (297 x 210mm), spiral bound

ISBN 9780863888106 **ORDER CODE** E01-002-5725



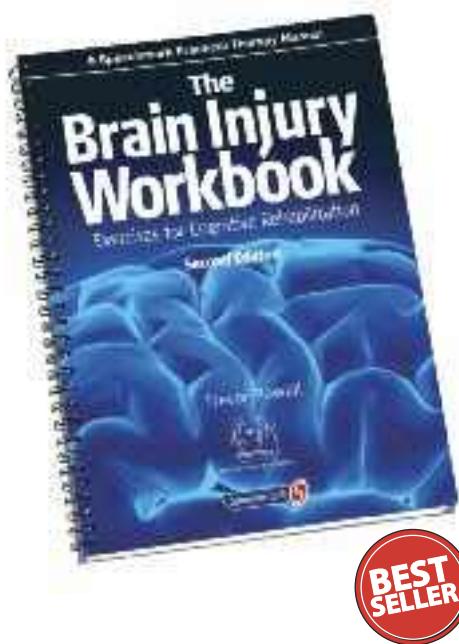
Living Beyond Brain Injury: A Resource Manual

Vicki Hall

A brain injury can have a dramatic effect on all areas of a person's life. This manual is designed to provide an understanding of some of the effects of a brain injury and how to manage them. It focuses on how brain injury may affect thinking skills (e.g. memory), emotions and other related areas (e.g. sleep, work and driving). This manual provides techniques based on psychological approaches, which have been shown to be effective with people who have experienced a brain injury.

AGE All ages **FORMAT** 96pp (245 x 171mm), paperback

ISBN 9781909301429 **ORDER CODE** E01-002-5988



The Brain Injury Workbook 2nd Edition

Trevor Powell

Evolved from working with head injured groups at Headway and those attempting to return to work, this is a rich, comprehensive and photocopiable workbook for professionals, carers and clients.

Primarily for professionals, the exercises and handout sheets can be photocopied and used therapeutically, The Brain Injury Workbook can also be used by carers or family members to provide stimulating activities for a head-injured person. In addition, the head-injured person themselves can work through the book on their own.

Contains over 140 cognitive rehabilitation exercises - tailored for memory, thinking skills, executive functions, awareness and insight, and emotional adjustment.

Provides more than 40 information sheets on key problem areas, with questions for the reader, designed to educate and stimulate thinking and discussion.

Suitable for both individuals and groups.

Includes questionnaires for clients to complete, with or without help, and quizzes to evaluate and encourage information retention.

AGE Adult **FORMAT** 256pp, A4 wire-o-bound +CD co-published with Headway

ISBN 9780863889783 **ORDER CODE** E01-002-5912

Head Injury

Trevor Powell

This popular and bestselling book has been brought up to date with the latest information on caring for someone with a head injury. It provides professionals, families and carers with a practical and down-to-earth guide to the hidden psychological, social, behavioural and emotional problems caused by head injury.

Practical, down-to-earth and written in a jargon-free style, it addresses the medical problems, rehabilitation and adjustment of individuals and families to the realities of life after head injury.

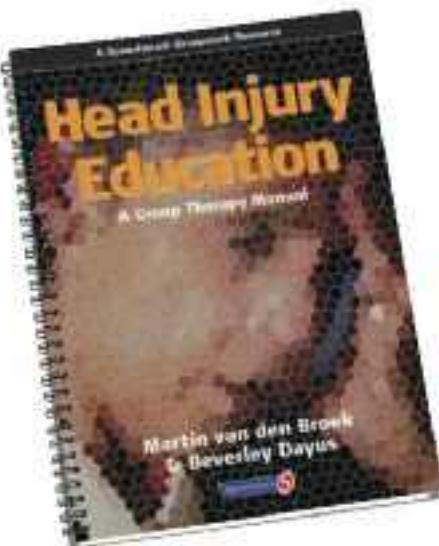
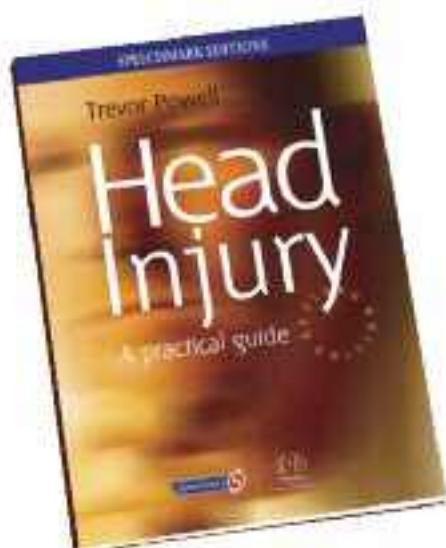
This revised edition includes a new additional final chapter on long term emotional adjustment, plus extended sections on: Other types of brain injury; Returning to work; Anger management; and improving insight and awareness.

Following on from the previous edition, this new and updated version will be an essential addition to the resources of all professionals working with people with a head injury.

'Introductory chapters are good and incorporate recent research.' Journal of Advanced Nursing

AGE Adult **FORMAT** 256pp, paperback

ISBN 9780863884511 **ORDER CODE** E01-002-5159



Head Injury Education

Martin van den Broek & Beverley Dayus

This practical manual outlines a head injury education therapy programme for use with groups of clients with traumatic brain injury (TBI).

The programme covers introduction to TBI; types of head injury; cognitive problems covering memory; attention and organising difficulties, cognitive self help strategies; emotional problems and their causes; emotional problems; identifying self help strategies ; interaction between cognitive and emotional problems; self help techniques.

- The 12 week head injury education programme includes photocopiable record sheets, overhead-projector masters; homework reading material and educational materials.
- The programme is sufficiently detailed to allow the user to implement it in their own clinical setting. Participants have the opportunity of engaging in group individual activities.
- The authors outline the causes and incidence of TBI as well as the cognitive, emotional and behavioural effects of brain damage, in particular they refer to the clients need for information and education and the problem of self-awareness following TBI.

AGE Adult **FORMAT** 108pp, A4, wire-o-bound

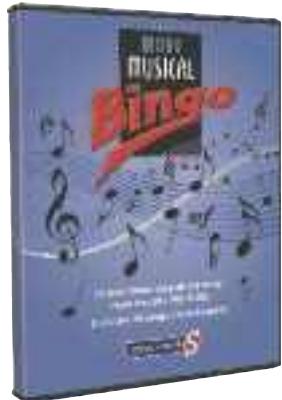
ISBN 9780863882296 **ORDER CODE** E01-002-4213



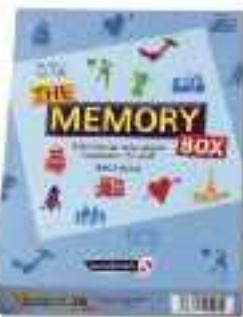
Welcome to Elderly Care

Engaging and inspiring games, activities, and practical resources for professionals who care for the elderly.

More new resources are available online at www.speechmark.net



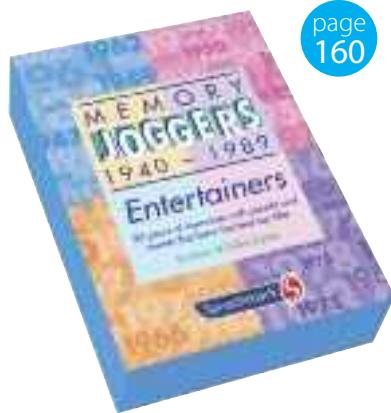
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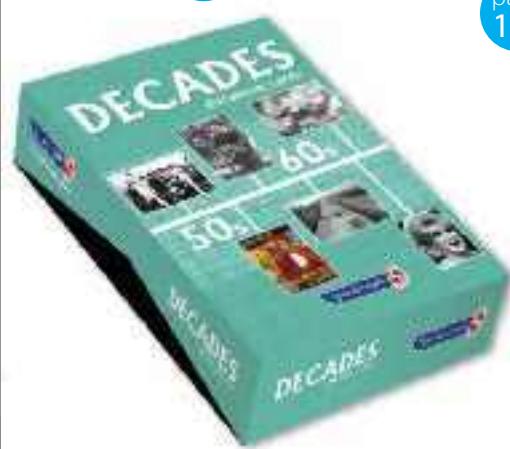
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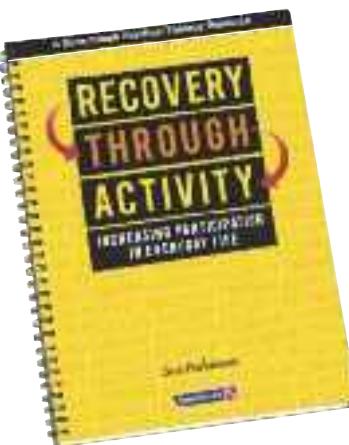


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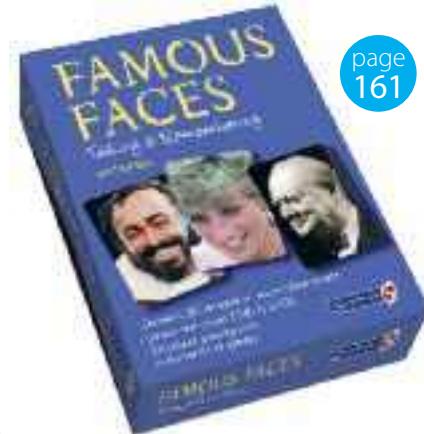


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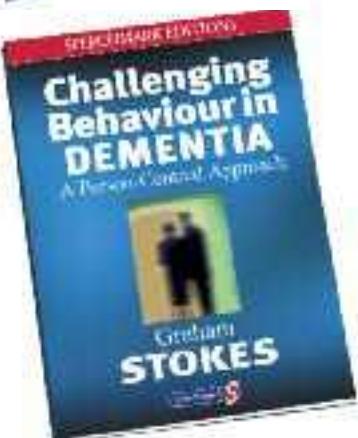
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More Musical Bingo

Presented in a new and easily portable style this collection of songs and boards of the ever popular game allows for great flexibility – simply print off the number of game sheets you require, switch on the CD and you're ready to play. When players match the song excerpt they hear with a title on their game sheet they simply mark with a cross as with conventional bingo games.

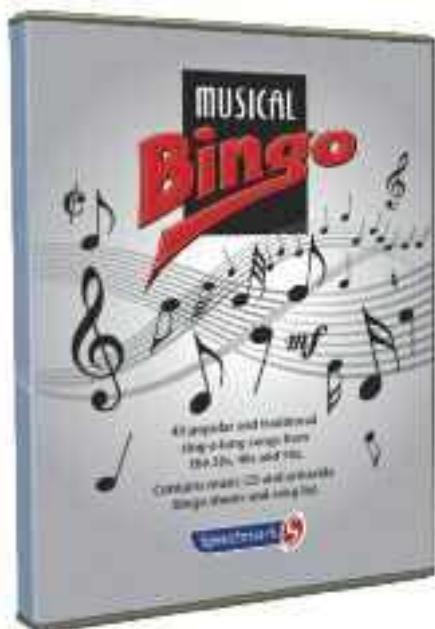
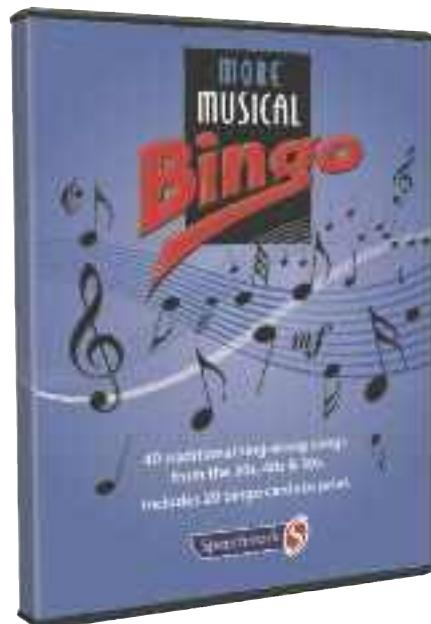
Each excerpt is between 10 and 30 seconds long allowing plenty of time to remember, identify and mark the song sheet. There are 40 songs in the game including:

- Yellow Submarine • The Last Waltz • You Made Me Love You • We Plough the Fields and Scatter • Yesterday • Red Red Robin

The perfect activity for day centres, residential care homes, clubs, family gatherings, parties and other groups of two or more people.

AGE Adults **FORMAT** For 2-20 players, game pack includes 2 CDs containing 40 songs; 20 individual game sheets; printable song list and a guidance booklet.

ISBN 9781909301481 **ORDER CODE** E01-003-6000



Musical Bingo CD

Musical Bingo is the perfect activity for day centres, residential care homes, clubs, family gatherings, parties and other groups of two or more people.

This revised and easily portable version of the ever popular game allows for great flexibility – simply print off the number of game sheets you require, switch on the CD and you're ready to play. When players match the song excerpt they hear with a title on their game sheet they simply mark with a cross as with conventional bingo games.

Musical Bingo can be used in many ways: to initiate sing-along sessions, as a musical quiz or as a gentle one-to-one activity. It is sure to spark interesting conversation and reminiscence, raising questions such as "Where did you first hear that song?" and "What memories does the song evoke?"

Each excerpt is between 10 and 30 seconds long allowing plenty of time to remember, identify and mark the song sheet. There are 40 songs in the game including:

- London Bridge is Falling Down • Greensleeves • Silent Night • Auld Lang Syne
- I'm Forever Blowing Bubbles • Jingle Bells

AGE Adults, 2-20 players **FORMAT** 2 CDs containing 40 songs; 20 individual game sheets; printable song list and a guidance booklet.

ISBN 9781909301504 **ORDER CODE** E01-003-6002

Musical Quiz

An easy-to-play game: simply listen to the first few bars of each song and then name that tune! Containing 80 favourite tunes from 1930s–1960s this CD resource is designed to bring back memories; you could even change the quiz into a sing along session!

Favorite tunes include:

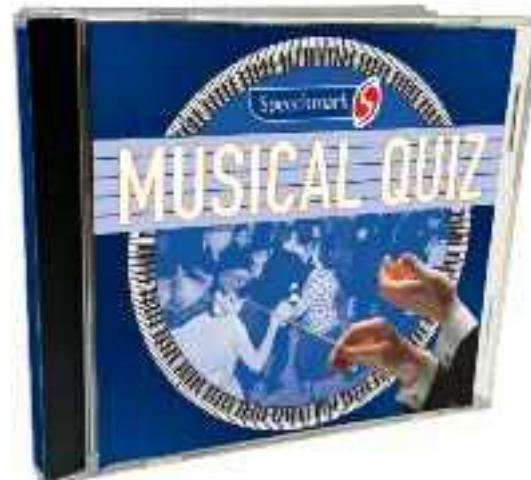
Born Free • Catch a Falling Star • You Are My Sunshine

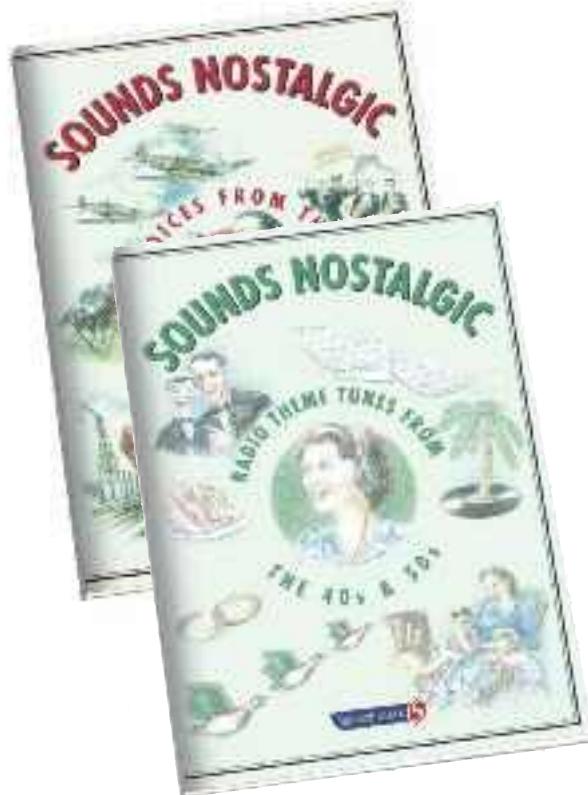
We'll Meet Again • Moon River • Zip a dee doo dah.

...can make a stimulating activity for any activity centre's quiz resources.' Music News

AGE Adult **FORMAT** CD

ISBN 9780863888502 **ORDER CODE** E01-003-4661





Sounds Nostalgic: Voices from the 40s & 50s

Sounds Nostalgic: Radio Theme Tunes from the 40s & 50s

These CDs have been especially compiled from BBC Radio archives and contains famous voices from the 1940s and 1950s. Each recording will jog the memory and inspire reminiscence.

Radio Theme Tunes from the 40s & 50s has been compiled from the BBC Sound Archives and contains excerpts of famous radio programme theme tunes from the 1940s and 1950s.

Designed to be used as a trigger for reminiscence work with older people, this CD provides a valuable stimulus for conversation.

AGE Adult **FORMAT** CD + notes for guidance + storage wallet

Voices from the 40s & 50s

ISBN 9780863888656 **ORDER CODE** E01-003-5228

Radio Theme Tunes from the 40s & 50s

ISBN 9780863888601 **ORDER CODE** E01-003-5227

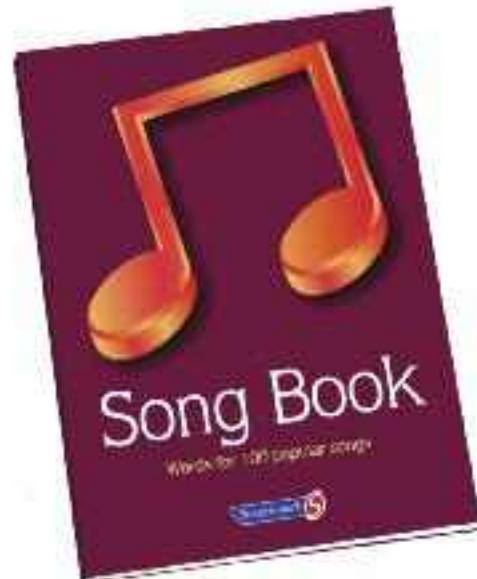
Song Book

Featuring large clear print, the Song Book contains the words to 100 popular songs ideal for group sing-along sessions. The book is divided into six sections:

- traditional folk songs
- choruses from old time variety
- songs from World War II
- post-war evergreens
- hymns
- Christmas songs

AGE Adult **FORMAT** A4 (297 x 210mm), 80pp, paperback

ISBN 9780863884115 **ORDER CODE** E01-002-0346

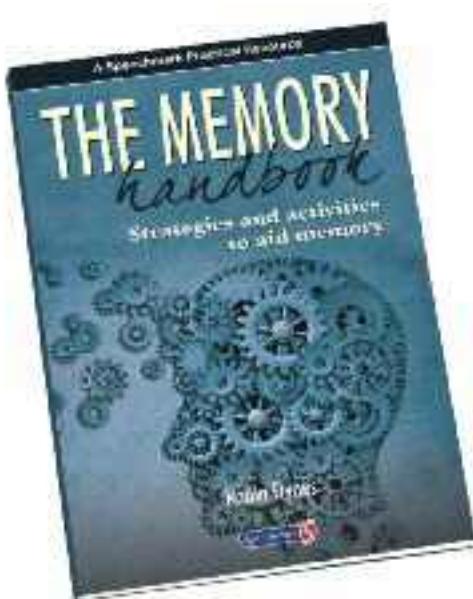


Sing Along CD

Specially recorded for those who may not have access to piano, this CD features 20 of the songs from the Song Book. Each song has a few introductory melodies to reacquaint the group with the tune.

AGE Adult **FORMAT** CD

ISBN 9780863887956 **ORDER CODE** E01-003-5717



The Memory Handbook

Robin Dynes

This is a handbook full of practical ideas to use with anyone who is experiencing mild to severe memory difficulties. The suggestions and activities can be used when working with individuals or groups. The strategies can, in fact, be used by anyone young or old, who has become worried about loss of memory.

The handbook provides:

- Information about how memory works and different types of memory
- An outline of what can affect memory
- Strategies to aid memory
- Activities to practice using the strategies
- Activities to keep the brain active and maintain memory.

The resource is aimed at staff in care environments such as residential homes, day centres, social clubs, support groups, carers or anyone who might be concerned about loss of memory. It promotes understanding about memory difficulties and provides a wide range of strategies and activities to aid response to individual need.

AGE Adult FORMAT 200pp, A4, wire-o-bound

ISBN 9780863889578 **ORDER CODE** E01-002-5874

The Memory Box

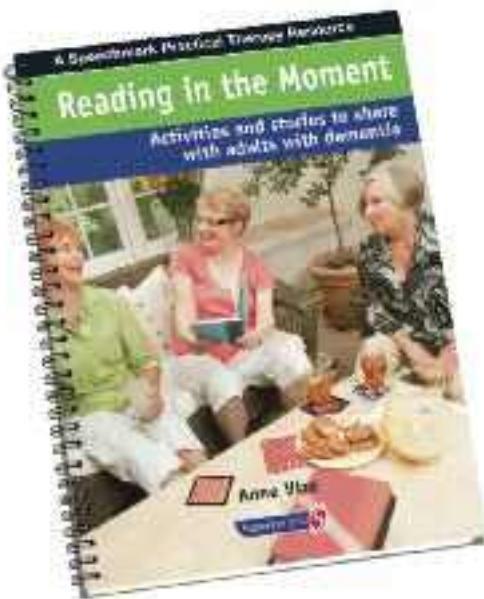
Robin Dynes

The Memory Box contains a guidebook and 120 discussion cards to inspire general reminiscence, produce memory diaries, put together guided autobiographies or to help encourage life reviews.

Ideal for use by anyone facilitating the process of reminiscence, the discussion cards cover twelve themes: family background; childhood and school days; adult life and children; working life; events; achievements; places; people; good times and bad times; favourite things; love and romance; and bits and pieces. The resource includes guidance on working with groups with learning difficulties, sensory or speech difficulties, dementia or bereavement, depression and illness.

AGE Adult CONTAINS 120 full colour cards, instruction booklet, boxed

ISBN 9780863885563 **ORDER CODE** E01-003-5281



Reading in the Moment

Anne Vize

Studies have shown that reading in a melodic and rhythmic voice can produce positive changes in mood, emotion and behaviour in those with dementia. This technique – known as bibliotherapy – is used in this book and has been tailored to help those who grew up during the 1930s through to the 1960s, as well providing for people of all cultures. While traditional literature, such as Dickens and Shakespeare might be beyond the literacy skills of many readers, and while poetry may not interest all, this book presents short stories, prose prompts and biographies which are written in a rhythmic and lyrical way to make communicating easier and more enjoyable. A focus on using short sentences, repeated language features and striking imagery which appeals to all the senses captures moments in time or action. Complex plots and multiple characters are avoided, as are excessively lengthy pieces. A detailed section on the background of how and what to read to those with dementia, as well as the research behind bibliotherapy. This section provides the evidence base for the reading activities and stories.

AGE Adults FORMAT 114pp, A4 (297 x 210mm), wire-o-bound

ISBN 9780863889813 **ORDER CODE** E01-002-5915



The Activity & Reminiscence Yearbook

Danny Walsh

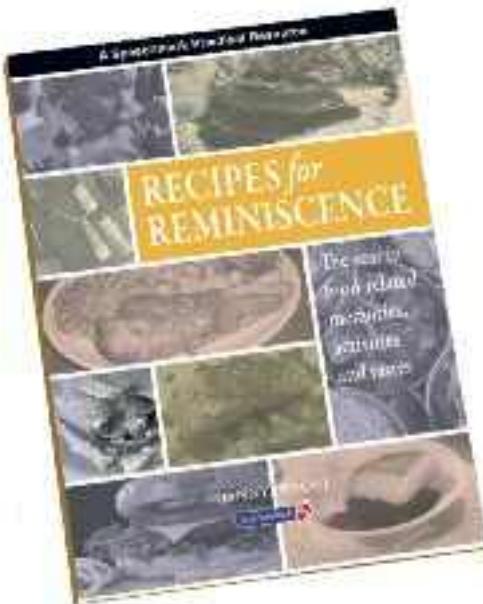
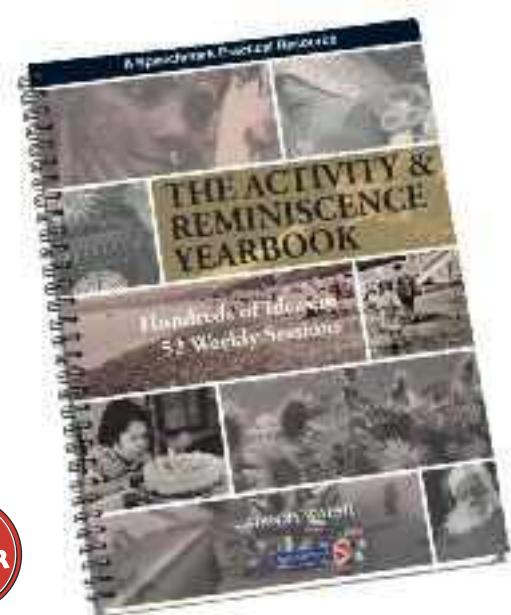
With hundreds of ideas for 52 weekly sessions, this is a bumper book of original resource material for reminiscence and activities with older people for use over the course of a year.

There is a theme for each week with corresponding ideas for social events, reminiscence, exercises and games, quizzes, art and crafts, as well as 'this week in history', 'good ideas', 'discussion topics', 'homework' and the option to personalise the week by recording local anniversaries and events alongside personal landmarks and details.

Relevant for both groups and individuals, including those with mental health and cognitive problems, some activities require some physical effort, others mental effort, but they are all adaptable to be fun and achievable. The book also includes an introduction to the nature and value of reminiscence and activities, and guidelines on 'how to do it'.

AGE Adult **FORMAT** A4 (297 x 210mm), 272pp ,wire-o-bound

ISBN 9780863884436 **ORDER CODE** E01-002-5148



Recipes for Reminiscence

Danny Walsh

Food plays an important and pleasurable part in our lives and triggers many memories. This interesting resource from the author of The Activity and Reminiscence Yearbook, explores our close relationship with food and its preparation. Linking the reminiscence ideas here with recipes enhances the recollection and allow participants to re-experience the tastes of the past. Each chapter includes recipes for food and drink across the decades, and around these have been woven activities, quizzes and reminiscence material including how food itself has changed and how kitchens, cooking, utensils, cookers, food styles, food fads in different decades, TV cooks, school meals, 'making do', snacks and so on have moved on. There are recipes for each week of the year paired to a reminiscence theme and an activity, presented in a weekly format ideal for activity organisers.

AGE Adult **FORMAT** 250pp (245 x 171mm) , paperback

ISBN 9780863889622 **ORDER CODE** E01-002-5879

Reminiscence

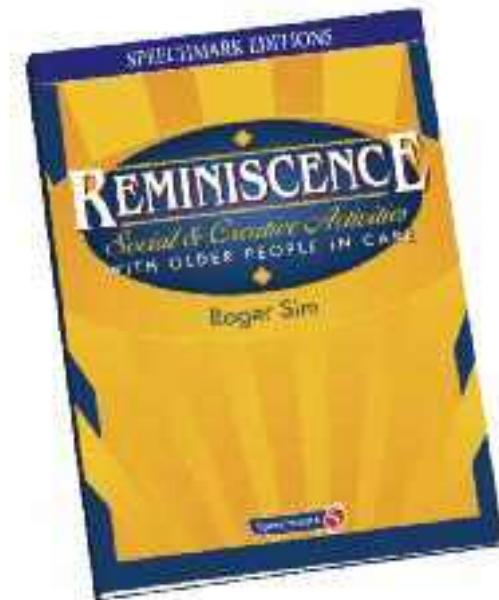
Roger Sim

Reminiscence sessions and associated activities are an appropriate and effective way of bringing pleasure, stimulation, meaning and purpose into the lives of older people in care. This indispensable manual describes a wealth of activity ideas as well as the principles behind reminiscence work.

'This very useful and informative book is an excellent source of the general theory and subsequent practice of reminiscence, which will provide a most helpful guide to care staff and managers working with the more able older person living in a care home! Sybil Gardiner, The Journal of Dementia Care'

AGE Adults **FORMAT** 240pp (245 x 171mm), paperback

ISBN 9780863884931 **ORDER CODE** E01-002-3396



The Reminiscence Skills Training Handbook

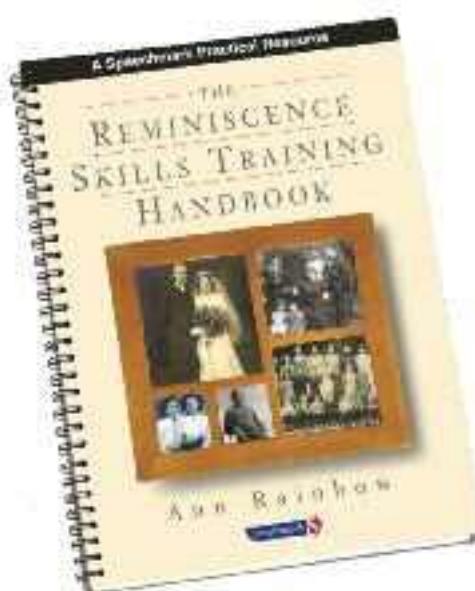
Ann Rainbow

This workbook will not only help to promote reminiscence work but also enhance everyday communication between carers and older people. It includes:

- How to set up, run and maintain group and individual reminiscence activities
- Training points and training activities for each section to enhance understanding by making links with the personal experience of the reader
- Emphasis on the role of reminiscence work in the social and emotional care of ethnic minority elders, people with dementia and older people who have been bereaved.

AGE Adult FORMAT A4 (297 x 210mm), 192pp, wire-o-bound

ISBN 9780863883132 **ORDER CODE** E01-002-5025



NEW

Reminiscing Our Heritage – the 70s to the Millennium

Danny Walsh

This book is designed to be used by anybody working with older adults in residential, nursing and day care facilities. It provides a wealth of reminiscence material which can be used in a number of ways to rekindle memories and provide stimulating activity such as quizzes and discussion.

Each year covered in the book is divided into the sections 'Major events', 'On the home front', 'Music', 'Television', 'Screen and page', 'Sport' and 'Do you remember?'. Many sections can be easily turned into quizzes and it would be simple to form a quiz from each year's material.

While the content has a UK bias, it also covers the major world events of the decades but I have included a blank page for each year for you to record your own personal landmarks and achievements and also those of your local town or community.

AGE Adults FORMAT 248pp, paperback

ISBN 9780863889899 **ORDER CODE** E01-002-5923

Reminiscence Cue Cards 50s/60s

Places, items and moments collected from the 50s and 60s to remind and engage

This set of cards looks back to the 50s and 60s, rediscovering everyday moments, possessions and activities that were prominent at that time.

The cards are particularly useful when used in conjunction with life history work sessions, especially to facilitate and develop the recollection and discussion of people, events, experiences and stories from the past.

The realistic and respectful cards are loosely grouped into Moments, Places, Possessions, and Activities, and are able bring memories to life to be shared with others.

Examples of cards include:

- Record player • Reel to reel tape recorder cards • 50s train carriage

AGE All ages **CONTAINS** 36 A5 Cards + booklet

ISBN 9781909301160 **ORDER CODE** E01-001-5951



NEW



The Reminiscence Quiz Book

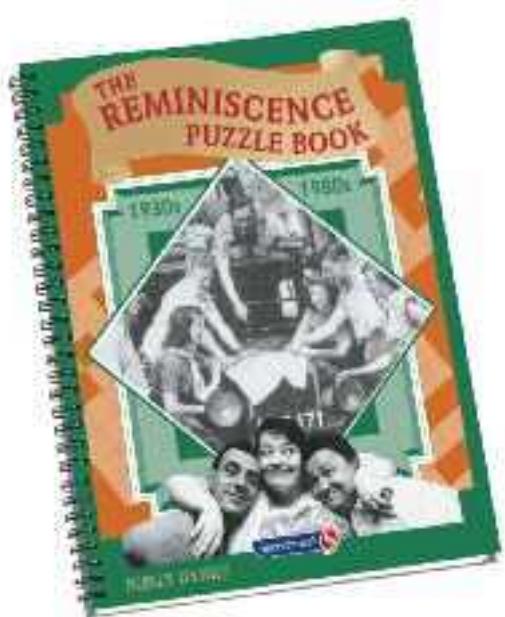
Mike Sherman

An enduringly popular, informative and unusual quiz book specifically produced for working with reminiscence groups. Covering 1930–1969, it draws on memories and experiences of daily life and recalls major events and celebrities. The book contains:

- More than 600 questions and answers covering four topics: news, people, entertainment and daily life
- Questions that can be adapted to all ages and abilities, and answers are supported by a wealth of background information: answers can be discussed to extend the activity

AGE Adult **FORMAT** 176pp (250 x 200mm), wire-o-bound

ISBN 9780863883521 **ORDER CODE** E01-002-0819



The Reminiscence Puzzle Book

Robin Dynes

Spanning 1930–1989, this is a practical and enjoyable puzzle book covering events, people, entertainment and everyday life and is designed to encourage group participation to recall and discuss their own personal experiences. Fully adaptable according to the needs and abilities of the individuals within the group.

Each decade contains six puzzles:

- Who did what? • Scramble • What happened? • True or false • What's the connection? • Famous people crossword

AGE Adult **FORMAT** 212pp (250 x 200mm), wire-o-bound

ISBN 9780863883484 **ORDER CODE** E01-002-2267



Memory Joggers: Entertainers

Memory Joggers: Royalty

Discussions inspired by flashcards is a wonderful way of animating any group and these sets on popular topics are bound to trigger treasured memories, create interaction and help stories flow. The high quality cards are in colour and black/white and includes brief biographical notes and ideas for use.

'Worthwhile additions to any care setting with elderly people for reminiscence and social interaction' British Journal of Occupation Therapy

The two titles in this series, Royalty and Entertainers, introduce one card for each year from 1940 to 1989.

AGE Adult **CONTAINS** 50 cards

Entertainers: ISBN 9780863883583 **ORDER CODE** E01-003-2549

Royalty: ISBN 9780863886553 **ORDER CODE** E01-003-2550

Life Times colorcards®:

World War Two

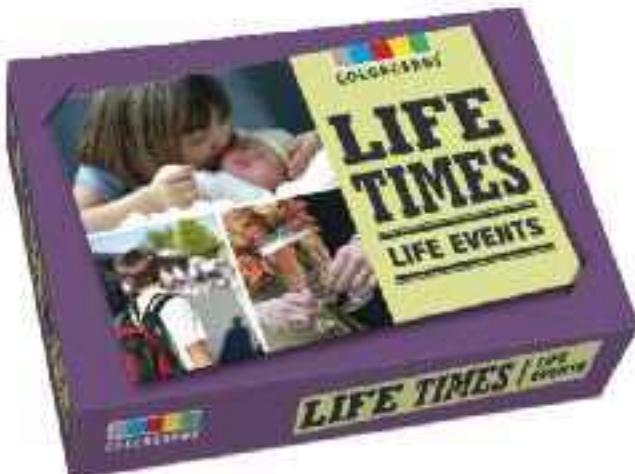
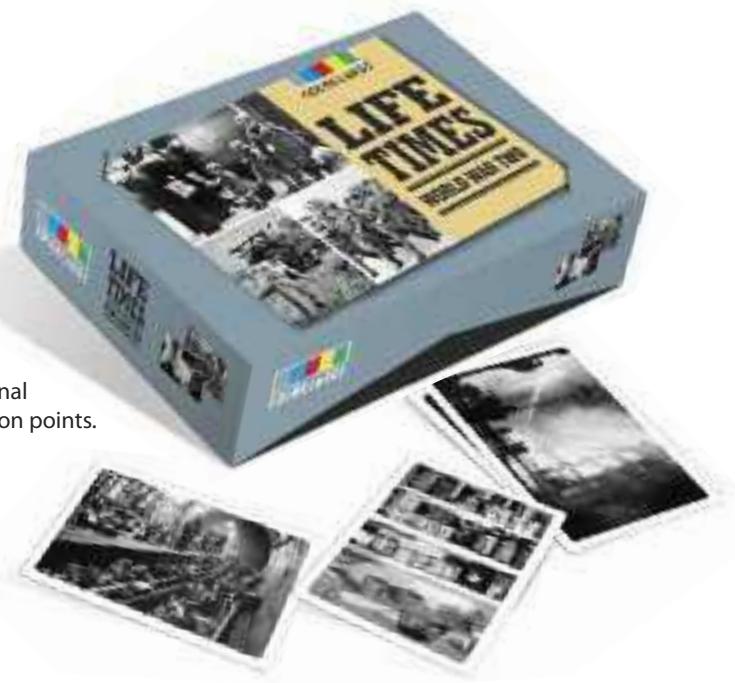
48 photographic cards depicting daily life during World War II. Subjects include people, places and events that shaped everyday life and that left an enduring legacy, such as Land Girls bringing in a harvest, bombed out house; evacuated children complete with labels. Other subjects include:

- Army, Navy and Air Force • Home Guard • School Life
- Digging for Victory • Family life • Rationing
- Air Raids and shelter • Prisoners of war • Political figures
- Remembrance • Entertainment

The cards will encourage participants to recall and discuss their own personal experiences. An accompanying booklet contains ideas for use and discussion points.

AGE Adult **CONTAINS** 36 A5 cards + booklet

ISBN 9780863887949 **ORDER CODE** E01-001-5680



Life Times colorcards®:

Life Events

36 cards depict key events and experiences that shape our lives, giving children an opportunity to reflect on how events may affect the individual, family, friends or group. Participants are encouraged to recall and discuss their own personal experiences.

Subjects include:

- Birth of a sibling • First day at school • Running away from home
- Moving house • Becoming a parent • Acquiring a pet • Car crash
- Serious illness or disability • Death of a relative or friend
- Time with family or friends • Holidays • Walks • First day at work
- Passing an examination • An act of bravery

Also included is a booklet containing ideas for use and discussion points.

AGE Adult **CONTAINS** 36 A5 cards + booklet

ISBN 9780863888748 **ORDER CODE** E01-001-5758

Famous Faces

More Famous Faces

These two sets of cards are ideal for all those needing tools for memory activities, discussion and reminiscence with individuals or groups. The portrait cards in both collections are bound to evoke memories and provides stimulus for group discussion and informal conversation between older people.

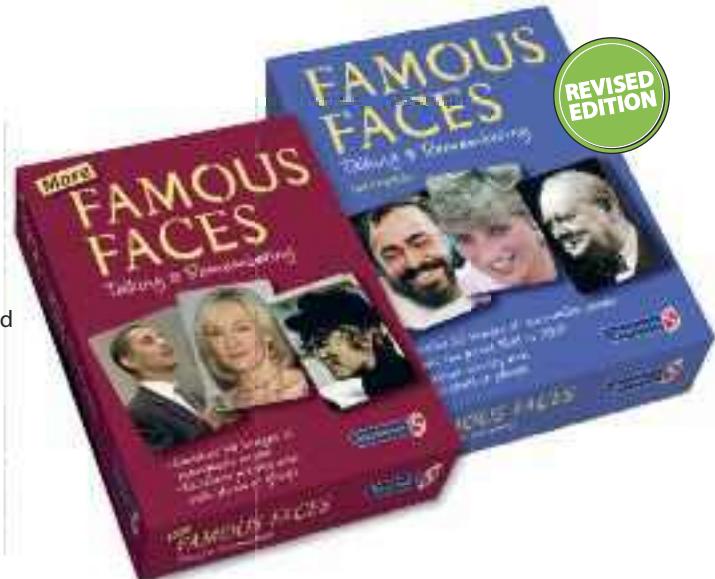
AGE Adult

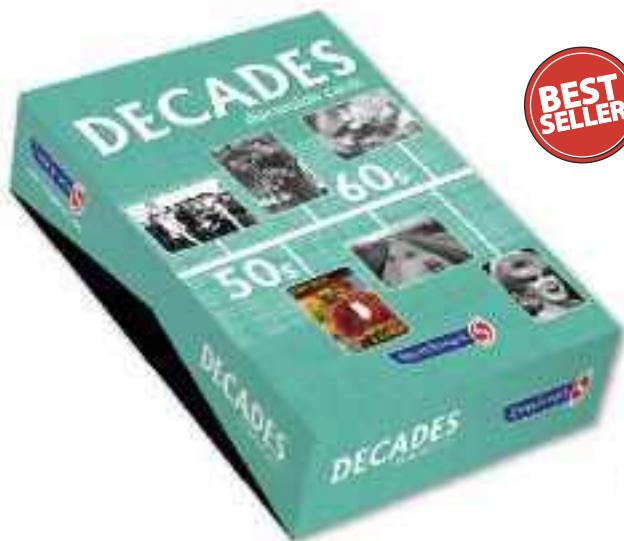
Famous Faces (revised) **CONTAINS** 50 x A5 (210 x 148mm) cards, boxed

ISBN 9780863886270 **ORDER CODE** E01-003-5394

More Famous Faces **CONTAINS** 36 x A5 (210 x 148mm) cards, boxed

ISBN 9781909301030 **ORDER CODE** E01-001-5937





Decades Discussion Cards 50s/60s

A set of 40 photographic cards to introduce, remind and inform about people, places and events of the 1950s and 60s.

The 1950s brought complete shift in lifestyle as we moved away from the austerity of the Second World War: rationing, housing shortages and conservative attitudes gave way with the emergence of a more prosperous society an enormous growth in consumer goods and the rise of youth culture: fun was in the air. This huge turnaround in finances and lifestyle created opportunities that were fully exploited in the 'Swinging 60s', which also saw bomb-damaged cities replaced by modern visions of the future and the rapid rise in car ownership as people enjoyed the freedom of the roads.

Covering all these topics which are bound to strike a chord with the participants, these cards are an invaluable tool for tutors, care workers, nurses and occupational therapists working in hospitals, day centres, residential homes or educational settings facilitating the process of reminiscence. Each card contains an image, related information and some ideas to develop the subject further.

Included in this pack are 40 discussion cards to use as triggers for:

- Conversation
- Reminiscence/memory activities
- Story telling/life story
- Articulation
- Language skills

AGE Adults, **CONTAINS** 40 x A5 (210 x 148mm) cards, boxed

ISBN 9780863887932 **ORDER CODE** E01-003-5679

Decades Discussion Cards 70s/80s

36 cards introducing and examining people, places and events of the decades

36 A5 cards featuring specific moments, individuals and events of particular significance during these two pivotal decades in the economic and cultural development of the modern world. The cards detail the surprisingly large number of inventions and innovations from that time which significantly shape our lives today.

Each card contains an image and related information. Subjects include:

1970s:

- Ray Tomlinson invented email (1972)
- Digital camera invented (1975)
- Margaret Thatcher first woman Prime Minister of GB (1979)
- Mobile phone invented (1979)

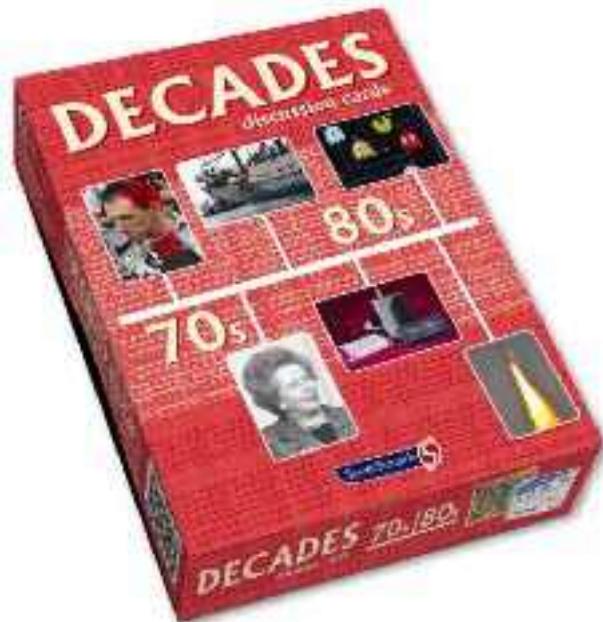
1980s:

- John Lennon Assassinated (1980)
- Royal Wedding (1981)
- Aids Identified (1981)
- Personal Computers (PC) introduced by IBM (1981)

The cards can be used for reminiscence, storytelling, language development, discussion and as triggers for further research on each individual topic.

AGE Adult **CONTAINS** 36 A5 cards; accompanying booklet detailing ways to use the cards, boxed

ISBN 9781909301085 **ORDER CODE** E01-003-5942



Exploring the Past

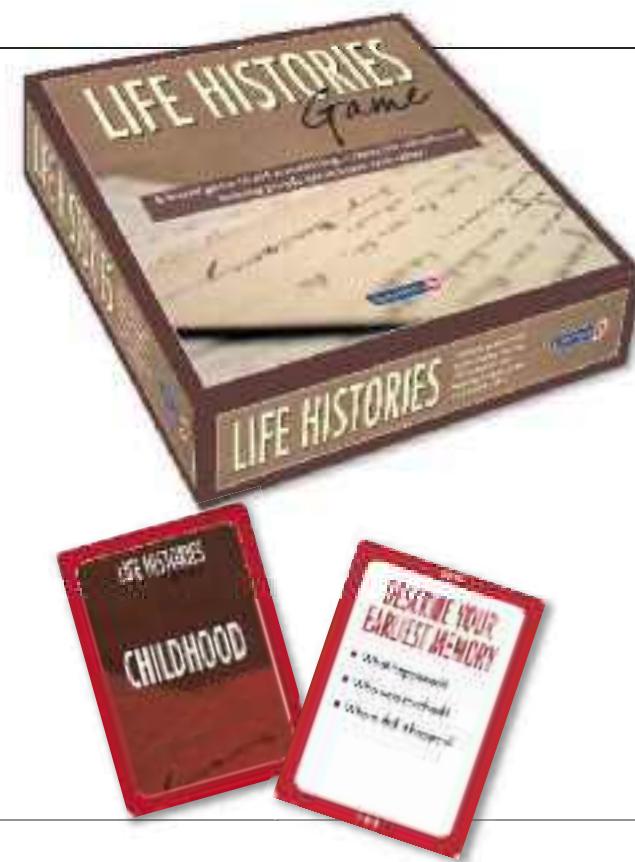
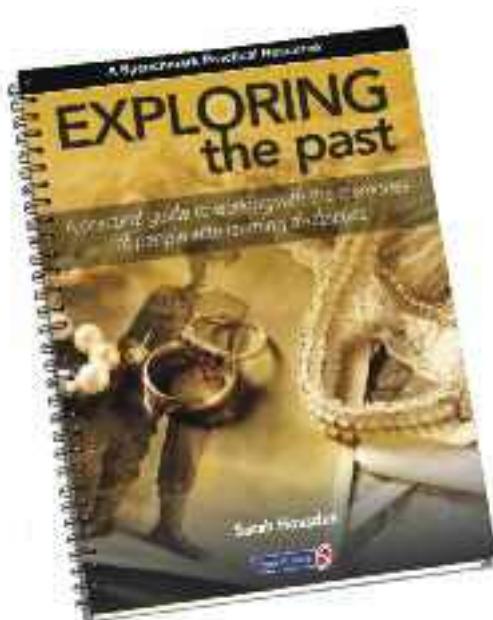
Sarah Housden

Exploring and celebrating the lives of people with learning disabilities demonstrates their value in a practical way, this book will be a useful manual on working with memories in groups and individually. It includes:

- A clear rationale for and guidance on the benefits of this approach
- Good practice guidelines for memory work
- A chapter on life story work with individuals
- A section on working with those with learning disabilities and dementia
- Ideas for dozens of activities on 15 themes associated with memories of the past

AGE Adult **FORMAT** A4 (297 x 210mm), 200pp, wire-o-bound

ISBN 9780863889073 **ORDER CODE** E01-002-5783



Life Histories Game

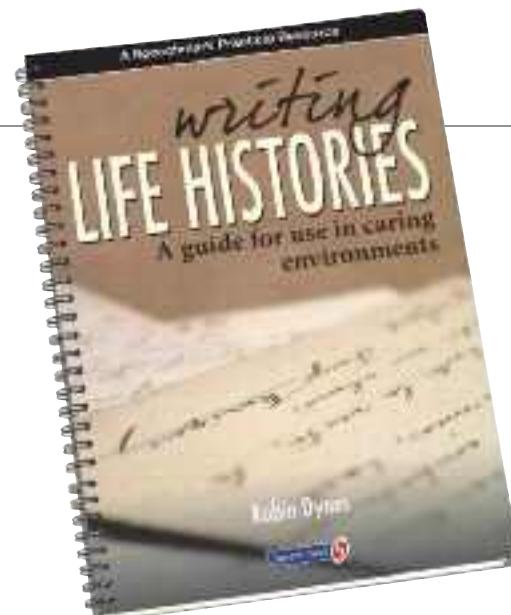
Robin Dynes

This non-competitive, fun activity will become a regular game for residents and staff in day centres, residential homes, hospitals, activity clubs, or people being cared for at home. It can be played independently or supported by staff. The cards can also be used on their own or as an additional tool to Writing Life Histories (see below) to inspire people writing their life stories. Benefits include:

- Helping to preserve memory • Maintaining a sense of identity
- Integrating the past and present • Assisting with reminiscing and the life review process • Promoting a sense of pride that people have done their best in life • Providing opportunities for socialising and making friends • Promoting understanding of behaviour and outlook on life
- Sharing life accomplishments that promote respect • Providing references for conversations with cognitively impaired individuals

AGE Adult **CONTAINS** Game board, 8 playing pieces, 200 cards, 2-minute timer, 2 dice + instructions boxed

ISBN 9780863889363 **ORDER CODE** E01-003-5812



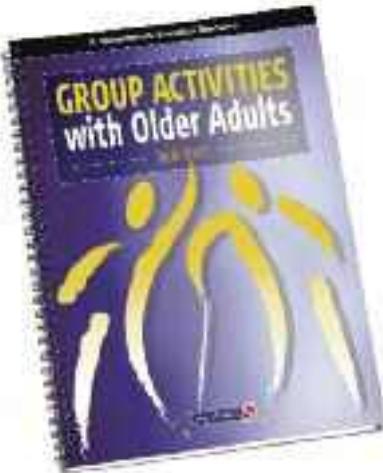
Writing Life Histories

Robin Dynes

A practical handbook that gives clear guidance on how to put together life histories in supportive or residential settings. This is an indispensable resource for anyone interested in compiling life histories including nurses, residential home staff, carers, tutors and occupational therapists, group facilitators in day centres, clubs for the elderly or learning disabilities.

AGE Adult **FORMAT** A4 (297 x 210mm), 252pp, paperback

ISBN 9780863888267 **ORDER CODE** E01-002-5739



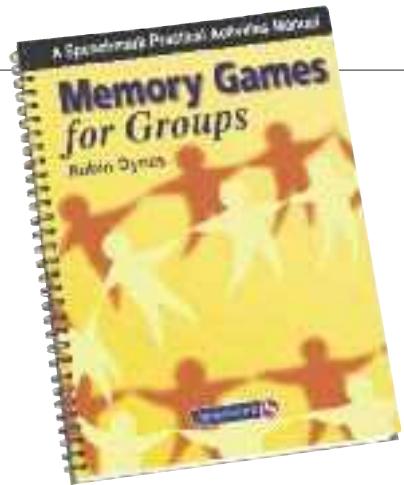
Group Activities with Older Adults

Vicki Dent

This resource provides excellent and effective activities for older adults. It's particularly useful if you want to enhance and improve on an existing activity programme, or wishing to commence one. It's structured around the ten areas of activity needs: cognitive, creative, cultural, educational/employment, emotional, physical, self-esteem, sensory, social and spiritual.

AGE Adult **FORMAT** A4 (297 x 210mm), 144pp, wire-o-bound

ISBN 9780863883422 **ORDER CODE** E01-002-5096



Memory Games for Groups

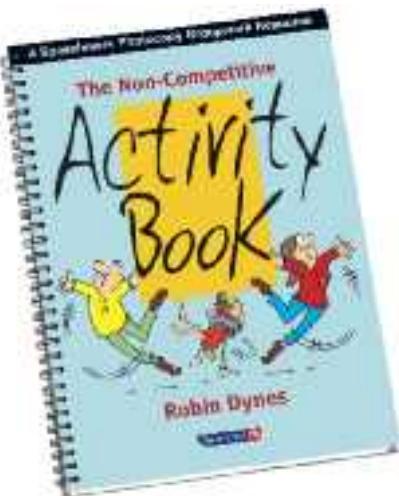
Robin Dynes

A practical handbook featuring 80 adaptable and photocopiable games for uses with older people, as well as individuals or groups of all ages. The games can be:

- Used as part of a social activities programme
- Specific for reminiscence purposes
- Used to help keep people orientated to the world around them
- Used to exercise memory skills

AGE Adult **FORMAT** A5 (210 x 148mm), 188pp, wire-o-bound

ISBN 9780863884399 **ORDER CODE** E01-002-2693



The Non-Competitive Activity Book

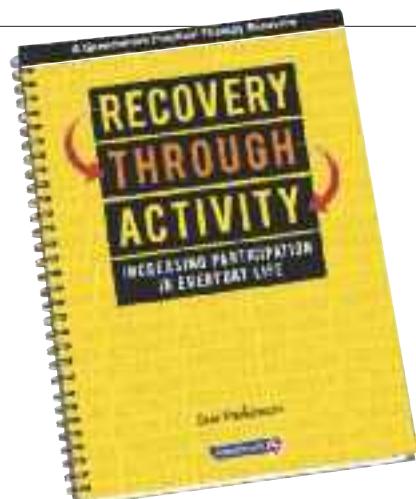
Robin Dynes

This practical handbook contains 100 non-competitive activities for use with individuals or groups across the whole age spectrum. It's an ideal resource for day centres, hospitals, care homes and the creative group leader for use with learning disabilities, mental health, physical disabilities and regressed psychiatric or geriatric patients.

- Being non-competitive ensures that people feel safe making their contribution, and reduces fear of failure or disappointment
- The session format that focuses on maintaining and increasing the function of the whole person
- Divided into photocopiable sections

AGE All ages **FORMAT** A4 (297 x 210mm), 152pp, wire-o-bound

ISBN 9780863883729 **ORDER CODE** E01-002-4125



Recovery Through Activity

Sue Parkinson

The Recovery Through Activity handbook is underpinned by the conceptual framework of the Model of Human Occupation. The introduction of this treatment handbook will provide an invaluable tool to practitioners and also create a platform for research. This handbook:

- Helps to refocus the practice of occupational therapy in mental health on occupation - supporting occupational therapy practitioners to engage in their core skills and enhancing the quality of service user care in mental health.

This handbook will be of interest to occupational therapy practitioners and students as well as occupational therapy managers who are seeking to introduce time-limited, occupation-focused interventions into clinical pathways.

AGE Adults **FORMAT** 224pp, spiral bound

ISBN 9781909301207 **ORDER CODE** E01-002-5955

Pocket ColorCards for Adults

These photographic flashcards provide clear and appealing images of 40 of the most common activities of daily life. Essential for all professionals and carers working with older adults with communication difficulties, these cards are a flexible tool to aid communication; develop vocabulary; initiate conversation and discussion; and to encourage independence.

- Easily portable to take to the ward, home or care home.
- Designed for therapists, medical staff, carers and families.

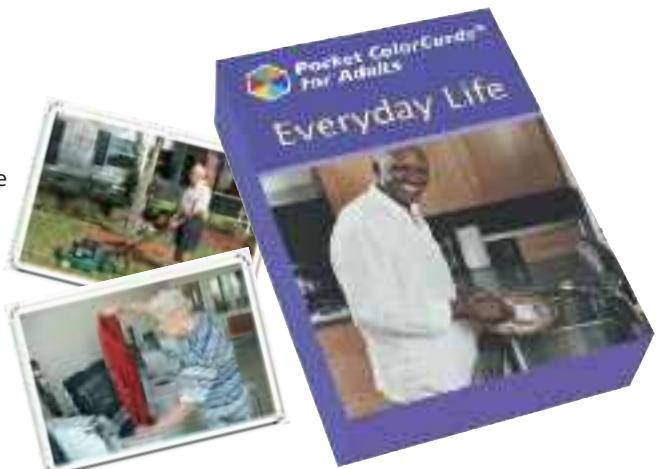
Pocket ColorCards for Adults: Everyday Life

Daily living activities, including:

Household chores • Personal hygiene • Out and about • Financial • At home

AGE Adult **CONTAINS** 40 cards, 127 x 90mm, boxed

ISBN 9780863885877 **ORDER CODE** E01-001-5339



Pocket ColorCards for Adults: In Hospital

These cards aid staff, patients and visitors about the hospital environment and procedures. Topics include:

Personnel • Medical procedures • Equipment • Paperwork • Moving on

AGE Adult **CONTAINS** 40 cards, 127 x 90mm, boxed

ISBN 9780863885860 **ORDER CODE** E01-001-5338

Pocket ColorCards for Adults: Personal Items

A great way to improve vocabulary and communication using day-to-day objects. Includes:

Personal hygiene • Medical aids • Valuables • Clothing • Practical personal

AGE Adult **CONTAINS** 40 cards, 127 x 90mm + instruction cards, boxed

ISBN 9780863885891 **ORDER CODE** E01-001-5341



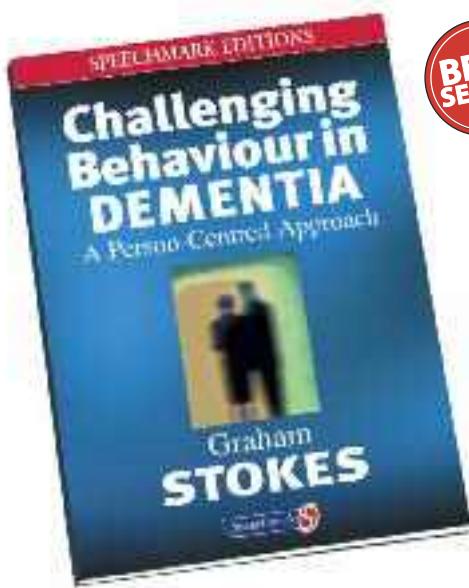
Pocket ColorCards for Adults: Leisure Time

Popular activities and interests to promote discussion and communication. Topics include:

Indoor activities • Outdoor activities • Sports • Activities to relax • Arts and crafts • Out and about

AGE Adult **CONTAINS** 40 cards, 127 x 90mm + instruction cards, boxed

ISBN 9780863885884 **ORDER CODE** E01-001-5340



Challenging Behaviour in Dementia

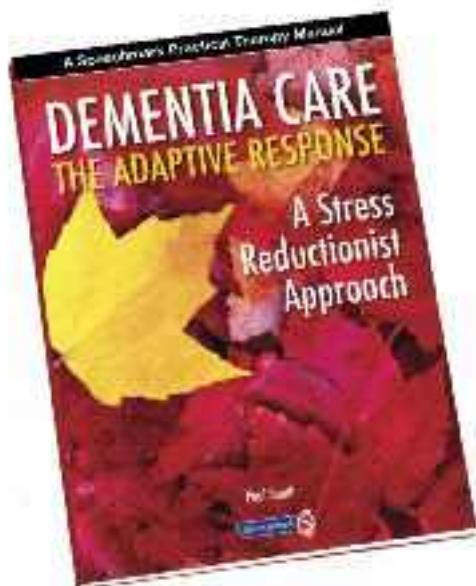
Graham Stokes

Understanding socially disruptive behaviour in dementia is not easy. Most explanations offer neither solace nor solutions for families and carers, and treatment is often characterised by policies of control and containment. This book is the result of the author's 15 years of clinical work with people who are challenging, and it takes issue with the traditional medical model of dementia.

The author highlights the contrasts between the medical interpretation that sees anti-social behaviour as mere symptoms of disease with a person-centred interpretation that resonates change and resolutions. This is a radical and innovative interpretation of challenging behaviour, consistent with the new culture of dementia care that focuses on 'needs to be met' rather than 'problems to be managed'.

AGE Adult **FORMAT** 272pp (245 x 171mm), paperback

ISBN 9780863883972 **ORDER CODE** E01-002-4207



Dementia Care: The Adaptive Response

Paul T.M. Smith

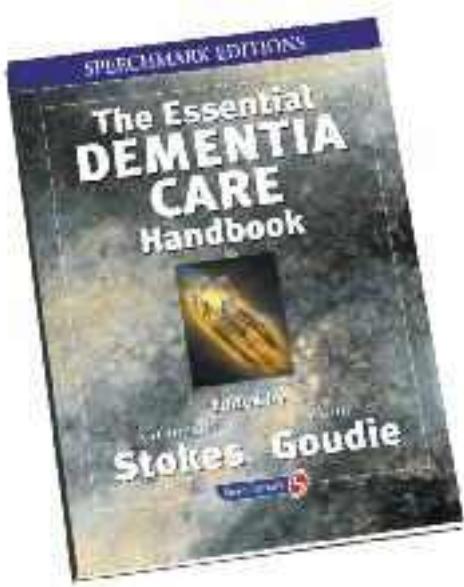
Dementia makes the experience of day-to-day living an acute challenge. The stress could be mediated with educated and timely inputs, and the caring contract may be negotiated to preserve both dignity and quality of life.

The premise of the adaptive response model is that, armed with the knowledge of human systems and their ability to adapt and adjust, and with a firm application and emphasis on person-centred approaches to dementia care, then the experience can be enhanced, and living with one of the dementias can be made less traumatic.

This holistic approach proposes a method of using environmental and social psychology to maximise function in the individual and to minimise the negative and destructive elements of the perceived and real environment.

AGE Adult **FORMAT** 248pp (245 x 171mm), paperback

ISBN 9780863888120 **ORDER CODE** E01-002-5727



The Essential Dementia Care Handbook

Edited by Graham Stokes & Fiona Goudie

This edition draws together new ideas and practical approaches from a wide variety of professionals working at the leading edge of dementia care.

Beginning with the diagnosis of dementia and other problems associated with ageing, this book analyses assessment, the person-centred model of dementia, rehabilitation and therapy. It outlines practical interventions and is illustrated with case studies that provide a stimulating insight into contemporary understanding and practice. This is a vital handbook for all care staff.

AGE Adult **FORMAT** 240pp (245 x 171mm), paperback

ISBN 9780863882449 **ORDER CODE** E01-002-4254



Gentle Exercises & Movement for Frail People

Myfanwy Hook

This pack of 48 x A5 photocopyable laminated cards, illustrate and describe specific exercises for frail elderly people. Each card has the exercise instruction on the reverse, some of which require small apparatus such as a ball. The exercises are all tried and tested, having been used widely with confused and disabled older people.

AGE Adult **CONTAINS** 48 cards, A5 (210 x 148mm) + booklet, boxed

ISBN 9780863885556 **ORDER CODE** E01-003-1723

Lifestyle Matters

Claire Craig & Gail Mountain

Lifestyle Matters is a practical book + CD resource that contains a wealth of ideas and activities for occupational therapists, support workers, students and other professionals working with older people in the community. Lifestyle Matters is now referred to in the NICE guidelines (2009) where it is identified as the intervention of choice for therapists and professionals responding to the guidance by this professional body.

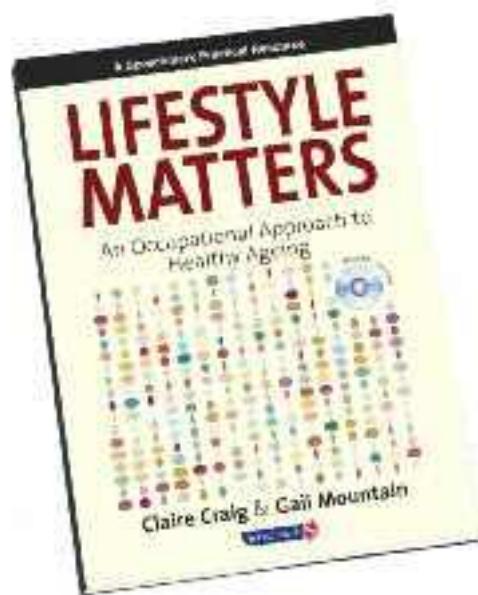
Taking a holistic approach, the Lifestyle Matters programme challenges participants to examine their lifestyle and to make positive changes that promote good physical and emotional health. As one member of a group exclaimed, 'You didn't give me a new lease of life, you gave me back my life!'

Themes include:

- The relationship between activity and health • Maintaining mental and physical well-being • Safety in the home and community • Personal circumstances.

AGE Adult **FORMAT** A4, (297 x 210mm), 272pp, paperback

ISBN 9780863885822 **ORDER CODE** E01-002-5336



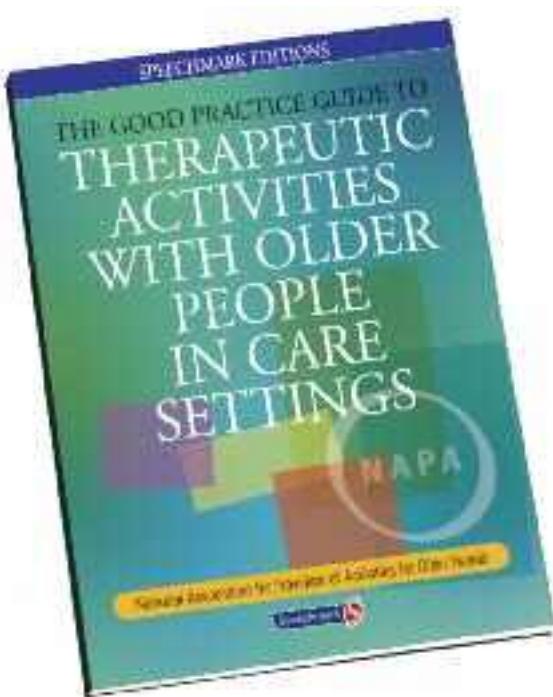
Creative Art in Groupwork

Jean Campbell

This accessible manual contains 142 art activities developed specifically for use with groups. Activities include drawing, painting, collage and sculpture, covering themes such as relationships, emotions, culture, spirituality and celebrations. Includes step-by-step instructions and information on the aim, suitable age range, time needed, suggested group numbers and materials required.

AGE All ages **FORMAT** A5 (210 x 148mm), 204pp, wire-o-bound

ISBN 9780863884092 **ORDER CODE** E01-002-1544



The Good Practice Guide to Therapeutic Activities with Older People in Care Settings

NAPA, Edited by Tessa Perrin

There are many activity manuals on the market today but this publication is the first to offer a clear guideline on exactly what constitutes good practice in activity provision.

Written by the National Association for Providers of Activities for Older People (NAPA), a charity whose remit is to set standards and disseminate knowledge of good practice in activity provision and to support activity providers who work in care settings for older people, this guide offers:

- A model of good practice in one concise volume
- A benchmark against which activity providers can measure and evaluate their practice
- Clear links to current national standards
- Guidance for care home owners and managers who wish to respond to the recent government initiatives on providing activities for their clients
- A call for clinical governance in the emerging 'profession' of activity provision.

AGE Adult FORMAT 96pp (171 mm x 235 mm), paperback

ISBN 9780863885235 **ORDER CODE** E01-002-5214

The New Culture of Therapeutic Activity with Older People

Tessa Perrin

This book clarifies and illuminates the changes that have been taking place in the field of activity provision over recent years, and offers a guideline to those who are endeavouring to catch up.

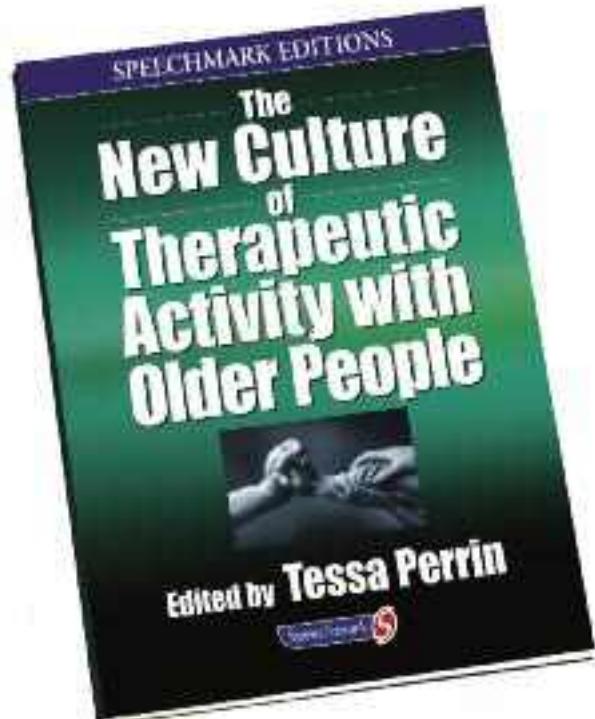
Contents include: • the difference between old culture and new culture thinking and practice; • the new culture from the perspective of the politician, the manager, the care assistant, the activity provider, the researcher, the trainer, the community worker and the activity charity.

Between them, the contributors bring a breadth of experience of the changing culture that spans more than three decades.

This is a vital resource for all staff and management of care settings for older people.

AGE Adult FORMAT 256pp (245 x 171mm), paperback

ISBN 9780863884429 **ORDER CODE** E01-002-5142



The Winslow Quiz Book / The Classic Quiz Book 1

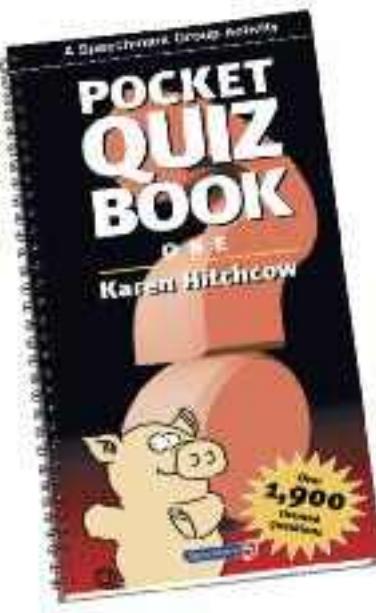
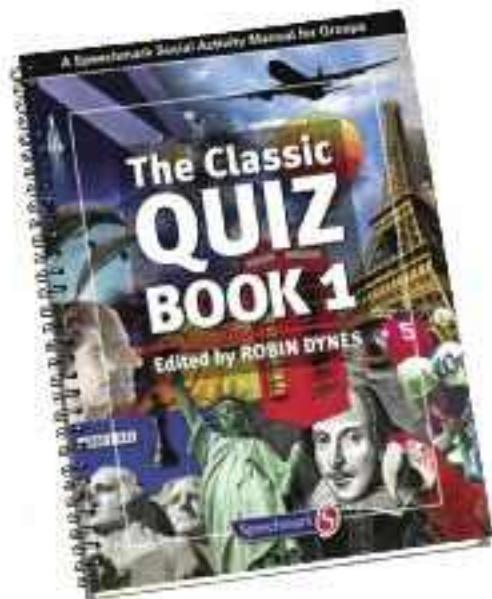
Edited by Robin Dynes

This completely revised edition of Winslow's bestselling Quiz Book contains more than 2,000 questions categorised into 40 stimulating subjects. It is aimed at adolescents and adults alike and features questions that are all realistically within the scope of the average person.

- Designed for those who use quizzes as a group activity, the questions are grouped into three ability levels with a layout that enables the organiser to rapidly locate the required topic.
- Topics cover areas such as cookery, animals, sport, home, spellings, history and general knowledge.

AGE All ages **FORMAT** 108pp (250 x 195mm), spiral bound

ISBN 9780863884405 **ORDER CODE** E01-002-4168



Pocket Quiz Book 1

Karen Hitchcock

Book One of three convenient resources provide thousands of themed quiz questions in a format that is easy and convenient to use with any group.

- Suitable for all activities and all kinds of groups.
- Questions range in difficulty within each theme. Answers are printed alongside the question, making it easy for the group leader to pre-select questions.
- Produced in a small slip pocket size - a real carry-about resource for every busy organiser.

AGE Adult **FORMAT** 112pp (100 x 210mm), spiral bound

ISBN 9780863885402 **ORDER CODE** E01-002-4551

Quiz Book for Groups: Famous People

Ted Payne

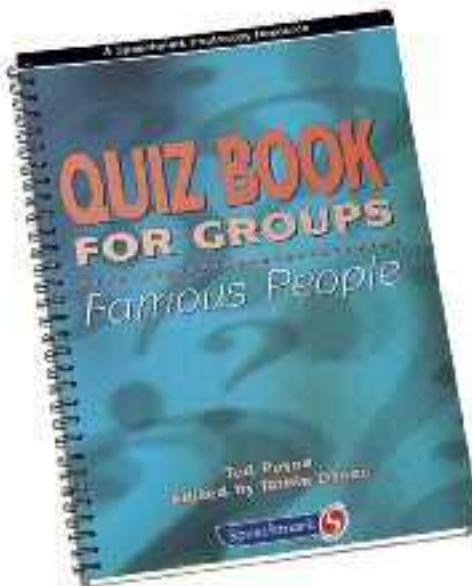
This photocopyable manual contains 50 different quizzes - a total of 1,000 questions - related to people past and present and fictional.

Each section contains a quiz based on the surnames of famous people, a 'pot of luck' quiz, and three others on different subjects related to people.

It is divided into 10 sections, each containing five different quizzes with 20 questions. Each section contains a quiz based on the surnames of famous people, a "pot luck" quiz and three others on different subjects.

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