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The Incredible Years



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About the Incredible Years

Dr. Carolyn Webster-Stratton is Professor Emeritus at the University of Washington, Seattle. She is a licensed clinical psychologist and nurse-practitioner and over the past 30 years has conducted numerous randomised control group studies to evaluate the effectiveness of intervention programs for promoting social and emotional competence, school readiness skills and preventing conduct problems in high risk populations. She has also evaluated teacher, parent and child treatment programmes for children diagnosed with Oppositional Defiant Disorder, Conduct Disorder and ADHD.

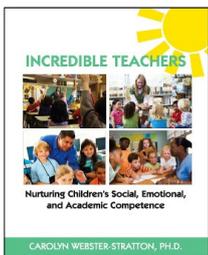
She has developed the Incredible Years Series which include separate training programmes, intervention manuals and DVDs for use by trained therapists, teachers and group leaders to promote children's social competence, emotional regulation and problem solving skills and reduce their behaviour problems. The objectives of these interventions are to help parents and teachers provide young children (0-12 years) with a strong emotional, social and academic foundation so as to achieve the longer term goal of reducing the development of depression, school drop out, violence, drug abuse and delinquency in later years.



Incredible Years Resources from Outside The Box

Incredible Teachers:

Price: €39.95



Nurturing Children's Social, Emotional and Academic Competence

This book presents a variety of classroom management strategies for teachers to choose from in order to meet children's developmental milestones and to teach emotional literacy, friendship skills, self-regulation and problem solving skills. Teachers are encouraged to identify their

personal goals by completing self-reflection inventories for each group of strategies. Circle time scripts, small group experiential activities and games are also suggested that include ways to foster pre-reading, reading, pre-writing, writing and cooperative learning skills. This book is the text for teachers using the Incredible Years Teacher Classroom Management Program and the Child Dinosaur Emotional, Social and Problem Solving Curriculum.

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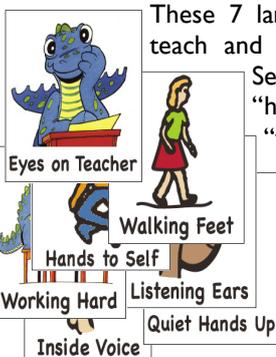
Ages: 3-8 CODE: IY-2107 Pages: 625

Incredible Years:

Price: €19.95

Classroom Rules Cue Cards

(incl. Vat)



These 7 laminated cue cards can be used to teach and review classroom or group rules.

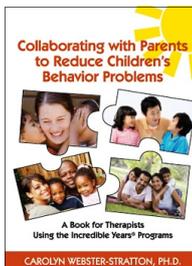
Seven common rules are pictured: "hands to self," "inside voice," "walking feet," "working hard," "quiet hand up," "eyes on teacher", and "listening ears." The cards may be displayed as a visual signal and are used for games that teach and reinforce classroom rules (see poster overleaf), or given to a particular student to prompt a

specific behaviour. The cards may also be used with students who have limited language skills, or who are at the pre-reading stage.

Ages: 3-8 Code: IY-CRCC-7 Size: A4

Collaborating with Parents

Price: €35.95



to Reduce Children's Behavior Problems

The book has two elements ~ first it allows parents to tell their stories: sharing what it is like to have a "problem" child as well as the long and painful route to finding support and recovery through parent and child training. The book also elucidates in detail the "collaborative

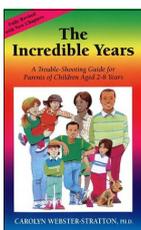
process" of therapists working together with families. This process combines the knowledge and expertise of the clinician with the unique strengths, perspectives, culture and goals of parents. Essentially the goal is to empower parents by making them active partners in the therapy process, teaching them parenting strategies to cope effectively with their child and strengthen their relationship as well as build support networks. The book uses case examples to illustrate these points and provides examples of how to tailor the parent programs for high-risk populations.

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Ages: 3-8 CODE: IY-2114 Pages: 608

The Incredible Years

Price: €20.95



A Trouble-Shooting Guide for Parents

This invaluable revised handbook provides parents with guidelines not only to help prevent behaviour problems from occurring but also with strategies to promote children's social, emotional and academic competence. New chapters in this edition: How to help your child learn to regulate emotions, make friends and cope with peer problems; How to partner with your child's teacher to promote social and academic success; How to promote your child's school readiness through interactive reading and child-directed play coaching; How to teach social skills to a child who is fearful and shy as well as a child who is hyperactive, impulsive, and inattentive.

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Ages: 2-8 CODE: IY-2046 Pages: 320



The Incredible Years



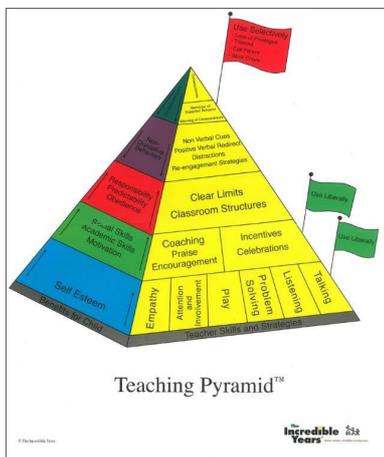
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NEW - INCREDIBLE YEARS POSTERS - NEW

Incredible Years: Teaching Pyramid Poster

Price: €15.00 (incl. Vat)



This large colour poster details the skills learned in the Teacher Classroom Management programme workshops. Group leaders outline the progress of the workshops by showing the levels of the pyramid, starting with the foundation at the bottom. (not laminated)

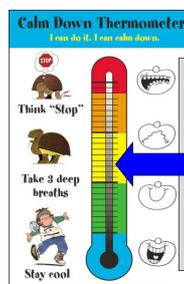
Ages: 3-8

Code: IY-TPP

Size: 86 X 43 cm

Incredible Years: Calm Down Thermometer Poster

Price: €19.95 (incl. Vat)



This laminated Calm Down Thermometer Poster can be used by teachers in the classroom or by therapists teaching the I.Y. Dinosaur program. The thermometer is a visual representation of how to change emotions from "red hot mad" to "cool blue." The poster has a brightly coloured thermometer in the middle with a Velcro strip and arrow on the side. Students are taught to move the arrow up and down to show how they are feeling. Students who are feeling angry learn to take deep breaths or to use another calm-down strategy to get themselves back into the "blue zone."

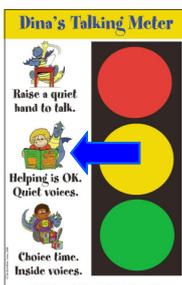
Ages: 3-8

Code: IY-CDTP

Size: 43 X 28 cm

Incredible Years: Talking Meter Poster

Price: €19.95 (incl. Vat)



Teachers can use this laminated poster to note when children talk in the classroom, to signal when noise level is getting too high, or to indicate a quiet work time. The arrow can be moved up or down to indicate the noise level permitted in the classroom at that time. For example during unstructured time the noise level may be higher than during circle time or small group work times.

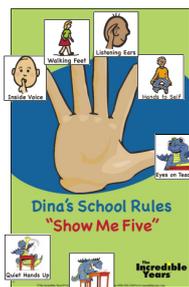
Ages: 3-8

Code: IY-TMP

Size: 43 X 28 cm

Incredible Years: Classroom Rules "Show me Five" Poster

Price: €19.95 (incl. Vat)



This laminated poster can be displayed in the classroom and used in circle time to teach children each of the classroom rules and/or the "Show me five" prompt. "Show me five" is a prompt for children to demonstrate five learning behaviours at once: eyes on teacher, hands to self, inside voice, listening ears, and working hard. Small rule cards can be placed on the Velcro fingertips of the poster as the rules are taught. Teachers can choose which of 7 different rules are displayed on the hand at once. (see also Cue Cards overleaf)

Ages: 3-8

Code: IY-CRP

Size: 43 X 28 cm

INCREDIBLE YEARS ORDER FORM

Resource Title	Price	Qty
Book: Incredible Teachers	€39.95	
Book: Collaborating with Parents	€35.95	
Book: Incredible Babies	€29.95	
Book: Incredible Toddlers	€32.95	
Book: Incredible Years	€20.95	
Cue Cards: Classroom Rules*	€19.95	
Poster: Teaching Pyramid*	€15.00	
Poster: Calm Down Thermometer*	€19.95	
Poster: Talking Meter*	€19.95	
Poster: Classroom Rules*	€19.95	
NEW SPECIAL OFFER: Poster Pack*: Includes Classroom Rules, Teaching Pyramid, Calm Down Thermometer, Talking Meter & 7 Cue Cards) - SAVE: €14.80	€80.00	
Please add P&P (Subsidised)*	€7.80	1
TOTAL:	€	

* Price includes Vat @ 23%



Enclosed is my Cash/Cheque: Please Invoice (Professional Address Only)

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Card Number: _____ Expiry Date: _____ Issue No: _____

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Tel: _____ Your Order Ref: _____

Email: _____